Illustrated recommendations of Non-Fiction books/maps/magazines/videos for an Elementary Canada Unit

**Geography of Canada**

- Maps/Atlases

<table>
<thead>
<tr>
<th><strong>Map/Atlas</strong></th>
<th>Description</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Nystrom Atlas of Canada and the World</td>
<td>&quot;Map Explorer&quot; cartoon characters help students master map-reading concepts and skills. Students apply their skills to a study of Canada's provinces and territories.</td>
<td>$10.00</td>
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<thead>
<tr>
<th><strong>Folded paper road maps of Canada</strong></th>
<th>Several versions plus regional maps</th>
<th>$8.95</th>
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<tbody>
<tr>
<td><a href="http://www.maps2anywhere.com">www.maps2anywhere.com</a></td>
<td>Map Art $8.95, International Travel Maps $12.95</td>
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<tr>
<th><strong>Canada Binder Map (8.5x11)</strong></th>
<th>This 3-hole punched double-sided color map includes various Canadian geographical symbols and factual information and is laminated for durability.</th>
<th>$4.95</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://onestoplearning.ca">http://onestoplearning.ca</a></td>
<td>Other products include maps and workbooks.</td>
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<tr>
<th><strong>Wall maps of Canada</strong></th>
<th>Various sizes, lamination optional</th>
<th>$15-$40</th>
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<tbody>
<tr>
<td><a href="http://www.maptown.com/canadawall.html">www.maptown.com/canadawall.html</a></td>
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<tr>
<th><strong>Canada Map Books</strong></th>
<th>Workbooks to teach map skills by using Canadian content. Covers physical and cultural geography, map reading, activities to interpret, analyze and compare. Developed by a Canadian education consultant who teaches at multiple levels.</th>
<th>$13.95-$14.95</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.applepressbooks.com">www.applepressbooks.com</a></td>
<td>Contact: <a href="mailto:info@applepressbooks.com">info@applepressbooks.com</a>; (905) 853-7979</td>
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- **My First Map Book (K-2)**
- **Canada Map Book 1 (Gr. 2-3)** Basic map and globe skills
- **Canada Map Book 2 (Gr. 4)** Map scale. French edition available.
- **Canada Map Book 3 (Gr. 5)** Shape, symbols, direction, scale, lat/long, elevation. Fr edition avail
- **Canada Map Book 4 (Gr. 6)** Distortion, contours, cross sections, symbols; thematic maps help students understand Canada’s diverse geography
- **Canada Map Book 5 (Gr. 7)** Exploring Canada’s Geography; physical and cultural geography
- **Canada Map Book 6 (Gr. 8)** Exploring Canada’s History; maps of Canada’s exploration and settlement, migrations, growth

- **Let's Explore Canada (Gr. 3-5)** Second Edition. Comprehensive intro to natural and cultural features as well as an overview of provinces/territories
Canada

- **Province by Province**

  | Workbooks for each province/territory. Reproducible books to help students explore Canada’s provinces and territories. Factual and up-to-date information, activities, maps. $14.00. [http://onestoplearning.ca](http://onestoplearning.ca) (search “canada”)

  - **Big Book of Canada Exploring the Provinces and Territories**
    - Christopher Moore; ills. Bill Slavin
    - Each province and territory is explored and defined not only by its physical features, but also by its history, the people that make up its population, the industry, and culture.

