



# Dam Removal as a collaborative, multi-objective solution for fish passage and fire protection

*Coopers Mills, Sheepscot River*

*Mike Burke, Maranda Nemeth,  
Andy Goode, and Matt Bernier*



MIDCOAST  
CONSERVANCY





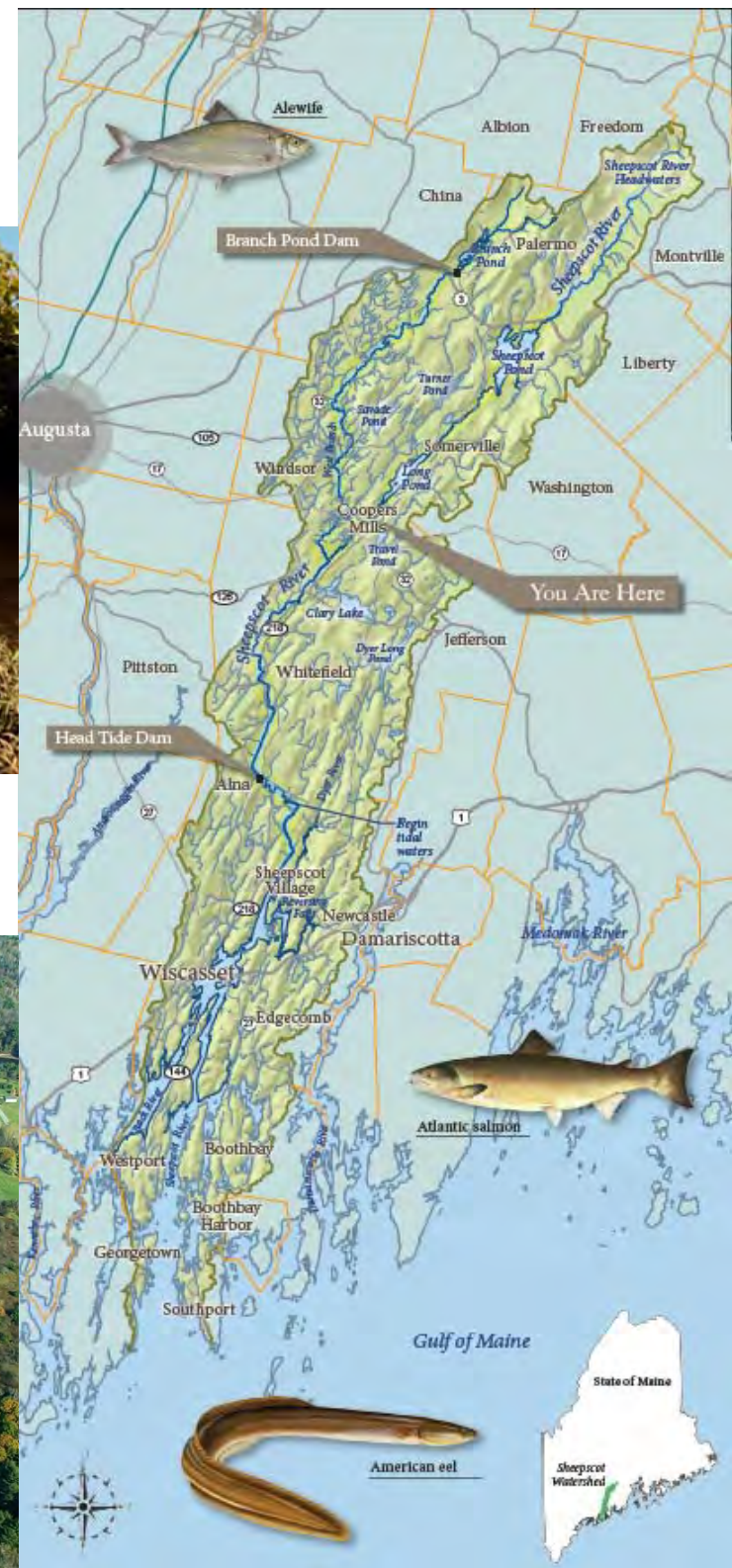
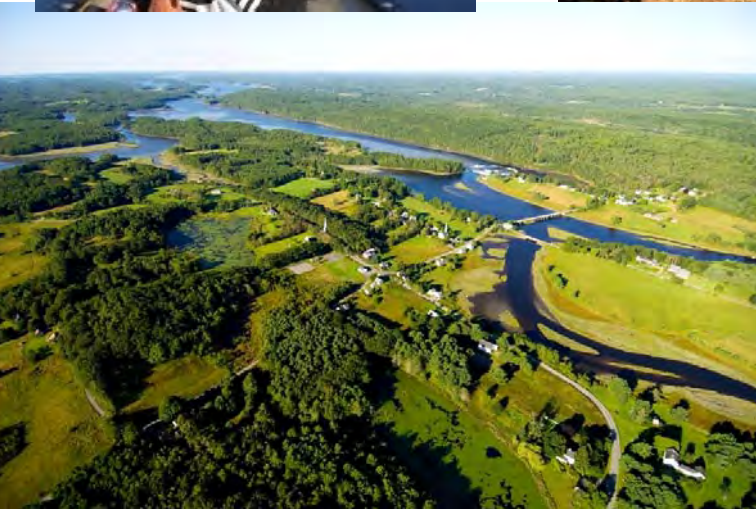


## Outline

- Project location and context
- Project Planning and outcome
- Construction
- Next Steps
- Acknowledgements



