



To Faculty and Staff:

As our student veteran population grows, the University of Maine is increasingly committed to providing members of the campus community with the resources and information needed to help support student veterans in and outside of the classroom. We will soon announce opportunities for education and training on campus about how best to support student veterans and meet their needs. Dates and times for trainings will be distributed widely. All are encouraged and welcome to attend.

The University provides support to veterans and their families and also outreaches to the campus and greater community in support of veterans. UMaine's VETS Center is located on the ground floor of the Memorial Union and we continue to work closely with the Bangor Vets Center. Come by and visit when you can.

Please use the following list of resources to support our student veterans:

## Campus Resources

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**Student Life - Dean of Students:** (207) 581-1406  
**VETS - Veteran Resource Center:** (207) 581-1316  
**Student Wellness Resource Center:** (207) 581-1423  
**Disability Support Services (course accommodations):** (207) 581-2319  
**Career Center:** (207) 581-1359

## Resources to Help Veterans in Distress

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**UMaine Counseling Center (individual and group counseling):** (207) 581-1392  
**UMaine Police (Counseling Center after hours):** (207) 581-4040  
**Bangor Vet Center (Readjustment Counseling Services):** (207) 947-3391  
**Veterans Crisis Line (confidential support 24/7/365):** 1 (800) 273-8255 and Press 1

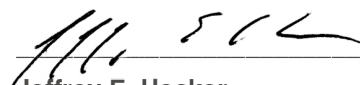
## Online Resources

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**UMaine VETS:** [www.umaine.edu/veterans](http://www.umaine.edu/veterans)  
**PTSD Alliance:** [www.ptsdalliance.org](http://www.ptsdalliance.org)  
**VA's National Center for Post Traumatic Stress Disorder (PTSD):** [www.ptsd.va.gov](http://www.ptsd.va.gov)

If you would like to be more involved with supporting our student veterans please visit the following link to join the veteran support network: <http://umaine.edu/veterans/veteran-support-network/>. For questions about veteran processes or issues, please contact Tony Llerena, Coordinator of the Veterans Education and Transition Services (VETS) Office at (207) 581-1316. We welcome your input and assistance.

Thank you for supporting our student veterans.



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Jeffrey E. Hecker

Executive Vice President and Provost



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Robert Q. Dana

Vice President for Student Life and Dean of Students