

Safe & Informed



Student Wellness Resource Center
& Title IX Student Services

Harm Reduction

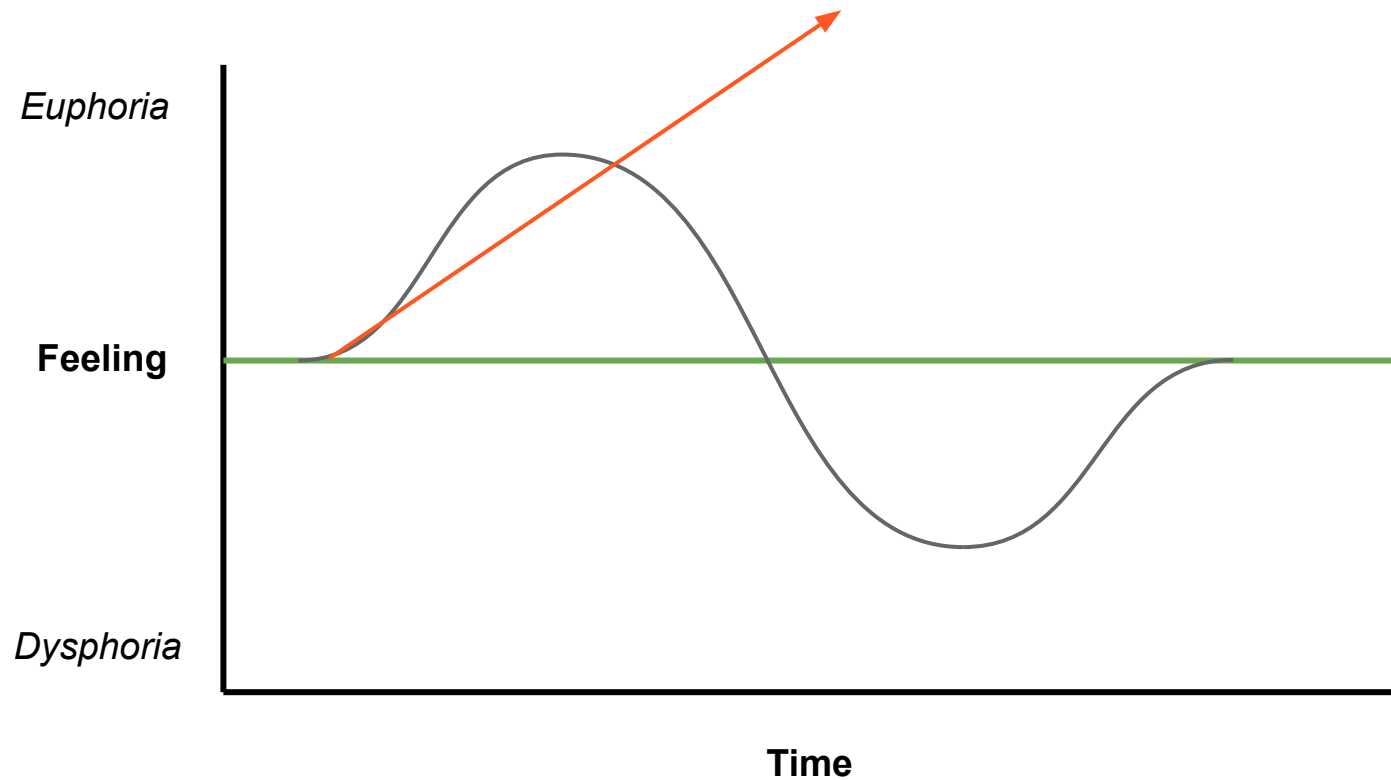


Traditions & Celebrations

- Winning a game
- Losing a game
- Breaks with the team
- Initiation
- Recruitment
- Birthdays
- Graduation



Biphasic Curve



Standard Drink



Beer - 5%

12 OZ



Wine - 12%

4-5 OZ



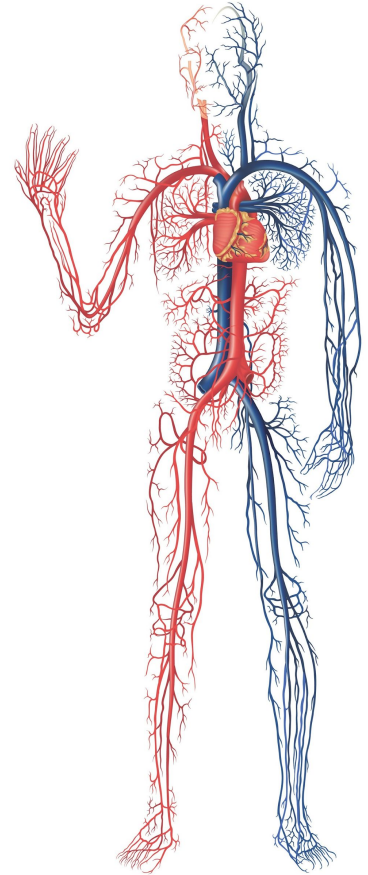
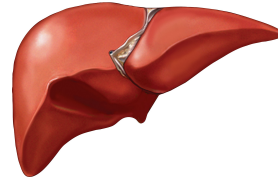
Liquor - 40%

1.5 OZ

Ethanol - 1/2 oz

Path of Alcohol

- Mouth, Throat, Stomach, Small Intestine
 - 10 minutes
- Processed out of the Blood
 - 1 hour



4 Factors for BAL

1. Amount

2. Time

3. Weight

4. Sex