Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
Competency 1: Demonstrate Ethical and Professional Behavior				
		Review the confidentiality policy and other relevant policy of the agency with the field Instructor.	Practice completing appropriate completion of Release of Information and other protocols.	Varies
		Discuss cases in which vicarious trauma becomes present. Explore various mechanisms of support within agency.	Process in supervision	Varies
		Meet with a profesisonal from another discipline at the field agency and discuss similarities that exist between the two professions in working with clients.	Explore in supervision the ways in which the two professions work together with clients to help them meet their goals.	Varies
		Recognizes and discusses with Field Instructor transference and countertransference in social work relationships.	Discuss in supervision/field seminar	Varies
		Assess past experiences with supervisory styles.	Discuss with Field Instructor impact on employees and organizations of these different styles.	Varies
		Hemy, M., Hemy, M., Boddy, J., Chee, P., & Sauvage, D. (2016). Social work students 'juggling' field placement. Social Work Education, 35(2), 215-228. doi:10.1080 /02615479.2015.1125878	Read article and write 1 -2 page response paper about how you will "juggle" field placement. Augment with additional research from 1 journal article.	5
	Listen to recording of Q&A session COVID-19: Ethical Legal and Clinical Considerations for social workers. https://www.socialworkers.org/About/Ethics/Ethics-Education-and-Resources/COVID-19-Ethics-Resources	Research other ethical implications of COVID-19	Using Q& A recording & own research, create COVID-19 Social Work Ethics Tip sheet	5

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
	Listen to inSocialWork Podcast: "Dr. Frederic Reamer: Ethical Dilemmas in Contemporary Social Work: Trends and Challenges" inSocial Work Podcast Series Published: July 13, 2009 https://www.insocialwork.org/episode.asp?ep=24	Read: 'Ethical Decision Making in Social Work Practice" Published: 2015 Author: NLASW Professional Issues Committee https://nlasw. ca/sites/default/files/inline- files/Ethical_Decision_Making_Frame work.pdf	1) Connect NASW Values & Principles to (4) core aspects of field agency (ex. agency guidelines/procedures, treatment models, workplace environment)	5-8
	UMS Academy: School Social Worker: History, Trends, Ethics and Perspectives Published: 01/30/2018 Author: Alexia Poppy, MSW https://learnit.hoonuit.com/5847/learnit		UMS Academy/ Quiz Certificate	3
		Essential Steps for Ethical Problem-Solving NASW Massachusetts Chapter Author: Frederick Reamer & Sr. Ann Patrick Conrad https://www.naswma. org/page/100/Essential-Steps-for- Ethical-Problem-Solving.htm	Generate ethical dilemma focused on field placement agency/client population (if student is unable to generate ethical dilemma, student can meet with field instructor to discuss common ethical dilemmas faced by agency) then utilize ethical problem solving steps to solve issue	3-4
	UMS Academy: School Social Workers: Making a Difference in Student Success Published: 02/11/2018 Author: Patsy Ryan, LSW https://learnit.hoonuit.com/5853/learnit		UMS Academy/ Quiz Certificate	3
	Listen to NASW Podcast: Ethics with Dawn Hobdy NASW Social Work Talks https://www.socialworkers.org/news/social-work-talks-podcast/ep4-ethics		Discuss in logs	1

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Explore Self Care Starter Kit UB School of Social Work Author: Lisa D. Butler, PhD http://socialwork.buffalo.edu/resources/self-care- starter-kit.html	Read "Six Domains of Self Care: Attending to the whole person" Published: 07 Jan 2019, Journal of Human Behavior in the Social Environment Authors: Lisa D. Butler, Kelly A. Mercer, Katie McClain-Meeder, Dana M. Horne & Melissa Dudley https://www.tandfonline. com/doi/abs/10.1080/10911359. 2018.1482483? casa_token=acieCcT4B6kAAAAA% 3ATTPVnhpZLPVuqGsf6NiXMUK2X AmP- WlvRnicJZg2cJsiXxNDBWhYu9Qgk9 xjjihtzyNgBe78rUy&journalCode=wh um20	1) Utilize associated materials within University of Buffalo self care kit and read additional readings to develop personalized self care plan over the course of field practicum sequence 2) Create a weekly journal of thoughts, feelings, experiences, etc. within field placement	6-8	
	UMS Academy: Emotional Wellbeing & Stress Reduction Published: 12/05/2017 Author: Dr. Brad Goodell https://learnit.hoonuit.com/5813/learnit		UMS Academy/ Quiz Certificate	3	
	UMS Academy: Leadership Styles Published: 06/18/2017 Author: Liz Van Kleeck https://learnit.hoonuit.com/5698/learnit		UMS Academy/ Quiz Certificate	3	
	UMS Academy - Successful Time Management Published: 06/04/2014 Author: Dr. Rob Cavanna https://learnit.hoonuit.com/5094/learnit		UMS Academy Quiz/Certificate	3	
