

# STAR

Stress & Resilience in  
the wake of Covid-19  
STUDY



## Older Adult Volunteers Needed for Paid Online Study!

The Maine Mood Lab at UMaine in Orono is recruiting adults, 60 years of age and older, to participate in a paid research study that investigates *life stress, emotion regulation, and resilience* in the wake of Covid-19.

Participants will be invited to complete a set of online questionnaires from home. Questionnaires take about one hour to complete and participants will receive a \$10 Amazon e-gift card *with thanks* for their help.

### Who is Eligible?

- Adults 60 years of age and older
- With internet access and an email address

This study is being conducted by the Maine Mood Lab at UMaine in Orono. Have questions or interested in participating? Call us at 207.518.8089 or email [mainemoodlab@gmail.com](mailto:mainemoodlab@gmail.com).

  
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