

DIVISION OF STUDENT LIFE ANNUAL REPORT | 2022-2023







DIVISION OF STUDENT LIFE DEANS STAFF

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| Robert Q. Dana | Vice President for Student Life and Inclusive Excellence, and Dean of Students |
| Kenda K. Scheele | Associate Vice President & Senior Associate Dean of Students |
| Andrea L. Gifford | Associate Dean of Students & Director of Student Support Services |
| Lauri A. Sidelko | Assistant Dean & Director of Community Life |

MISSION

The Division of Student Life actively joins with students, faculty and staff to provide programs, services and co-curricular experiences that foster an inclusive and supportive community which not only enhances students' academic and personal growth but also positively contributes to the globally conscious and productive graduates they become.



VISION

Our vision is to actively and enthusiastically support the University of Maine as it aspires to be the most distinctively student centered and community engaged of the American Research Universities. We will accomplish this through the development of fully engaged students in a vibrant and purposeful community life that nurtures, guides and motivates them to realize their fullest academic and personal potential.

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FROM THE DEAN'S DESK

I am thrilled to provide this 2022-2023 Annual Report highlighting the many Student Life accomplishments. For more information on any department, visit the website located on each department's page.

Sincerely,



Robert Q. Dana
Vice President for Student Life and Inclusive
Excellence, and Dean of Students



Campus Recreation

<https://umaine.edu/campusrecreation>

<https://umaine.edu/mainebound>

874

participants in club sports

284103

participants in open recreation

10773

visits to the climbing wall

1700

unique intramural participants

5515

community service hours completed

\$51,778

raised by sports clubs this year

1429

intramural games played

25

drop-in classes per week

5

session-based fitness programs offered

160

student employess

Program Highlights

Three Sports Clubs won the North East Regionals and attended their National Championship Tournaments, Softball, Men's Rugby, and Men's Volleyball. Additionally, Baseball and Ultimate Frisbee played in the regional championships.

Our Fitness program worked closely with University of Maine School of Nursing students, faculty, and staff WellNurse. A new initiative made possible by a \$1.5 million focusing on increasing resiliency and reducing burnout among nurses.

The Healthy High 4.2 K race was held on April 20. With over 300 participants, it was the first time the race has been held since COVID shut down the campus in 2020.

Maine Bound had 150 first-year students turn out for late-night Zip Wire on the challenge course the first week of school.

“

I'd have to say my favorite thing about Campus Rec was the culture and learning environment that the administrative staff maintained... Having the opportunity to work and learn at Campus Rec significantly impacted my attitude and my ability to succeed overall. So, thank you! " - Rec Center employee.

“

It's kind of like my home, I guess. Like, I probably spend more time here willingly than anywhere else. - Maine Bound employee



Career Center

<https://umaine.edu/career/>

Program Highlights

Our career management program, Symplicity (CareerLink), continues to be one of our cornerstones of engagement for both students and employers. Students can access job postings, schedule interviews, register for programs, report internships and employment outcomes, and gain access to career development resources such as GoinGlobal and Infobase.

Two large employer events, the Engineering and Computing Job Fair and the Career Fair were offered. Both events reached capacity quickly and generated a waiting list for employers.

Industry specific events were offered to students including Accounting Firm Night, Careers in Outdoor Recreation Fair, Federal Jobs Day, Careers in Law and Justice, and International Services Panel.

A new Career Ready sequence was offered to students, in partnership with the Maine Business School, including Jumpstart Your Career and the Career Ready Games designed to prepare students to utilize the Career Fair to secure internships and full time employment.

All counselors have completed a career coaching course sequence, attended training in their area of specialization, and hold nationally recognized credentials. Three counselors earned Strong Interest Inventory certification.

The Career Champion training program was piloted this spring. This program is based on a national model with a goal of creating a career ready campus. Several staff and academic advisors across the university participated.