	Watch: Belkin-Martinez, D. (2016). Overcoming personal biases in social work. [Video/DVD] Alexander Street. Retrieved from https://video-alexanderstreet-com.wv-o-ursus-proxy02.ursus.maine.edu/watch/overcoming-personal-biases-in-social-work		Discuss in supervision/Field Seminar	2	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
	UMS Academy: Developing Healthy Relationship Skills Published: 03/14/2018 Author: Bryn Yahn https://learnit.hoonuit.com/5869/learnit		UMS Academy/ Quiz Certificate	3
	UMS Academy: Professionalism in the Workplace Published: 03/26/2018 Author: Ron Farrow https://learnit.hoonuit.com/5876/learnit		UMS Academy/ Quiz Certificate	3
	UMS Academy: Professional Etiquette Published: 02/26/2019 Author: Ron Farrow https://learnit.hoonuit.com/5924/learnit		UMS Academy/ Quiz Certificate	2
	Complete" Protecting yourself from COVID-19 in the workplace online version": https://tools.niehs.nih.gov/wetp/covid19worker/		Quiz/Certificate	2
		Read "Applying the Strengths Perspective to Your Self-Reflection" Published: 2020 Author: Tarrell Clark, BSW https://www.socialworker. com/feature-articles/field- placement/applying-strengths- perspective-to-self-reflection/	Discuss in logs	1

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Online Webinar: Faculty-Student Virtual Ethics Round Table: "Exploring Ethics and Technology in Academia" NASW, free registration (no CE credits) https://www.socialworkers.org/About/Ethics/Ethics-Education-and-Resources/Workshops-and-Webinars	1) Eye on Ethics: New NASW Code of Ethics Standards for the Digital Age Social Work Today Published: August 2017 Author: Frederic G. Reamer, PhD https://www.socialworktoday.com/archive/081617.shtml 2) Ethical Standards for Social Workers' Use of Technology: Emerging Consensus Journal of Social Work Values and Ethics, Volume 15, Number 2 (2018) Published: 2018 Author: Frederic G. Reamer, PhD https://search-proquest-com.wv-o-ursus-proxy02.ursus.maine.edu/socialservices/docview/2129522 548/1263DAD68DCC4367PQ/1? accountid=14583	Write 1-2 page write up of personal experiences using technology during COVID 19. Reflect upon the benefits/drawbacks of using technology to stay connected to friends, family, peers etc. Discuss use of technology in placement and develop understanding of potential issues in this format of services.	4	
	Listen to NASW Podcast: "Tips for Successfully Implementing Teletherapy" NASW Social Work Talks Podcast Published: May 12, 2020 https://www.socialworkers.org/News/Social-Work-Talks-Podcast/EP52-Tips-for-Successfully-Implementing-Teletherapy		Discuss in logs	1	
	Attend "Enhancing Health Care Access: Adding Telehealth to Your Toolkit" Free Webinar, Presented by UMaine & Aging Geriatrics Workforce Enhancement Program Monday September 14,2020 11:00am-12:30 pm https://us02web.zoom. us/webinar/register/WN_enueWJeWTGqlaiu2g3mt_A		If provided: Certificate of Attendance or 1-2 page reflection on webinar, discuss implementation of telehealth and its impact on delivery of services in field placement	3-4	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
	Listen to inSocialWork Podcast: "Dr. Lawrence Shulman: Models of Supervision: Parallel Processes and Honest Relationships" inSocialWork Podcast Series Published: October 20, 2008 https://www.insocialwork.org/episode.asp?ep=5		Discuss in logs & supervision	1
	Online Powerpoint: An Introduction to Ethics in Child Welfare Supervision University of Minnesota School of Social Work Author: Elizabeth Lightfoot, Ph.D. https://cascw.umn.edu/wp-content/uploads/2013/10/IntroEthicsCW.pdf		Discuss in logs & supervision	3
Competency 2: Engage Diversity and Difference in Practice				
		Identify the unique cultural composition of the client population served by the agency.	Identify ways in which the agency meets the needs of the client population served and identify how this can be improved upon in response to the COVID-19 pandemic.	Varies
		Prepare one process recording per term.	Discuss statements of values in Supervision	Varies
		Conduct a literature review of trauma-informed community level care and then use this literature as a base to understand client issues.	Work with a local (group) population to develop and implement a capacity building plan in order to assist them with organizing, uniting and building the strengths of their community	Varies

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
		Visit two other agencies serving the same population as placement agency.	Discuss with Field Instructor observed similarities and differences.	Varies
		Spend time in the waiting area of a service agency.	Discuss in supervision their learning related to presenting problems and available services.	Varies
