PARENT and FAMILY GUIDE and
CALENDAR 2019–20
UNIVERSITY of MAINE
Congratulations on reaching an important family milestone. At the University of Maine, we understand that the transition from high school to college can be as challenging for family members as it is for students. Our goal is for each new student to build a fulfilling and successful college experience. This calendar is designed to provide information about important UMaine academic dates, including breaks and exam periods. There’s also space to write in your own reminders.

We look forward to continuing the dialogue in your first year — and beyond. Welcome to UMaine. I’ll see you around campus soon.

Warmest regards,

Robert Dana, Vice President for Student Life and Dean of Students
LIFE on CAMPUS

The transition from high school to college is a big one and UMaine ensures that first-year students have lots of support.

Residence halls are secure (linked to a student’s MaineCard) and are close to classes, campus dining locations and social/recreational opportunities. Living on campus maximizes students’ opportunities for social development and is linked to academic success.

The First-Year and Transfer Student Center in the Memorial Union is the go-to place for new students, parents and families. Whether the student has a personal or academic problem, or just needs someone to talk to, the First-Year and Transfer Student Center is available.

The Commuter Lounge in the Wade Center for Student Leadership is a respite for nontraditional and commuting students. The Veterans Education and Transition Services (VETS) Office, located on the ground floor of Memorial Union, supports veterans, their families and those receiving GI Bill benefits.

Online resources:
• Housing Services: umaine.edu/housing
• First-Year and Transfer Student Center: umaine.edu/fytc
• Residence Life: umaine.edu/reslife
• Commuter and Nontraditional Student Programs: umaine.edu/cntsp
• Veterans Education and Transition Services: umaine.edu/veterans
### First-year students OPTIONS trip: Acadia Hiking and Climbing

**Monday, August 5:**
- First-year students OPTIONS trip: Baxter Backpacking
- New International Student Orientation
- First-year students OPTIONS trip: Acadia Hiking and Climbing

**Tuesday, August 6:**
- First-year students OPTIONS trip: Baxter Backpacking
- First-year students OPTIONS trip: Acadia Hiking and Climbing

**Wednesday, August 7:**
- First-year students OPTIONS trip: Baxter Backpacking
- First-year students OPTIONS trip: Acadia Hiking and Climbing

**Thursday, August 8:**
- First-year students OPTIONS trip: Baxter Backpacking
- First-year students OPTIONS trip: Acadia Hiking and Climbing

**Friday, August 9:**
- First-year students OPTIONS trip: Baxter Backpacking
- First-year students OPTIONS trip: Acadia Hiking and Climbing

**Saturday, August 10:**
- First-year students OPTIONS trip: Baxter Backpacking
- First-year students OPTIONS trip: Acadia Hiking and Climbing

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### Textbook reservations

Order by Aug. 2 to ensure delivery to room. Pick up at bookstore starting Aug. 26.

### Sign up for the Parents Newsletter

Email um.fye@maine.edu with "Add to email list" as subject line.

### Last day to reserve textbooks for campus delivery

- **Monday, August 1:**
- **Thursday, August 15:**
- **Friday, August 23:**
- **Saturday, August 31:**

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### New International Student Orientation

**Monday, August 12:**

**Tuesday, August 13:**
- New International Student Orientation
- First-year students OPTIONS trips

**Wednesday, August 14:**
- New International Student Orientation
- First-year students OPTIONS trips

**Thursday, August 15:**
- New International Student Orientation
- First-year students OPTIONS trips

**Friday, August 16:**
- New International Student Orientation
- First-year students OPTIONS trips

**Saturday, August 17:**
- New International Student Orientation
- First-year students OPTIONS trips

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### Commuter Welcome Day

**Monday, August 26:**
- New International Student Orientation
- First-year students OPTIONS trips

**Tuesday, August 27:**
- New International Student Orientation
- First-year students OPTIONS trips

**Wednesday, August 28:**
- New International Student Orientation
- First-year students OPTIONS trips

**Thursday, August 29:**
- New International Student Orientation
- First-year students OPTIONS trips

**Friday, August 30:**
- New International Student Orientation
- First-year students OPTIONS trips

**Saturday, August 31:**
- New International Student Orientation
- First-year students OPTIONS trips

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### Other Events

**Monday, August 1:**
- Last day to reserve textbooks for campus delivery

**Friday, August 23:**
- Rock Against Rape Benefit Concert

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### URLs

- [Maine Hello Magician (CCA)](http://example.com)
- [Tent Sale (DTAV)](http://example.com)
- [Football vs. Sacred Heart](http://example.com)

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### Contact Information

Email um.fye@maine.edu with "Add to email list" as subject line.