356

employers at events/ career fairs

4293

students reached through presentations

103

career presentations delivered

44%

increase in student appointments with Career Counselors

48

employers participated in on campus recruiting and interviewed 155 students

60,000

jobs and internships were posted in CareerLink

8000+

employers registered in CareerLink



Center for Student Involvement

<https://umaine.edu/studentinvolvement>

Program Highlights

The Chapter Success Program was implemented to assess Fraternities and Sororities in the categories of Health and Safety, Academic Development, Relationships, Member Education/Development, Recruitment and Retention, and Philanthropy and Community Service. All chapters participated.

Late Night at the U programs shifted to 4 days a week, Wednesdays through Saturdays. While the events were strong, the model is not sustainable, and we will shift back to 3 days a week in the Fall.

We successfully launched the Campus Groups platform and integrated the student event management form and connectivity for all student organizations.

Reimagined the Event Management Team process and split fraternities and sororities among 4 Event Managers. This change helped to develop strong relationships between the organizations and the Center for Student Involvement.

We led the charges for the Maine Day(s) in the areas of marketing, programming, and harm reduction.



24

students inducted to Dirigo Leadership Society

426

new fraternity/sorority members

207

active student organizations

25

new student organizations

583

hours advising Fraternity & Sorority Leaders

\$25857

received in grants and outside donations

5100

family members at Family and Friends Weekend

79

unique users in the eSports Arena over the two semesters

418

hours of advising with greek leaders

29

student staff

150000

views on TikTok

12470

active users on Campus Groups

Community Standards, Rights, and Responsibilities

<https://umaine.edu/communitystandards>

99.7

percent retention of all conduct involved students

726

educational interventions outside the conduct process

2752

interventions to address student behavior

“

"The core ethical values I plan to follow in my career are trust, integrity, and reliability. All three are part and parcel of each other. Much like Dr. Greenspan spoke of trust and integrity. I find them to be extremely valuable in my current career and line of work. The other core ethical value I plan to follow is reliability."
University of Maine student

“

"Students living in dorms do not need to miss out on meaningful spiritual rituals. Connecting to spiritual practices through meditation, creating sacred space, and attending local spiritual gatherings are a few simple ways that anyone living in a dorm can nourish their inner selves. Taking the time to explore these options can be incredibly beneficial and lead to a deeper sense of connectedness and well-being." University of Maine student



Commuter and Non-Traditional Student Programs

<https://umaine.edu/studentinvolvement>



75
stuffed animals adopted

200
succulents potted by students

175
grilled cheese given out during
Commuter and Finals weeks

432
bagels consumed from local business,
Bagel Central

150
goody bags handed out to commuter
students

50
hand crafted smoothies made in the
lounge

Program Highlights

Began the process of refurbishing and revamping the Commuter Lounge, soliciting student feedback (holding town halls and raffles) and expanding the range of student amenities offered.

Hosted Commuter and Non-Traditional student weeks with multiple programs each week: showing a movie at Spotlight Cinemas, offering family board games, and much more!

Supported Halloweekend and Maine Day Week programming, ranging from service programs to the school parade.

Conducted the Fuel for Finals program which gave students a break from studying and kept them fed with plenty of snacks.

Collaborated with the Career Center, Multicultural Student Center, International Students Association, and more!

Counseling Center

<https://umaine.edu/counseling/>

841

unique students served

2729

counseling sessions provided

274

urgent care sessions provided

5

days is the campus average wait time, compared to 6 weeks nationally



Program Highlights

Support groups for various students with emphasis on historically underserved communities, including LGBTQ+ students, BIPOC students, and students with neuro diversities.

Provided crisis debriefing services including support, guidance, resources, and crisis counseling to two different campus entities following the unexpected deaths of two students.

Student events:

- Mental Health Check for First Year Students - Presentation to first year students in the College of Liberal Arts and Science educating students in identifying signs of stress, anxiety, and depression; and development of self-compassion and coping strategies.
- Academic Recovery Program - Presentation to students in the College of Liberal Arts and Sciences Academic Recovery Program educating students in balancing collegiate expectations, mental health, and resources.
- Trans Support and Awareness Forum - educational panel discussing the intersectionality of trans identities, history, and politics
- Eating Disorder Prevention - partnered with the founder of The Holy Donut to provide a presentation, discussion, and lunch focused on eating disorder recovery.

