

# Sunday Night Supper Practical Guide

## WHAT?

A free meal for college students!

## WHY?

We get to know Jesus in the breaking of the bread, at Mass and in a one-on-one personal relationship with Him. We also get to know Him through family, friendship, and community. Students gather for the breaking of the bread at 6:15 Mass, and then stay after for supper, building a community and making friends that will sustain them in their college years. This is so important, especially while they are away from their families, often for the first time as young adults. Supper is followed by Men's + Women's Groups, an opportunity for students to be a part of a faith-sharing group, for talking, listening, supporting, asking questions, and praying with one another. The evening is concluded with Night Prayer. All of this feeds body and soul. For more information about Campus Ministry at UMaine, go to [umaine.edu/newman](http://umaine.edu/newman).

## WHERE?

Supper is served at the Newman Center (83 College Ave. Orono), also known as Our Lady of Wisdom Catholic Church, one of four churches in the Parish of the Resurrection of the Lord. The Newman Center is across the street from the University of Maine.

## WHEN?

Deliver the meal between **5:30 and 5:50pm**. Supper is served around 7:15pm on Sundays when UMaine is in session for Fall and Spring Semesters, immediately following the 6:15pm Mass.

## WHO?

Contact [katherine.dube@maine.edu](mailto:katherine.dube@maine.edu) or [jacob.gebhart@maine.edu](mailto:jacob.gebhart@maine.edu) with any questions, or call the Newman Center at (207) 866-2155.

## HOW?

1. Decide upon a Main Dish to feed 45-60 people.
2. Sign up for a Sunday and share the sign-up information with others!
3. Shop for ingredients.
4. Cook your dish at the Newman Center on Sunday between 2-5:30pm, or in your own kitchen.
5. Deliver your meal between **5:30 and 5:50pm** to 83 College Ave, hot or warm, in a crockpot or roaster that can be plugged in, or in dishes/foil pans that can be placed in the oven, or in pots that can be kept on the stove to stay hot. *\*PLEASE NOTE: Due to the configuration of the Newman Center, there cannot be cooking/food prep happening in the kitchen while Mass is being celebrated from 6:15-7:15pm.*
6. If you would rather, you can bring your meal, stay for Mass, serve the food you prepared, and sit down to feast with students. This way, you get to build community with us!
7. Collect your crockpot, roaster, dishes, or pots and go rest. Clean up is on us.

- Meal ideas
  - Soups (HINT: reserve cooked pasta or rice to be added just before serving)
  - Stews / Chili / Spaghetti
  - Casseroles, like Lasagna, Shepherd's Pie, Macaroni+Cheese, etc.
  - Build your own Sandwich, Burrito, Baked Potato, Hot Dog, etc.
  - Pizza party
  - Optional sides: Rolls, Breads, Salads, etc.
- Resources available from the Newman Center:
  - Spices
  - Mixing bowls and colanders
  - Measuring cups and glasses
  - Serving utensils
  - Plates, cups, bowls, silverware, napkins
  - Foil and plastic wrap

Two 18quart electric roasters



Full and half-size foil baking pans



Pots with lids, a pasta pot, and more! (Largest pots are 24quart) Some pots will nest for double-boiler method.



Gas range and oven (will not travel!)