Textbook reservations: umaine.edu/bookstore

Order by Aug. 2 to ensure delivery to room. Pick up at bookstore starting Aug. 26.
Staying **HEALTHY**

**On-campus health:** Northern Light Cutler Health Center provides professional, quality health care services on campus. Services include primary care, allergy shots, acute and chronic care, women’s health, physical therapy, on-site laboratory and X-ray services, plus athletic training for club and intramural sports. Pharmacy delivery to campus available. Ask Cutler Health Center staff for details.

**Fitness:** The New Balance Student Recreation Center has a suspended running track, pool, sauna, basketball courts, squash/ racquetball courts, and equipment for cardio workouts and weight training. A variety of fitness classes are offered each semester, most free to students.

**Counseling:** The Counseling Center, located across the street from Gannett Hall, provides free and confidential counseling for students, as well as mind-body resources and workshops at the Mind Spa in the Memorial Union. The Student Wellness Resource Center provides peer coaching, alcohol and drug education, and substance abuse recovery support.

**Online resources:**
- Counseling Center: umaine.edu/counseling
- Northern Light Cutler Health Center: umaine.edu/cutler
- Student Wellness Resource Center: umaine.edu/wellness
- New Balance Student Recreation Center: umaine.edu/campusrecreation
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<td>First Friday Bagels (Commuter Lounge)</td>
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<td>Reasons to Live Suicide Prevention (Memorial Union)</td>
<td>What’s On Wednesday (Commuter Lounge)</td>
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**Collins Center for the Arts season**
collinscenterforthearts.com

**School of Performing Arts season**
umaine.edu/spa/events

**Students get free tickets to UMaine Athletics events and two free tickets per semester for select Collins Center for the Arts performances**
umaine.edu/studentlife/familyandfriends

**August 2019**

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UMaine Dining serves high-quality, healthy and diverse menus featuring local products in three all-you-care-to-eat facilities (Hilltop Dining, Wells Central and York Dining) and five retail locations on campus.

**Meal plans:** Residential students choose from a variety of meal plans. Commuter meal plans also are available.

**Dining funds:** Dining funds are available with select meal plans and may be added. Funds operate as a declining balance from a MaineCard account and expire at the end of each spring semester.

**Black Bear Bucks:** Black Bear Bucks can be used to pay for dining purchases on campus and include a 5% discount when used at UMaine Dining locations. Black Bear Bucks also may be used for dining purchases at select off-campus merchants. Available balance carries over each semester until graduation.

Concerns about food allergies or dietary restrictions, or want to speak with a nutritionist? Contact UMaine Dining.

**Online resources:**
- **UMaine Dining:** umaine.edu/dining
- **MaineCard:** umaine.edu/mainecard
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<td><strong>Flagship Showcase Engineering Job Fair (New Balance Student Recreation Center)</strong></td>
<td><strong>De-stress midterms events</strong></td>
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<td><strong>October 25–27 umainealumni.com/events</strong></td>
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**Events:**
- Fall break begins
- Homecoming
- Nontraditional Student Week
- ARC Blood Drive (CCA)
- What’s On Wednesday (Commuter Lounge)
- Commuter Week
- First Friday Bagels (Commuter Lounge)
- Football vs. University of Richmond
- Nontraditional Student Week
Get INVOLVED

UMaine has more than 200 student clubs and organizations. Some focus on volunteerism and community service while others, like sport clubs, compete with other schools. Campus Activities and Student Engagement (CASE) offers entertainment and social programs throughout the week.

The Office of Multicultural Student Life and the Multicultural Center are home to student groups, including the Asian, African and Latin American student associations, Black Student Union, and the LGBTQ+ Resource Center.

Greek letter organizations also are available at UMaine. These include both academic and social groups.

Get out, get involved, get connected.