Office of Diversity and Inclusion

<https://umaine.edu/diversity-and-inclusion/>

Program Highlights

The office took a community development approach to programming this year because it was the greatest student need. All of our history or heritage months included an event for identifying UMaine staff, faculty, and students to mingle and network.

Additionally, this year we started two programming platforms that focused on consistent community connections: Women of Color Wednesday and Trans+ and Non-Binary Game Nights, in addition to other community connection events like Pride Swim and Latinx Connections, which grossed over 350 attendees.

Due to shifts in staffing, much information regarding integral services for the well-being of the students we serve is lost. In the Spring 2023 semester, we started a committee consisting of the GA for Diversity and Inclusion in addition to three Student Leads to create avenues for staff to better understand and engage with on-campus and off-campus resources. The staff not only focused on streamlining resources, but also exploring ways in which we can better market our office programming and services using social media. The task force also developed a series of infographics for members of the UMaine campus community to engage with, whether or not that have frequent access to our centers.

1828

community members impacted

78

events, training sessions, collaborations and programs

45

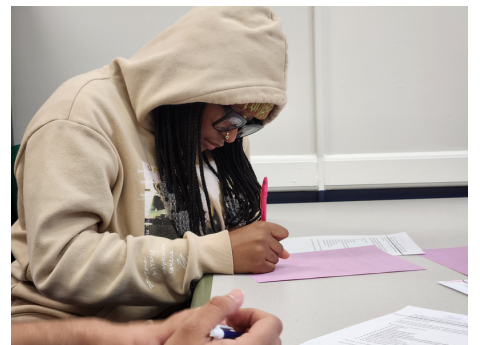
students served during the annual Hair Care Fair

402

students at the Annual Drag Show

57

DEI training sessions facilitated



Residence Life

<https://umaine.edu/reslife>

3.3

average RA GPA

85

undergraduate staff members

9

graduate staff members

7156

documented 1:1 student interactions

1050

in-hall programs facilitated

435

after-hours response calls to support residents 24/7

Program Highlights

Launched Computing and Design Living Learning Community in partnership with the Computer Science program to support their first year students.

Partnered with the Center for Student Involvement to bring enhanced social programming to students during the first six weeks of their experience on campus.

Grew Maine Business School Living Learning Community, designed to engage and support first-year students in the Maine Business School, from two floors to an entire building.

Addition of FOCUS floor for 23-24, to house students who seek a more academic environment regardless of their Honors status.

Hosted 37 virtual community groups on Gilded, beginning in August, encouraging early interaction between residential students based on housing assignment and areas of interest.

Surveyed all residential students on aspects of "belonging" in an effort to gather data necessary to shift programmatic focus to meet the specific needs of our current students.



Student Wellness Resource Center

<https://umaine.edu/wellness>

Program Highlights

Hosted the Student Wellness Fair that connected students to the 8 Dimensions of Wellness, in addition to the resources both on and off campus

We hosted Fresh Check Day with partnership from the Jordan Porco Foundation in the spring and 100 students came out to participate in a college mental health check in day and suicide awareness and prevention program. This event is an interactive fair with collaborators from the campus and local community

Our 7 Student Workers and 1 intern planned, implemented, and facilitated 38 programs in total this year.

As an office we collaborated with 35 campus and community partners. (MaineBound, Recreation Center, Center for Student Involvement, Wade Center, Student Accessibility Services, Wilson Center, Green Campus Initiative, Financial Aid, UVAC, Bodwell Center, University Credit Union, Career Center, Counseling Center, Office of Diversity and Inclusion.)

Organized and implemented the training for and distribution of fentanyl testing strips and naloxone training.