		Raise awareness of trauma and it's impact on health, mental health and social well-being.	Create social media messaging that agency can use to inform multiple stakeholders	Varies
		Understand and adapt practice to the needs of population, identifying dynamics within communities that create, foster and promote racism, sexism, ageism and homophobia.	Discuss in supervision.	Varies
		Research the geography, diversity, politics as well as social and cultural grouping in county of field agency, exploring the extent to which aspects of culture can oppress, alienate or create privilege and power.	Reflect on his/her own personal privilege and power in supervision.	Varies
	UMS Academy: Strategies for Communicating with Teens Published: 05/29/2017 Author: Heather Slee https://learnit.hoonuit.com/5691/learnit		UMS Academy Quiz/Certificate	3

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Attend The 15th Annual University of Maine Clinical Geriatrics Colloquium Virtual Event, free for UMaine students Tuesday, October 27th, 2020 8:30 am- 3:30 pm https://mainecenteronaging.umaine.edu/geriatricscolloquium/		1) If provided: Certificate of Attendance or 2) Reflect on experience in logs or informal 1-2 page discussion	6	
	Explore over 25 Modules from: Center for Advanced Studies in Child Welfare University of Minnesota https://cascw.umn.edu/portfolio_category/online-modules/		Module Quiz/Certificate	Varies	
	UMS Academy: It Takes a Village: Partnering with Parents Published: 05/07/2017 Author: Dr. Therese Kiley https://learnit.hoonuit.com/5683/learnit		UMS Academy Quiz/Certificate	4	
	UMS Academy: The Importance of Understanding Children's Mental Health Disorders: Anxiety and Depression Published: 09/10/2017 Author: Ellen Teelucksingh Swanson, PhD https://learnit.hoonuit.com/5746/learnit		UMS Academy Quiz/Certificate	3	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
		1) Read: "Mental health and psychosocial considerations during the COVID-19 outbreak" World Health Organization Published: March 18 2020 https://www.who.int/docs/default-source/coronaviruse/mental-health-considerations.pdf 2) Read: Worker Safety & Health During COVID-19 Pandemic: Rights & Resources Published: April 9 2020 Author: Deborah Berkowitz National Employement Law Project https://www.nelp.org/publication/worker-safety-health-during-covid-19-pandemic-rights-resources/	1) Create COVID 19 Resource Fact sheet for: a) Clients or b) Staff	5-8	
		1) Read: Fisher-Borne, M., Cain, J. M., & Martin, S. L. (2015). From mastery to accountability: Cultural humility as an alternative to cultural competence. Social Work Education, 34(2), 165-181. https://search-proquest-com.wv-o-ursus-proxy02.ursus.maine. edu/socialservices/docview/2207368 235/1AB8F2F2545F44E8PQ/1? accountid=14583 & 2) Read: "Exploring Cultural Tensions in Cross-Cultural Social Work Practice" Published: November 2008 Author: Miu Chung Yan doi: 10.1093/sw/53.4.317 https://www.researchgate.net/publication/23318354_Exploring_Cultural_Tensions_in_Cross-Cultural_Social_Work_Practice	Present lessons learned in group supervision or field seminar	4	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Explore over 50 free Webinars/Trainings Organized by Agency Focus/Population University of North Carolina-Wilmington Social Work https://uncw.edu/chhs/swk/academic/remote/online-trainings.html		If provided: Quiz/ Module or Training Certificate Utilize webinar information & additional readings to create fact sheet of agency population Include info: Background, statistics Barriers/Challenges Treatment Approaches -Relevant information	2-30	
	Maine Native Studies Resources (collection of videos, websites, and other resources to learn about different Maine tribes): https://www.maine.gov/doe/learning/content/socialstudies/resources/mainenativestudies/resources		Select 2 resources. Discuss materials in supervision. Discuss: field agency's provision of services to Native Americans; ways in which agency is culturally aware; ways in which agency could improve delivery of services to native americans	5	
	UMS Academy: Connecting Through Vulnerability Published: 01/03/2017 Author: Dr. Matthew Arau https://learnit.hoonuit.com/5642/learnit	Read: "Standards and Indicators for Cultural Competence in Social Work Practice" Author: NASW Published: 2015 https://www.socialworkers. org/LinkClick.aspx? fileticket=PonPTDEBrn4% 3D&portalid=0	UMS Academy Quiz/Certificate	8-10	
