

WHO IS SANDY BLOOM

Dr. Sandra Bloom is the founder and guiding light behind the Sanctuary Model. Throughout her 30-year career as a psychiatrist, author, and trainer, Dr. Bloom has synthesized ideas and concepts with lived experience, continually refining and expanding upon the Sanctuary Model and its healing potential. She is the Distinguished Fellow at the Andrus Children's Center.



Dr. Bloom has written extensively on the Sanctuary Model, including *Creating Sanctuary*, *Bearing Witness*, and numerous articles in professional journals and websites. She is on faculty at Drexel University, and is past president of the International Society for Traumatic Stress Studies. Dr. Bloom has also served as president of Philadelphia Physicians for Social Responsibility, and as Chairperson for the Task Force on Family Violence for the Attorney General of Pennsylvania. She has also worked with the Atlantic County school districts in New Jersey to formulate a Safe Schools program using Sanctuary in the Schools and with the Brooklyn District Attorney's Office to create a residential program as an alternative to incarceration for women and their children based on the Sanctuary Model.

You can learn more about Dr. Bloom's work at
www.sanctuaryweb.com

The
Sanctuary
Institute
at Andrus Children's Center



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1156 North Broadway
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WHAT IS SANCTUARY

Sanctuary is a clinical and organizational model which recognizes the inherent vulnerability of all individuals and social systems to adversity, loss and change. In confronting this unavoidable aspect of the human condition, the Sanctuary Model responds with a core belief that every individual and system has the capacity to transcend this vulnerability and overcome the impact of these potentially traumatic experiences.

The Sanctuary Model is informed by 25 years of practice experience in therapeutic communities, incorporating perspectives of various fields, in particular from trauma, systems and business theories.

With its origins in the field of human service, the Sanctuary Model recognizes the challenges of working with vulnerable people within a system that can be complex, stressful and challenging in itself.

The Sanctuary Model offers guidance for creating a community that capitalizes on the varied perspectives and strengths of all members, and promotes active participation to confront problems and create solutions.

Sanctuary offers tools for establishing physical, psychological, social and ethical safety within a community and supports people in managing emotional responses to internal conditions and external circumstances. Within this safe context, people are able to deal directly with issues of loss and change as they take meaningful steps toward positive futures.

THE SANCTUARY INSTITUTE

In the context of a creative partnership, Dr. Bloom and the Andrus Children's Center developed the Sanctuary Institute as a way to share the vision of Sanctuary with a broader community. The Institute teaches the tools and principles which can help other agencies create Sanctuary for their clients and staff.

The Institute offered its first training in September 2005, and since then has worked with an ever-growing number of agencies across the country and around the world. As the founder of the model, Dr. Bloom remains actively involved with all aspects of the Sanctuary Institute.

For more information
please visit www.AndrusChildren.org/ACLI
email inquires: sanctuary@jdam.org
phone: 914-965-3700

WHY CHOOSE SANCTUARY FOR YOUR ORGANIZATION?

Many different models address the individual and group treatment needs of vulnerable clients. Sanctuary is unique in helping staff treat clients and helping to create a safer, better-functioning organization.

SANCTUARY WILL HELP YOU:

- Improve treatment outcomes
- Enhance staff communication
- Increase job satisfaction
- Decrease violence and bullying
- Actively engage every member of your treatment milieu in a proactive process of positive change.

THE SANCTUARY INSTITUTE OFFERS:

- A dynamic 5-day training course
- Manuals and materials for implementation
- Telephone and On-Site Consultation
- Diagnostic Evaluation of your organization in relation to the Sanctuary Model
- Opportunity to become Certified as a Sanctuary Organization

As a Sanctuary Network Member, you will be joining a community of practice that allows you to share struggles and successes with other organizations using the model.

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