

# **Nanocellulose can reduce carbon emissions in food packaging and construction**

**Jeffrey P Youngblood**



# Current Projects in Youngblood Group

## **Sustainable Nanotechnology**

- PFAS-free surfactants for Fire Fighting Foam (w/ Martinez, MSE)
- Fatty Acid Amides for Sustainable Surfactants, Coatings and Lubricants (w/ Martinez, MSE)
- Sustainable Quench Oils for Austempering (w/ Titus, MSE)
- Cellulose Nanomaterials for Food Packaging
- Recycling of C103 Metal Additive Powders (w/ Titus, Mort, MSE)

## **Ceramics**

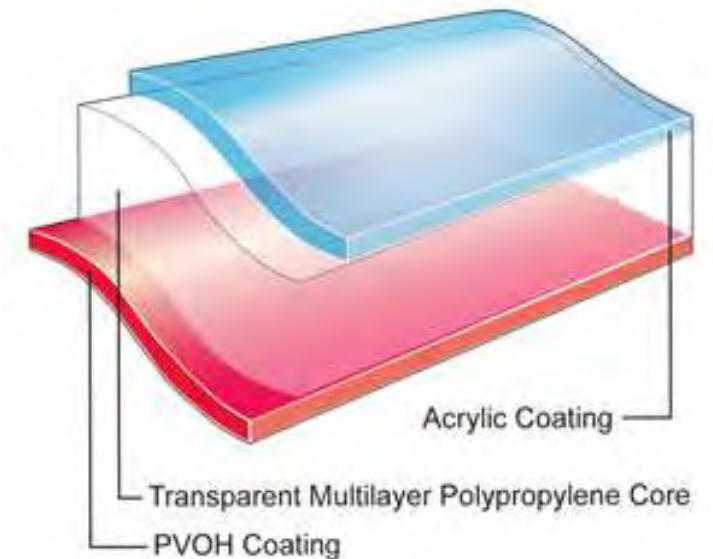
- Aligned Grain Alumina for Enhanced Transparency (w/ Trice, MSE)
- HITEMMP: High Efficiency SiC High Temperature Heat Exchangers for More Efficient Turbine Engines (w/ Trice, MSE; Wang, MIT)
- Direct Ink Writing Additive Layer Manufacturing (3D printing) of Ceramic Matrix Composite (w/ Trice, MSE)

## **Infrastructure and Other**

- Environmental Performance of Water Infrastructure (w/ Whelton, CIVL/EEE)
- Direct Ink Writing Additive Layer Manufacturing (3D printing) of Cement Structures (w/ Zavattieri, Olek, CIVL)
- HESTIA: Cellulose-Cement Composite (C3) for Residential Construction (w/ Weiss, OSU-CIVL; Landis, UMaine, and others)
- CMOS-compatible Aerogels for Extreme Thermal Isolation (w/ Marconnet, ME; Ruan, ME, Wei, ME)

# Food packaging

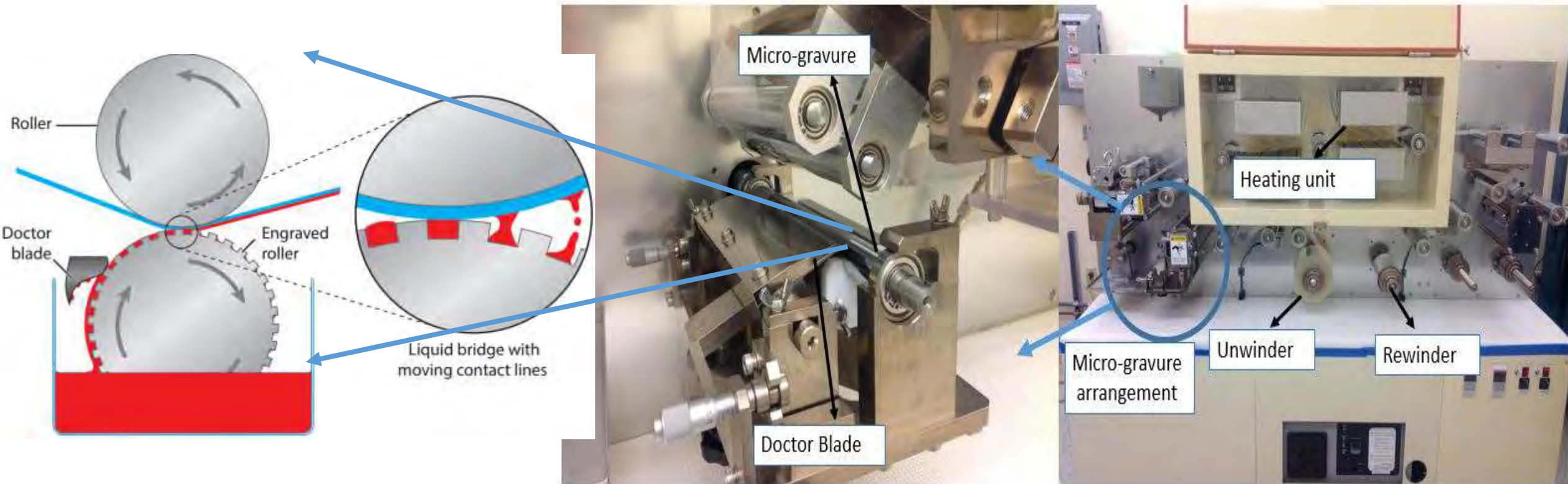
- Lots of concern over single use plastic packaging
- But food packaging is functional
  - Food waste is ~20x larger CO2 than entire plastics industry (~10 gt vs ~0.5 gt)!



Can we use CNC as a transparent barrier layer?

# Microgravure coating is an industrial process

- Liquid transfer rate controls the overall coating quality/thickness.
- Roller speed, substrate speed, ink viscosity control the liquid transfer rate.



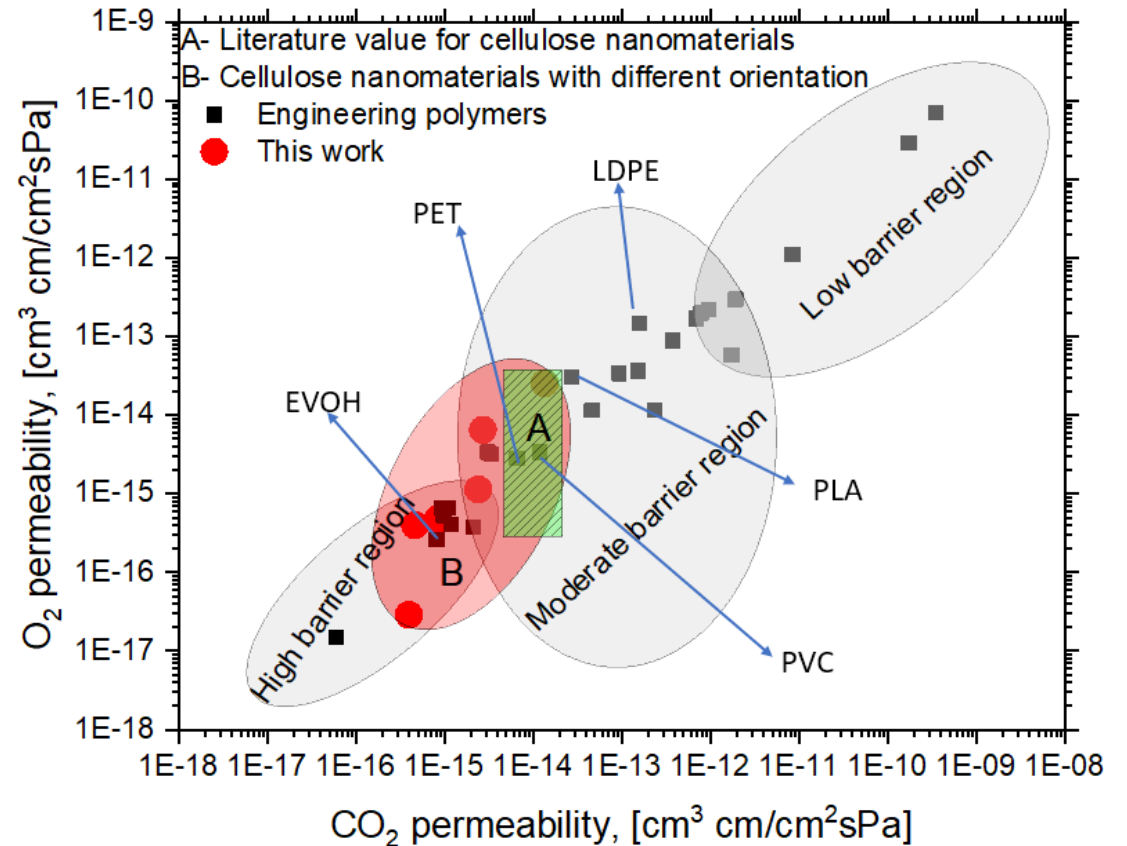
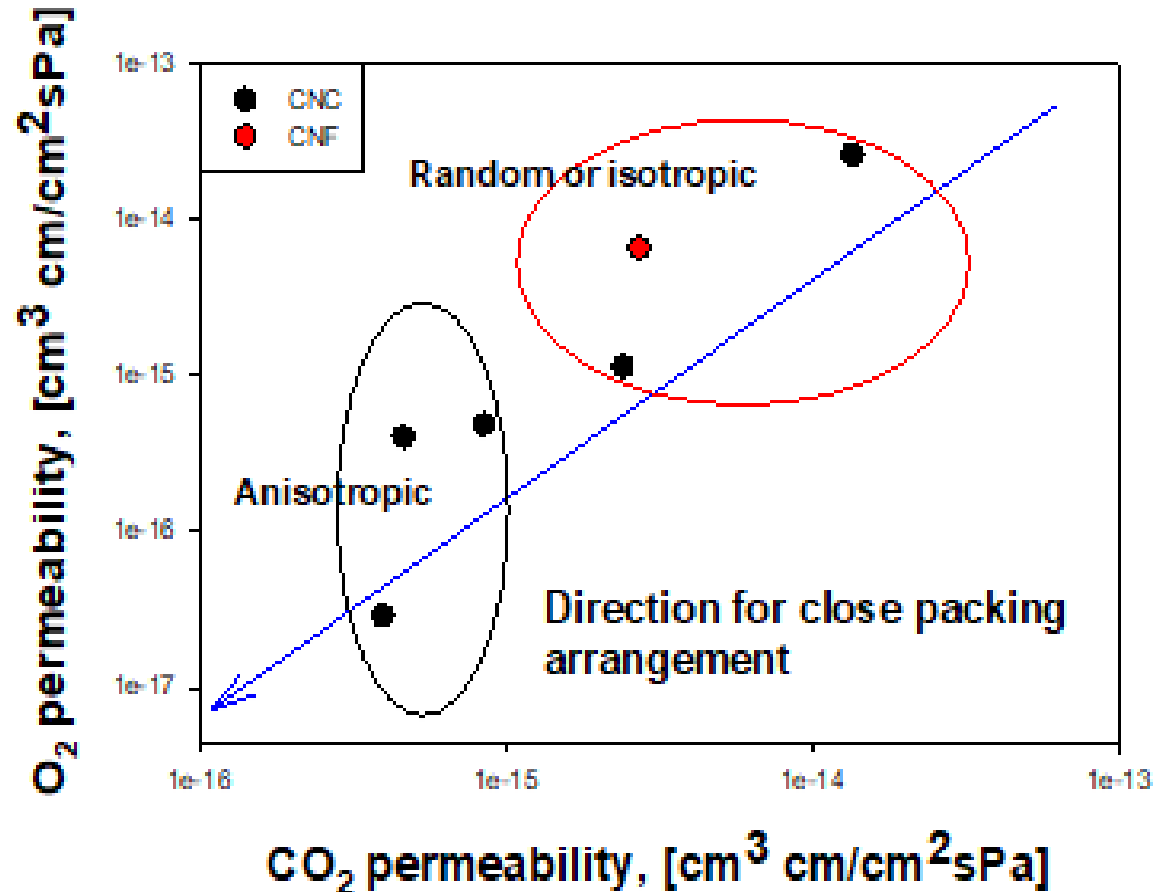
Whatever process is used with sustainable materials (ie nanocellulose) needs to be R2R