Online resources:
• Campus Activities: umaine.edu/case
• Campus Recreation: umaine.edu/campusrecreation
• Bodwell Center: umaine.edu/volunteer
• Multicultural Student Life: umaine.edu/multicultural
• Fraternity and Sorority Affairs: umaine.edu/case/greek
• LGBTQ+ Resource Center (Rainbow Resource Center): umaine.edu/lgbtq
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<td>First-Year and Transfer Student</td>
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A rich landscape of academic and cultural resources engages the UMaine community. The Collins Center for the Arts brings world-renowned touring artists to campus, and the School of Performing Arts stages concerts, recitals, and theatre and dance productions. The University of Maine Museum of Art in Bangor features diverse contemporary exhibitions and a permanent collection focusing on works since 1945. In campus galleries, faculty and students in the visual arts and new media exhibit their work. Throughout the academic year, UMaine hosts speakers, seminars and lectures. The Emera Astronomy Center on campus is home to the state’s largest planetarium and the second largest observatory.

Online resources:
- **UMaine Museum of Art**: umma.umaine.edu
- **Collins Center for the Arts**: collinscenterforthearts.com
- **School of Performing Arts**: umaine.edu/spa
- **Emera Astronomy Center**: astro.umaine.edu
- **Campus Activities and Student Engagement**: umaine.edu/case
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<td>Hunger Banquet Boulder Bash (Maine Bound Adventure Center)</td>
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<td>Textbook Buyback, Dec. 9–20</td>
<td>De-stress finals events (Totman Lounge)</td>
<td>Residence Halls close for winter break, 5 p.m.</td>
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To be eligible for financial aid, students must be enrolled at least half time in a degree program and complete the Free Application for Federal Student Aid (FAFSA). The FAFSA is available Jan. 1. For priority consideration, the FAFSA must be filed by March 1. Students will be sent a letter when awards can be viewed on MaineStreet. Changes to bills or awards may also be viewed on MaineStreet.

Students should be sure to check their MaineStreet account to ensure they have signed their financial responsibility statement. Information about on- and off-campus student jobs can be found on the Career Center website.

Online resources:
- Financial Aid: umaine.edu/stuaid
- Student Employment: umaine.edu/studemp
- Career Center: umaine.edu/career
- FAFSA: fafsa.ed.gov
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<tr>
<td><strong>December 2019</strong></td>
<td><strong>February 2020</strong></td>
<td><strong>Stalking Awareness Month</strong>&lt;br&gt;<strong>Slavery and Human Trafficking Prevention Month</strong></td>
<td><strong>New Year's Day</strong></td>
<td><strong>File FAFSA after Jan. 1</strong></td>
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<td><strong>January 2020</strong></td>
<td><strong>University of Maine</strong></td>
<td><strong>Classes begin</strong></td>
<td><strong>Winter Session ends</strong>&lt;br&gt;<strong>New International Student Orientation</strong>&lt;br&gt;<strong>New International Student Orientation</strong></td>
<td><strong>What’s On Wednesday</strong>&lt;br&gt;<strong>Student Organization Fair</strong>&lt;br&gt;<strong>What’s On Wednesday</strong>&lt;br&gt;<strong>Commuter Lounge</strong>&lt;br&gt;<strong>Application deadline for RA position for Fall 2020</strong>&lt;br&gt;<strong>5 p.m.</strong></td>
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<td><strong>Martin Luther King Jr. Day</strong>&lt;br&gt;<strong>Residence halls open for spring semester, 10 a.m.</strong>&lt;br&gt;<strong>Martin Luther King Jr. Breakfast</strong>&lt;br&gt;<strong>(Wells Conference Center)</strong>&lt;br&gt;<strong>Martin Luther King Jr. Day</strong></td>
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Security: Residence halls are locked 24/7.

University Police: UMaine’s state-certified officers and support professionals are available around-the-clock, patrolling campus. Call 581.4040 or dial 911 from a campus phone for dispatch. Sign up for the free emergency text service on the UMPD website. The UMaine Clery (crime) Report also is found here.

UVAC: UMaine’s student-run ambulance service responds to campus medical emergencies during the academic year.


Title IX Student Services: Resources and options for gender discrimination, sexual assault or harassment, dating or domestic violence and stalking, located in the Memorial Union.

