

Autism Caregivers Support Network of Eastern Maine

Peer Support Meeting

Special Children's Friends

78 Union Street

Ellsworth, ME 04605



We gather on the third Wednesday of each month

5:30–7:00pm

Adults only ~ free childcare on site with advance notice!

Cost: free (donations graciously accepted to cover the cost for materials, etc.)

Call Laurie at 667-9101 or Tess at 266-0072

or email support@pyramidcounseling.com for more information.

About the meetings

This informative monthly meeting is intended to provide support and resources to those caring for someone on the autism spectrum. Topics will include: dealing with maladaptive behaviors, outbursts, poor nutrition, social struggles, embarrassment, accompanying disorders, unpleasant emotions, self-care, accessing services, educational needs, developmental challenges, special occasions, etc. More topics will be developed as needed. Guest speakers will also be offered from time to time. The meetings are facilitated by two fully credentialed therapists but this is not a therapy group. We are all in this together. Welcome!