The University of Maine
Black Bear Race Series

HEALTHY HIGH 5K / 10K / 15K

2019

Saturday, April 27th, 2019,
9:00 AM (15k), 9:30 AM (All other races)
The race will begin at the Student Recreation and Fitness Center

ENTRY DEADLINE: All early entries must be received in the Student Wellness Resource Center, 235 Memorial Union, no later than 12:00 p.m. on Friday, April 26th, 2019.

EVENT: Late registration and number pick up will be at the New Balance Student Recreation Center from 7:00 AM – 8:30AM the day of the event.

ENTRY FEE:

<table>
<thead>
<tr>
<th>Race</th>
<th>5k</th>
<th>10K</th>
<th>15K</th>
</tr>
</thead>
<tbody>
<tr>
<td>UMaine Student</td>
<td>$10</td>
<td>$25</td>
<td>$30</td>
</tr>
<tr>
<td>Non-student</td>
<td>$20</td>
<td>$35</td>
<td>$40</td>
</tr>
<tr>
<td>UMaine Student Day of Race Registration</td>
<td>$25</td>
<td>$35</td>
<td></td>
</tr>
<tr>
<td>Non-student Day of Race Registration</td>
<td>$35</td>
<td>$45</td>
<td></td>
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</tbody>
</table>

PRIZES: Awards will be presented to the first-place man and woman overall and in each division listed below immediately after the last runner completes the race. Food will be available after the race. Finisher medal and Tech t-shirts to the 1st 700 participants

INQUIRIES:
Student Wellness Resource Center
235 Memorial Union, Orono, ME 04469
www.umaine.edu/wellness
207.581.1423

HEALTHY HIGH 5K/10K/15K RUN ENTRY FORM

Name: ___________________________ Division: ______________

Address: ____________________________________________________________

E-mail: ____________________________________________________________ Emergency Contact ___________________________ Phone: ____________

Age as of 4/27/19: ______________ Phone: ___________________________ M or F

I will be running (circle one): 5k 10k 15k

Shirt Size (circle one): Unisex/Women’s Sm Med Lg X-Lg XX-Lg

I attend UMaine: Yes No Student ID__________ Entry Date: __________

In consideration for allowing me to participate in the Healthy High 5k/10k/15k Run/Walk, I, for myself & heirs & assigns, hereby waive any liability that the sponsors of this run have to me arising out of my participation in this event. This release and waiver pertains to any physical damage to me in relation to this run/race. I attest and verify that I am physically fit and have sufficiently trained for this race event. I hereby consent to and permit photographs and videos of me and/or those of my minor children to be used for any purpose, including advertisement purposes.

Signature: ___________________________ Guardian Signature: ___________________________