# Sheepscot River Watershed





# All 12 species of Diadromous Fish

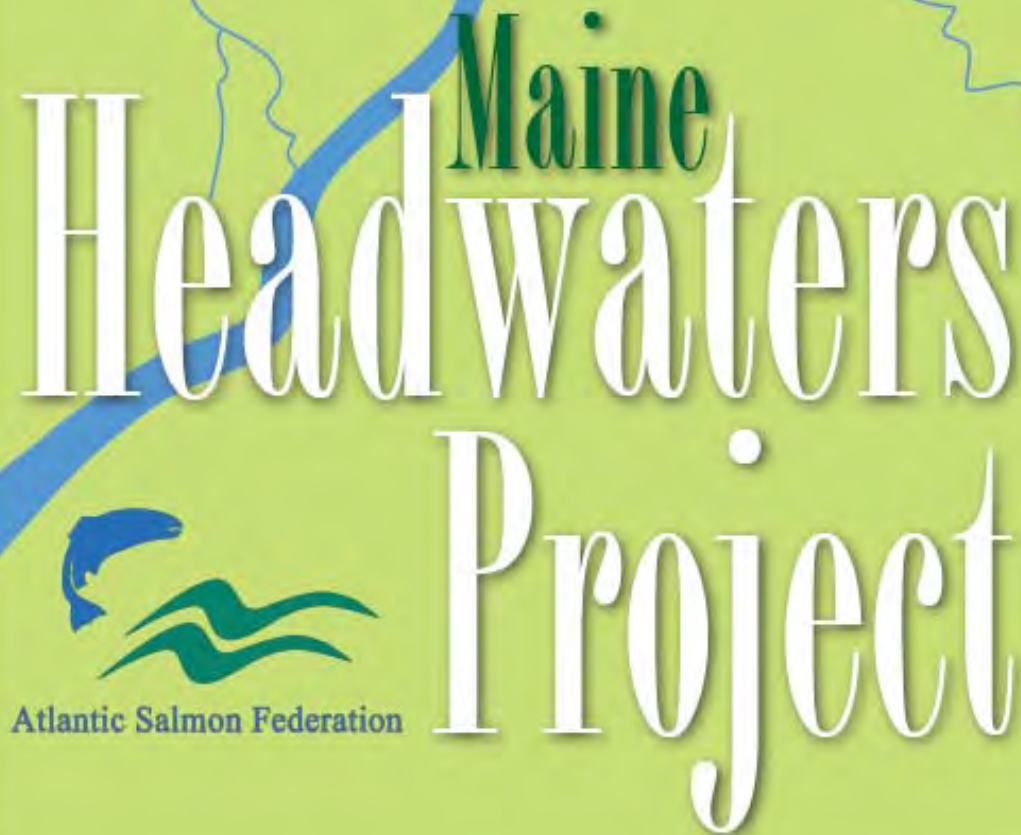




***“But it was the dams on the main river and its tributaries, constructed to supply water power and later electric power, which truly sealed the salmon’s fate. Over the years the runs continued to diminish until the mid-1800s saw their virtual end.”***

**Edward C. Janes - Salmon Fishing in the  
Northeast - 1973**



The logo features a stylized map of Maine in light green with blue rivers. The text 'Maine' is in green, 'Headwaters' is in large white serif font, and 'Project' is in large white serif font. The Atlantic Salmon Federation logo is in the bottom left.

# Maine Headwaters Project

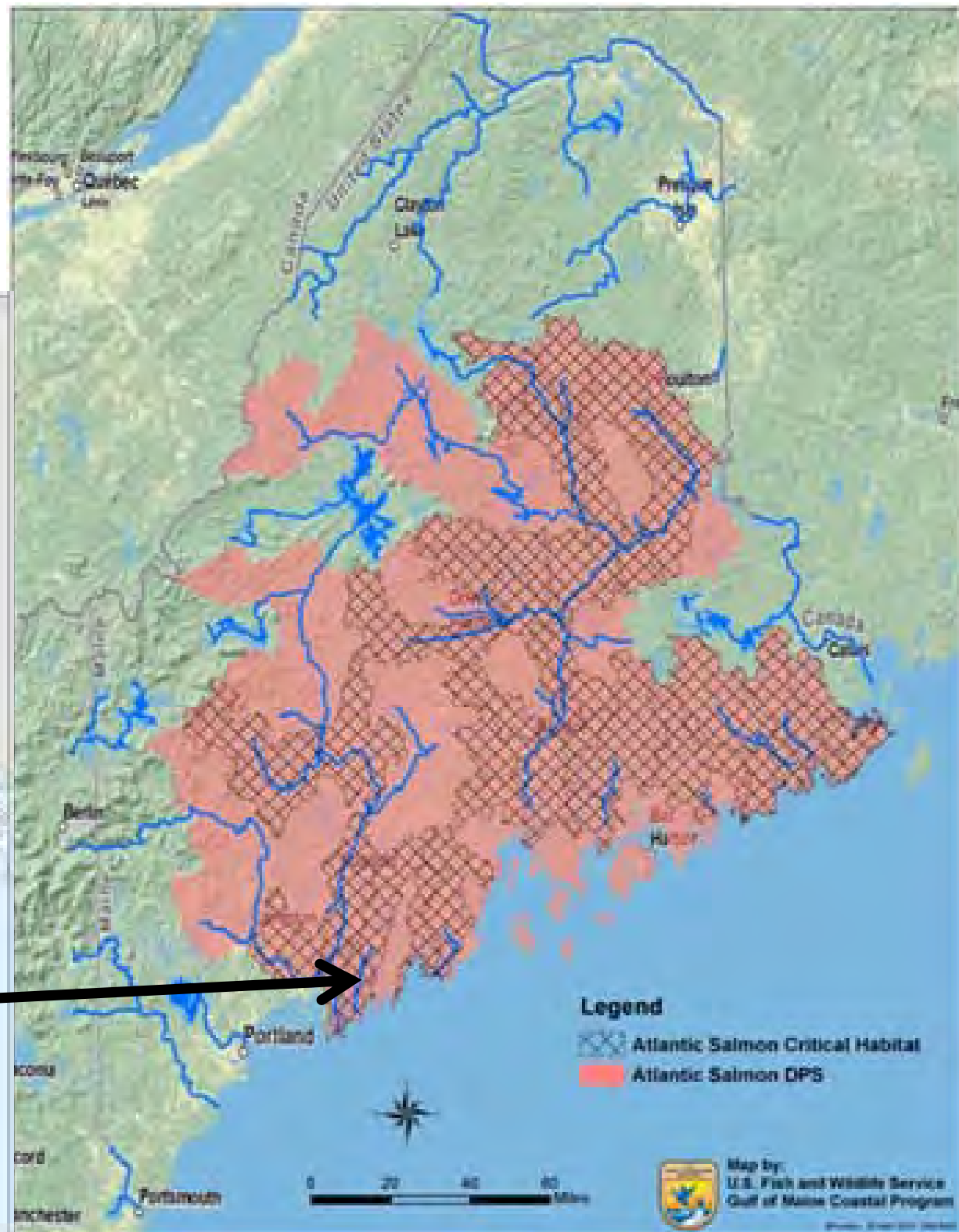
Atlantic Salmon Federation

## ASF Strategy:

- Work in partnership in a watershed-wide & bottom, up approach.
- Long-term investment
- Focus on mid-size, smaller rivers.
- Prioritize non-hydro dams and road crossings
- Goal is to improve, not change



# Atlantic salmon recovery





# Sheepscot Partnered Approach

Core Coalition

+

Fishery agencies

+

Local groups



MIDCOAST  
CONSERVANCY



Branch Pond Association, Inc.