# R2R gravure coating of CNC is possible

- Low speed (m/s), short run (50-100m) R2R gravure coating of CNC was performed
  - High quality smooth films
  - High transparency
  - Good wet-out with corona treatment, good adhesion



# Increasing order parameter enhances the barrier property



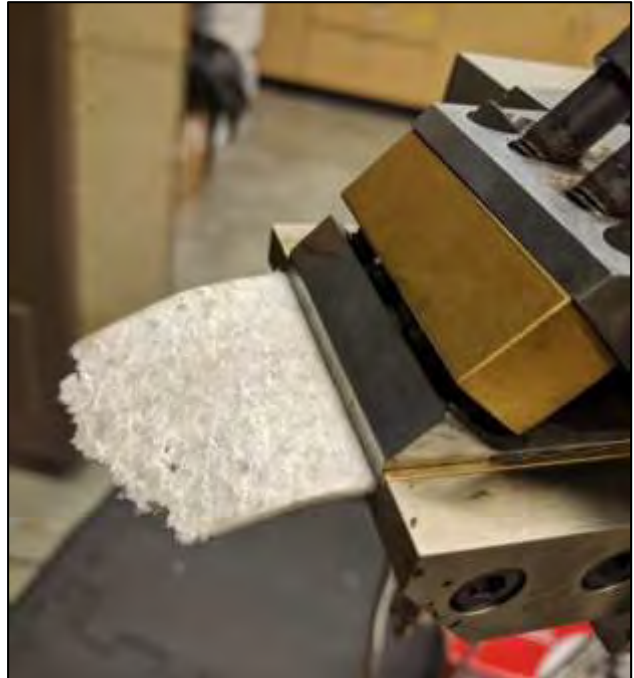
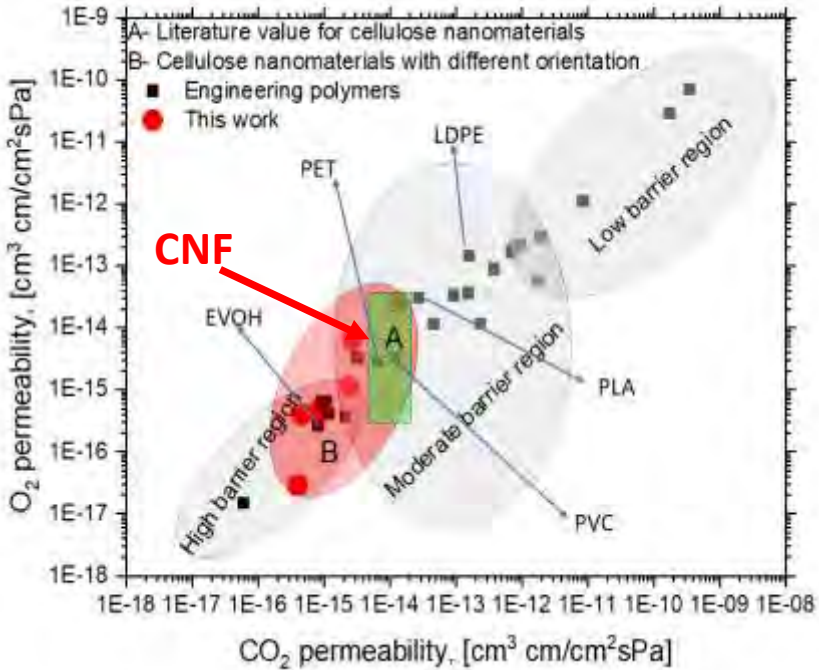
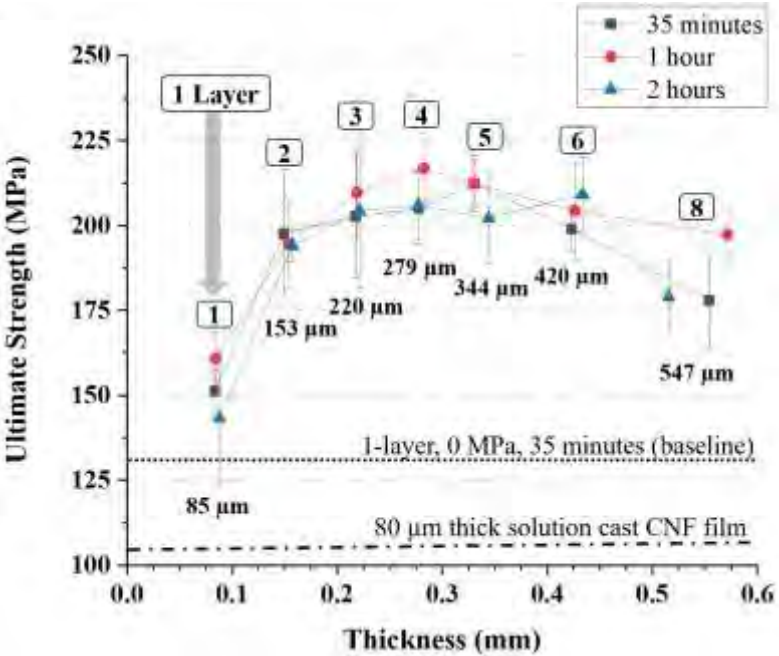
**OTR and  $CO_2$ TR of aligned CNC is as high as high barrier polymers (EVOH)!**

(Not surprising as low OTR needs high hydrophilicity, high crystallinity, and low free volume)

