SWK 495 Generalist Year Internship

**LOG CONTACT FORM**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Log#: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Week of: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. **Weekly Time**

**Instructions:** Document total number of hours spent in the following for the week. May use ¼ hours as needed.

| Individual Direct Service Activities:  \_\_\_\_\_ Intake/Assessment  \_\_\_\_\_ Individual client  \_\_\_\_\_ Other | Other Learning Activities:  \_\_\_\_\_ Process recordings  \_\_\_\_\_ Progress notes/reports/paperwork  \_\_\_\_\_ In-service training at agency  \_\_\_\_\_ Workshop, training, conference  \_\_\_\_\_ Internship Assigned Travel time  \_\_\_\_\_ Other |
| --- | --- |
| Group/Organizational Direct Service Activities:  \_\_\_\_\_ Couple  \_\_\_\_\_ Family  \_\_\_\_\_ Group  \_\_\_\_\_ Service providers/collaterals  \_\_\_\_\_ Other | Supervision: Hours spent in:  \_\_\_\_\_ Individual face-to-face with  internship instructor or BSW/MSW  consultant  \_\_\_\_\_ Individual face-to-face with site  supervisor  \_\_\_\_\_ Group supervision at agency  \_\_\_\_\_ Group supervision at SSW  \_\_\_\_\_ Other (i.e. mentor) |
| Organizational/Community Service Activities:  \_\_\_\_\_ Community needs assessment  \_\_\_\_\_ Community outreach/organizing  \_\_\_\_\_ Program development  \_\_\_\_\_ Agency Policy development  \_\_\_\_\_ Task/Committee group work  \_\_\_\_\_ Program evaluation  \_\_\_\_\_ Other | Research/Policy Activities  \_\_\_\_\_ Policy development/ policy review  \_\_\_\_\_ Advocacy/testimony  \_\_\_\_\_ Reviewing/compiling research on  assigned topics  \_\_\_\_\_ Conducting research (qualitative or  quantitative)  \_\_\_\_\_ Creating research reports,  presentations,summaries, etc.  \_\_\_\_ Other |

Total time in internship, this log: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cumulative hours in internship \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2. Learning Outcomes Form**

**Instructions: Write** **a 1-2 sentence description of the activities** in which you were involved in this week in each of the 9 corresponding competency boxes.

| BSW Generalist  Competencies and Behaviors | Description of Activities used to Demonstrate Competence. |
| --- | --- |
| 1. **Demonstrate ethical and professional behavior** 2. Make ethical decisions by applying the standards of the National Association of Social Workers Code of Ethics, relevant laws and regulations, models for ethical decision making, ethical conduct of research, and additional codes of ethics within the profession as appropriate to the context 3. Demonstrate professional behavior; appearance; and oral, written, and electronic communication 4. Use technology ethically and appropriately to facilitate practice outcomes 5. Use supervision and consultation to guide professional judgment and behavior |  |
| 1. **Advance Human Rights and Social, Racial, Economic, and Environmental Justice** 2. Advocate for human rights at the individual, family, group, organizational, and community system levels 3. Engage in practices that advance human rights to promote social, racial, economic, and environmental justice |  |
| 1. **Engage Anti-Racism, Diversity, Equity, and Inclusion (ADEI) in Practice** 2. Demonstrate anti-racist and anti-oppressive social work practice at the individual, family, group, organization, community, research, and policy levels 3. Demonstrate cultural humility by applying critical reflections, self-awareness, and self-regulation to manage the influence of bias, power, privilege, and values in working with clients and constituencies, acknowledging them as experts in their own lived experiences |  |
| 1. **Engage in Practice-informed Research and Research-Informed Practice** 2. Apply research findings to inform and improve practice, policy, and programs 3. Identify ethical, culturally informed, anti-racist, and anti-oppressive strategies that address inherent biases for use in quantitative and qualitative research methods to advance the purposes of social work |  |
| 1. **Engage in Policy Practice** 2. Use social justice, anti-racist, and anti-oppressive lenses to assess how social welfare policies affect the delivery of and access to social services 3. Apply critical thinking to analyze, formulate, and advocate for policies that advance human rights and social, racial, economic, and environmental justice |  |
| 1. **Engage with Individuals, Families, Groups, Organizations, and Communities** 2. Apply knowledge of human behavior and person-in-environment, as well as interprofessional conceptual frameworks, to engage with clients and constituencies 3. Use empathy, reflection, and interpersonal skills to engage in culturally responsive practice with clients and constituencies |  |
| 1. **Assess Individuals, Families, Groups, Organizations, and Communities** 2. Apply theories of human behavior and person-in-environment, as well as other culturally responsive and interprofessional conceptual frameworks, when assessing clients and constituencies 3. Demonstrate respect for client self-determination during the assessment process by collaborating with clients and constituencies in developing a mutually agreed-upon plan |  |
| 1. **Intervene with Individuals, Families, Groups, Organizations, and Communities** 2. Engage with clients and constituencies to critically choose and implement culturally responsive, evidence-informed interventions to achieve client and constituency goals 3. Incorporate culturally responsive methods to negotiate, mediate, and advocate with and on behalf of clients and constituencies |  |
| 1. **Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities** 2. elect and use culturally responsive methods for evaluation of outcomes 3. Critically analyze outcomes and apply evaluation findings to improve practice effectiveness with individuals, families, groups, organizations, and communities |  |

**3. Log Narrative*:***

**Instructions:**Write a **1-1.5 page** narrative reflecting on your internship experiences using the prompts below. This should not be done during agency time.

1. **Describe a recent event:** Share 1-2 events from this week that stood out to you.
2. **Why it caught your attention:** Explain why these events were significant and why you chose to write about them.
3. **Emotions present:** Reflect on the emotions you felt during the event(s), and consider what emotions others might have experienced.
4. **Values involved:** Identify the personal and professional values that were impacted by the event(s), both for you and for others involved.
5. **Anti-racism, Diversity, Equity and Inclusion (ADEI):** Explain how you incorporated anti-racism, diversity, equity, and inclusion in your thinking and responses to the event(s).
6. **Impact of the event:** Discuss how your values, emotions, and understanding of ADEI influenced your thoughts, use of professional judgment, and actions during and after the event(s). Consider how others' emotions, values, and understanding of ADEI might have influenced their behavior.
7. **Critical Thinking and Self-reflection:** Reflect on your own actions during the event(s). What were your strengths? What could you have done differently? Discuss about how the experience(s) contributed to your growth as a social worker.
8. **Connections to learning:** Connect this week's experience(s) to your classroom learning. Identify specific concepts or theories from any of your social work coursework in the BSW program that relate to the event(s).
9. **Self-care plans:** Outline your self-care plans for this week. Reflect on whether you followed your self-care plans from last week and discuss any challenges or successes.
10. **Internship updates:** Provide any updates or concerns regarding your internship you’d like to talk to your faculty liaison about. This could include a change in supervisor, a change in schedule, challenges or concerns in the internship, an event you’d like support around, or questions you have.

**4. Next Week’s Planned Contacts with Clients, Internship Instructor, Staff, and Others**

**Instructions: For next week** in the Internship, note your planned contacts. What are your goals for these contacts? Be sure to de-identify any client names.

| Contact | Goals for Contact |
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