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## <u>Froccer</u>

This game is for middle school students. Froccer combines soccer and frisbee together all while snowshoeing!

In this game there will be two teams of 6 - 1 including the goalie.

There is a shooting line that is 20 ft out and the goalie box is 5 feet out from the goal. Only the goalie is allowed in the goalie box. If you step into the goalie box then the frisbee goes to the other team. If you step out of bounds the other team gets possession.



Each team has to make three consecutive passes before you can shoot. If the frisbee hits the ground then it switches to the other team.

Action: Try throwing the frisbee to a partner.



To make a goal you must shoot behind the shooting line, if you shoot in front of the line the goal doesn't count and frisbee goes to the other team. Each goal is 1 point. First team to 11 wins.

<u>Action:</u> Try shooting from the shooting line without a goalie in the net.