# What about CNF?

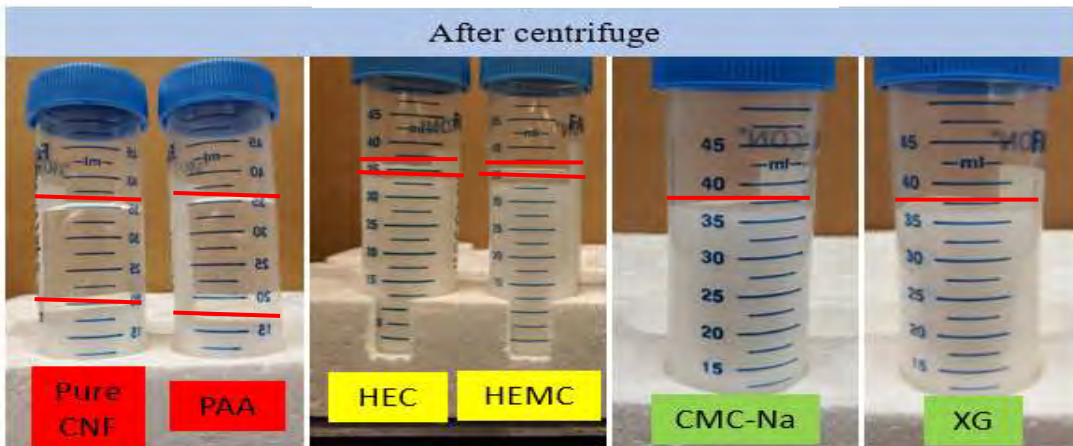
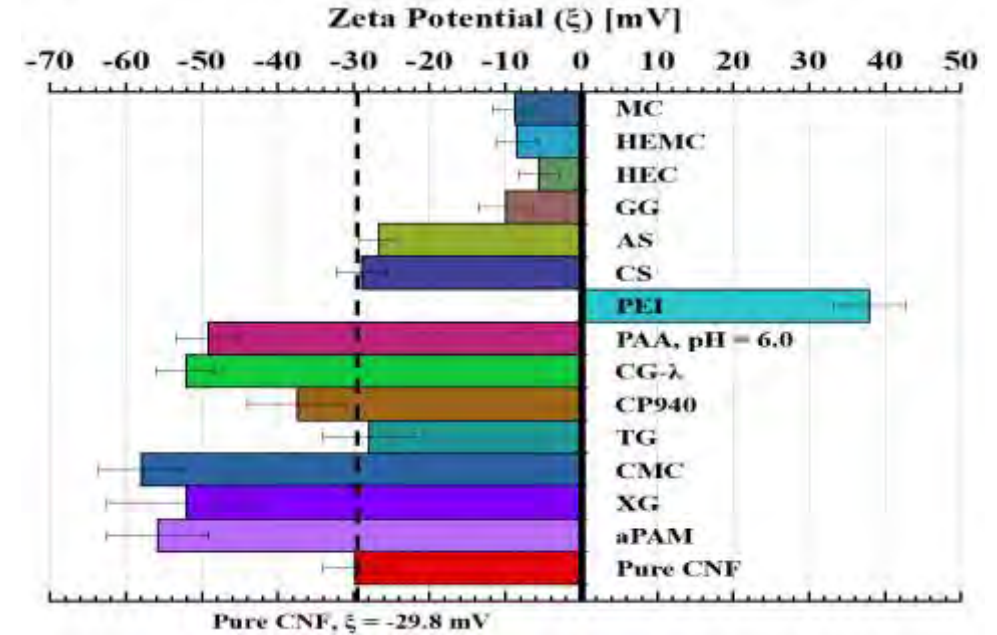
## CNF is great but has its drawbacks

- CNF is mechanically strong (strength = 207 MPa), stiff ( $E = 11.0 \text{ GPa}$ ) and light weight ( $\rho = 1.35 \text{ g/cm}^3$ ).
- CNF has good OTR, and smaller pore size than typical paper
- However, processing can be difficult due to low solids and paper-based methods.



# What if we could add something to retain the water in the CNF?

- A variety of water binding polymers were evaluated
- 10:1 CNF:polymer were evaluated ability by centrifugation to speed settling kinetics
  - Red highlighted polymer = more than 20 ml of water extracted
  - Yellow highlighted polymer = ~2.5 ml extracted
  - Green highlighted polymer = no perceivable water extracted
- Large magnitude of zeta seems necessary but not sufficient
  - Possibly a colloidal stabilization effect



Processing Aid	Acronym	Processing Aid	Acronym
Methyl Cellulose	MC	Carrageenan-lambda	CG-λ
Hydroxyethyl methyl Cellulose	HEMC	Carbopol 940	CP940
Hydroxyethyl Cellulose	HEC	Tragacanth Gum	TG
Guar Gum	GG	Carboxymethyl cellulose	CMC
Konjac Flour/Glucomannan	KM	Xanthan Gum	XG
Amphoteric Starch	AS	Anionic Polyacrylamide	aPAM
Cationic Starch	CS		
Poly(ethyleneimine)	PEI		
Polyacrylic Acid sodium salt	PAA		

↑  
Selected candidates (in green)



# CMC can allow CNF to be processed like a polymer

Brabender mixing of CNF with  
the addition of CMC  
Video is played at 1x speed



~15 wt% CNF/CMC mixture

- CMC disperses CNF and provides a more Newtonian Rheology that, at higher solids (15-30%), is still flowable
  - Allows processing with typical polymer methods: high shear mixing, extrusion, etc.



CNF/CMC has nice properties and is now processable,  
so can we use it for food packaging?

We can mold it? →



But that could be a really expensive package!

# How about a coating?

- A coating would lower amount used so lower cost
  - CNF could be used for enhanced strength, stiffness, and barrier properties
- Substrate would have to be VERY cheap to justify expense.
- Ideally, it would be compostable, etc to take advantage of CNF being cellulose

So, What?

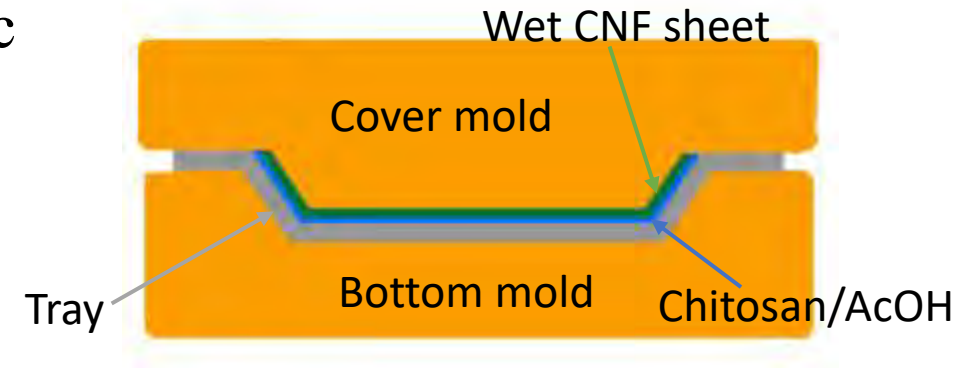
## Molded Pulp



- MP strengths:
  - Biodegradable, compostable.
  - Sustainable
  - CHEAP!
- MP weaknesses
  - Weakness (ie low strength and stiffness)
  - No barrier properties (about the same as an open container!)

# Overmolding of CNF onto MP is possible

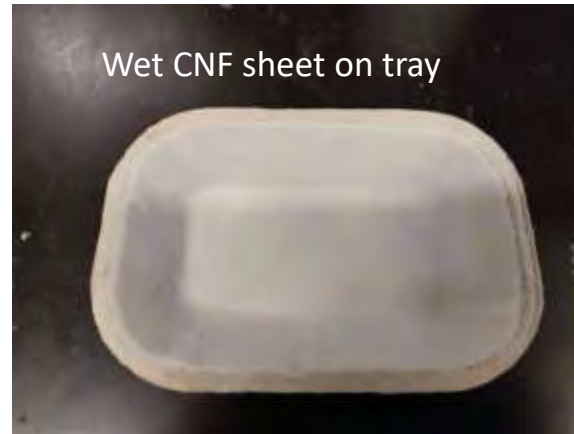
- Cellulose-Cellulose bonding can be promoted by cationic polymers
- Wanted to stay “biobased” → **Chitosan!**
- So now the method is:



