# E-z Lesson Plan

**SUBJECT**  
Mountain Biking

**TEACHER**  
Jane Doe

**CLASS**  
KPE 311

**DATE**  
12/1/2022

## OVERVIEW

[To replace any placeholder text (such as this) just select it and then start typing. Don’t include space to the right or left of the characters in your selection.]

[To add an additional row in the teacher and student guide table that follows, select an adjacent row and then, on the Table Tools Layout tab, select Insert Above or Insert Below.]

<table>
<thead>
<tr>
<th>PHASES</th>
<th>TEACHER GUIDE</th>
<th>STUDENT GUIDE</th>
</tr>
</thead>
<tbody>
<tr>
<td>OBJECTIVES</td>
<td>Teacher guide 1</td>
<td>Student guide 1</td>
</tr>
<tr>
<td>INFORMATION</td>
<td>Teacher guide 2</td>
<td>Student guide 2</td>
</tr>
<tr>
<td>VERIFICATION</td>
<td>Teacher guide 3</td>
<td>Student guide 3</td>
</tr>
<tr>
<td>ACTIVITY</td>
<td>Teacher guide 4</td>
<td>Student guide 4</td>
</tr>
<tr>
<td>SUMMARY</td>
<td>Teacher guide 5</td>
<td>Student guide 5</td>
</tr>
</tbody>
</table>

## REQUIREMENTS

- Requirement 1
- Requirement 2
- Requirement 3

## RESOURCES

- Resource 1
- Resource 2
- Resource 3

## NOTES

Add your notes here.