	UMS Academy: Warning! Sinking Ship: Helping Those Around Us Published: 09/19/2017 Author: Brad Williams https://learnit.hoonuit.com/5752/learnit		UMS Academy Quiz/Certificate	5	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	1) Watch: "The Importance of Cultural Humility UB School of Social Work https://www.youtube.com/watch?v=cVmOXVIF8wc&feature=youtu.be & 2) Watch "Cultural Humility (complete)" https://www.youtube.com/watch?v=SaSHLbS1V4w		(Cited from University of Buffalo School of Social Work Field Assignments) 1) Write 2-3 self reflection paper covering following prompts: -Define the concept of cultural humility; -Discuss the difference between cultural competence and cultural humility; -Highlight the role cultural humility plays in social work practice; -Explore the dynamics of difference; -Reflect on the knowledge, skills, and attitudes which are associated with becoming culturally self-aware and valuing diversity; -Increase awareness of unconscious cultural stereotypes, and the impact of these on service recipients Retrived from http://socialwork.buffalo.edu/field-educators-	5-7	
	3) Watch "Implicit Bias how it effects us and how we push through" Tedx Talk- Melanie Funchess Published: October 16, 2014 https://www.youtube.com/watch?v=Fr8G7MtRNlk		Discuss in journal or logs	1	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Take the self-paced online training: Improving Cultural Competency for Behavioral Health Professionals. https://thinkculturalhealth.hhs.gov/education/behavioralhealth		Certificate & create a list in ways this information could help students better advocate for human rights at the individual and systems level	6	
Competency 3: Advance Human Rights and Social, Economic, and Environmental					
		Demonstrate the ability to use policy, research, theory and practice to redress social injustice and human rights violations.	Research & pick social justice issue connected to field placement/agency population, Create and develop graphic, flyer, piece of media etc. on infoc/advocacy	Varies	
		Research topics of oppression, human rights and social justice.	Present in individual and/or group supervision on the relevance of these for social work practice on micro (self awareness and client interaction) meso and macro levels.	Varies	
		Review advocacy agency's website the student/agency would like to learn more about	Write a summary of how their work could impact the work completed by the agency.	Varies	
		Work on crisis response policies, procedures, notifications, and education (e.g., handouts, PowerPoints, webinars, public service announcements) in regards to the COVID-19 pandemic	Completed products	Varies	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
	Take the self-paced online training: Adolescent Trauma and Substance Abuse Online. https://learn.nctsn.org/		Certificate	6
	Attend UMaine Climate Change Forum: Presented by Climate Change Institute Virtual Event, Free to Public September 28th, 2020 6:00-7:00 pm https://umaine.edu/impactweek/event/your-chance-to-ask-questions-about-climate-change/		1) If provided: Certificate of Attendance or 2) 1-2 reflection paper on event/discuss in logs or 3) Discuss impact of environmental justice on field placement	1
	Explore NASW Critical Conversations on Racism/Racial Equality https://www.socialworkers.org/Practice/Ethnicity-Race/Racial-Equity/Critical-Conversations		Have conversation about racism/equality in field	2-3
	Online Module: Supporting Addiction Recovery during COVID-19 Author: Amy R. Krentzman, MSW, PhD Published: June 2020 https://cascw.umn.edu/portfolio-items/supporting-addiction-recovery-during-covid-19/		Discuss in Supervision	1
	Listen to NASW Podcast: Supporting LGBTQ Youth" NASW Social Work Talks Published: June 4, 2019 https://www.socialworkers.org/News/Social-Work- Talks-Podcast/EP33-Supporting-LGBTQ-Youth		Discuss in logs	1
	Listen to NASW Podcast: Disability Awareness with Paula Allen-Meares NASW Social Work Talks Published: November 20, 2018 https://www.socialworkers.org/News/Social-Work- Talks-Podcast/EP18-Disability-Awareness		Discuss in Field Seminar	1
	Watch a variety of webinars and videos from the National Resource Center on Domestic Violence: https://nrcdv.org/videos		Discuss in Supervision/Logs/Field Seminar	Varies

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Watch a variety of recorded Webinars and Join Live Health Connections Chats about COVID-19. Many focus on the needs of older adults: https://mainecenteronaging.umaine.edu/home/stayhealthy/		Discuss in Supervision; make connections to agency	Varies	
Competency 4: Engage In Practice- informed Research and Research-informed					
		Develop research-informed focus group question or survey instruments related to a need in the agency	Completed instrument	Varies	
		Develop a "Quick Reference" Tool featuring the agencies names, numbers and summary of services student would most commonly refer their clients to for their most frequent needs	Develop quick reference tool	Varies	
		Utilize the existing evaluation tools used in the field agency/setting.	Discuss with supervisor how to use and interpret results of the evaluation tools.	Varies	