# Reconnecting the Sheepscot River

BEFORE

**88 miles**  
of Freshwater Habitat  
Connected to the Ocean

**Branch Pond Dam**

**Sheepscot Pond Dam**

**Cooper's Mill Dam**

**Clary Lake Dam**

**Head Tide Dam**

**32 acres**  
of Pond Habitat  
Connected to the Ocean

0 2 4 8 12 Miles

AFTER

**167 miles**  
of Free Flowing River  
Connected to the Ocean

**907 acres**  
of Improved Access  
to Upstream Ponds

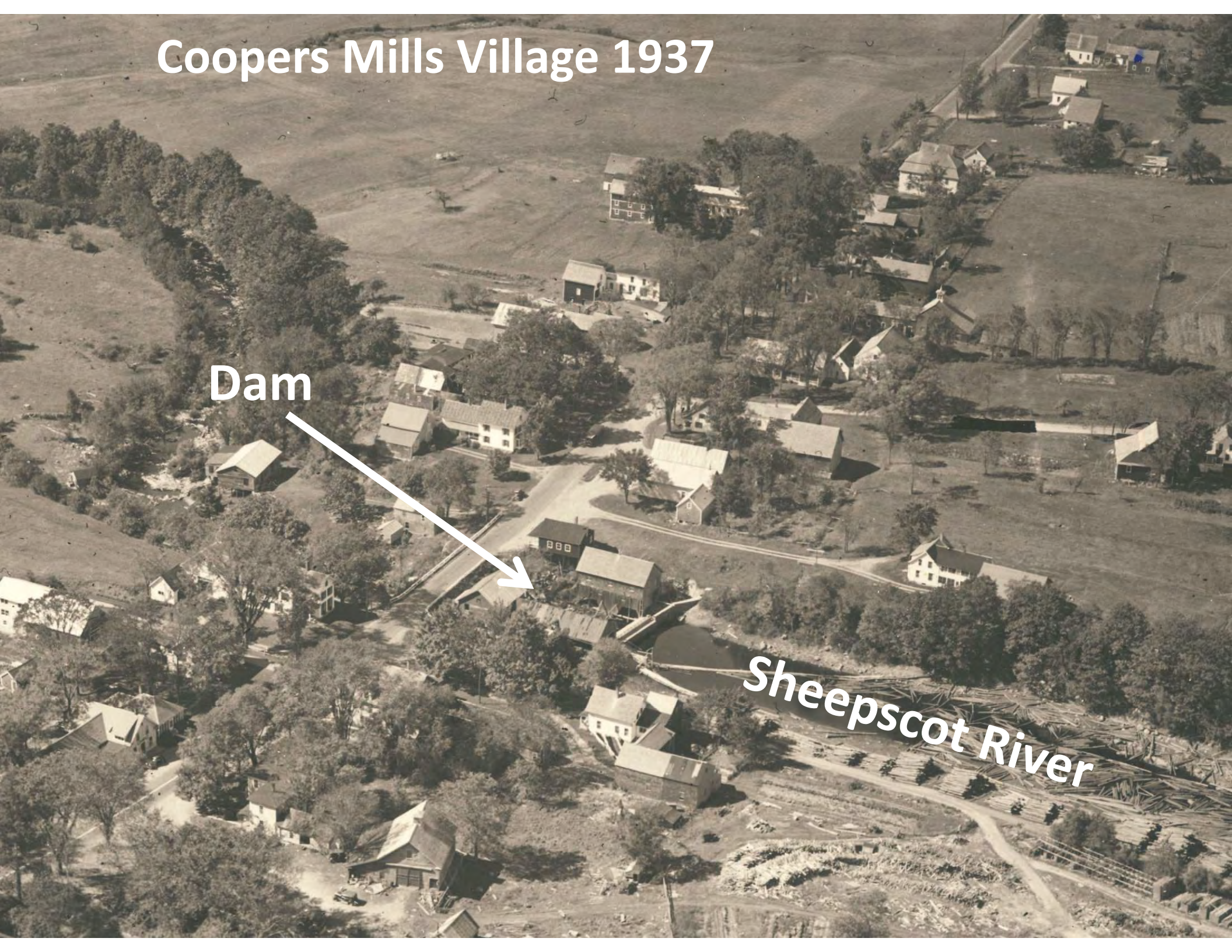
- Culverts - barriers and potential barriers
- Priority Phase I Dams
- Other Dams
- ~ Freshwater habitat connected to the ocean



