



United States
(Alaska)

Yukon

★ Whitehorse

Northwest Territories

★ Yellowknife

Nunavut

★ Iqaluit

Greenland

Newfoundland &
Labrador

★ St. John's

British Columbia

Alberta

★ Edmonton

Saskatchewan

Manitoba

★ Regina

★ Winnipeg

Ontario

Québec

Prince
Edward
Island

New
Brunswick

★ Fredericton

★ Halifax

Nova Scotia

★ Victoria

United States

Great Lakes-
St. Lawrence
Lowlands

○ Ottawa

★ Toronto



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○ National Capital
★ Provincial Capital