Spray chitosan solution onto MP



Cover MP with extruded CNF sheet



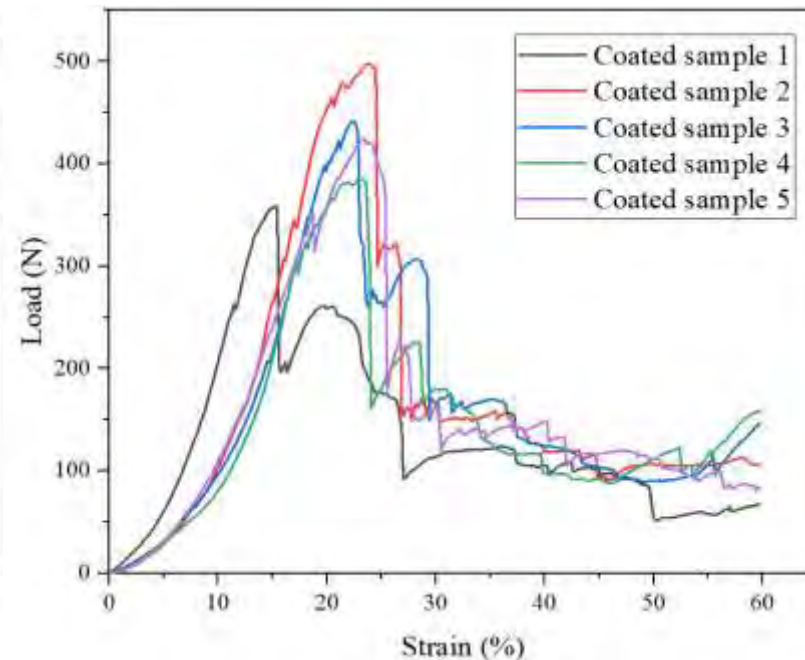
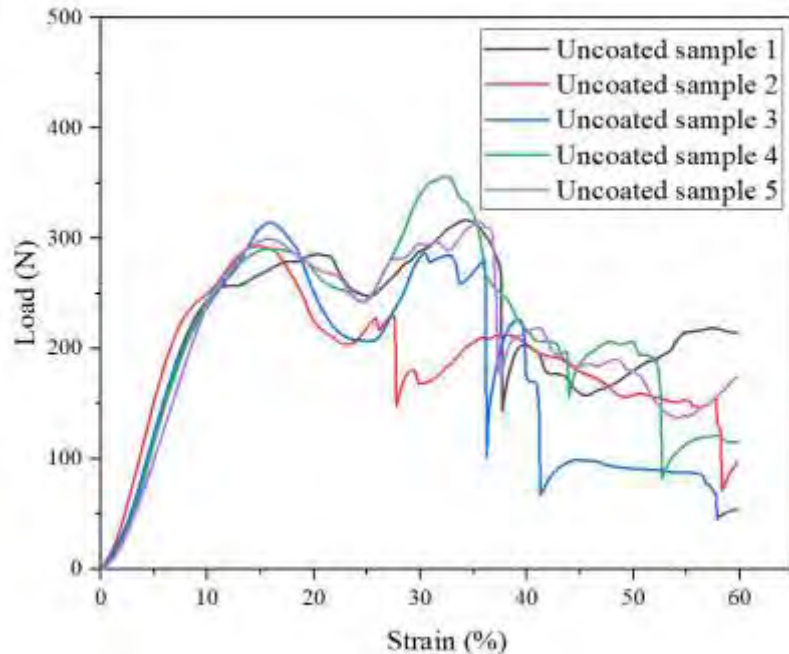
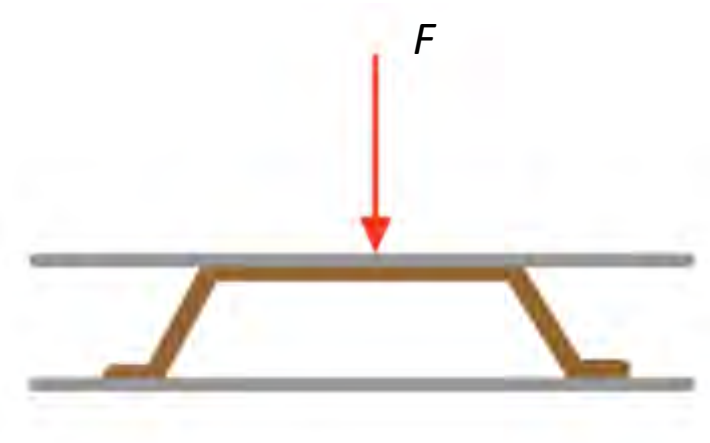
Close mold and heat in oven



- ~200  $\mu\text{m}$  (dry) CNF coating with no large delaminations
- The coating surface is smoother compared with MP

# “Crush-strength” is enhanced by CNF coating

- “Crush-strength” is an important mechanical property of trays, clamshells, etc.
  - MP is particularly weak.
- As it sounds, it is a compression test of an entire package.
- Data is messy as it is geometry dependent with buckling modes



CNF greatly increases  
crush-strength

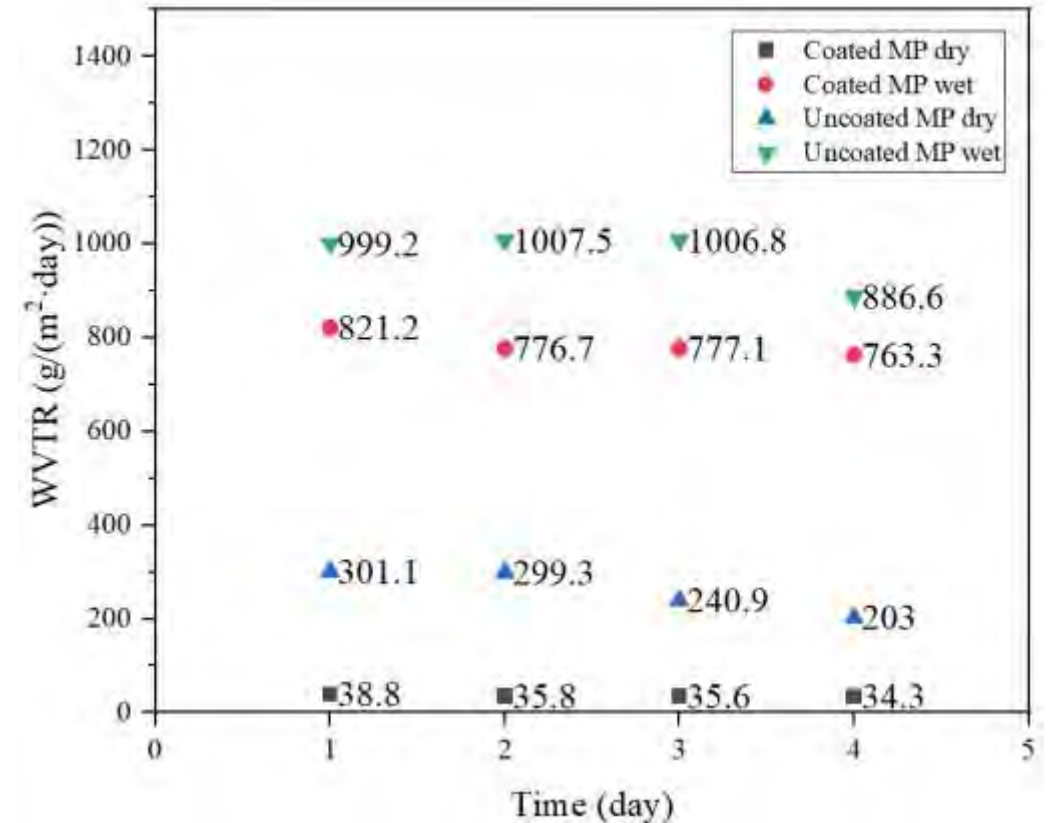
CNF also increases  
stiffness

# CNF coating improves grease resistance and moisture barrier

- Grease resistant testing performed under TAPPI T559 standard, AKA the “kit test”
  - Kit = 1 for uncoated MP (ie lowest rating)
  - Kit = 12 for coated MP (hard to do for MP as it is so porous)
- Moisture barrier is a particular issue for fresh foods (fruits, veggies, meat, etc).
  - Moisture barrier can be very humidity dependent
  - MP is particularly poor
- WVTR was measured by perm cup at 20C
  - Dry condition: 0% RH, 50%RH outside.
  - Wet condition: 100% RH, 50% RH.

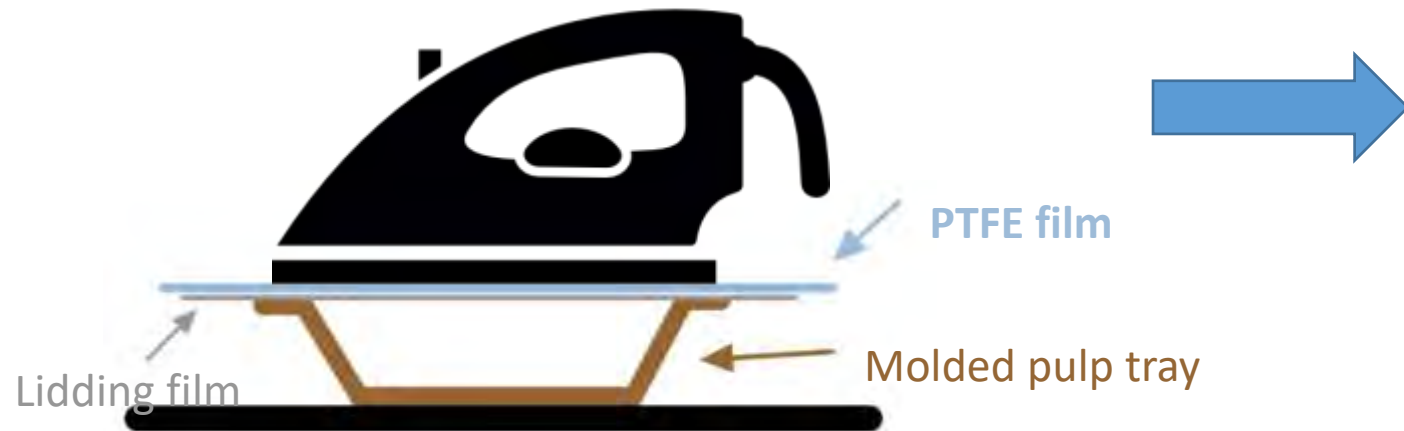
**CNF coating caused major WVTR decrease to improve barrier!**

**(Although most of benefit was lost at high humidity)**



# Can these trays be “lidded”?

- “Lids” are plastic film tops on trays – hence these are called “lidded trays”
  - Typically, PET, PP, PE.
  - Typically adhered with low MP adhesive thermally or ultrasonically.
- Here two different lidding films used: For
  - Commercial PET lidding film coated with a heat-seal.
  - BOPLA, with starch glue around edge.
- A clothes iron is used for heat sealing (neat trick)



# Test in real life! Fruit storage test with berries

➤ Yuk, sealed berries grew mold



○ There is a reason berry clamshells have holes  
– to move air through to keep berries dry.



So, what to do?



