



**Maine Parent Federation**  
Since 1984... because every family matters



# FAMILIES & YOUTH IN TRANSITION CONFERENCE

This conference is for the families of youth and youth ages 14 and up with emotional and behavioral health needs, special needs, and special health care needs who are transitioning from high school to adult life. Breakout sessions addressing the specific needs of families and youth will be offered.

**Saturday, March 10, 2018**  
**8:00am-3:30pm**  
**Maine General Medical Center**  
**35 Medical Center Parkway**  
**Augusta, ME**

**REGISTER ONLINE AT**  
[www.crisisandcounseling.org/famconf](http://www.crisisandcounseling.org/famconf)

## Questions?

G.E.A.R. Parent Network 1.800.264.9224  
Maine Parent Federation 1.800.870.7746

*With Thanks to Our Sponsors!*



## ABOUT THE KEYNOTE



Mike Veny is one of America's leading mental health speakers and a high-energy drum circle facilitator. He delivers educational, engaging, and entertaining presentations to conferences throughout the world. His mission is to empower people to connect authentically.

## CONFERENCE SCHEDULE

8:00am Registration Opens  
8-9:00am Social Hour: Check In, Socialize & Visit Vendor Tables  
*Continental Breakfast Provided*

### MORNING BREAKOUT SESSIONS

#### Family Track

9:15-10:30am Transition Planning  
10:45-noon Panel Q&A

#### Youth Track

9:15-10:30am Self-Advocacy & the Legislative Process: Parts 1 & 2  
10:45-noon Youth Peer Support

### MIDDAY SESSION

noon-2:00pm Lunch & Keynote  
*Boxed Lunch Provided*

### AFTERNOON BREAKOUT SESSIONS

#### Family Track

2:15-3:30pm Surviving Transition: Self-Care is Never Selfish!

#### Youth Track

2:15-3:30pm Vocational Rehab  
3:30pm Conference Ends

*Return Evals to Receive Certificate*