		Identify research articles related to advanced practice and utilize practice informed methodologies in assigned cases or projects	Create a brief handout about research informed practices selected. Discuss use of practices with clients in supervision.	Varies	
		Student will engage in action research to gather data.	Work with agency constituents to gather their stories (applicable to research purposes)	Varies	
	UMS Academy: Research Essentials Published: 03/04/2018 Author: Heather Slee https://learnit.hoonuit.com/5863/learnit		UMS Academy Quiz/Certificate	3	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Online Module- Crossover Youth: Implications for Research and Practice Authors: Minhae Cho & Wendy Haight Published: August 2018 https://cascw.umn.edu/portfolio-items/crossover-youth-implications-for-research-and-practice-1-0-hr/		Module Quiz/Certificate	3	
	Listen to inSocialWork: "Dr. Jeane Anastas and Dr. Cynthia Franklin: The Science of Social Work" inSocialWork Podcast Series Published: August 29, 2016 https://www.insocialwork.org/episode.asp?ep=198		Discuss in logs	1	
	Listen to inSocialWork: "Dr. Michael Reisch: How Did Social Work Get Here?: The Historical Narratives That Shape Social Work Research and Practice (part 1 of 2)" inSocialWork Podcast Series Published: March 07, 2011 https://www.insocialwork.org/episode.asp?ep=66 & Listen to inSocialWork: "Dr. Michael Reisch: How Did Social Work Get Here?: The Historical Narratives That Shape Social Work Research and Practice (part 2 of 2)" inSocialWork Podcast Series Published: April 04, 2011 https://www.insocialwork.org/episode.asp?ep=68		1) Find and analyze two research studies related to field placement agency/population. Generate 2 page literature review.	5-6	
	Listen to inSocialWork: "Dr. Caitlin Ryan: Commitment, Intentionality, and Hard Work: What It Takes To Do Culturally Competent, Ground-Breaking Research" inSocialWork Podcast Series Published: June 01, 2010 https://www.insocialwork.org/episode.asp?ep=47		Discuss in logs	1	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
	Explore: "Evidence Based Practice" Published: June 16, 2010 Author: Social Work Policy Institute http://www.socialworkpolicy.org/research/evidence-		Discuss in logs	1
Competency 5: Engage in Policy Practice				
		Write advocacy communications to elected officials about issues and legislation the agency is connected to,or populations it serves.	Completed communication	Varies
		Explore local, state and federal policies that impact organization and/or the affected community	Write summary or policy brief	Varies
		Write a letter to the editor about a policy issue impacting your agency	Completed letter	Varies
		Review and analyze mission statement and service objectives from the perspective of social justice and human rights oriented service.	Create list of ways mission statement informs social justice in practice setting. Review in Supervision.	Varies
		Describe the relation of the field placement to the organizations in the community	Identify the range of relevant services (formal and informal) available in the community. Create a resource guide.	Varies
		Review agency handbook, focusing on philosophy statement, administrative and treatment policies.	Explore their relevance for service delivery in supervision	Varies
		Participate on organizational committee charged with policy setting	Assist in development of policies, strategic plan, etc.	Varies

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Listen to NASW Podcast: Social Work Speaks and NASW's Policy Statements NASW Social Work Talks https://www.socialworkers.org/News/Social-Work-Talks-Podcast/EP11-Social-Work-Speaks	Read "Maximizing Social Work's Policy Impact in a Changing Political Landscape" Social Work Policy Institute 2017 https://www.socialworkers. org/LinkClick.aspx? fileticket=wcmBfKpf1Lw% 3D&portalid=0	Identify 1 or 2 social policies at state or federal level that impact field placement. Create fact sheet of polices - Discuss key information -How it connects to agency services - Benefits & limitations to policy	6-8	
	Explore: "Voter Awareness & Engagement during a National Pandemic – A Field Education Activity" Published: 2020 Author: Katharina Werner, LCSW Director of Field Education/ Clinical Assistant Professor University of Montana School of Social Work https://votingissocialwork.org/wp-content/uploads/sites/2468/2020/08/Voter-Awareness-Activity-2020.pdf	Read social work voting toolkit: https://votingissocialwork.org/#	Develop a plan for implementation within the agency	50-75 in total	
	Listen to NASW Podcast: Social Work & Public Policy NASW Social Work Talks https://www.socialworkers.org/news/social-work-talks-podcast/social-work-public-policy		Discuss in Supervision	1	