# Coopers Mills Village 1937

Dam

Sheepscot River







← 1905

2017 →





# Coopers Mills Dam Timeline

Dam Built  
**1804**



**1945**  
Mills  
Closed



Town of  
Whitefield  
purchases  
Dam  
**1949**



**1955**  
Mills  
demolished

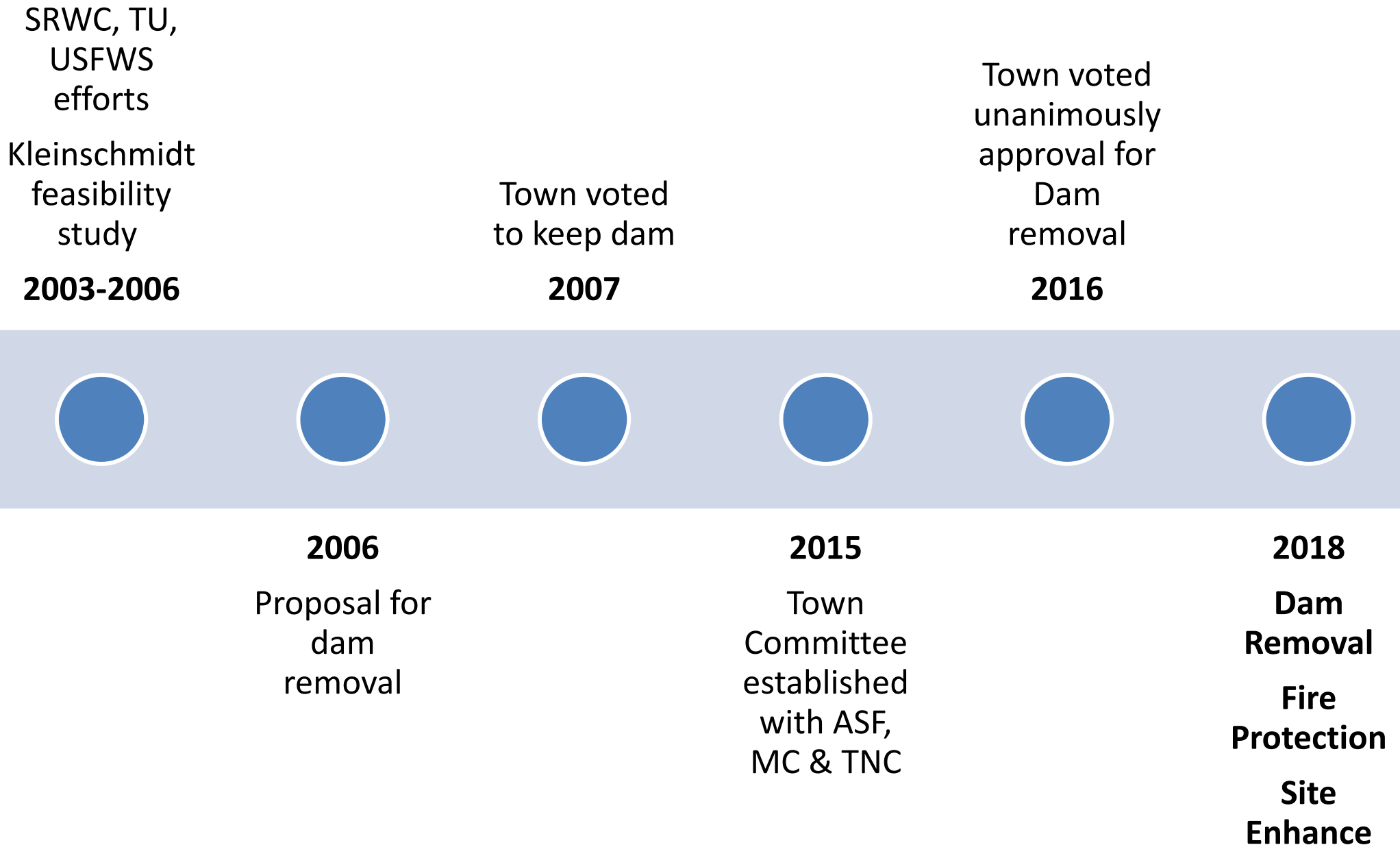


Maine IF&W  
constructs  
Denil  
Fishway  
**1960**





# Coopers Mills Dam Timeline





A photograph of a small dam or weir in a wooded area. The dam is made of concrete and has a small waterfall on the right side. The water is flowing over the dam, creating white foam. The surrounding area is filled with bare trees, suggesting a winter or late autumn setting. The sky is a clear, pale blue.

## Site Issues & Considerations

- Dam stability and repair
- Hydropower potential
- Long Pond impacts concern
- Fire Protection
- Fish Passage
- Historical Site Recognition
- Public Access



A photograph of a small concrete dam with water flowing over it, surrounded by bare trees and a blue sky. The dam is made of concrete and has a small spillway. The water is white and foamy as it falls over the dam. The surrounding area is filled with bare trees and branches, suggesting a winter or late autumn setting. The sky is a clear, bright blue.

## Site Issues & Considerations

- Dam stability and repair
  - *Kleinschmidt (2006): \$238,000*
  - *MBP Consulting (2015): \$360,000 to \$490,000*

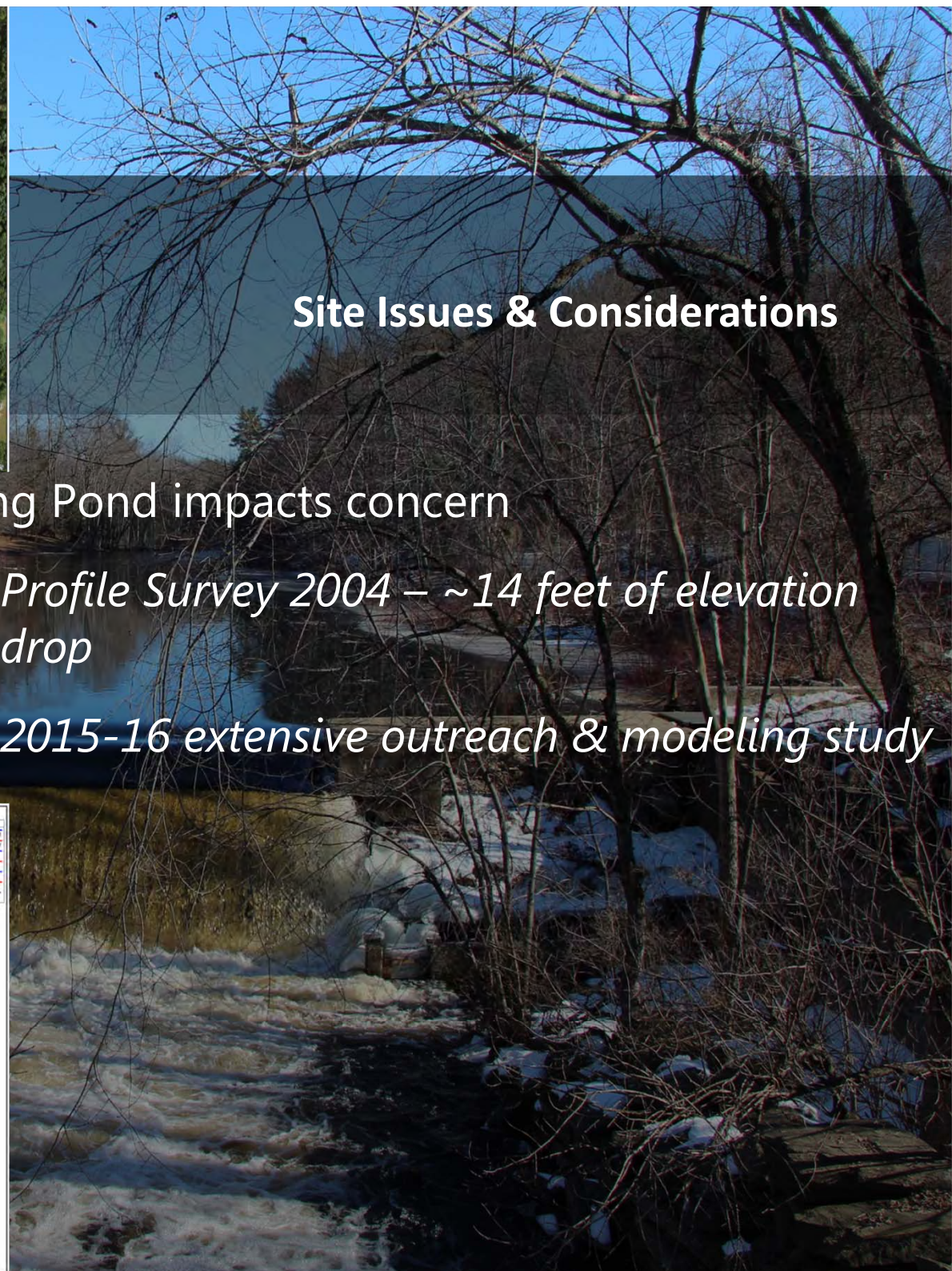
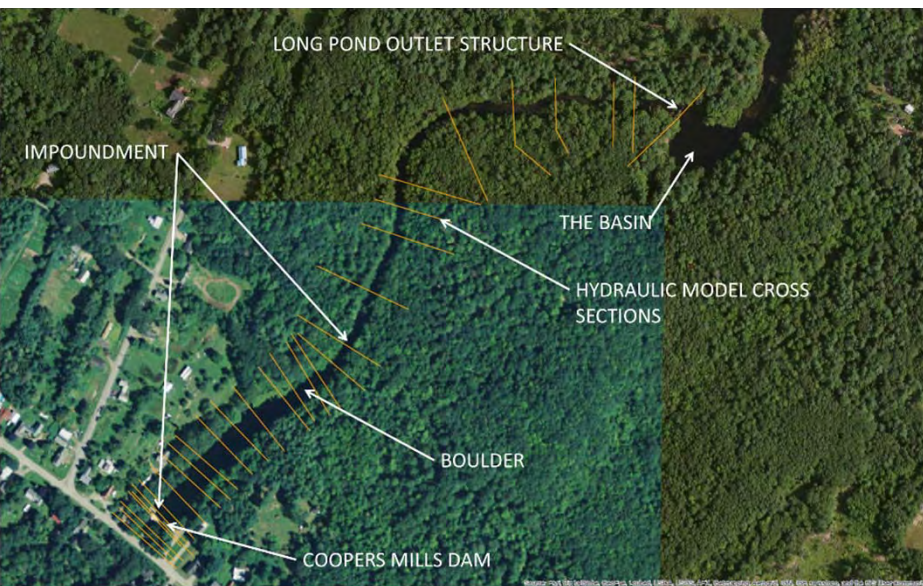




