

# Margaret Karas

24 Forest Ave  
Orono, ME 04468  
(970) 590-8313  
[margaret.karas@maine.edu](mailto:margaret.karas@maine.edu)

## Education

### **University of Maine, Orono** – *School of Social Work*

Aug 2016 – Present

Working towards a B.A. in Social work – 05/20 (Expected)

Classes: Ethics, Family Interaction, General Psychology, Abnormal Psychology, Human Sexuality

### **Camden Hills Regional High School, Camden**

Aug 2012 – June 2016

## Selected Work Experience

### **VEMI Lab, University of Maine** – *Logistics Coordinator*

Aug 2017– Present

### **Independence Advocates of Maine, Orono** – *Certified Nursing Assistant*

May 2017– July 2018

### **Winward Gardens Nursing Home, Camden** – *Certified Nursing Assistant*

June 2016– Jan 2017

### **Camden Clothesline, Camden** – *Laundress*

2015– 2016

## Certifications

Certified Nursing Assistant, Mid-coast School of Technology

June 2016, Maine (Renewed June 2018)

First Aid & CPR

## Skills

Intrapersonal skills

Adaptability

Work Ethic

Collaborative

## Volunteer Work

Hosting weekly group outlet meetings – Starting Feb 2019

Assisted with local church – Dec 2018

Installed fire alarms for Red Cross – Nov 2018

Assisted with guest talk – Oct 2018