Online resources:
- Bias Response Team: umaine.edu/biasreporting
- Annual Clery Report: umaine.edu/clery
- Counseling Center: umaine.edu/counseling
- Emergency: umaine.edu/emergency
- Student Accessibility Services: umaine.edu/studentaccessibility
- Student Handbook: umaine.edu/handbook
- Title IX Student Services: umaine.edu/osavp
- University Police: umaine.edu/police
- UVAC: umaine.edu/uvac
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<td></td>
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<td>Teen Dating Violence Awareness Month Black History Month</td>
<td>Room sign-up umaine.edu/housing umaine.edu/reslife</td>
<td>Career Center umaine.edu/career</td>
<td>Maine Bound trips and equipment rentals umaine.edu/campusrecreation/mainebound</td>
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<td>Remember to file your FAFSA by March 1</td>
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<td>Application filing deadline for May Graduation</td>
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<td>Last day to drop classes for refund</td>
<td>Career Fair (New Balance Student Recreation Center)</td>
<td>Winter Carnival First Friday Bagels (Commuter Lounge)</td>
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<td>No classes Presidents Day</td>
<td>What’s On Wednesday (Commuter Lounge)</td>
<td>Early deadline to apply for fall and summer study abroad</td>
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UMaine offers many academic support services, including the Tutor Program with a staff of peer tutors providing assistance for 100- and 200-level courses. The UMaine Writing Center also offers peer tutoring. Some colleges and academic departments have their own student advising centers, study centers and laboratories. Other campuswide academic resources include: Fogler Library, Maine’s largest library; Center for Undergraduate Research, dedicated to enhancing creative achievement opportunities for undergraduates; and computer clusters, including the Collaborative Media Lab for multimedia, web and graphic design.

The First-Year and Transfer Student Center, located in the Memorial Union, can assist students in finding the right academic support services.

Online resources:
- Tutor Program: umaine.edu/tutorprogram
- Writing Center: umaine.edu/wcenter
- College Success Programs: umaine.edu/csp
- Fogler Library: library.umaine.edu
- Center for Undergraduate Research: cugr.umaine.edu
- First Year and Transfer Student Center: umaine.edu/fytc
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<td>Enrollment for fall 2020 begins</td>
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<td>Diversity Week</td>
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<td>Fall job applications, Office of Student Employment <a href="http://umaine.edu/studemp">umaine.edu/studemp</a></td>
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<td>Campus Recreation <a href="http://umaine.edu/campusrecreation">umaine.edu/campusrecreation</a></td>
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**February 2020**

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**March 2020**

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**April 2020**

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Go BLUE!

As the state’s only Division I school, athletics are a big deal here and a great way for students to connect with the campus community. It’s normal to scream and cheer while watching hockey with 5,000 of your closest friends at the Alfond Arena. Black Bear pride goes way beyond hockey. It’s singing the “Stein Song” when UMaine scores on the ice, court, track, trails, diamond or field.

It’s also about meeting with friends to shoot hoops or participate in the dozens of club and intramural sports at the New Balance Student Recreation Center.

The University of Maine Marching Band and Screamin’ Black Bear Pep Band provide spirit and entertainment to UMaine fans.

Sports clubs compete intercollegiately through Campus Recreation. Examples include rugby, lacrosse, wrestling (UMaine has a four-time national champion), crew and more.

Online resources:
- UMaine Athletics: goblackbears.com
- New Balance Student Recreation Center: umaine.edu/campusrecreation/facilities/reccenter
- Bear Necessities Fan Shop: goblackbears.com/shop
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<td>March 2020</td>
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<td>Sexual Assault Awareness Month</td>
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<td>First Friday Bagels (Commuter Lounge)</td>
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<td>Sexual Transmitted Disease Awareness Month</td>
<td>Stress Awareness Month</td>
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<td>Patriots Day</td>
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<td>Textbook buyback, April 27–May 8</td>
<td>Quiet study space (Totman Lounge)</td>
<td>Maine Day</td>
<td>Quiet study space (Totman Lounge)</td>
<td>Quiet study space (Totman Lounge)</td>
<td>Register for the Healthy High 5K/10K</td>
<td>Have you thought about Summer University?</td>
</tr>
<tr>
<td>Quiet study space (Totman Lounge)</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>umaine.edu/wellness/races/healthyyhigh</td>
<td>umaine.edu/summeruniversity</td>
<td>umaine.edu/think30</td>
</tr>
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</table>
Think 30 is an initiative to increase the number of UMaine students who complete a degree in four years and save money, including reducing debt associated with pursuing a college education. Faculty members, academic advisers and students keep the focus on completing 30 credit hours each year in order to “finish in four.”