## Site Issues & Considerations

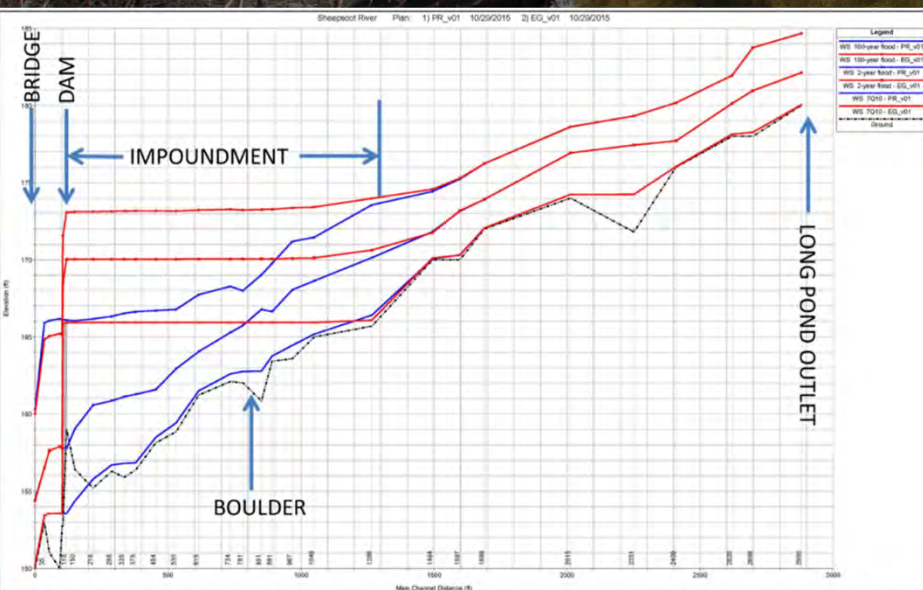
- Hydropower potential
  - *Gomez & Sullivan (2007)*
    - Development Cost \$3-\$4 million
    - Pay back 26 to 100 years
  - *Kleinschmidt (2015)*
    - Maine Hydropower Study
    - Installation Cost \$1.1 million
    - Pay back 36 years





## Site Issues & Considerations

- Long Pond impacts concern
  - *Profile Survey 2004 – ~14 feet of elevation drop*
  - *2015-16 extensive outreach & modeling study*







## Site Issues & Considerations

- Fire Protection
  - *Existing hydrant inoperable ~4 mos./year*
  - *Key criteria*
    - Winter fire load
    - Summer low flow lift and capacity
  - *Array of alternatives not accepted*
    - reliance on water level control structures
    - winter operations
    - Storage
    - Not in village center