  - **Hello Canada Series** – 13 titles available—one for each province and territory $10.95 ea

  - **All About Series**—a collection of visual, accurate, nonfiction books arranged in topics such as people, communities, citizenship, symbols, animals, places, and activities of Canada. Designed for English as second language students or reluctant readers.
    - [www.nelson.com/nelson/school/elementary/socialstudies/allabout.html](http://www.nelson.com/nelson/school/elementary/socialstudies/allabout.html)
    - Seven to fourteen books in each topic. Topics include: Canadian Communities (9 books); Capital Cities of Canada (14 books); Canadian Geographical Regions (7 books); Canadian Sports (9 books); Canadian Symbols (13 books); Canadian Attractions (14 books); Provinces and Territories of Canada (13 books); Canadian Animals (14 books); Famous Canadians (13 books)

- **General Overview**

  | Discovering Canada Using the Five Themes of Geography by Ted Henson
  | Text/workbook. Cultures of Canada presented in the context of the 5 themes of geography. Student activity sheets and extension activities. ISBN: 0-7647-0015-4
  | Avail: [www.teachersparadise.com](http://www.teachersparadise.com) (search “Canada”) Item # FS-10191

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Office of Canadian Studies Outreach

**Betsy Arntzen, outreach coordinator**

Canadian-American Center 154 College Ave Orono, ME 04473 207.581.4225

barntzen@umit.maine.edu  www.umaine.edu/teachingcanada
**Canada**

<table>
<thead>
<tr>
<th><strong>Wow Canada! Exploring this Land from Coast to Coast to Coast</strong></th>
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<tr>
<td><a href="http://www.fedpubs.com/subject/canada/wowcda.htm">www.fedpubs.com/subject/canada/wowcda.htm</a></td>
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<tr>
<th><strong>DVD: Over Canada</strong></th>
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<tr>
<td>58-76 min., Number: 458008 . Price: $29.95 Over Canada explores the geographic and cultural diversity of the world's second largest country. Viewers see a region-by-region tour of the country's 10 provinces and three territories. An original soundtrack featuring Bruce Cockburn, Cowboy Junkies, Connie Kaldor and other Canadian artists. <a href="http://www.channel9store.com/prodinfo.asp?number=458008">www.channel9store.com/prodinfo.asp?number=458008</a> or <a href="http://www.chapters.ca">www.chapters.ca</a></td>
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<tr>
<th><strong>Canadian Geographic Magazine</strong></th>
<th><a href="http://www.canadiangeographic.ca">www.canadiangeographic.ca</a></th>
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<td>6 issues a year.</td>
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<th><strong>Faces Magazine</strong></th>
<th><a href="http://www.cobblestonepub.com">www.cobblestonepub.com</a></th>
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<tr>
<td>Each about $6.00 Canadian issues include: U.S. and Canada; Cordillera Region of Canada; Prairie Provinces of Canada; Ontario; U.S. Foreign Relations; Nunavut; Maritime Provinces; French Canadians; Newfoundland &amp; Labrador; British Columbia; Sieru de la Salle; Underground Railroad and Abolitionist Movement.</td>
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<tr>
<th><strong>Canada - the land (revised)</strong> by Bobbie Kalman</th>
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<td>Topics include: provinces and territories, natural resources and conservation, industry, business, and agriculture, Native peoples, multiculturalism, Canadian cities, trains, boats, and snowmobiles, national parks and wildlife. Crabtree Publishing <a href="http://www.crabtreebooks.com">www.crabtreebooks.com</a> / ISBN: 0-7787-9726-0</td>
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<tr>
<th><strong>Kids Book of Canada</strong> by Barbara Greenwood</th>
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<tr>
<td>Introduces kids to our nation with maps, timelines, fact boxes and information about each province and territory — including regional landscapes, wildlife, profiles of famous Canadians, important events. <a href="http://www.kidscanpress.ca">www.kidscanpress.ca</a> ISBN: 1-55074-315-5</td>
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<tr>
<th><strong>Discovery Series: Discovering Canada</strong> by Marlene and Reginald Gutsole</th>
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<tr>
<td>Explores the distinguishing characteristics of the provinces and territories, such as the rugged mountain ranges in the West and the fishing villages in the East. Students will be introduced to basic geographic skills and will explore the six physical regions of Canada. <a href="http://www.chapters.indigo.ca">www.chapters.indigo.ca</a> $15.50CN ISBN: 0-19-541487-X</td>
<td></td>
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</table>
Symbols of Canada
Colour illustrations and brief histories for each province and territory along with maps, statistics, coats of arms, mottos, flags, and other symbols. All the symbols are included in a large, folded poster insert. Includes activities for teachers. Avail: http://publications.gc.ca/site/eng/364625/publication.html