**UV-sterilization!**





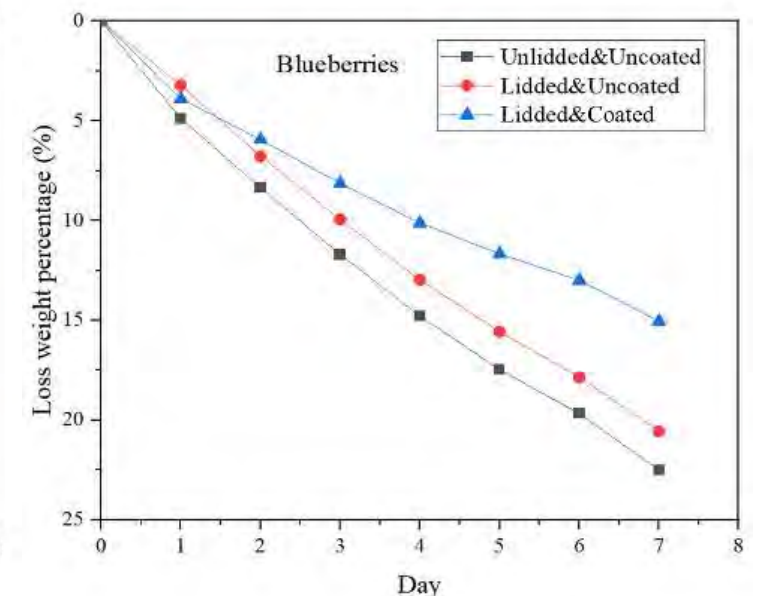
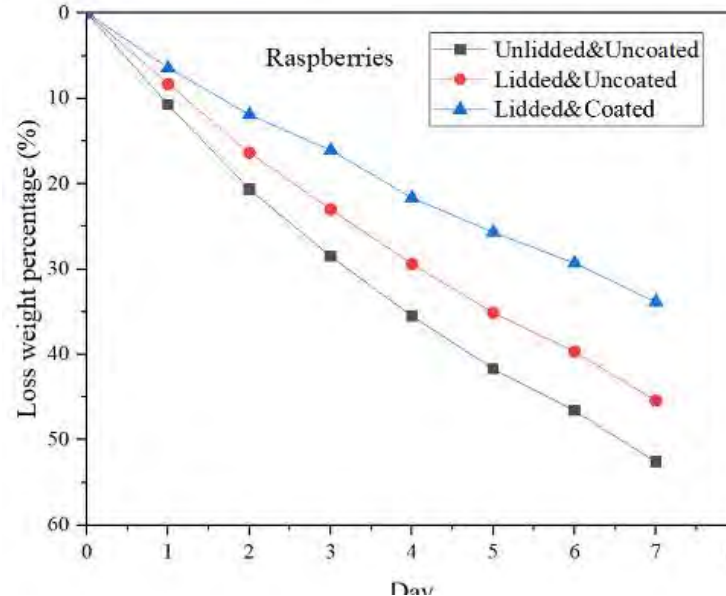
# Lidded Coated MP trays can extend berry shelf-life!

- PLA lidding film with and without CNF coating
  - CNF coatings reduce water loss, doubling the time
  - Raspberries visually retained more color and were less “mushy”
- Notes:
  - Berries were UV-sterilized after sealing to prevent fungus growth
  - Films sealed with chitosan slurry and clothes iron.
  - Raspberries are non-climacteric (don't further ripen when picked) and blueberries are semi-climacteric)

Unlidded & Uncoated    Lidded & Uncoated    Lidded & Coated



Unlidded & Uncoated    Lidded & Uncoated    Lidded & Coated



**Proof-of-Concept that CNF coated MP lidded trays can preserve food!**

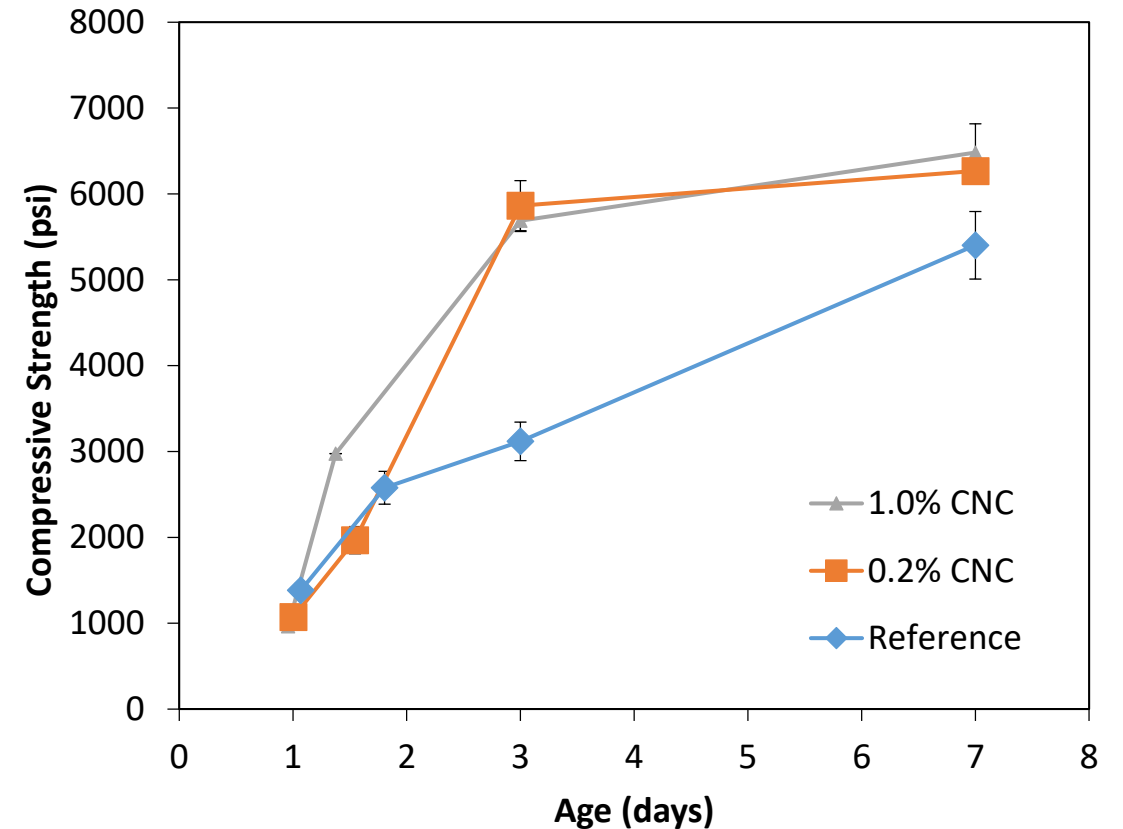
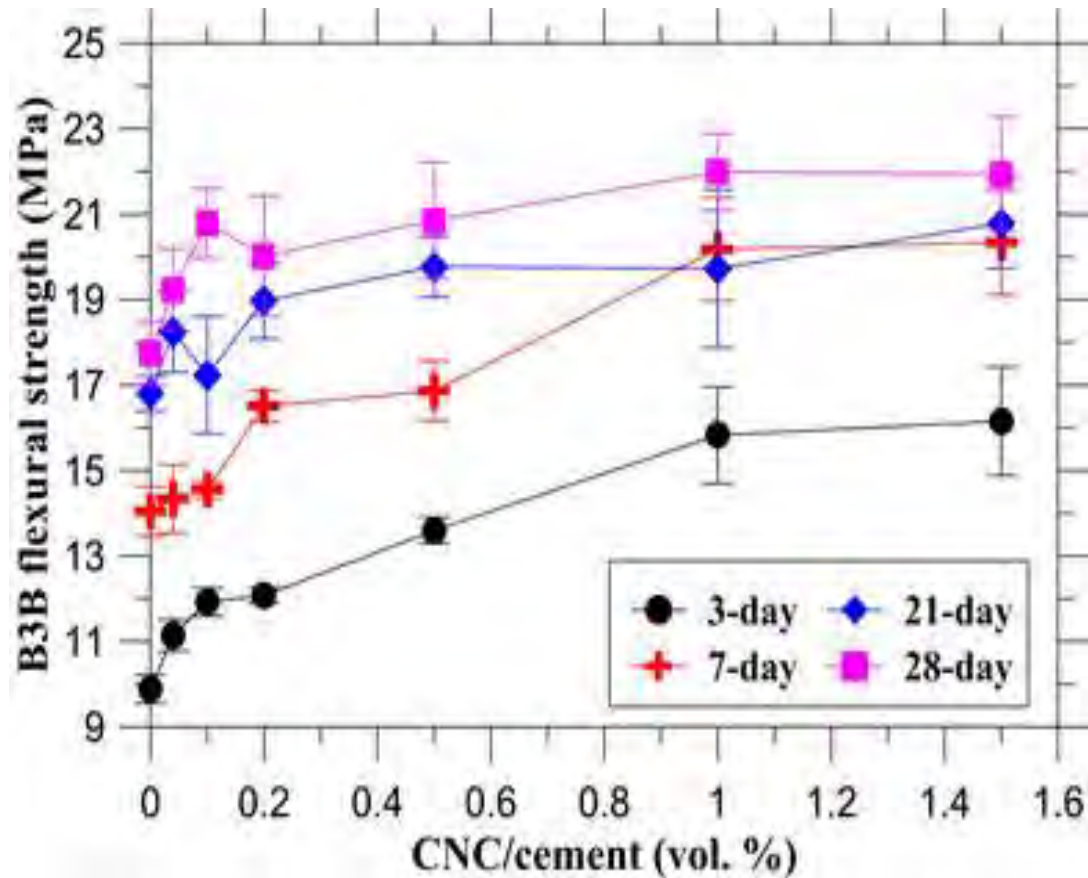
What else can CNM do for us?