2297

students served through wellness programs

445

first-year students reached

219

students attended BASICS group classes

401

student athletes met with

2196

students reached through presentations

1074

fraternity and sorority members received risk management training

10000

contraceptives distributed to students annually



Student Accessibility Services

<https://umaine.edu/studentaccessibility>

358
new students

1211
enrolled students with disabilities

952
accommodation letters

2543
proctored tests

2600
hours of testing proctored

30,937
credits enrolled in by students with disabilities

\$31495
awarded in scholarships

Program Highlights

Student Accessibility Services has met with and assisted over 1200 students with permanent and temporary disabilities enrolled at UMaine. Receiving accommodations and support helps many students with disabilities successfully pursue their academic goals and navigate the landscape of attending college at UMaine.

During 2022-2023 we reimagined the ways in which we interacted with our students and the campus community as a whole. Our team incorporated self-care, exam preparation, and into informal social gatherings focused on a fun take away activity and food. These events brought valued perspective to our office as well as the campus community. Students were engaged and have asked that these informal gatherings continue and expand. SAS student gatherings included a Mini Waffle Brunch in the fall and spring, Tea & Test Scheduling, and Plants & Positive Rants.

84% of students surveyed report that they are satisfied or extremely satisfied with their accommodations.



“Having the extra time for my exams and the ability to be in a quiet separated space is really helpful for me and I notice that it helps me do better on my exams.”

- University of Maine student



The Bodwell Center for Service and Volunteerism

<https://umaine.edu/volunteer/>

Program Highlights

Worked with students from Professor Alan Kryszak's Down East documentary filmmaking course at UMaine Machias. Students produced an hour-long documentary that looked to answer the everyday questions of homelessness through a series of interviews with Mainers of all ages living in several rural and coastal towns, including Bangor, Milbridge, Jonesport, Machias and Eastport. The film debuted at the Collins Center for the Arts in November 2022 and was broadcast on Maine Public Television.

Engaged a Senior BSW student intern to assist students eligible for SNAP benefits. Coordinated with Financial Aid to identify and reach out to eligible students. Supported 40 students through the application process and was successful in getting them benefits.

2100

students involved in service

64000

pounds of food recovered/distributed

4100

visits to the Black Bear Exchange

56

blankets donated to Project Linus

2700

hours of service to local youth

8300

hours of community service completed



A celebration of numbers

IN THE LAST 16 YEARS, UMAINE HAS COLLECTED
OVER 10,000 UNITS OF BLOOD SERVING OVER
30,000 PEOPLE.

IN 5 YEARS, THE BBE HAS DISTRIBUTED 235,000
POUNDS OF FOOD.

Title IX Student Services

<https://umaine.edu/titleix>



1300+
community members trained

9TH
annual March Against Domestic Violence

174
incident reports responded to

Program Highlights

Provided integrated educational, prevention and response services to the University of Maine and University of Maine at Machias communities. Partnered with campus and community organizations on various initiatives throughout the year such as the Sigma Phi Epsilon Rock Against Rape, the Beta Theta Pi Sleepout, the Rape Response Services Support Group and Take Back the Night, co-hosted by the Feminist Collective.

Collaborated with the Maine Business School Corps to organize the 9th annual March Against Domestic Violence and partnered with Prevention Action Change to offer Self-Defense Classes. In addition, collaborated with the Student Wellness Resource Center for the Healthy Sex Casino and Fresh Check Day. Sexual Assault Awareness Month was highlighted in April with a video message provided by Boston Bruins goalie and former Black Bear, Jeremy Swayman.

Provided gender-based violence prevention and response training to University of Maine student-athletes and athletic department staff, Greek Life, Residence Life, Army ROTC, the study abroad departure groups, University of Maine Dining, Campus Recreation staff, the University Singers and various cohorts of first-year students.

University of Maine Police Department

<https://umaine.edu/umpd>

Program Highlights

UMPD underwent significant changes in structure which included creating three divisions: Administrative, Patrol, and Investigations. Each division is supervised by a command-level officer in the grade of Lieutenant.

Longtime Chief of Police Roland LaCroix retired in August after 14 years and moved on to another position on campus. In October, William Flagg was named as the new Director of Police and Security Services - Chief of Police.

