

Student face covering 101



Acceptable face coverings



Cloth face covering

A protection made from textile materials that covers the nose and mouth, allowing for breathing without restrictions with:

- Multiple layers of fabric
- Snug, comfortable fit against the side of the face
- Ties or ear loops
- Ability to be laundered and dried without warping

Examples of acceptable cloth face coverings:

Clear face coverings

Dust face coverings

Disposable face coverings

KN95s (non-NIOSH certification)



Not acceptable face coverings



N95, N100 or P100 filtering face piece (with exhalation valve)

Any respirator that has an exhalation valve does not provide source control



N95 or P100 filtering face piece (without exhalation valve)

May be used only with special permission and approval



Half-face and full-face respirator



Neck gator or bandana-style covering

Open at the bottom



Face shield

Not acceptable solo; must be worn in combination with a face covering

Learn more at umaine.edu/return