

"Not Just a Student" Nursing Curriculum Map

The School of Nursing recognizes that many students will work or participate in sports or other extra curriculars while they are a student. This map is a suggestion of how a student might spread out their classes so that it is easier to balance their academics and other activities.

| SEMESTER | First Semester | Second Semester | Off Term** | Third Semester | Off Term | Fourth Semester | Off Term | Fifth Semester | Off Term | Sixth Semester | Off Term | Seventh Semester | Off Term | Eighth Semester |
|-------------------|---------------------------------|---------------------------------|----------------------------------|--------------------------------|----------------------|-------------------------------|------------------------|----------------------------------|----------------------|------------------------------------|---------------------|-----------------------------------|---------------------|----------------------|
| CLASSES | NUR 101 1 CREDIT | NUR 102 2 CREDITS | Gen Ed (ART/WRT) 3 CREDITS | NUR 103 3 CREDITS | NUR 303 3 CREDITS | NUR 200 3 CREDITS | NUR 201 1.5 CREDITS | NUR 301 (GEMA) 3 CREDITS | NUR 310 3 CREDITS | NUR 413 3 CREDITS | Gen Ed 3 CREDITS | NUR 334 3 CREDITS | NUR 453 1 CREDIT | NUR 455 5 CREDITS |
| | BMB 207 3 CREDITS | NUR 106 .5 CREDITS | | STS 132 (GEMA) 3 CREDITS | | NUR 202 1.5 CREDITS | | NUR 302 1.5 CREDITS | | NUR 414 1 CREDIT | | NUR 335 2 CREDITS | NUR 435 1 CREDIT | NUR 456 3 CREDITS |
| | BMB 209 1 CREDIT | BMB 240 3 CREDITS | | PSY 100 (GESO) 3 CREDITS | | NUR 203 (GEMA) 1 CREDIT | | NUR 306 2 CREDITS | | NUR 340 3 CREDITS | | NUR 416 3 CREDITS | | NUR 444 3 CREDITS |
| | BIO 100 (GESCI) 4 CREDITS | BMB 241 2 CREDITS | | SOC 101 (GESI) 3 CREDITS | | NUR 300 3 CREDITS | | NUR 316 3 CREDITS | | NUR 341 2 CREDITS | | NUR 417 1 CREDIT | | NUR 447 1 CREDIT |
| | FSN 101 3 CREDITS | BIO 208 (GESCI) 4 CREDITS | | CHF 201 3 CREDITS | | NUR 308 1 CREDIT | | Gen Ed (ART/WRT) 3 CREDITS | | NUR 415 (HVSC/III) 3 CREDITS | | NUR 452 (HVSC/IV) 3 CREDITS | | |
| | ENG 101 (GEWR) 3 CREDITS | GEN ED (MATH) | | | | PHI (GEWC) 3 CREDITS | | | | | | | | |
| TOTAL CREDIT: 121 | 15 CREDITS | 14.5 CREDITS | 3 CREDITS | 15 CREDITS | 3 CREDITS | 12.5 CREDITS | 1.5 CREDITS | 12.5 CREDITS | 3 CREDITS | 12 CREDITS | 3 CREDITS | 12 CREDITS | 2 CREDITS | 12 CREDITS |

Elective Courses & Off Term Offerings

Students often find it beneficial to take their electives during the off term. Whether you choose to take them during the semester or over winter/summer, these might be good offerings for you to consider. This is not a comprehensive list, so be sure to talk with your advisor if you're interested in taking an elective!

Philosophy Courses:

- PHI 100, Contemporary Moral Problems (3 credits)
- PHI 102, Contemporary Moral Problems (3 credits)
- PHI 103, Methods of Reasoning (3 credits)
- PHI 104, Existentialism & Literature (3 credits)
- PHI 105, Intro to Religious Studies (3 credits)
- PHI 235, Biomedical Ethics (3 credits)

Art Electives:

- ARH 100, Art & Human Experience (3 credits)
- ART 182, Photography & Digital Imaging (3 credits)
- ENG 205, Creative Writing (3 credits)
- MUL 101, Art of Listening to Music: Elements (3 credits)
- MUY 101, Fundamentals of Music (3 credits)

Writing Electives:

- CMJ 136, Journalism Writing and Editing (3 credits)
- ENG 201, Strategies for Writing across Contexts (3 credits)
- ENG 205, Creative Writing (3 credits)
- ERS 200, Earth Systems (3 credits)
- LDR 200, Leadership Ethics (3 credits)
- MES 101, Introduction to Maine Studies (3 credits)

Nursing Electives:

- NUR 160, Intro to Human Genetics & Genomics (1 credit)
- NUR 165, Intro to Care of the Older Adult (1 credit)
- NUR 166, Healthcare Informatics (1 credit)
- NUR 214, Mindfulness-Based Stress Reduction* (2 credits)
- NUR 419, Intro to Global Health - Field Experience (3 credits)

*Taking NUR 150 (in your first semester) and NUR 214 as an elective (at any time) will satisfy your Human Values and Social Contexts: Artistic and Creative Expression Gen Ed Requirement.

**The School of Nursing cannot guarantee off-term offerings. If there is low student interest or faculty are unavailable, we may not be able to run a course. In this circumstance, the student should talk with their advisor about alternative options.