

UNIVERSITY OF MAINE STUDENT GOVERNMENT, INC.
GENERAL STUDENT SENATE RESOLUTION
"HOLISTIC HEALTH AND WELLNESS STANDING COMMITTEE ACT"

Date: 04/22/2026

Resolution #: 47S-POL-116-04-28-2026

AN ACT TO: Establish the Holistic Health and Wellness Committee as a Standing Committee within the General Student Senate.

WHEREAS, according to the Healthy Minds Network Annual Report, over 75% of college students in the United States reported moderate or severe psychological distress in the past year. A 2021 survey of the University of Maine System found that 39% of students reported moderate to severe psychological distress, with students citing stress, anxiety, and depression as their top challenges affecting academic success; and

WHEREAS, while mental health resources on campus do their best to meet the needs of our students, issues remain in adequate funding, student awareness, and peer support. Student Government has a responsibility to advocate, uplift, and cater these efforts to the unique needs of our student body; and

WHEREAS, the Holistic Health and Wellness committee engages students on everchanging issues related to health and wellness across campus, there has and continues to be a need for this committee. Therefore this committee should be solidified as a standing committee.

RESOLVED, the Holistic Health and Wellness Committee shall become a Standing Committee, and its section in the Committee Bylaws of the General Student Senate shall be moved accordingly.

RESOLVED, Line B of the Holistic Health and Wellness section, in accordance to, Article II, Section 2, shall be amended to read:

B. Membership & Chairship:

The Holistic Health and Wellness Committee shall be chaired by an elected Senator ~~or Representative~~. Its membership shall be open to all undergraduate students, while its voting members shall be defined by the chair

RESOLVED, the Holistic Health and Wellness Committee shall be moved on the Agenda Template in the standing rules from special committee to standing committee.

AUTHOR(S):

Senator Cowan

SPONSOR(S):

Senator Sparks and President Tripp

COMMITTEE ASSIGNED:

Policy and Procedure

RECOMMENDATION:

[3-0-0] OTP

SENATE VOTE: **[PASSED WITH AMENDMENTS]**

SIGNATURE:



President, University of Maine General Student Senate

SIGNATURE:



President, University of Maine Student Government, Inc.