UMaine offers courses on campus and online during spring and fall semesters, and during Winter Session and Summer University, to ensure that full-time students have the opportunities they need to stay on track and complete 120 credit hours in four years.

Online resources:
- **Summer University**: umaine.edu/summeruniversity
- **Winter Session**: umaine.edu/wintersession
- **UMaine Online**: online.umaine.edu
- **Think 30**: umaine.edu/think30
- **Career Center**: umaine.edu/career
<table>
<thead>
<tr>
<th>April 2020</th>
<th>June 2020</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tr>
<td>1 2 3 4 5 6</td>
<td>1 2 3 4 5 6</td>
<td>Summer University</td>
<td>Textbook buyback, April 27–May 8</td>
<td>First Friday Bagels (Commuter Lounge)</td>
<td></td>
<td></td>
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<tr>
<td>7 8 9 10 11 12</td>
<td>7 8 9 10 11 12</td>
<td>(Totman Lounge)</td>
<td>Final exams begin</td>
<td>Quiet study space (Totman Lounge)</td>
<td>Quiet study space (Totman Lounge)</td>
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<tr>
<td>13 14 15 16 17 18</td>
<td>13 14 15 16 17 18</td>
<td>Quiet study space (Totman Lounge)</td>
<td>Classes end</td>
<td>Lavender Graduation</td>
<td>Final exams end</td>
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<tr>
<td>19 20 21 22 23 24 25</td>
<td>19 20 21 22 23 24 25</td>
<td>Totman Lounge</td>
<td></td>
<td>Quiet study space (Totman Lounge)</td>
<td>Residence halls close, 5 p.m.</td>
<td></td>
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<tr>
<td>26 27 28 29 30</td>
<td>26 27 28 29 30</td>
<td>Totman Lounge</td>
<td></td>
<td></td>
<td>Last day for academic year meal swipes and dining funds</td>
<td></td>
</tr>
</tbody>
</table>

- **Mother’s Day:** May 10
- **Memorial Union closed:** May 24
- **Final spring semester grades due:** May 14
- **Lavender Graduation:** May 6
- **Memorial Union closed:** May 23
- **Textbook buyback, April 27–May 8:**
- **Final spring semester grades due:**

**Links:**
- Summer University: [umaine.edu/summeruniversity](http://umaine.edu/summeruniversity)
- UMaineOnline: [online.umaine.edu](http://online.umaine.edu)
College students’ experiences and life on campus are filled with change, growth, learning and decision-making. They face challenges that provide opportunities for self-discovery. As your student engages in campus life, you as parents, family members and friends have opportunities to provide sound guidance and advice while encouraging your student to take control of his or her college experience. These changes will occur in your student’s social life and academics.

Much more is expected of students academically in college than in high school. Students are expected to put in twice as much effort outside of class as they do in class. The pace of classes is much faster. As an example, in a college-level math class, students will cover in one semester what they would have covered in 1.5 years in high school.

Keeping up — doing all the homework and reading, and studying long before (weeks before) the exam — will be essential to academic success.

The transition from high school to college is as challenging for family members as it is for college students. Family roles and relationships change, expectations and the nature of the involvement in each other’s lives also change. Knowing that you all are entering a time of transition will help prepare you to adapt effectively and support your student throughout his or her years at UMaine.

You may not hear as much as you’d like about your student’s progress or life, but you will appreciate being asked for advice on larger, more important and personal decisions. Your moral support, active listening and willingness to share in significant decisions are essential to your student’s development. It is critical to show your support and openness to change, even when you may not agree with those changes.

Keep dialogue and discussion going, and reach out to the Division of Student Life at any time.

Robert Dana
Vice President for Student Life and Dean of Students
Accessing **STUDENT RECORDS**

What you need to know about the Family Educational Rights and Privacy Act

In compliance with the Family Educational Rights and Privacy Act (FERPA) of 1974 as amended, the University of Maine will not release student grades, student financial records, schedules, financial aid or academic information to parents, relatives, partners or others without written permission from the student.

To obtain a release form, contact the Office of Student Records, 207.581.1290; studentrecords.umaine.edu.