Cement



# CNM in cement and concrete

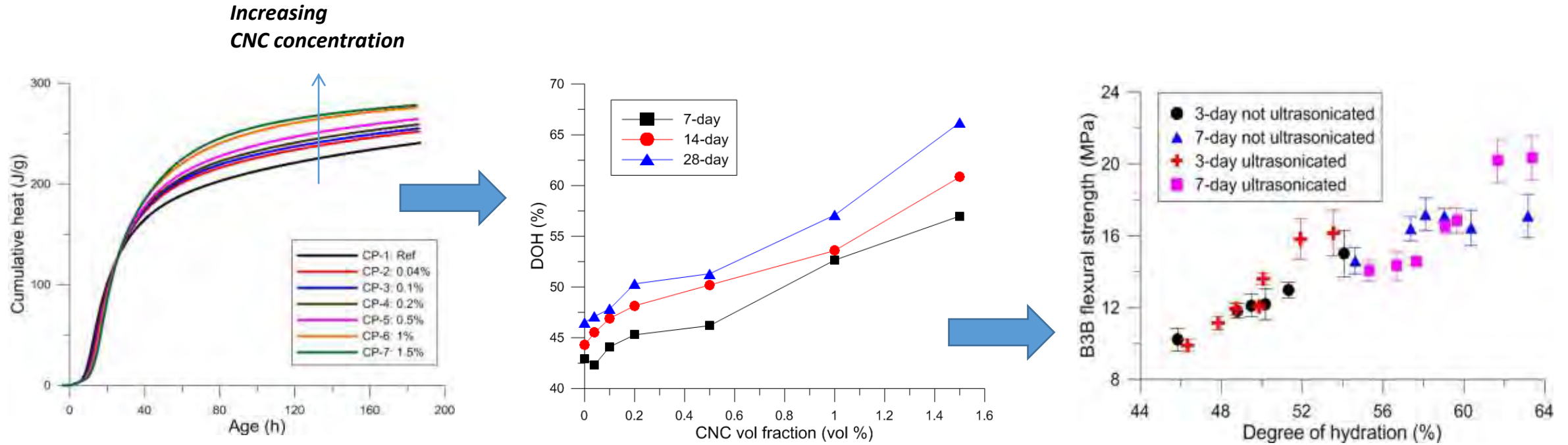
- ~15 years ago we found that CNC can increase cement strength



Note: CNC Vol% is relative to initial dry cement powder NOT final material

- Better at early than late strengths

# Degree of Hydration (DOH) is increased which leads to higher flexural strength



- Heat release and therefore Degree of Hydration (DOH) is increased with CNC
- CNC induces a delay in onset of cure
- Flexural strength scales with hydration (as expected)

# How do CNCs help hydration?

## What do we know?

- CNCs are too small to bridge microcracks
- No evidence of IC
- CNCs stabilize particles
- CNCs increase DOH more than SP

## Short Circuit Diffusion (SCD)

- Hydration layer around cement particle is dense so diffusion of water is very slow after this layer formed.
- CNCs adhering to cement particles can transport water through the hydration products shell into the unhydrated core, and hence improve DOH.
- The only prerequisite is the attachment of CNCs on to cement and incorporation into hydration layer. No particle separation is needed!

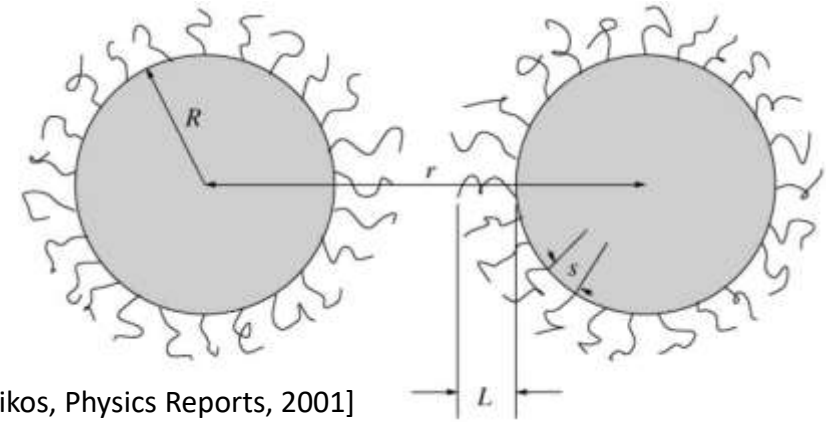
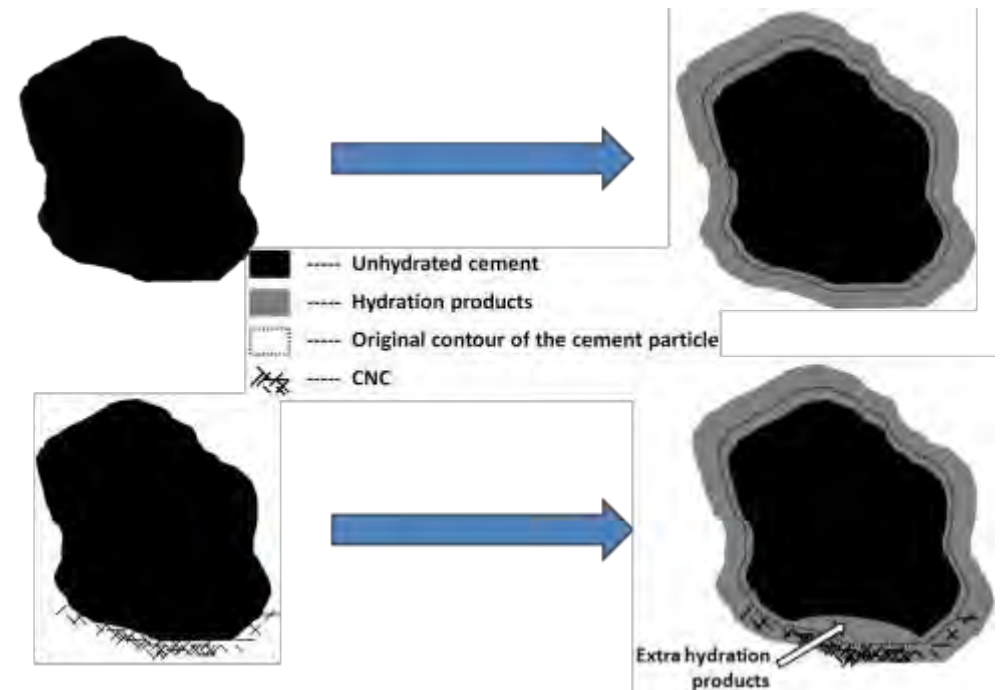


Image from [Likos, Physics Reports, 2001]



# CO2 emissions are a pressing need for infrastructure



## 2020 TO 2030 - THE DECADE TO MAKE IT HAPPEN

In this key decade, we will accelerate our CO<sub>2</sub> reductions through the following actions and initiatives:

- increased clinker substitution – including fly ash, calcined clays, ground granulated blast-furnace slag (ggbs), and ground limestone.
- fossil fuel reductions and increased use of alternative fuels
- improved efficiency in concrete production
- improved efficiency in the design of concrete projects and use of concrete during construction, including recycling
- investment in technology and innovation
- CCUS technology and infrastructure development

In addition, we will strive for and collaborate in establishing a policy framework to achieve net zero concrete.

### 2030 CO<sub>2</sub> REDUCTION MILESTONES:

(Compared with 2020 Baseline)

