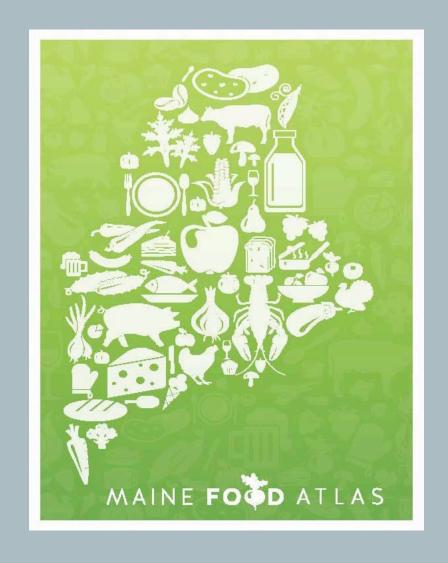
**Maine's Community Food Councils Spread Rapidly** and Create The Maine Food Atlas



### **Vision & Mission:**

The Maine Network of Community Food Councils (MNCFC) has a vision for our state to have resilient, vibrant and self-reliant local and regional food systems, so that all Maine communities will have enduring food sovereignty and our citizens will have access to healthy, local food.

Our mission is to increase the capacity of local level food systems efforts through collaboration, coordination and resource sharing, resulting in sustainable, sovereign food systems across the state of Maine.

## **Food Councils Spreading Across Maine**

- Hunger Free York County
- Portland Food Council
- Cumberland Cty Food Security Council
- Community Food Matters (Norway)
- Local Food Connection (Bethel)
- Good Food Council of Lewiston – Auburn
- Capital Area Food Council

- Merrymeeting Food Council (Brunswick)
- Lincoln County Food Council
- Waterville Area Food Council
- Bangor Area Food Council
- Washington Cty Food Council

### Start-up Conversations in:

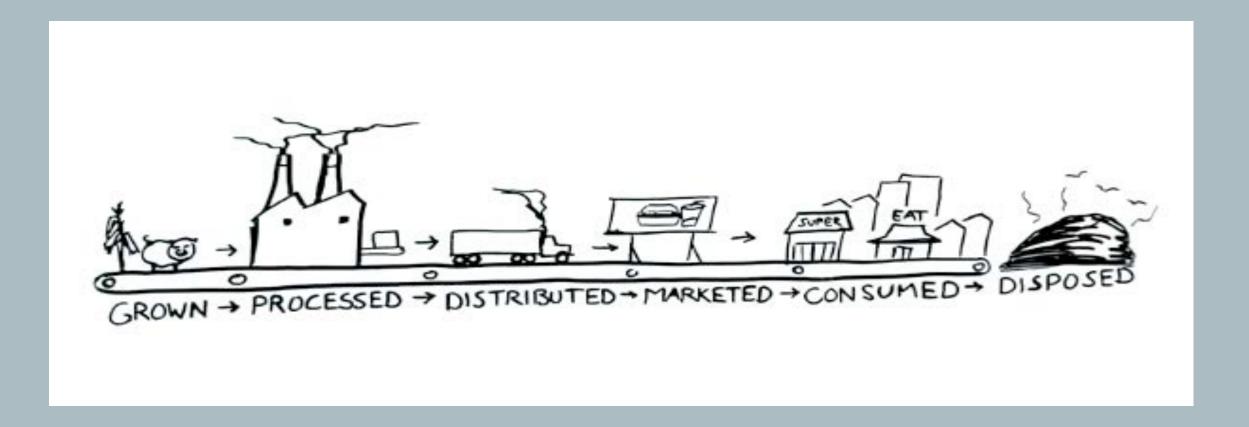
 Hancock County, Belfast, Rockland, North Conway, Dover Foxcroft

## What do Food Councils Do?

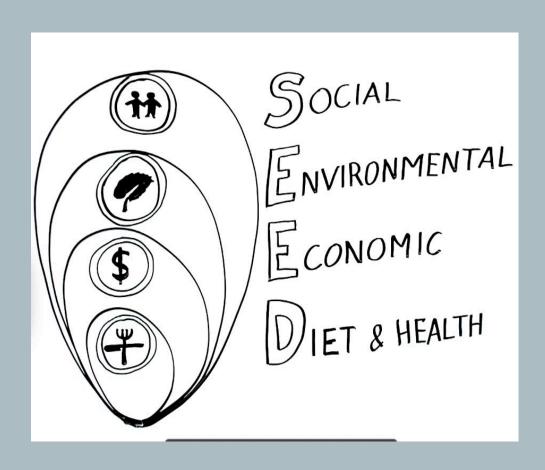
## Formative Stage:

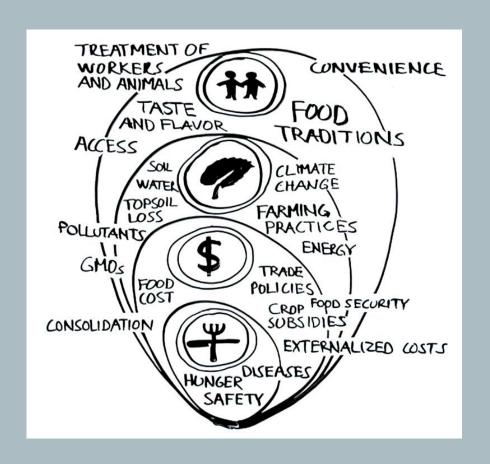
- Organizing
- Engagement
- Education How does Food System Work?
- Networking: knitting together across supply and values chains.

## Understanding Systems So we can identify Levers of Change



## Values & Impacts of our Food System:





## **Ongoing Community Education**





## **Assessing Local Food Systems**

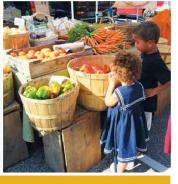
#### **COMMUNITY FOOD ASSESSMENT**

LEWISTON, MAINE 2013









Good Food Council of Lewiston-Auburn

Executive Summary

Access the report at www.goodfood4la.org

|Community|Food|Profile|| | for!| | Oxford|County|

Prepared by Laura Crossley land Ken Morse!
For Community Food Mattersland Local Food Connection!
with lsupport from:!
!the Maine Network of Community Councils!

the!Maine:Networklof!Community!Councils! &!theElminaB. Sewall Foundation!

## **Celebrating Community Foods**



#### FORK FOOD LAB

72 Parris Street, Portland

COME CELEBRATE!

HEAR FROM COMMUNITY SUPPORTERS AND LEARN HOW TO GET INVOLVED

MONDAY, JANUARY 30



LOCAL SNACKS, CASH BAR



## Launching Community Food Charters



#### L-A COMMUNITY FOOD CHARTER

#### Because we believe good food:

- Is safe and nutritious, enabling people to live healthy, active lifestyles, and helping children learn and play;
- Supports a strong local economy and a thriving food system;
- Is produced with respect for and provides livable wages to workers;
- Stewards and conserves natural resources for future food production; and
- Fits cultural and/or religious beliefs.

#### Statement of Commitment:

I/We support a Lewiston-Auburn community that values *good food* and honors our enduring values, rich cultural heritage, and the diverse needs of our population.

#### I/We will:



Strive for every member of our community to have a **food secure** future. No one in Lewiston-Auburn should go hungry.



Consider **local and sustainable agriculture** when making food decisions for ourselves and our families. Production systems should enhance healthy soil and clean water; similarly, economic systems should return a fair wage to labor and a fair income to farmers.



Enable **leadership** by all members of our community by sharing knowledge of *good food* and related resources and empowering individuals to take action.



Elevate *good food* **policy** by engaging and informing our local officials and leaders, lifting up examples of what works in other places, and using the definition of *good food* to evaluate relevant legislation and policy decisions.



Support the preservation of working landscapes and development of community infrastructure that enhances production of and access to good food.

# Food Councils' Grassroots Activities Moving from Planning to Action

- Farm to School
- Gleaning Projects
- Seed Saving
- Seed & Tree Orders
- Municipal Food Policies
- Growers Directories
- Edible Main Streets

- Food Security & Access
- Support Fisheries
- Local Composting
- Support Co-ops
- Shared Metrics

### **Maine Food Atlas**

## launched as tool for understanding community food systems

- Maine Food Atlas
- Crescent Run Farm
- Wolfe Neck Farm
- Alan Day Community Garden
- Good Shepherd Food Bank
- Sheepscot General Store
- Gardiner School Nutrition
- Fiddlestick Farm

## **Food Atlas Improvements**

- 10,000 map points in 3 years
- Mapping Workshops around Maine
- Key Word Searches
- Partnership Council
  - Atlas views on Affiliate Websites
  - Integration with other food maps, eg. Get Real, Get Maine, Local Catch
- List Printing Tool