The Security Division on campus was formerly aligned underneath of the police department allowing for better communication and integration into the Public Safety mission. A few months later, this division was restructured into what is now known as the Campus Safety Officers. This division works together alongside law enforcement performing security and campus safety functions.

Several technology upgrades occurred this year. In January, UMPD partnered with UMS IT to develop a CJIS-complaint file storage solution for the department. In May, the UMPD dispatch center received a long-overdue upgrade to its radio consoles. This upgrade involved purchasing and installing new computer-based consoles which have the ability for easier future upgrades and interoperability.

Our department has taken a proactive stance on active shooter preparedness and training. Three supervisors within the department are certified active shooter instructors, one of which is a SWAT certified tactical operator and former tactical team command officer. Exercises are being planned to assess these abilities and combine all major stakeholders from across the public safety spectrum.

7

new employees hired

6

promotions within UMPD

23

UMPD personnel

4426

total calls for service



Veterans Education and Transition Services (VETS)

<https://umaine.edu/veterans>

187

Post 9/11 GI Bill recipients

\$1.2 MILLION

in tuition paid for by GI Bill

48

supported by Federal Army Tuition Assistance

403

students using GI Bill benefits

\$25000

donation to establish Bullets to Books scholarship through the Foundation



Program Highlights

Designated a 2023–2024 Military Friendly School and ranked among the top performers nationwide in veteran student support and success during and after college.

Reestablished the University of Maine Veterans Association. The UMVA was formally recognized by Student Government for the first time in three years and is 70 members strong.

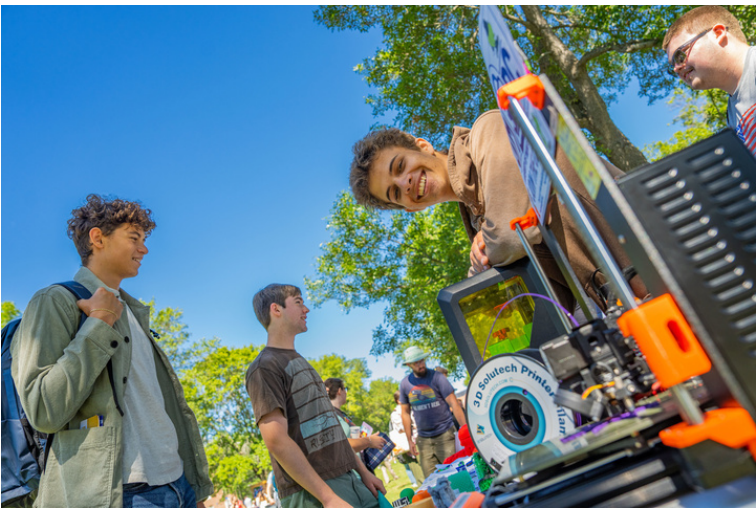
Trained and successfully transitioned SCO staff for the new VA Enrollment Manager student certification program. The previous online reporting system, VA Once, was over 20 years old.

Trained and successfully transitioned SCO staff for the new Army Tuition Authorization system, ArmyIgnited 2.0. The previous system, ArmyIgnited 2.0, lasted approximately 18 months.

Earned the VA 35% exemption for 24 months for the 85/15 reporting requirement.

Celebrated Veterans Week with our annual flag raising, a student veteran panel, and a veteran appreciation football game, among other events. The marquee event was a book reading and signing event by Ryan Stovall, author of "Black Snowflakes Smothering A Torch: How to Talk to Your Veteran - A Primer." Ryan is a recent UMaine graduate and was a standout UMaine student veteran.

Attended the annual NAVPA conference where there were many ongoing pressing issues discussed with members of Congress and VA officials such as requirements of Isakson and Roe Veterans Health Care and Benefits Improvement Act of 2020 and the transition of Army Tuition Assistance to ArmyIgnitedEd.



1865 THE UNIVERSITY OF
MAINE
Student Life