Concrete

**25%**

CO<sub>2</sub> reduction per m<sup>3</sup> of concrete by 2030

Cement

**20%**

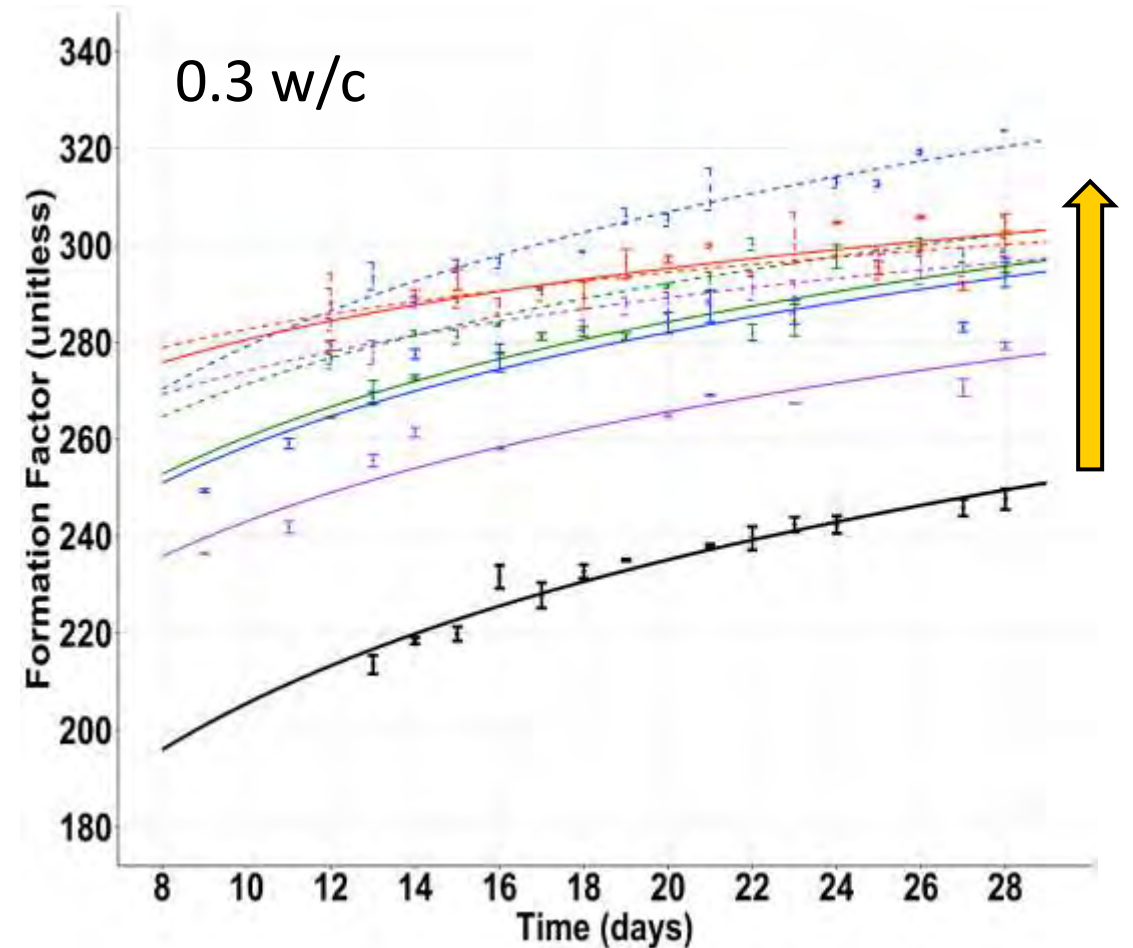
CO<sub>2</sub> reduction per tonne of cement by 2030

As with DOH and strength, Formation Factor increases with  
CNC addition to Type V cement

- Durability = resistance to deterioration processes
- Durability is determined by transport processes at pore level
  - Permeability which is from diffusivity which is from porosity

### Formation Factor (FF)

- A property used to describe concrete durability by quantifying transport of porous materials
- A higher formation factor *indicates* slower ions movement, lower porosity and/or porosity tortuosity





# CNC Park: Bigger, Longer & Unrut

- A CNC-concrete parking lot was poured at the US Endowment in Greenville, South Carolina
- 60 cubic yards of CNC concrete were poured at 0.2% dosage (and 10 yards of standard concrete)
- What we learned during the pour:
  - The CNC concrete behaved as well as standard concrete during placement
  - No apparent adverse effects when using heated water for batching CNC concrete
  - No apparent adverse effects on CNC concrete placement due to the cold weather





# Concrete: The Revenge - this time it's structural!



- CNC-cement enabled bridge was precast at Knife River (Oregon) and placed in Siskiyou Co, CA USA
- Driven over every (most? Some?) days

Next up: That Dam Project!



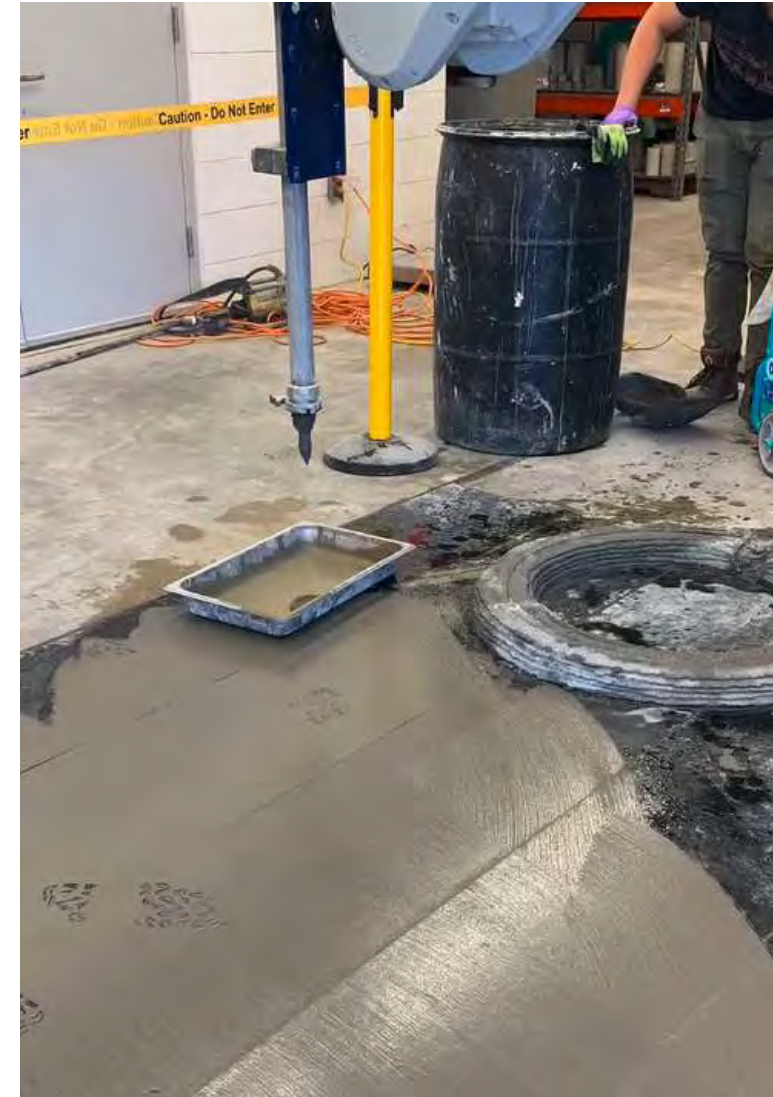


# Additive Manufacturing of Cement, Mortar and Concrete.



Purdue Concrete 3D Printing

Prof. Jan Olek,  
Prof. Pablo Zavattieri,  
Prof. Jeffrey Youngblood,  
Prof. Christopher S Williams,

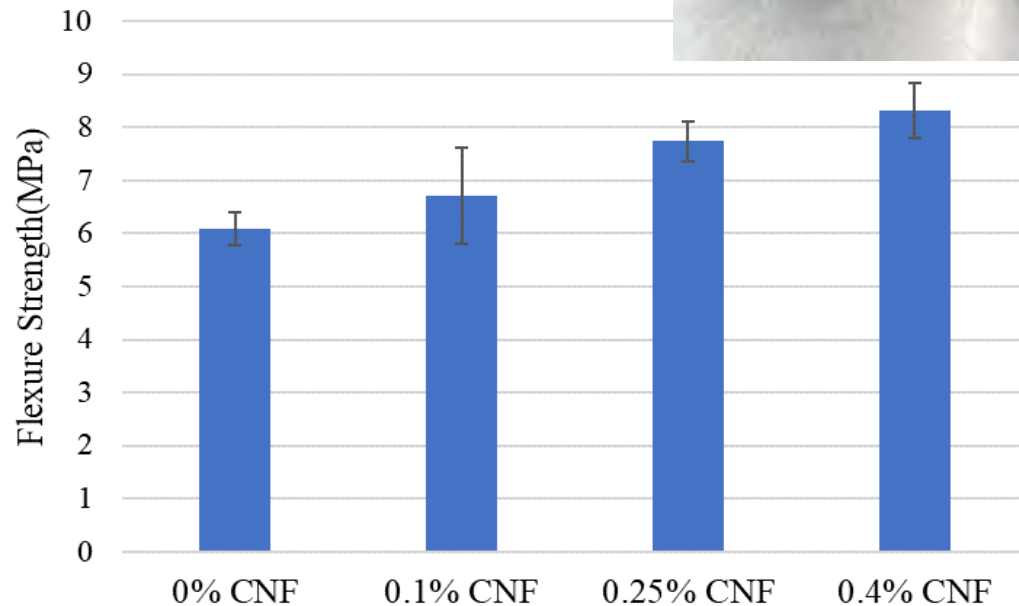


# Could we combine the two?: CNM and AM of cement? Yes...Yes, we can!

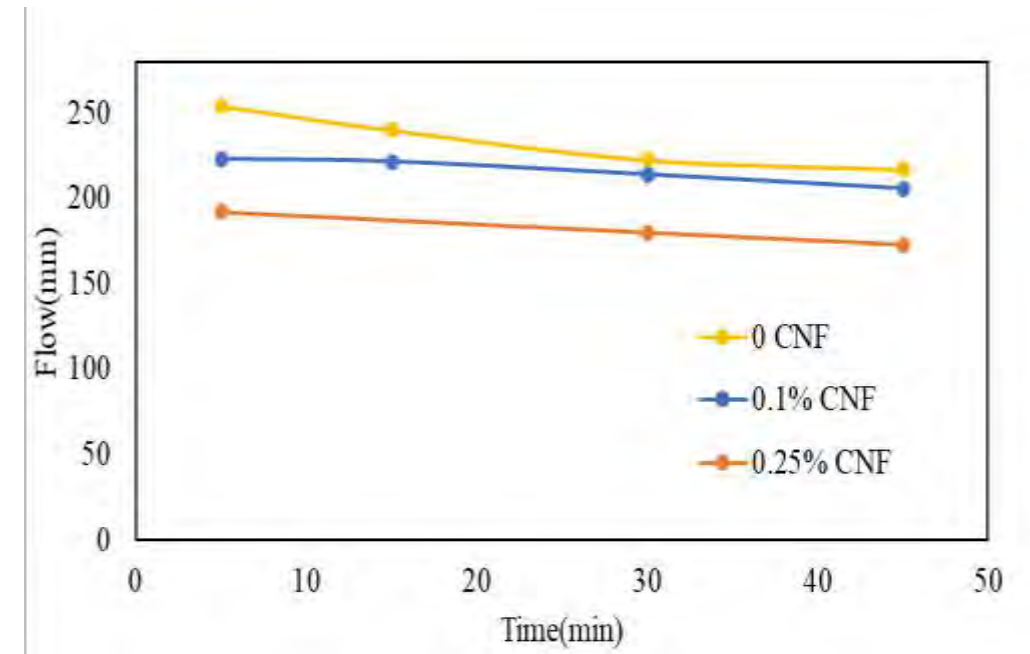
- CNF can enhance the flexure strength by 30% at 7 days



