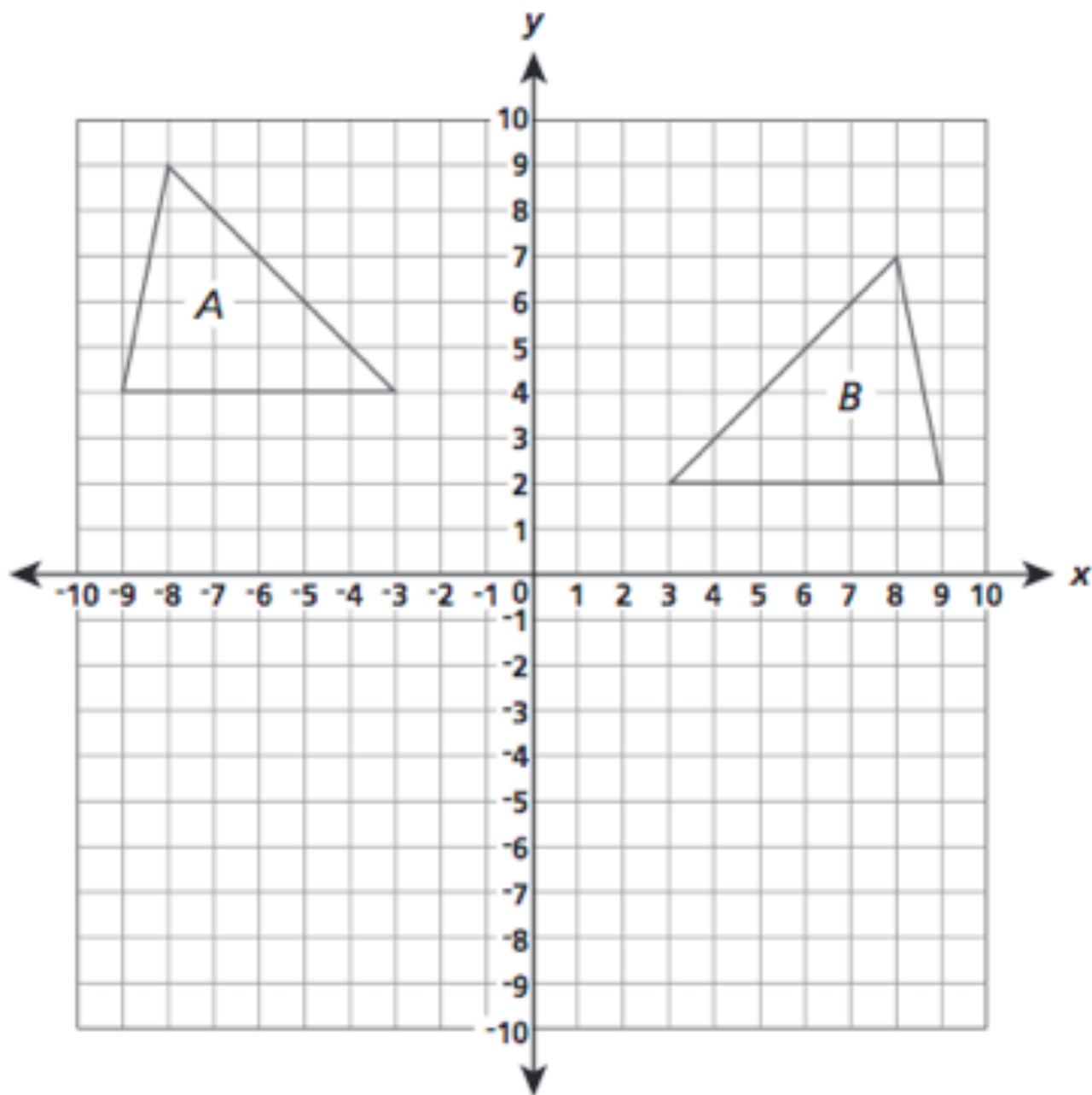Which sequence of transformations takes $\triangle A$ to its image, $\triangle B$?

A   reflection over the *x*-axis and translation 2 units down

B   reflection over the *y*-axis and translation 2 units down

C   translation 2 units down and 90° rotation about the origin

D   translation 12 units right and 90° rotation about the origin