

Contact:

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For students declaring a Psychology Major Fall 2004 thru Spring 2015

REQUIREMENTS FOR A MAJOR IN PSYCHOLOGY

Psychology majors must complete a **minimum of 34 hours in psychology courses**. Psychology majors must accumulate a minimum grade point average of 2.0 in their psychology courses.

A. Students must pass each of the following required courses with a grade of C- or better.

PSY 100 - General Psychology - a prerequisite for all other psychology courses

PSY 241 - Statistics in Psychology I (Prerequisite: PSY 100)

PSY 245 - Principles of Psychological Research (Prerequisite: PSY 241)

PSY 470 - History and Systems of Psychology (may be taken Junior or Senior year)

EITHER

PSY 491 - Senior Seminar in Psychology

OR

PSY 494 - Senior Research Project

PSY491 or PSY494 meet Writing Intensive and Capstone requirements

B. Students must pass with a C- or better one course from each of the following four groups:

<p>Biological Psychology PSY 266 Evolutionary Psychology PSY 365 Biopsychology & Behavioral Neuroscience</p>	<p>Cognitive Psychology PSY 350 Cognition PSY 361 Sensation & Perception</p>
<p>Abnormal/Social PSY 212 Abnormal Psychology PSY 230 Social Psychology</p>	<p>Developmental Psychology PSY 223 Psychology of Childhood PSY 224 Psychology of Adolescence</p>

C. Students must declare one of the following three concentrations: Abnormal/Social, Developmental, or Biological/Cognitive by the beginning of their junior year. "A declaration of concentration form should be completed and submitted to the Department of Psychology". To fulfill the concentration, students must pass with a C- or better three courses in their chosen area; at least one of these courses must be at the 400 level; note that some of these courses also satisfy the area requirements above:

Abnormal/Social: PSY208 Theories of Personality, PSY212 Abnormal Psychology, PSY230 Social Psychology, PSY251 Psychology of Motivation, PSY401 Health Psychology, PSY412 Foundations of Clinical Psychology, PSY424 Abnormal Child Psychology, PSY 430 Current Topics in Social Psychology

Developmental: PSY223 Psychology of Childhood, PSY224 Psychology of Adolescence, PSY320 Child Study Laboratory I, PSY321 Child Study Laboratory II, PSY325 Psychology of Infant Development or PSY422 Infancy: Neurobehavioral Development, PSY423 (Formerly PSY226) Psychology of Parenting, PSY424 Abnormal Child Psychology, PSY425 Social Issues in Developmental Psychology, PSY427 Emotional Development

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Biological/Cognitive: PSY266 Evolutionary Psychology, PSY325 Psychology of Infant Development or PSY422 Infancy: Neurobehavioral Development, PSY350 Cognition, PSY361 Sensation & Perception, PSY365 Biopsychology & Behavioral Neuroscience, PSY401 Health Psychology, PSY465 Hormones, Brain, and Behavior, PSY466 Cognitive Neuroscience

D. **Students are required to pass (with any passing grade) either BIO100 (Basic Biology) or BIO222 (Biology: The Living Science).** Note that BIO100 is a prerequisite to all additional biology courses, while BIO222 is intended for non-BIO majors, and does not serve as a prerequisite for additional study in biology.

While majors may take more than 34 hours of psychology courses, students are reminded that they must take **at least 72 hours** of non-psychology coursework for graduation.

Students who transfer from other institutions must take a minimum of 24 hours of psychology courses at the University of Maine.

Students must pass PSY241 and PSY245 with a C- or better as a prerequisite to enrolling in all 300- and 400-level psychology courses (exceptions can be made by instructors).

Psychology Department Goals for the Psychology Major

As set forth by the guidelines proposed by the American Psychological Association for designing effective undergraduate curriculum in the field of Psychology, the psychology major in the MAINE Psychology Department is intended to meet the following goals:

1. **Theory and Content of Psychology.** Students will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings and historical trends in psychology.
2. **Research Methods in Psychology.** Students will understand and apply basic research methods in psychology, including research design, data analysis and interpretation.
3. **Critical Thinking Skills in Psychology.** Students will respect and use critical and creative thinking, skeptical inquiry and, when possible, the scientific approach to solve problems related to behavior and mental processes.
4. **Application of Psychology.** Students will understand and apply psychological principles to personal, social and organizational issues.
5. **Values in Psychology.** Students will be able to weigh evidence, tolerate ambiguity, act ethically and reflect other values that are the underpinnings of psychology as a discipline.
6. **Information and Technological Literacy.** Students will demonstrate information competence and the ability to use computers and other technology for many purposes.
7. **Communications Skills.** Students will be able to communicate effectively in a variety of formats.
8. **Sociocultural and International Awareness.** Students will recognize, understand, and respect the complexity of sociocultural and international diversity.
9. **Personal Development.** Students will develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement.
10. **Career Planning and Development.** Students will emerge from the major with realistic ideas about how to implement their psychological knowledge, skills and values in occupational pursuits in a variety of settings.