| SEMESTER | First Semester | Second Semester | Third Semester | Fourth Semester | Fifth Semester | Sixth Semester | Seventh Semester | Eighth Semester |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CLASSES: | NUR 101 1 CREDIT | NUR 102 <br> 2 CREDITS | NUR 103 <br> 3 CREDITS | NUR 200 <br> 3 CREDITS | NUR 301 <br> (GEMA) <br> 3 CREDITS | NUR 413 <br> 3 CREDITS | NUR 334 <br> 3 CREDITS | NUR 455 <br> 5 CREDITS |
|  | NUR 150 1 CREDIT | NUR 106 . 5 CREDITS | STS 132 <br> (GEMA) <br> 3 CREDITS | NUR 201 <br> 1.5 CREDITS | NUR 302 <br> 1.5 CREDITS | NUR 414 1 CREDIT | NUR 335 <br> 2 CREDITS | NUR 456 <br> 3 CREDITS |
|  | BMB 207 <br> 3 CREDITS | BMB 240 3 CREDITS | PSY 100 (GESO) 3 CREDITS | NUR 202 <br> 1.5 CREDITS | NUR 306 2 CREDITS | NUR 415 (HVSC/III) 3 CREDITS | NUR 416 3 CREDITS | NUR 444 <br> 3 CREDITS |
|  | BMB 209 <br> 1 CREDIt | BMB 241 <br> 2 CREDITS | SOC 101 (GESI) 3 CREDITS | (GEMA) 1 CREDIT | NUR 316 <br> 3 CREDITS | NUR 340 <br> 3 CREDITS | $\begin{aligned} & \text { NUR } 417 \\ & 1 \text { CREDIT } \end{aligned}$ | NUR 447 <br> 1 CREDIT |
|  | BIO 100 (GESCI) 4 CREDITS | BIO 208 (GESCI) 4 CREDITS | CHF 201 <br> 3 CREDITS | NUR 300 <br> 3 CREDITS | PHI (GEWC) 3CREDITS | NUR 341 <br> 2 CREDITS | NUR 452 (HVSC/IV) 3 CREDITS | Gen Ed <br> 2 CREDITS |
|  | FSN 101 3 CREDITS | $\begin{aligned} & \text { GENED } \\ & \text { (MATH) } \end{aligned}$ |  | NUR 308 1 CREDIT | Gen Ed (ART or WRT) 3 CREDITS | NUR 310 3 CREDITS | NUR 453 1 CREDIT |  |
|  | ENG 101 (GEWR) 3 CREDITS |  |  | NUR 303 3 CREDITS |  |  | NUR 435 1 CREDIT |  |
|  |  |  |  | Gen Ed (ART or WRT) 3 CREDITS |  |  |  |  |
| $\underset{121}{\text { TOTAL CREDITS }}$ | 16 CREDITS | 14.5 CREDITS | 15 CREDITS | 17 CREDITS | 15.5 CREDITS | 15 CREDITS | 14 CREDITS | 14 CREDITS |

## Elective Courses \& Off Term Offerings

Students often find it beneficial to take their electives during the off term. Whether you choose to take them during the semester or over winter/summer, these might be good offerings for you to consider. This is not a comprehensive list, so be sure to talk with your advisor if you're interested in taking an elective!

## Philosophy Courses:

- PHI 100, Contemporary Moral Problems (3 credits)
- PHI 102, Contemporary Moral Problems (3 credits)
- PHI 103, Methods of Reasoning (3 credits)
- PHI 104, Existentialism \& Literature (3 credits)
- PHI 105, Intro to Religious Studies (3 credits)
- PHI 235, Biomedical Ethics (3 credits)


## Art Electives:

- ARH 100, Art \& Human Experience (3 credits)
- ART 182, Photography \& Digital Imaging (3 credits)
- ENG 205, Creative Writing (3 credits)
- MUL 101, Art of Listening to Music: Elements (3 credits)
- MUY 101, Fundamentals of Music (3 credits)


## Writing Electives:

- CMJ 136, Journalism Writing and Editing (3 credits)
- ENG 201, Strategies for Writing across Contexts (3 credits)
- ENG 205, Creative Writing (3 credits)
- ERS 200, Earth Systems (3 credits)
- LDR 200, Leadership Ethics (3 credits)
- MES 101, Introduction to Maine Studies (3 credits)


## Nursing Electives:

- NUR 160, Intro to Human Genetics \& Genomics (1 credit)
- NUR 165, Intro to Care of the Older Adult (1 credit)
- NUR 166, Healthcare Informatics (1 credit)
- NUR 214, Mindfulness-Based Stress Reduction* (2 credits)
- NUR 419, Intro to Global Health - Field Experience (3 credits)
*Taking NUR 150 (in your first semester) and NUR 214 as an elective (at any time) will satisfy your Human Values and Social Contexts: Artistic and Creative Expression Gen Ed Requirement.

