

**UNIVERSITY OF MAINE  
SCHOOL OF SOCIAL WORK**

**SWK 595 Foundation Year Field Placement  
LOG CONTACT FORM**

Name: \_\_\_\_\_ Log#: \_\_\_\_\_

Week of: \_\_\_\_\_

**1. How did you spend your time this week?  
Intern's Activities/Learning Experience**

**Total number of hours spent in the following activities:**

<p>MICRO Direct service activities:</p> <p>_____ Intake/Assessment</p> <p>_____ Individual client</p> <p>_____ Other</p>	<p>Other Learning Activities</p> <p>_____ Process recordings</p> <p>_____ Progress notes/reports/paperwork</p> <p>_____ Inservice training at agency</p> <p>_____ Workshop, training, conference</p> <p>_____ Other (specify)</p>
<p>MEZZO Direct service activities:</p> <p>_____ Couple</p> <p>_____ Family</p> <p>_____ Group</p> <p>_____ Service providers/collaterals</p> <p>_____ Other</p>	<p>Travel Time: _____ hours</p>
<p>MACRO Service activities:</p> <p>_____ Program needs assessment</p> <p>_____ Community outreach/organizing</p> <p>_____ Program development</p> <p>_____ Policy development/advocacy</p> <p>_____ Task/Committee group work</p> <p>_____ Program evaluation</p> <p>_____ Other</p>	<p>Supervision: Hours spent in:</p> <p>_____ Individual face-to-face with field instructor</p> <p>_____ Group supervision</p> <p>_____ Other (i.e. mentor, task supervisor)</p>

Total time in field placement, this log: \_\_\_\_\_

Cumulative hours in field placement: \_\_\_\_\_

**2. Planned Contacts with Clients, Field Instructor, Staff, and Others for Next Week**

For your next week in field: what are your planned contacts and goals for these contacts? Be sure to de-identify any client names.

Contact	Goals for Contact

### 3. Learning Objectives Form

<u>Foundation Year Competencies and Practice Behaviors</u>	<u>Description of Field Activities this week that help you to meet the competency and practice behaviors</u>
<p><b>1. Identify as a professional social worker and conduct oneself accordingly</b></p> <ul style="list-style-type: none"> <li>▪ Advocate for client access to the services of social work</li> <li>▪ Practice personal reflection and self-correction to assure continual professional development</li> <li>▪ Attend to professional roles and boundaries</li> <li>▪ Demonstrate professional demeanor in behavior, appearance, and communication</li> <li>▪ Engage in career-long learning</li> <li>▪ Use supervision and consultation</li> </ul>	
<p><b>2. Apply social work ethical principles to guide professional practice</b></p> <ul style="list-style-type: none"> <li>▪ Recognize and manage personal values in a way that allows professional values to guide practice</li> <li>▪ Make ethical decisions by applying standards of the National Association of Social Workers Code of Ethics</li> <li>▪ Tolerate ambiguity in resolving ethical conflicts</li> <li>▪ Apply strategies of ethical reasoning to arrive at principled decisions</li> </ul>	
<p><b>3. Apply critical thinking to inform and communicate professional judgments</b></p> <ul style="list-style-type: none"> <li>▪ Distinguish, appraise, and integrate multiple sources of knowledge, including research-based knowledge, and practice wisdom Identify both the strengths and problems of the community</li> <li>▪ Analyze models of assessment, prevention, intervention, and evaluation</li> <li>▪ Demonstrate effective oral and written communication in working with individuals, families, groups, organizations, communities, and colleagues</li> </ul>	
<p><b>4. Engage diversity and difference in practice</b></p> <ul style="list-style-type: none"> <li>▪ Recognize the extent to which a culture's structures and values may oppress, marginalize, alienate, or create or enhance privilege and power</li> <li>▪ Gain sufficient self-awareness to eliminate the influence of personal biases and values in working with diverse groups</li> </ul>	

<ul style="list-style-type: none"> <li>▪ Recognize and communicate their understanding of the importance of difference in shaping life experiences</li> <li>▪ View themselves as learners and engage those with whom they work as informants</li> </ul>	
<p><b>5. Advance human rights and social justice</b></p> <ul style="list-style-type: none"> <li>▪ Understand the forms and mechanisms of oppression and discrimination</li> <li>▪ Advocate for human rights and social and economic justice</li> <li>▪ Engage in practices that advance social and economic justice</li> </ul>	
<p><b>6. Engage in research-informed practice and practice-informed research</b></p> <ul style="list-style-type: none"> <li>▪ Use practice experience to inform scientific inquiry</li> <li>▪ Use research evidence to inform practice</li> </ul>	

<p><b>7. Apply knowledge of human behavior and the social environment</b></p> <ul style="list-style-type: none"> <li>▪ Utilize conceptual frameworks to guide the processes of assessment, intervention, and evaluation</li> <li>▪ Critique and apply knowledge to understand person and environment</li> </ul>	
<p><b>8. Engage in policy practice to advance social and economic well-being and to deliver effective social work services</b></p> <ul style="list-style-type: none"> <li>▪ Analyze, formulate, and advocate for policies that advance human well-being</li> <li>▪ Collaborate with colleagues and clients for effective policy action</li> </ul>	
<p><b>9. Respond to contexts that shape practice</b></p> <ul style="list-style-type: none"> <li>▪ Continuously discover, appraise, and attend to changing locales, populations, scientific and technological developments, and emerging societal trends to provide relevant services</li> <li>▪ Provide leadership in promoting sustainable changes in service delivery and practice to improve the quality of social services</li> </ul>	
<p><b>10. Engage, assess, intervene, and evaluate with individuals, families, groups, organizations, and communities</b></p> <p><b>- Engagement</b></p> <ul style="list-style-type: none"> <li>▪ Substantively and affectively prepare for action with individuals, families, groups, organizations, and communities</li> <li>▪ Use empathy and other interpersonal skills</li> <li>▪ Develop a mutually agreed-on focus of work and desired outcomes</li> </ul>	
<p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>▪ Collect, organize, and interpret client data</li> <li>▪ Assess client strengths and limitations</li> <li>▪ Develop mutually agreed-on intervention goals and objectives</li> <li>▪ Select appropriate intervention strategies</li> </ul>	
<p><b>- Evaluation</b></p> <ul style="list-style-type: none"> <li>▪ Social workers critically analyze, monitor, and evaluate interventions</li> </ul>	

**Log Narrative:**

**Jan 2013**