	Watch: "The Social Work Profession's Contributions to Social Policy Development and Practice" <i>University of Chicago</i> Published: April 30, 2018 https://www.youtube.com/watch?v=KeG0aQ8KARA		Research (1) local, state, or federal proposed piece of legislation. Discuss the stance of NASW on bill and how it will impact services related to field agency population. How will it impact client population?	4-5	
	Watch Webinar: "Social Work Ethics and Advocacy: Standing at the Forefront of Change" Published: May 8, 2018 https://www.youtube.com/watch?v=iOSzffaYulk		1-2 page reflection on advocacy efforts of field agency. Discuss ways in which agency can be involved in macro level change	3	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
Competency 6: Engage with Individuals, Families, Groups, Organizations, and					
Communities		Contact clients to inform them of changes to regularly scheduled services, new policies and supportive services available in community	Completed calls	Varies	
		Plan and participate in remote meeting, support group, or other intervention	Completed meetings/ groups/ interventions	Varies	
		Create fliers with information about local services for basic needs and support groups offered to help with healing after traumatic experiences.	Completed fliers	Varies	
		Identify with field educator specific interagency/coalition/task force/etc. meetings to attend with specified meeting dates.	Student will report back about these meetings in supervision & review written notes taken during meetings	Varies	
		Interview staff from at least two other community agencies to learn about the services they provide and how they interface with student field site.	Create a poster of findings to share with agency	Varies	
		In role play (with another student or FI) practice the following skills: listening and attending; reflection and acceptance of feelings; paraphrasing and summarizing content; confrontation; recognition of strengths; incorporating cultural and/or ideological perspectives of clients and reinforcing functional behavior	Discuss and debrief what went well, what to improve.	Varies	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
		Interview a community member to learn about the culture, economic, political and historical influences on the community. Work with Field Instructor to identify appropriate community member(s) to interview.	Create a summary of interview. Discuss findings in Supervision/field seminar	Varies	
		Effectively prepare for interaction with individuals by reviewing their treatment plan and observe staff interactions with individuals.	Discuss techniques and interventions to reach client goals during supervision	Varies	
		Process record or video/audio tape (identify which method will be used) at least 3 interactions with relevant client/target system(s) (Must have permission of client/target system). Student will critique their own communication skills.	Discuss with field educator successes and concerns	Varies	
		Demonstrate micro engagement skills with at least 3 clients upon intake.	Field Educator will directly observe student and provide feedback during supervision	Varies	
	Read "Evidence-Based Best Practices in the Engagement of Families" Published: 2001 Authors: Kari Dawson & Marianne Berry http://www.pacwrc.pitt. edu/Curriculum/301EngggCIntsFrmAnSBSFPrspctv/Cn tnt/Cntnt0410.pdf		Apply your knowledge of theoretical frameworks to determine the most effective way to engage with the clients at your placement. Write a 1-2 page response on which schools of thought have been most relevant to your field experience thus far.	3.5	
	Watch the recorded webinar series: Alternatives for families - A Cognitive Behavioral Therapy (AF-CBT). https://learn.nctsn.org/ (Must create a free login).		Discuss how to apply knowledge learned in Supervision.	4	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Watch "Want to help someone? Shut up and Listen!" TED Talk, Ernesto Sirolli https://www.ted. com/talks/ernesto_sirolli_want_to_help_someone_shut up_and_listen?language=en	Read "Social media, empathy, and interpersonal skills: social work students' reflections in the digital era" Published: May 27, 2019 Authors: Tamara Blakemore & Kylie Agillas https://www-tandfonline-com.wv-o-ursus-proxy02.ursus.maine. edu/doi/full/10.1080/02615479. 2019.1619683	Take the Interpersonal Skills Self-Assessment and provide your results with a reflection on how to improve your skills, citing the resources from this practice descriptor. https://www.skillsyouneed.com/quiz/343479/lang/en/newtest/Y	4	
	Take one of over 20+ Clinical trainings at the National Child Traumatic Stress Network Learning Center. https://learn.nctsn.org/		Certificate	Varies	
