



The University of Maine
Student Wellness Resource Center & Campus Recreation



HEALTHY HIGH 5K/10K 2018

Friday, April 20th, 2018, 5:00 p.m.
The race will begin at the New Balance
Student Recreation Center

ENTRY DEADLINE: All early entries must be received in the Student Wellness Resource Center, 235 Memorial Union, no later than 4:00 p.m. on Thursday, April 19th, 2018.

EVENT: Late registration and number pick up will be at the New Balance Student Recreation Center from 2-4:30 pm the day of the event.

ENTRY FEE: UMaine Student 5K: \$10 before race day
UMaine Student 10K: \$15 before race day
Non-student 5K: \$20 before race day
Non-student 10K: \$25 before race day
Day-of registration: All races are \$20 for student
Day-of registration: All races are \$25 for non-student
1 mile: No Charge

PRIZES: Awards will be presented to the first place man and woman overall as well as in each category immediately after the last runner completes the race. Snacks will be available after the race.

INQUIRIES: Student Wellness Resource Center
235 Memorial Union, Orono, ME 04469
www.umaine.edu/wellness 207.581.1423
Campus Recreation, 207.581.1082
www.umaine.edu/campusrecreation.

HEALTHY HIGH 5K/10K RUN/WALK 2018 ENTRY FORM

Name: _____ Division: _____

Address: _____

E-mail address: _____

Age as of 4/20/18: _____ Phone: _____ M or F

I will be running (circle one): 5k 10k

Shirt Size (circle one): Unisex/Women's Sm Med Lg X-Lg XX-Lg

I attend UMaine: Yes___ No___ Student ID _____ Entry Date: _____

In consideration for allowing me to participate in the Healthy High 5k/10k Run/Walk, I, for myself & heirs & assigns, hereby waive any liability that the sponsors of this run have to me arising out of my participation in this event. This release and waiver pertains to any physical damage to me in relation to this run/race. I attest and verify that I am physically fit and have sufficiently trained for this race event.

Signature: _____ Guardian Signature: _____

Divisions: A = 8 & under B = 9-13 yrs. C = 14-17 yrs. D = 18-29 yrs. E = 30-39 yrs. F = 40-49 yrs.

THE STUDENT WELLNESS RESOURCE CENTER & CAMPUS RECREATION

HEALTHY HIGH