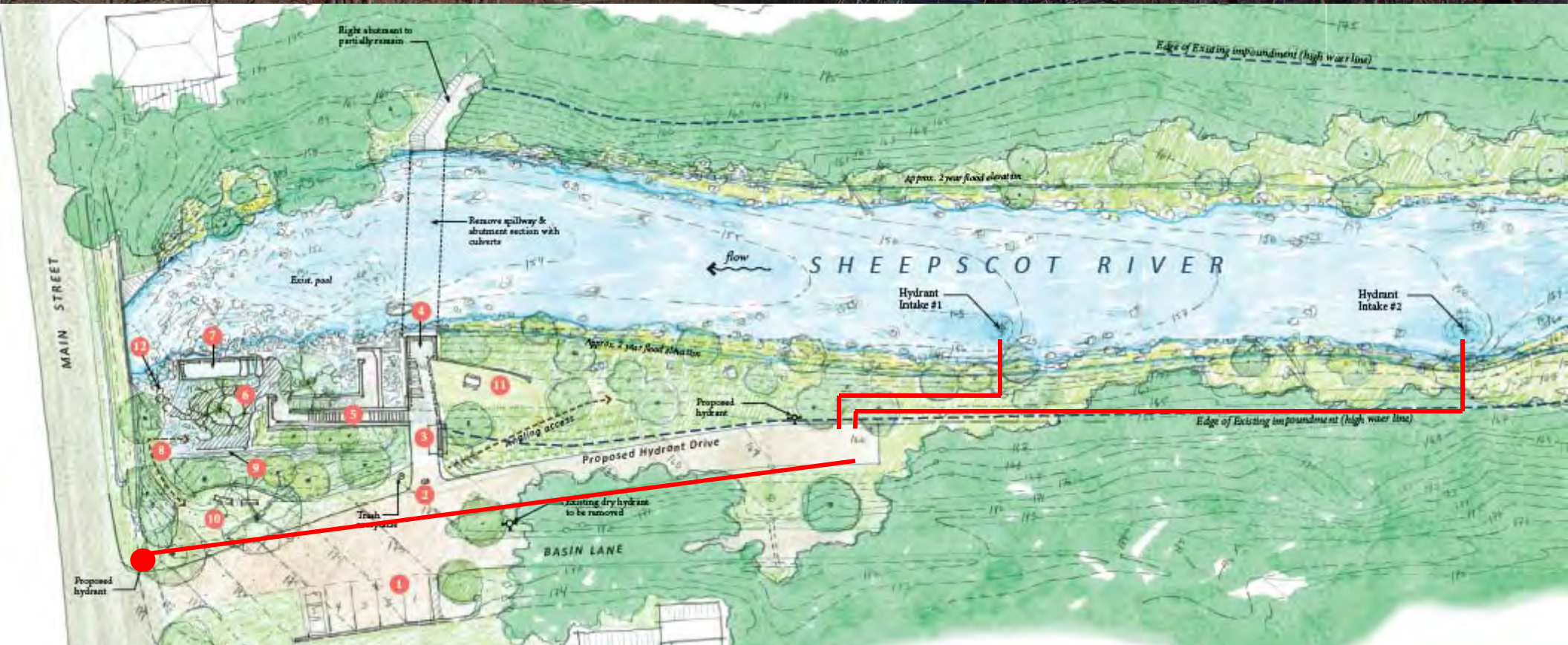




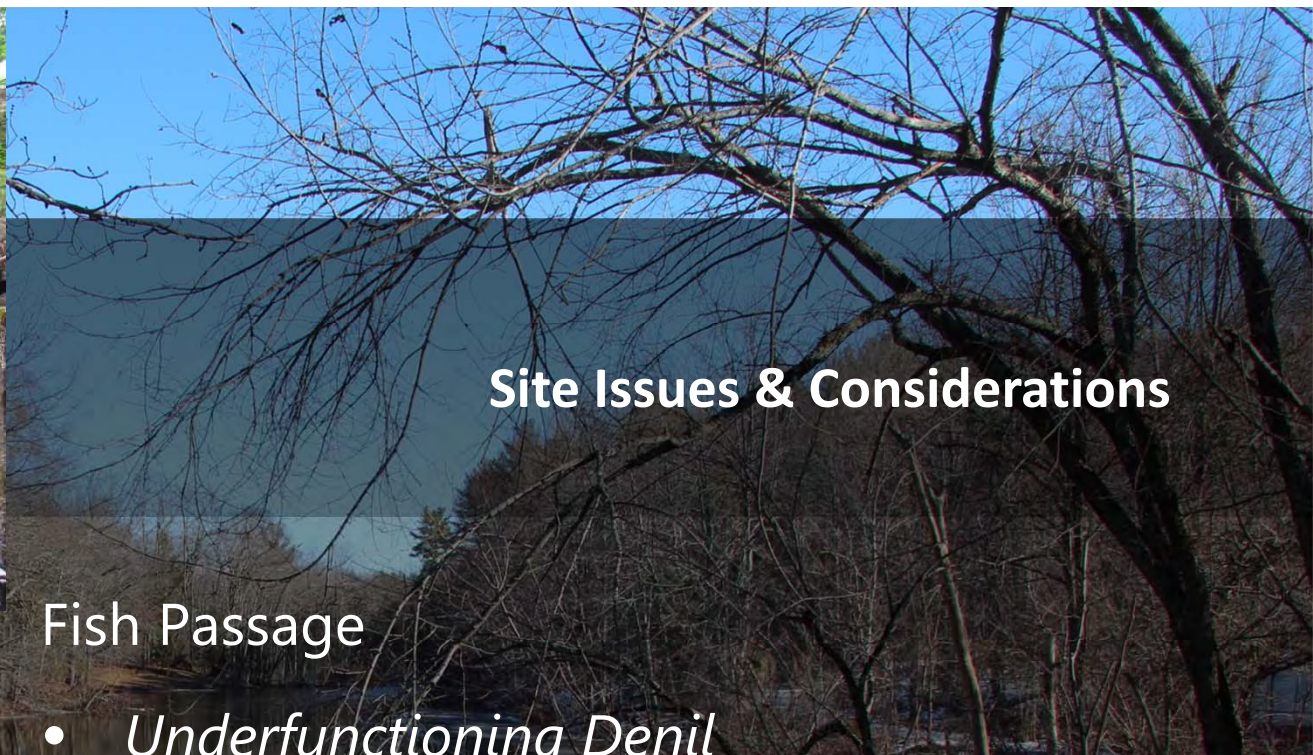


## Hydrant System Design

- Two hydrants on site
- Third hydrant in West Branch ~1 mile away

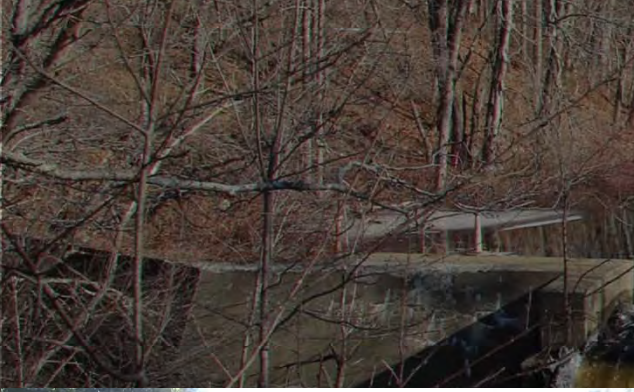






## Site Issues & Considerations

- Fish Passage
- *Underfunctioning Denil*
- *Downstream mortality*
- Dam Removal











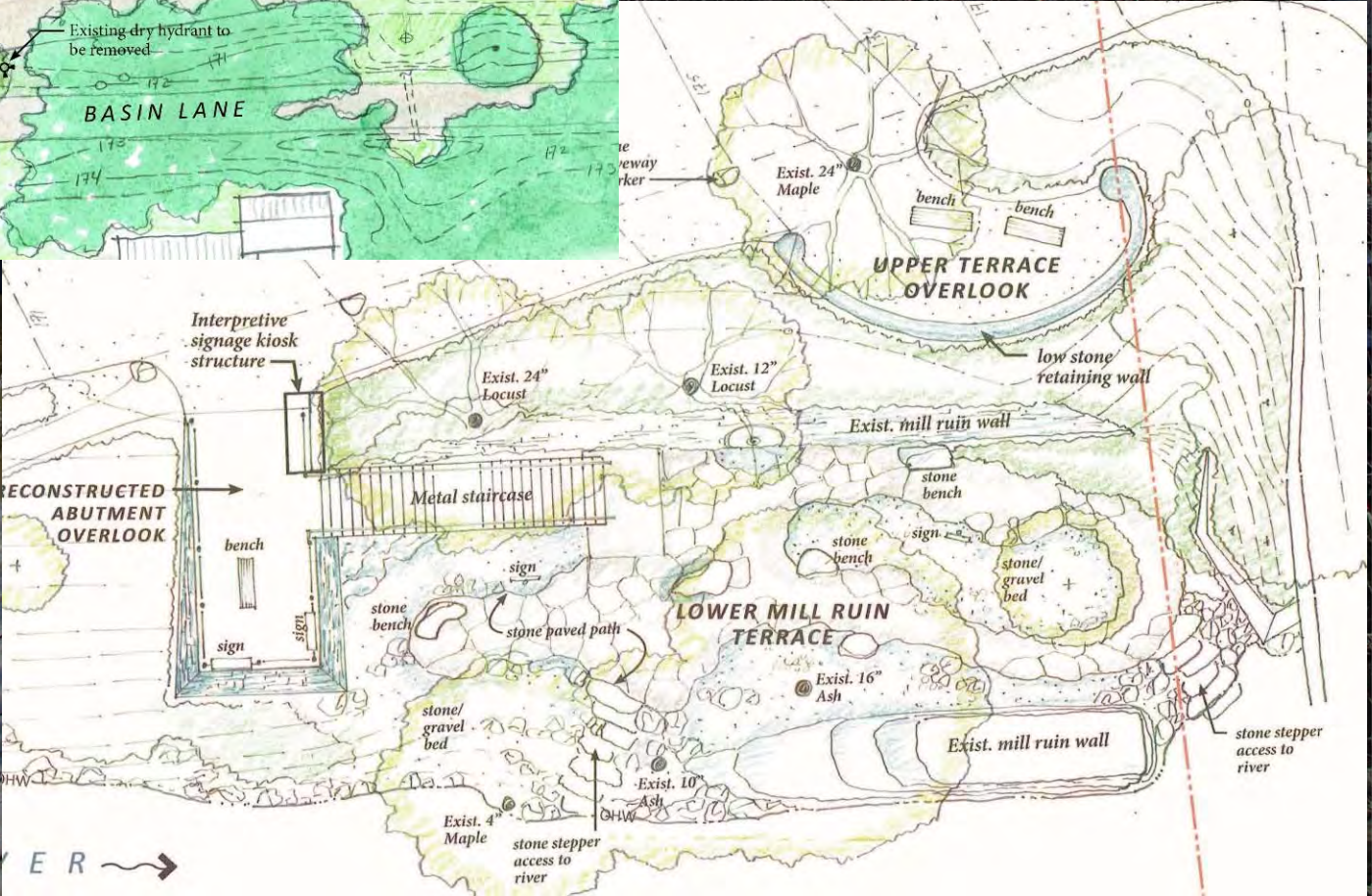
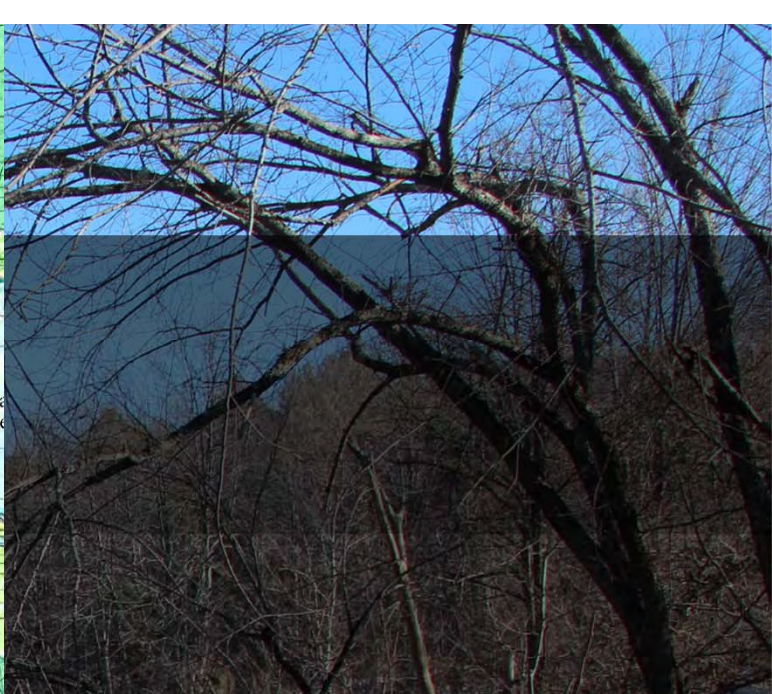
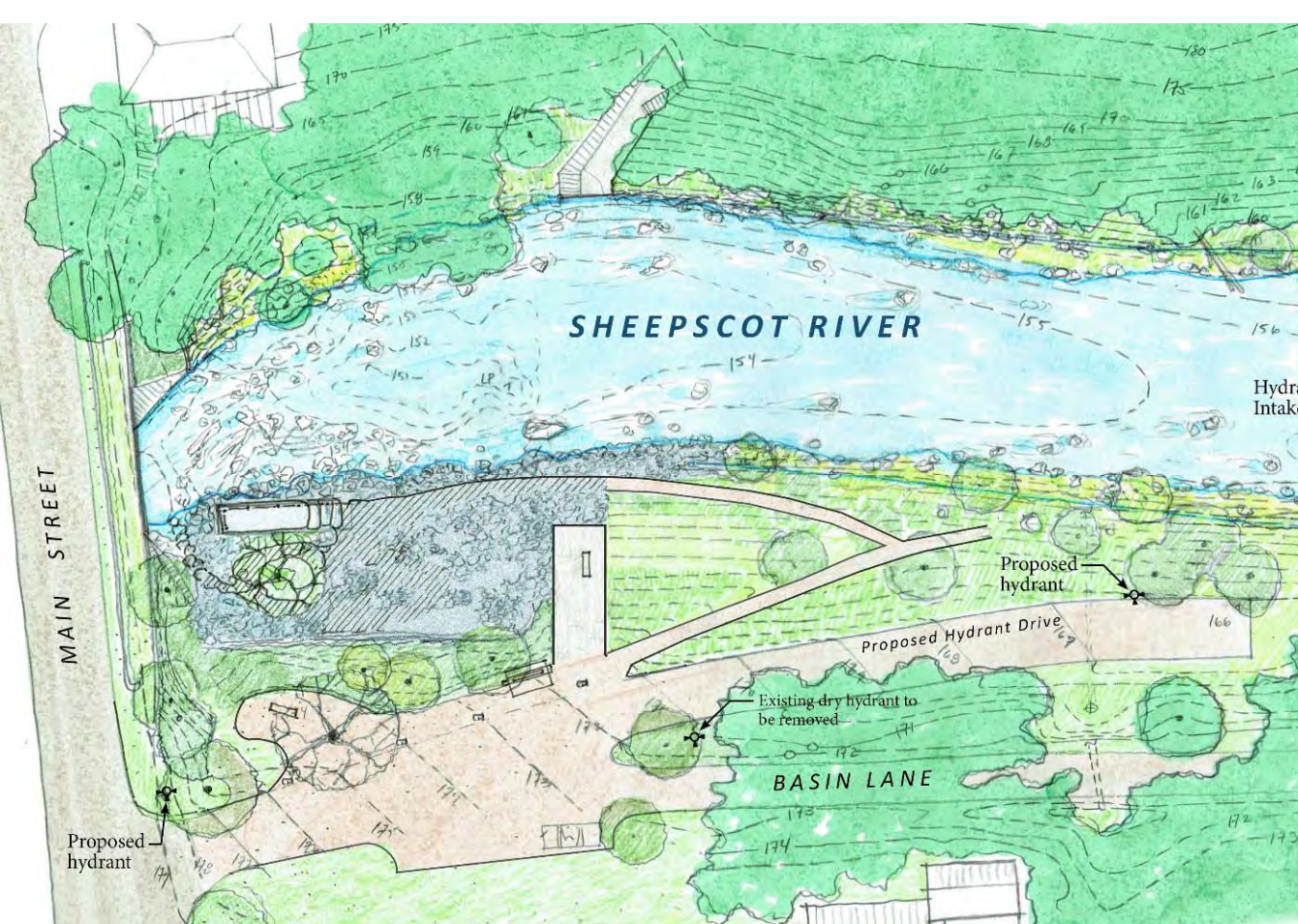




## Site Issues & Considerations

- Historical Site Recognition
  - *Retain selected features*
  - *Interpretive*
- Public Access & Site Amenity
  - *Derelict, ignored and overgrown site*
  - *Site lines, improve access, retain features*







Maine's rivers and streams, such as the Sheepscot, provided vital corridors for access to raw materials and the transport of manufactured goods from inland to sea. Vertical drops and geologically constricted points in the river made ideal locations for milldam sites, which harnessed water power for the region's early villages. From manufacturing agricultural goods—such as milling grain, and making barrels for apples—to converting white pine timber into construction materials—such as shingles and window frames—the mills and people along the Sheepscot River were hard at work.



