

COVID-19 Testing Guide for Students



What test is required?

A PCR diagnostic test is required. The test must be taken within 72 hours of arriving on campus.

What tests are not acceptable?

Virus antibody tests or rapid tests are not accepted.

What needs to be shown to prove a negative PCR test result?

Evidence of a negative diagnostic PCR test that students bring with them must be **dated from within the 72 hours prior to a student's scheduled move-in date.**

Are there states exempt from testing?

No. UMaine is requiring all students be tested regardless of their state or country of origin. This requirement includes individuals arriving from states exempted from testing by the civil authorities in Maine.

Do students and families need to quarantine for 14 days before arriving in UMaine during Maine Hello move-in process?

No. However the students will be required to show evidence of a negative diagnostic (PCR) test when they travel to campus for the fall semester or will be required to have a test upon arrival to campus on the designated move-in date as designated by the university. Parents are not required by the university to quarantine to bring their student to campus on the designated move-in date. Parents and family members are asked to comply with the UMaine policies — maintaining social distancing, and wearing a face covering while on campus and in the residence halls.

Who is conducting the tests?

UMaine has partnered with **ConvenientMD and The Jackson Lab** to conduct the tests.

Who will be tested and when?

On-campus students: Students living on campus in university housing will be tested during the Maine Hello move-in process (Aug. 24–30). There will be a six bay testing tent set up next to **Emera Astronomy Center on Rangeley Road** to process students for testing. Due to the number of tests available per day, it is important that students retain their assigned day and time.

Testing will be done between 8 a.m.–noon daily based on students' move-in assignments.

Off-campus students: Off-campus students will be tested from **1–4:30 p.m., Aug. 24–30** on their assigned day and time.

When will results be ready?

Test results should be available between **24–48 hours** from midnight of the day of the test.

Will I be required to pay for this test?

Students will not be charged for fall arrival tests or ongoing campus surveillance testing conducted by the university.

Once students are tested, what happens next?

Residential students will receive a **color-coded bracelet** to indicate they have been tested. Next, they will move into — and quarantine in — their room with their roommate until they receive their test results. UMaine has arranged for support services to ensure students have access to the dining halls, appropriate academic support services and interactive student life experiences.

Commuter students (off-campus students) will be asked to **self-quarantine in their off-campus residences** until they receive test results. Off-campus students are asked to refrain from being on campus until they receive a test result. With a negative test result, self-quarantine can discontinue. Students living off campus who receive a positive test will be asked to

self-isolate in their off-campus residence for **14 days**. Maine CDC will contact all students in isolation who tested positive to conduct a twice-daily symptoms check and initiate contact tracing. The university is asking off-campus students who test positive to call the **COVID-19 hotline at 207.581.2681** to initiate communication with the dean's office to assist students in coordinating their academics, notify campus medical services and connect to UMaine COVID response resources.

Will I have to be retested if I leave campus?

If you leave campus to go into the local community, you will not need to be retested.

There will be ongoing UMaine surveillance testing and strategically determined asymptomatic testing based on prevalence of reported COVID-19 cases on campus. Students with symptoms of COVID-19 are asked to contact **Cutler Health Center, 207.581.4000**, to make an appointment to see a health care provider. Patients will be tested based on their symptoms and evaluation. If you leave campus for an out-of-state destination, you will be asked to self-quarantine for 14 days or have a PCR diagnostic test upon return. Students are expected to communicate with the university at **207.581.2681** regarding any necessary out-of-state travel.

Campus supports

What kind of engagement and support are available with the student during isolation or quarantine?

On-campus students will stay either in an isolation room (after a positive PCR test) or a quarantine room (pending the results of a positive PCR test or if they have been in close contact to a positive case). While in quarantine or isolation, students will order meals through UMaine Dining and **will be checked on daily by Residence Life staff**. In addition, **Maine CDC will contact all students in isolation who tested positive to conduct a twice-daily symptoms check**. Students will be provided with information and supplies to keep them safe and engaged. An isolation and quarantine planning guide for students is online.

What kind of academic support is available if a student is in isolation and quarantine?

Academic departments and Student Accessibility Services have resources available for all students, including those who are placed in quarantine and isolation due to COVID-19. **The Office of the Dean of Students will be notified of the students placed in isolation and/or quarantine. That office will then communicate with students' academic deans and faculty.** The Dean's Office will communicate with the students in isolation or quarantine will assist in coordinating their coursework.

Will there be follow up testing during the semester?

Additional testing throughout the fall semester will be determined by the university.

Health supports

Cutler Health Center:

207.581.4000 (phone available 24/7)

Emergency medical services:

911

COVID-19 hotline:

207.581.2681

Call if you recently had a positive test or were in close proximity to a COVID-19 positive individual or a suspected positive individual.

Student Accessibility Services:

207.581.2319

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