Question and Answer Encyclopedia Canada by Brian Busby. Young readers will find a vast amount of information in this book, made engrossing and accessible by the question and answer format and the lavish use of realistic illustration. The encyclopedia explores the many facets of Canada -- the land, its people, their history and their achievements. A wealth of fascinating facts, figures, stories and legends. www.amazon.com

• Geography and Art

O Canada
A province-by-province tour. On each left-hand page are a few paragraphs about the land and people of the province or territory, and on the facing page is a vibrant painting by artist Ted Harrison ISBN: 1550740873 www.kidscanpress.ca

Meet the Group of Seven by David Wistow
Reference informing children about the Group of Seven as individuals, and shows their work. They trudged into the wilderness carrying oils and brushes, and their work changed the landscape of Canadian art. www.kidscanpress.ca / ISBN 1-55074-494-1

Images of Nature by David Booth
From a rocky shore to a prairie field, kids are invited to journey through the breathtaking Canadian landscape. Children's literature expert Dr. David Booth matches more than 25 beautiful paintings by the Group of Seven with Canada's most talented poets. www.kidscanpress.ca ISBN: 1-55074-272-8

Canadian Culture
• General Overviews of Canada

The Spirit of Canada- Canada's Story in Legends, Fiction, Poems, and Songs
Edited by Barbara Hehner / Anthology 8.5 x 11.5, 320 pages
ISBN: 1-894121-14-7 hc $45.00 CDN ISBN: 0-7737-6200-0 pb $29.95 CDN

The Spirit of Canada, a stunning anthology that celebrates our country's life and
**Canada**

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<tr>
<th>Image</th>
<th>Text</th>
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<tr>
<td><img src="image1.png" alt="Image" /></td>
<td>times, is filled to the brim with stories, songs, poems, legends, and more. One hundred and fifty illustrations by some of Canada’s most prestigious children’s book artists. Beginning with native creation myths, readers are introduced to a cross-section of Canadian history. Chapters include the discovery of the New World, early settlement, and Confederation, as well as legends, humour, and multiculturalism. <a href="http://www.Fitzhenry.ca">www.Fitzhenry.ca</a></td>
</tr>
<tr>
<td><img src="image2.png" alt="Image" /></td>
<td><strong>Canada - the culture</strong> (revised) by Bobbie Kalman  This newly revised edition explores the different ways in which Canadians express their creativity through music, art, dance, theater, and television. New information features religion, clothing worn by native peoples, the uniforms of the Mounties, and an Ojibwa folktale. Topics include: variety of cultures, myths, stories, and literature, Cirque du Soleil, television, music, and film, art, theater, and dance. <a href="http://www.crabtreebooks.com">www.crabtreebooks.com</a></td>
</tr>
<tr>
<td><img src="image3.png" alt="Image" /></td>
<td><strong>Canada - the people</strong> (revised) by Bobbie Kalman  In this updated edition of Canada the People, new photos feature Canadian families and how they live. Important issues that must be resolved with the Native peoples and the French-speaking people in Quebec are sensitively portrayed. New information discusses challenges faced by Western farmers and refugees and a new section features Canadian cuisine. <a href="http://www.crabtreebooks.com">www.crabtreebooks.com</a></td>
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<tr>
<td><img src="image4.png" alt="Image" /></td>
<td><strong>That's Very Canadian! An Exceptionally Interesting Report About All Things Canadian, by Rachel.</strong> Maple Tree Press, 2004 ISBN: 978-1-897066-05-8  Rachel's fantastic school project on Canadian symbols illuminates a unique national identity! From maple syrup to the Mounties, <em>That's Very Canadian!</em> is a witty, informative, and entertaining look at the nation—and a celebration of what makes Canadians so...Canadian. Explores the symbols and icons—both official and unofficial—of this unique country and its culture. <a href="http://www.mapletreepress.com">www.mapletreepress.com</a></td>
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<tr>
<td><img src="image5.png" alt="Image" /></td>
<td><strong>Meet Canadian Authors and Illustrators</strong> by Allison Gertridge  Reference includes 60 top Canadian authors and illustrators of children’s books, including Robert Munsch, Barbara Reid, Dennis Lee and many others. Each author/illustrator spread features a bio with interview quotes, a photograph, a list of selected book titles with award information, book cover images, and prompts for aspiring writers and artists. <a href="http://www.scholastic.ca">www.scholastic.ca</a></td>
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<td><img src="image6.png" alt="Image" /></td>
<td><strong>Let’s Celebrate</strong> by Caroline Parry  Describes 250 holidays and special days, including origins and significance and how it is celebrated. Related activities include games, crafts, science experiments, recipes, riddles, and songs. Also included are holidays that were once celebrated in Canada but have gone into decline. <a href="http://www.quakerbooks.org">www.quakerbooks.org</a></td>
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Canada