Aerial view of Coopers Mills as published in the Kennebec Journal on January 12, 1937. Photographer: Gamet Publishing Company. Courtesy of Whitefield Historical Society.

## Era of Mills: River for Power



### Log Drives

Loggers were at work along the Sheepscot. Loggers on Drive, ca. 1900. Courtesy of Putnam Lumberman's Museum.

### U.S.S. Constitution

It was here that spars were cut and used as masts for the U.S.S. Constitution, a three-masted warship named by George Washington that is still afloat in Boston Harbor.



Mills Flanking Spillway  
View looking up the Sheepscot River towards the dam spillway in 1906. On the left was a shingle mill. On the right was a sawmill where the undershot wheel would have been housed. Photographer: Frank W. Cunningham. Courtesy of Whitefield Historical Society.

## Product of the Mills

Eli Putnam built the original Coopers Mills dam around 1804 and constructed a mill on each side of the river. Jesse Cooper and his heirs, for whom the village is named, purchased the dam in 1808. The mills changed hands many times. The last private owner of the dam was Chester Colby.



Logs spilling over Coopers Mills Dam. Courtesy of Whitefield Historical Society.



Coopers Mills dam spillway and view of sawmill along Basin Lane. The mill was removed in the 1950s, but remnants of this stone foundation wall remain intact today. Courtesy of Whitefield Historical Society.

## Decline of the Mills

Due to a flood in 1937 that damaged the dam, and to the declining supply of timber, the mills stopped operations in the 1940s. The Town of Whitefield purchased the dam and mill sites in 1949 from Chester Colby. The Town demolished the mill buildings in the 1950s. Most of the original stone foundations of the mills were removed at this time; however, two stone foundation walls still remain below this sign. The dam removal was completed in 2018, and the relic concrete abutment remains can be seen across the river from the viewing platform.



### Undershot Wheel

The undershot wheel mechanism captured the river's energy and was located in the mill on the right. The mill was first a gristmill but later converted to a saw mill. It made barrel heads, barrel staves, doors, window frames, and dayboards.

## Life vein from land to sea

Coastal rivers like the Sheepscot are critical links for fish that originate in ponds and streams, develop to adulthood in the ocean, and return to freshwater to deposit their eggs (spawn). Sea-run fish have existed in these rivers for thousands of years; Native Americans and European settlers depended on their abundance for food and fertilizer. The fish are also an important part of the saltwater and freshwater food chains and support a wide variety of birds and mammals along the river corridor.



### Watershed Wildlife

Life thrives throughout the watershed. Osprey, eagle, waterfowl, and mammals such as beaver and otters are attracted to the river to feast on its bounty. Its forested banks provide habitat for deer, songbirds, and other animals. The river supports seven species of freshwater mussels, at least five species of turtles, and hundreds of plant and tree species.

## Coopers Mills Fish

Atlantic salmon, river herring (alewives and bluebacks), American eels, sea lampreys and American shad have all been documented here at Coopers Mills. River herring are the base of the food chain, serving as prey for a wide variety of fish and wildlife along the river. Historically they were the most numerous and ecologically important fish in Maine's coastal rivers. Today a small commercial river herring fishery still exists, largely due to their spawning in Long Pond above this site.



River biologist tagging shad.

## Watershed Health

The upper sections of the Sheepscot are relatively pristine, and much of the river has the state's highest water quality rating. Nevertheless, the watershed faces issues such as nutrient runoff from the land, sedimentation from eroding banks, elevated water temperatures, reduced levels of oxygen, and various sources of pollution. Tree plantings, bank stabilization, pollution prevention, and improved land management are vital efforts to support the health of the Sheepscot River.

## Upstream Migration

Every year, adult sea-run fish—guided by smell or their 'homing' instincts—migrate from the ocean to freshwater rivers, streams, ponds and lakes to spawn, often at the very site where they hatched. Many of these fish will return to the ocean as adults only to come back the following year to spawn again. The Sheepscot is one of only eight Maine rivers that provide essential spawning grounds for the federally endangered Atlantic salmon.



White-tailed deer



## Spawning Grounds

Many sea-run fish spawn in the quiet backwaters of rivers and streams. Atlantic salmon prefer the cooler, gravelly headwaters while alewives require pond habitat to reproduce. There are thirteen historic alewife ponds in the Sheepscot watershed, though many remain blocked by impassable dams. With the removal of the dam at this site, schools of juvenile alewives can now freely migrate to the Atlantic Ocean, where they will grow into adulthood.



River otter





# Coopers Mills Construction Project

## Construction Dates

July 2018 to November 15, 2018

There will be limited river access and Monday – Thursday road closures of Basin Lane during construction

## Project Summary

This project will benefit the fisheries of the Sheepscot River while preserving the mill history of the site and maintaining a reliable water supply for local fire protection

## What to Expect

The Coopers Mills Dam will be removed, two new fire hydrants will be installed, historic mill foundations will be stabilized and protected, and a river viewing platform, educational signage, and other public use enhancements to the site will be constructed

## Point of Contact

For project updates, please visit the Town of Whitefield website or contact the Atlantic Salmon Federation at 207-725-2833 ext. 1



Coopers Mills Site Design (Modified for Construction Site Poster, July 6, 2018)

LVBrown Studio LLC



## Project Sponsor



## Project Design



## Project Contractor



















## Summary

- Collaborative approach yielded a win-win
- Patience over many years, with many partners, to systematically work through issues paid off
- Construction budget \$567,000



# Next Steps

BEFORE

2020

Branch Pond Dam

**88 miles**  
 of Freshwater Habitat  
 Connected to the Ocean

2021-2022?

Clary Lake Dam

Cooper's Mill Dam

2019

Head Tide Dam

**32 acres**  
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**907 acres**  
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 to Upstream Ponds

- Culverts - barriers and potential barriers
- Priority Phase I Dams
- Other Dams
- ~ Freshwater habitat connected to the ocean





Questions?

**Acknowledgements:**

*Town of Whitefield, ASF, Midcoast Conservancy, NOAA, MDMR, USFWS, TNC  
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