Competency 7: Assess Individuals, Families, Groups, Organizations, and					
1 Ammunition		Research assessment instruments used by agencies who offer similar services.	Summarize research instruments, critical findings, population specific information	varies	
		Create an assessment instrument (survey, focus group questions, interview questions) to better understand community/client needs regarding the COVID-19 pandemic	Creation of instrument	varies	
		Review/Develop Case study for strengths, challenges and systemic factors impacting clients and/or client group	Discuss in supervision	varies	
		Make assessment of situation and prioritize interventions at the appropriate level and target group.	Create a written or graphic assessment tool (ex. ecomap, genogram)	varies	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
		Complete remote assessments with client systems following agency procedures	Completed assessment tools/processes	varies	
		Select the appropriate method, modality and level of care based on the problem severity, client's strengths and deficits and environmental resources	Completed treatment plan, plan of care, action plan, etc.	varies	
		Formulate differential diagnosis of family systems and/or groups where/when appropriate	Discuss in supervision	varies	
		Complete written assessments, plans of care, planned action, safety plans and progress notes on a monthly, weekly and daily basis	Electronic or paper records keeping system	varies	
	Review "Analyzing Data and Identifying Bias" chapter http://www.phschool.com/atschool/new_york/phmath07_intalg/IANYSENY01		Submit exercises 1-28 at the end of the chapter.	2	
	Take one of the self-paced courses on suicide (Micro or Macro) https://training.sprc.org/		Certificate	2	
	Watch: Recognizing and Responding to Human Trafficking in a Healthcare Context https://humantraffickinghotline.org/resources/recognizing-and-responding-human-trafficking-healthcare-context		Discuss in Supervision and Field Seminar	2	
		Read "Client System Assessment Tools for Social Work Practice" Published: November 2014 Author: Jane Wenger Clemons https://www.nacsw. org/Convention/WengerClemonsJClie ntFINAL.pdf	Compare to assessments used at agency	3	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
	Listen to: Singer, J. B. (Producer). (2008, March 1). #11 - Developing treatment plans: The basics [Audio podcast]. Social Work Podcast. http://socialworkpodcast.blogspot.com/2007/03/developing-treatment-plans-basics.html		Compare to written plans made at your agency. What is similar? What is different? Create a side by side list	1	
		Read part 1 & case studies 1-1, 1-2 & 1-3 in LeCroy, C. W. (Ed.). (2014). Case studies in social work practice. https://ursus.maine. edu/record=b5821528~S16	Write brief answers to questions 1-4 at beginning of each case study. Craft 1 long term goal, and 3 objectives for each case study using the SMART format.	10	
	Take a wide variety of clinical trainings at the Center of Excellence for Integrated Health Solutions Funded by Substance Abuse and Mental Health Services Administration Operated by the National Council for Behavioral Health https://www.thenationalcouncil.org/integrated-health-coe/		Certificates	VARIES	
Competency 8: Intervene with Individuals, Families, Groups, Organizations,					
		Identify commonly used referral agencies. Become familiar with services of these agencies and appropriate referral policies and procedures.	Create manual/shared drive of agencies	Varies	
		Provide ongoing case management for # of clients per term.	Per agency requirements	Varies	
		Act as a social broker to locate and match appropriate community resources with client needs.	Discuss progress in supervision	Varies	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
		Provide supportive counseling on a short-term basis (6-8 weeks) for one client.	Discuss progress in supervision/field logs/field seminar. Field Instructor will review progress notes, observe session, etc. Student will elicit feedback from client.	Varies
		Co-lead a weekly support group with field instructor.	Observation	Varies
		Staff agency crisis line # of times each month.	Per agency policy	Varies
		Student will apply appropriate intervention strategies based on the client assessment.	Field Instructor will evaluate the student via direct observation, case presentation, audio/videotaping or process recording (identify which method will be be used).	Varies
		Develop an intervention plan that reflects a differential assessment of the client/target system's presenting problem.	Field educator will review student's written intervention plan	Varies
		Attain proficiency in program specific treatment models (Ex: DBT, CPT, Trauma Ed) in group work and individual work.	Per agency policy	Varies