Eenie Meenie Manitoba by Robert Heidbreder
Original, funny and distinctly Canadian collection of 37 rhymes, chants and poems. From lobsters and maple syrup to skating on the Rideau Canal and grinding prairie wheat, images of Canada fill every page. Written by a primary teacher, this collection invites kids to have fun and get actively involved in poetry. www.kidscanpress.ca


Eh? To Zed: A Canadian ABeCeDarium by Kevin Major. Each page represents one letter with a collage of amusing objects. Using a blend of historical artifacts, people and images, with modern and contemporary objects, the illustrations take us on a voyage of our country, from sea to shining sea. ISBN 0-88995-222-1

Canada from A to Z by Bobbie Kalman
“M” is for multiculturalism, which Canadians celebrate in hundreds of festivals each year. Special sections that feature famous Canadians and inventions as well as Canadian “firsts” help showcase this diverse country and its people. www.crabtreebooks.com

- First Nations

Native Peoples by Robert Livesey & A.G. Smith
Brings to life the time when only the original native peoples lived here. Who were these peoples? Where did they live? What were their legends and myths, famous heroes? History, activities, illustrated with high quality pen and ink drawings. ISBN: 0773756027 www.fitzhenry.ca

Kids Book of Aboriginal Peoples in Canada
Canada’s Aboriginal peoples have shaped this country in countless ways. Their story is central to the nation’s identity —the word “Canada” is derived from the Huron-Haudenosaunee word “kanata,” which means “our village.” A balanced, in-depth look at the cultures, struggles and triumphs of Canada’s first peoples. www.kidscanpress.ca

- Mi’kmaq

Mi’kmaq of the East Coast by Robert Leavitt.
Canada

Describes Mi'kmaq customs and beliefs past and present, and shows that, despite all the many changes, the Mi'kmaq have never forgotten their roots. Mi'kma'kik will always be home for the Mi'kmaq. www.fitzhenry.ca

- Coast Salish

I Am Sto:lo! Katherine Explores Her Heritage
Student history text designed for grade 4 published by the Sto:lo Heritage Trust. Story with photographs of a Sto:lo girl whose family assists her in a school project about her cultural heritage. This book conveys the idea that Aboriginal cultural heritage continues in the contemporary Sto:lo Nation. Through Katherine's eyes we see how knowledge is passed on to each generation. Also: Teachers Guide www.dmpibooks.com/book/i-am-sto-lo or www.chapters.indigo.ca

- Northwest Territories First Nations and Inuit

The Land Is Our Storybook
Series of books about the diverse lands and cultures of Canada's Northwest Territories. In the books, story tellers, elders, and cultural leaders from different language groups. Features young people who explain what their life is like. (ex: Gwich'in, Dene, Inuvialuktun) share real stories of everyday life in the North today. www.fitzhenry.ca

