The University of Maine
Alcohol and Drug Education Programs & Campus Recreation

HEALTHY HIGH 5/10K 2011
April 20th, 2011, 4:20 p.m.
The race will begin at the Student Recreation and Fitness Center at the University of Maine

ENTRY DEADLINE: All early entries must be received in the Alcohol and Drug Education Programs, 235 Memorial Union, no later than 4:00 p.m. on Friday, April 16th, 2011.

EVENT: Late registration and number pick up will be at the Student Recreation Center from 12-4pm the day of the event.

ENTRY FEE: University of Maine students $5, Non-students/Community Members $10. Make checks payable to: The University of Maine. Mail entries to the address given below.

PRIZES: Awards will be presented to the first place male and female in each division for both the 5K and the 10K races immediately after the last runner completes the race. Munchies will be available after the race.

INQUIRIES: Alcohol and Drug Education Programs 207.581.1423 University of Maine 235 Memorial Union, Orono, ME 04469 www.umaine.edu/aod

HEALTHY HIGH 5K/10K RUN/WALK 2010 ENTRY FORM

Name: ___________________________ Division: ____________

Address: __________________________

e-mail address: __________________________

Age as of 4/20/11: _______ Phone: __________________________ M or F

I attend UMaine: Yes__ No____ Entry Date: _______

I will be running/walking the (circle one): 5K 10K

Shirt Size: Small Medium Large X-Large XXLarge

In consideration for allowing me to participate in the Healthy High 5k Run/Walk, I, for myself & heirs & assigns, hereby waive any liability that the sponsors of this run have to me arising out of my participation in this event. This release and waiver pertains to any physical damage to me in relation to this run/race. I attest and verify that I am physically fit and have sufficiently trained for this race event.

Signature: ____________________________ Guardian Signature: ____________________________

Divisions: