What we need is clear

The Shield T3 COVID-19 asymptomatic test requires a 1 milliliter to 1.5 milliliter saliva sample.

- Do not eat, drink or smoke, chew gum, brush your teeth or use mouthwash within an hour of your test.
- Be sure to hydrate with water. **Stop drinking water 60 minutes before test time.**
- **Clear saliva samples are required.** Samples can’t be discolored, cloudy or contaminated with food particles.