- Inuit

The Kids Book of the Far North
The Far North is a region shared by Canada, the U.S. (Alaska), Russia, Denmark (Greenland), Norway, Iceland, Sweden and Finland. Home to many plants, animals and people who have developed remarkable ways of adapting to one of the harshest climates on Earth, the book examines the region's fascinating history, modern life and fragile ecosystem with facts, stories, legends, illustrations, timelines and maps. www.kidscanpress.ca

Office of Canadian Studies Outreach
Betsy Arntzen, outreach coordinator
Canadian-American Center 154 College Ave Orono, ME 04473 207.581.4225
barntzen@umit.maine.edu www.umaine.edu/teachingcanada
### Inuit of the North
Using 12-year-old Naullaq's story, it describes the friendly people who live in the Inuit community of Sugluk in Northern Quebec, and examines how their lives have changed with the times - and are still changing today. [www.fitzhenry.ca](http://www.fitzhenry.ca)

### The Lamp, the Ice, and the Boat Called Fish: Based on a true story
by Jacqueline Briggs Martin  In 1913, a boat called *Fish*, part of the Canadian Arctic Expedition, became stuck in the Arctic ice. On board were a captain and crew, scientists and explorers, a cat, forty sled dogs, Inupiaq hunters, and an Inupiaq family with two small girls. ISBN: 0-618-00341-X [www.amazon.com](http://www.amazon.com)

### The Inuit: A True Book

### Arctic Alphabet Exploring the North from A to Z
by Wayne Lynch  Using a plant, an animal or a phenomenon of the far North for each letter of the alphabet, wildlife photographer and science writer Wayne Lynch describes the unique ways of life in the Arctic. He shows that the Arctic is more than a frozen landscape. [www.amazon.com](http://www.amazon.com)

### Ethnic Groups

#### Coming to Canada: Building a Life in a New Land

#### The Quilt of Belonging: Stitching Together the Stories of a Nation
by Janice Weaver  Maple Tree Press. $14.95 ISBN: 978-1-897066-50-8  From Albania to Zimbabwe, every nation of the world is represented in Canada's Quilt of Belonging. Each block symbolizes one country and was created by someone originally from that place. This unique and highly visual book highlights dozens of individual blocks and tells the fascinating stories of the groups they represent. [www.mapletreepress.com](http://www.mapletreepress.com)

### History of Canada

#### The Kids Book of Canada Collection
A collection of the many facets of Canada from Kids Can Press.

- The Kids Book of Canada
- The Kids Book of Black Canadian History
- The Kids Book of Canada's Railway
- The Kids Book of Canadian Exploration

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**Office of Canadian Studies Outreach**  
**Betsy Arntzen, outreach coordinator**  
Canadian-American Center  154 College Ave  Orono, ME  04473  207.581.4225  barntzen@umit.maine.edu  www.umaime.edu/teachingcanada
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<th>Title</th>
<th>Description</th>
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<tbody>
<tr>
<td>Canada Invents by Susan Hughes</td>
<td>A richly illustrated celebration of Canadian ingenuity What do the Ballard fuel cell, a wind-up Walkman, and a programmable hand have in common? How about Java, a conductive concrete and basketball? Give up? They were all invented by Canadians. <a href="http://www.amazon.com">www.amazon.com</a></td>
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<tr>
<td>Sing a Song of Canada By Kim Soleski Ward</td>
<td>A complete curriculum unit for K-6 includes a CD with both accompaniment and performance tracks. The book contains 21 original songs by an elementary music teacher. Each song has related musical activities which reinforce musical skills while at the same time teaching facts about Canada. <a href="http://www.lesliemusic.com">www.lesliemusic.com</a></td>
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<tr>
<td>Scholastic Canada Biographies by Maxine Trottier</td>
<td>A series that takes you through the real life, fascinating true stories of famous Canadians from Alexander Graham Bell to Mike Myers. Titles: Canadian Explorers, Canadian Pioneers, Canadian Stars, Canadian Leaders, Canadian Inventors, Canadian Greats, Canadian Artists, Canadian Heroes <a href="http://www.scholastic.ca/titles/biographies/">www.scholastic.ca/titles/biographies/</a></td>
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<tr>
<td>Canadian Biography for Young Readers by Pat Hancock</td>
<td>From Louis Riel to Madeleine Jarret, this collection of stories familiarizes readers with important figures from early Canadian history. Explorers, native leaders, unlikely heroes, visionary peacemakers, politicians and pioneers. Sequel: <a href="http://www.amazon.ca">Biography for Young Readers: Volume II, 1867-1945</a> by Barbara Hehner contains fifty brief biographies of interesting Canadians who were born during the period from Confederation, and includes Lucy Maud Montgomery and Emily Carr. <a href="http://www.amazon.ca">www.amazon.ca</a></td>
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<tr>
<td>Lucy Maud Montgomery: a Writer's Life by Elizabeth MacLeod</td>
<td>Weaving the real events of her life into the fabric of her fiction using photographs, excerpts from newspapers and actual journal pages, this biography explores Montgomery's struggle and determination to realize her dreams. <a href="http://www.amazon.ca">www.amazon.ca</a></td>
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### Teacher Guides

**Canada: Northern Neighbor (2nd Edition)** A curriculum guidebook for upper elementary to high school. Focuses on the history, geography, economy, government, culture and arts of Canada while emphasizing Canada's relationship with the US. Features teaching activities/lesson plans, reproducible maps and bibliographic references for printed materials, films, software and Internet sites. Order the book and also download lesson plans from it here: www.wwu.edu/depts/castudies/k12studycanada/northern_neighbor.shtml

**A Unit About Canada Gr. 3-6** This thematic unit contains activities which focus on the history and culture of the peoples of Canada. Activities include research skills, critical thinking, writing, arts and math. Background information is written for students to read and use for completing the activities. 48 pages plus answer key www.currclick.com/product_info.php?products_id=15778&it=1

**Teaching With Dear Canada** by Amy von Heyking. Begins with an overview of teaching social studies through historical fiction and a timeline of Canadian history. Then, for each of the four Dear Canada novels, the guide provides a summary and themes for classroom discussion. Cross-curricular activities, and an extensive bibliography for each book make this guide an invaluable resource for teachers. ISBN: 0-7791-1385-3 www.scholastic.ca


### Student Texts

## SOURCES TO PURCHASE CANADIAN BOOKS

### National Chain Booksellers
- [www.chapters.ca](http://www.chapters.ca)
- [www.amazon.ca](http://www.amazon.ca)
- [www.bestsellersdirect.ca](http://www.bestsellersdirect.ca)

### Education Suppliers
- [www.pdstore.com](http://www.pdstore.com)

### Canadian Book Publishers
- [www.bookcentre.ca](http://www.bookcentre.ca)

### Local bookstores we've worked with
- **Westminster Books** - Independent bookstore, Fredericton, NB
  - [www.westminsterbooks.com](http://www.westminsterbooks.com)
- **Woozles** - Canada’s Oldest Children’s Bookstore, Halifax, NS
  - [www.woozles.com](http://www.woozles.com)

### Selected Publishers
- **Kids Can Press**
  - [www.kidscanpress.ca](http://www.kidscanpress.ca)
- **Scholastic Canada**
  - [www.scholastic.ca](http://www.scholastic.ca)
- **Fitzhenry & Whiteside Publishing**
  - [www.fitzhenry.ca](http://www.fitzhenry.ca)
- **Maple Tree Press**
  - [www.maptreepress.com](http://www.maptreepress.com)

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