



The University of Maine Rural Integrated Behavioral Health in Primary Care (RIBHPC) Training Program Presents:

Fostering Resilience & Recovery: Advancing Trauma-Informed Primary Care

FRIDAY, OCTOBER 21, 2022

9:00 - 10:30 AM

[Registration Link](#)

Webinar Description:

Trauma is a near universal experience of individuals who seek assistance from providers. Addressing trauma is now the expectation, not the exception, in primary care. It is equally vital that we understand and build resilience in conjunction with understanding the impact of trauma. Trauma-Informed primary care settings can help establish more appropriate and effective care utilization patterns among individuals with trauma histories. The benefits of creating trauma-informed environments include creating safer spaces for staff, improving clinical decision-making by equipping providers to identify and respond to trauma and building collaborative care networks to increase providers' capacity to address holistic needs. Implementing a trauma-informed approach also aligns with and supports existing health care transformation efforts, including integrating primary care and behavioral health services.

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Free, Live Webinar
Presenter:

**Amelia Roeschlein,
DSW, MA, LMFT**

National Council for
Mental Wellbeing

Certificate of
Attendance Provided

For more information please
contact: Dyan Walsh at
dyan.walsh@maine.edu

Workshop Objectives:

- Explore the principles of being trauma-informed and change concepts needed to implement in primary care settings.
- Identify resilience-oriented trauma-informed ways to intervene with all those we serve and serve with.
- Understand key strategies for implementing this approach.