		Plan and implement group, researching and incorporating relevant styles, strategies and technique	Group session plans	Varies
	Watch the Overview and Mental Health Provider module training from the CDC's "Preventing Adverse Child Experiences" course. https://vetoviolence.cdc.gov/apps/aces-training/#/		Take brief notes (bulleted list, etc) on each lesson and apply to population served in field practicum. Discuss in supervision	3

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content	
		Read the CSWE's pdf titled "Advanced Social Work Practice in Trauma" https://www.cswe. org/getattachment/Accreditation/Othe r/EPAS- Implementation/Traumabrochurefinalf orWeb.pdf.aspx	Write a response on your understanding of trauma-informed frameworks. Include a scenario where you would use trauma-informed practice with a client.	4	
	COMPLETE Psychological First aid: https://learn.nctsn.org/		NCTSN Quiz/Certificate	6	
	Watch "Medical Culture for BH Clinicians" from Westfield State University Published August 28, 2019 https://www.youtube.com/watch?v=u1vIFYWuiXg	Read "Challenges Faced by Social Workers as Members of Interprofessional Collaborative Health Care Teams" Published: May 2016 Authors: Wayne Ambrose-Miller & Rachelle Ashcroft https://www.ncbi.nlm.nih. gov/pmc/articles/PMC4888092/	Write a 2-page response on challenges you have experienced/may experience in your field placement and your plan to combat these challenges.	4	
	Explore the NASW's "Advocacy" Site https://www.socialworkers.org/Advocacy	Watch the NASW's Facebook Live Town Hall, titled "The Other Pandemic: Racial Injustice" Filmed: June 19, 2020 https://www.facebook. com/16695101734/videos/308145893 681344/	Have a conversation about race with your class, friends, family, etc. and provide a brief (bulleted list, script, etc) description and reflection.	3.5	
		Read "Practice Matters" from the Newfoundland & Labrador Association of Social Workers https://nlasw.ca/sites/default/files/inline-files/Termination%20of%20the%20Social-Worker%20Client%20Relationship_1.pdf	Respond to the three scenarios in the reading (1-2 paragraphs each).	2	

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
	Watch Video "Legal and Ethical Issues for Mental Health Professionals VII - Dual Relationships, Standards of Care and Termination" https://umaine.kanopy.com/video/legal-and-ethical-issues-mental-health-professionals-volume-ii-dual-relationships-boundaries-0		Reflect about transitions, termination, and endings in supervision	2
	Watch a variety of pre-recorded webinars at Mental Health Technology Transfer Center Network https://mhttcnetwork.org/centers/global-mhttc/products-resources-catalog		Discuss in supervision/logs/field seminars	Varies
	Watch a variety of Webinars from the VA's PTSD CENTER: https://www.ptsd.va.gov/professional/continuing_ed/all_offerings.asp		Discuss in supervision/logs/field seminars	Varies
Competency 9: Evaluate Practice with Individuals, Families, Groups, Organizations,				
		Review literature on termination of relationships within the workplace setting (with agency staff, community partners, clients, etc.)	Think about and plan discussions for terminations with task groups, community members/clients, and agency staff	Varies
		Assist client systems in evaluating their own progress toward attaining goals	Program specific - could include a variety of reports	Varies
		Identify specific evaluation method(s) to be used to determine the effectiveness of intervention(s) with clients/target systems (i.e. Pre/Post tests, client survey, etc.).	Use methods. Discuss effectiveness in supervision	Varies

Competency	Video or Self-Paced Content	Readings or Assignments	Deliverables	Hours of Content
		Identify an appropriate tool to collect data on the effectiveness of intervention strategies.	Review results with the field educator. Revise strategies for future intervention	Varies
		Identify and apply outcome indicators to measure the effects of service delivery on desired outcomes.	Program specific - could include a variety of reports	Varies
		Debrief one of the groups that (the student) facilitated with supervisor	Discuss what engagement and communication skills worked and which ones did not	Varies
	Read "The evaluation of a professional development program in social work. Using swot analysis as an evaluation method" Published: 2016 Authors: D.C. Bodi & M. Gotea https://doaj. org/article/847cba05deed44eda54bd1e885a0ea05		Create a self-SWOT analysis using Creately https://creately.com/blog/diagrams/social-work-assessment-tools-templates/	Varies
References:		Ideas in italics derived from: McClain-Meeder, K., Lewis, L. (2020). Virtual Field Placement Toolkit. Located at http://socialwork.buffalo.edu/field-educators-liaisons/field-educator-resources/virtual-field-placement-toolkit.html		