A separate release is required to obtain information from Northern Light Cutler Health Center. For more information, contact Cutler Health Center, 207.581.4000; umaine.edu/cutler.

The University of Maine is an EEO/AA employer, and does not discriminate on the grounds of race, color, religion, sex, sexual orientation, transgender status, gender expression, national origin, citizenship status, age, disability, genetic information or veteran’s status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding non-discrimination policies: Director of Equal Opportunity, 101 North Stevens Hall, University of Maine, Orono, ME 04469-5754, 207.581.1226, TTY 711 (Maine Relay System).
MaineStreet
MaineStreet allows students to access and manage academic records and financial information in one easy-to-use site. On MaineStreet, students can add and drop courses, view account balances, check course schedules, make payments, peruse student records and more. 207.581.1290; umaine.edu/portal

MaineCard
The MaineCard, the official university identification, provides access to important services and features. Students use MaineCards to enter their residence hall and room; access their meal plan, as well as dining funds and Black Bear Bucks; print at designated printers, enter campus recreation facilities; ride the local bus system for free and more. Funds can be added to a MaineCard at any time. 207.581.CARD; umaine.edu/mainecard

University Bookstore
University Bookstore in the Memorial Union is the official source for textbooks, class materials and UMaine merchandise. The store carries a variety of items, UMaine-branded clothing, class materials, residence hall essentials, spirit gear gifts and more. The Tech Center at University Bookstore sells Apple and PC computers and technology, accessories, audio technology and components for building electronics. Students receive an education discount on computer purchases. 207.581.1700; umaine.edu/bookstore

UMaine Package & Postal Center
The UMaine Package & Postal Center in Memorial Union, Room 151 is where residential students pick up larger packages, FedEx and UPS shipments, and other deliveries that require a signature. Students are notified via email from um.yougotapackage@maine.edu to their maine.edu accounts when they have packages. Operated by UMaine Printing and Mailing Services, the center serves as the campus United States Postal Service substation for both U.S. and interoffice mailing needs for students, faculty, staff and guests. 207.581.3727; umaine.edu/packagepostal
Student SERVICES

Bear Necessities Fan Shop
207.581.1112
goblackbears.com/shop

Bodwell Center for Service and Volunteerism
207.581.3091
umaine.edu/volunteer

Bursar’s Office
207.581.1521
umaine.edu/bursar

Campus Activities and Student Engagement
207.581.8325
umaine.edu/case

Campus Recreation
207.581.1082
umaine.edu/campusrecreation

Career Center
207.581.1359
umaine.edu/career

Community Standards, Rights, and Responsibilities
207.581.1406
umaine.edu/communitystandards

Commuter and Nontraditional Student Programs
207.581.1734
umaine.edu/cntsp

Counseling Center
207.581.1392
umaine.edu/counseling

Financial Aid
207.581.1324
umaine.edu/stuaid

Fraternity and Sorority Affairs
207.581.4162
umaine.edu/case/greek

Housing Services
207.581.4580
umaine.edu/housing

International Programs
207.581.3437
umaine.edu/international

IT Help Center
207.581.2506
umaine.edu/it/helpcenter

LGBTQ Services
207.581.9517
umaine.edu/lgbtq

MaineCard Service Center
207.581.CARD (2273)
umaine.edu/mainecard

Multicultural Student Life
207.581.1437
umaine.edu/multicultural

Northern Light Cutler Health Center
207.581.4000
umaine.edu/cutler

Residence Life
207.581.4801
umaine.edu/reslife

Student Accessibility Services
207.581.2319
umaine.edu/studentaccessibility

Student Employment
207.581.1349
umaine.edu/studemp

Student Life
207.581.1406
umaine.edu/studlife

Student Records
207.581.1290
studentrecords.umaine.edu

Student Wellness Resource Center
207.581.1423
umaine.edu/wellness

Title IX Student Services
207.581.1406
umaine.edu/osavp

University Bookstore
207.581.1700
umaine.edu/bookstore

UMaine Dining
207.581.DINE (3463)
umaine.edu/dining

University Police
207.581.4040 or 911
umaine.edu/police

UMaine Package & Postal Center
207.581.3727
umaine.edu/packagepost

Veterans Education and Transition Services
207.581.1316
umaine.edu/veterans