Flexure Strength



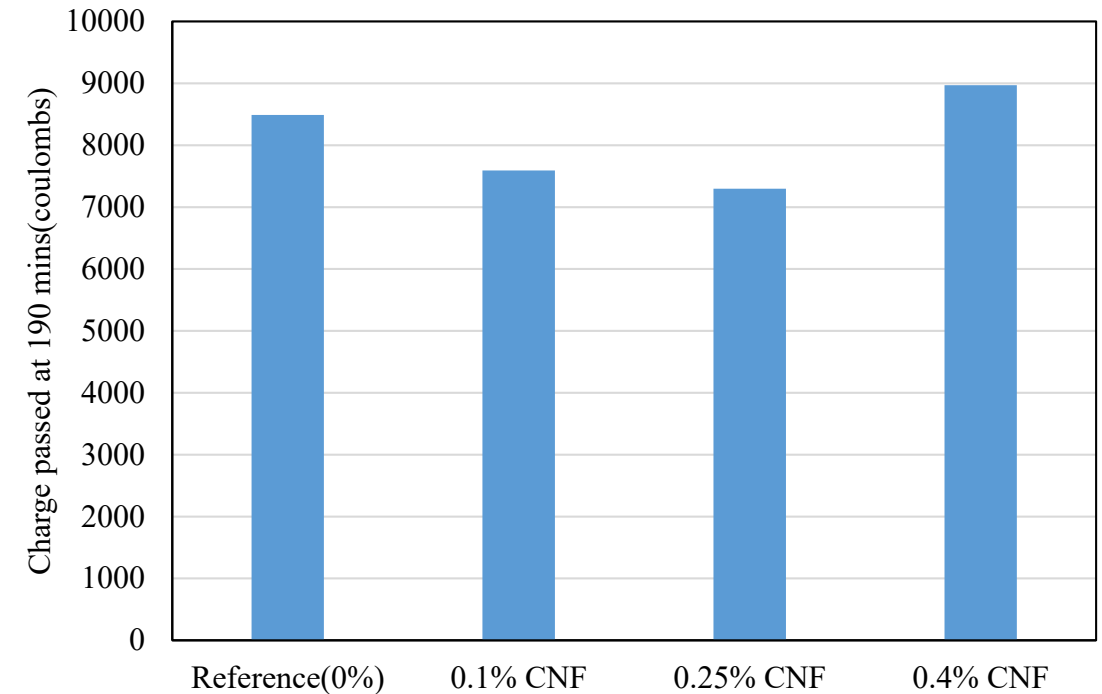
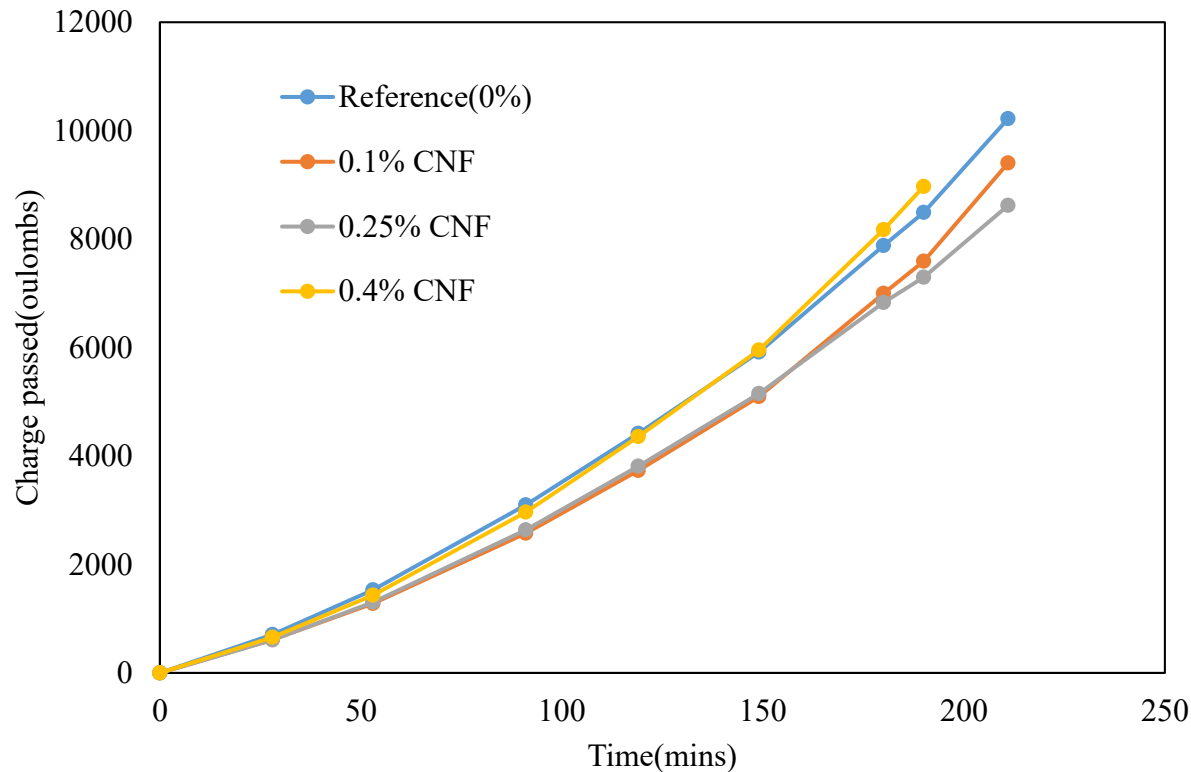
- The results show that increasing CNF content will reduce flow and workability. (like adding VMA)
- Importantly, the material has a more consistent flow by adding CNF.



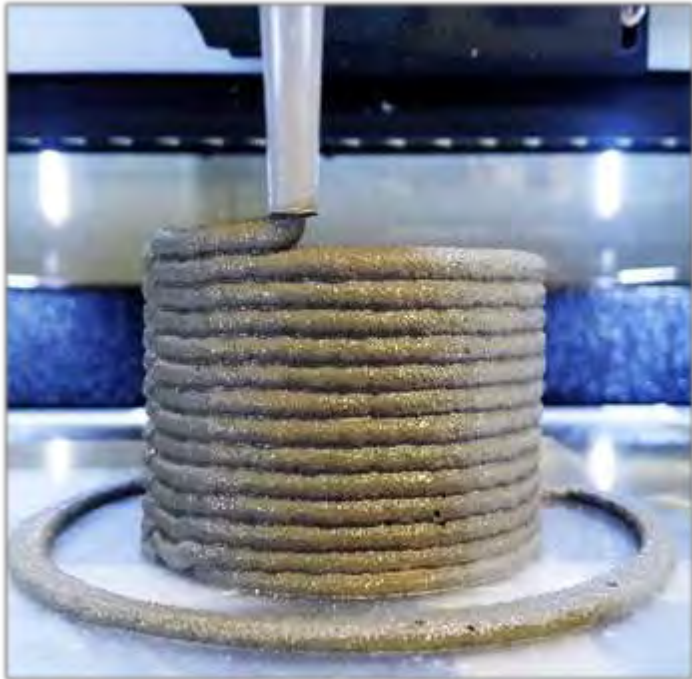
CNF has promise as alternative VMA for 3DCP

# CNF may also improve durability to chloride attack

- Samples with three dosage of CNF were tested at 28 days.
- Samples with 0.1% and 0.25% of CNF shows better chloride permeability
- The results of 0.5% CNF does not help the chloride permeability , it might relate to the dispersion of fibers



***PRINT QUALITY IS EXCELLENT!***



# Summary (stick a fork in him, he's done)

- Yes, Cellulose Nanomaterials are still awesome!
- CNC has PVOH like barrier properties
- CNF coated MP trays can extend the RT shelf life of fresh fruit
- CNM can enhance cement and concrete properties and are particularly promising for low carbon concrete
- CNM can even improve cement AM

## Acknowledgements

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NSF SBIR  
RCAM Technologies

# The Youngblood Group 2022

## Not Pictured:

- Rodrigo Orta (PhD)
- Yu Wang (PhD)
- Ashwin Sivakumar (PhD)



So Long and Thanks for All the Fish (Lobster???)!