



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FAMILY TIME WELL SPENT



## Autism Family Swims WALDO COUNTY YMCA

Starting April 2017

An inclusive family swim  
environment for families and  
children with Autism  
Spectrum Disorder.

Swim times take place in our  
therapy pool during quiet pool  
times to be inclusive of  
swimmers who have  
hypersensitivity to noises  
or large group activities.

### SWIM TIME:

Tuesdays 2:00-3:00 p.m.

Wednesdays 6:30-7:30 p.m.

Fridays 2:00-3:00 p.m.

### Autism Family Swim Sign ups:

*Spaces are limited and must be reserved at our Front Desk.*

Spaces are reserved on a first come, first serve basis  
and can be made up to two weeks in advance.

*Payment must be made at the time of reservation  
if a non member.*

#### WALDO COUNTY YMCA

157 Lincolnville Avenue, Belfast ME 04915

P 207 338 4598 F 207 338 2505 [www.waldocountyyymca.org](http://www.waldocountyyymca.org)

The Waldo County YMCA is a 501(c)(3) Charitable Organization

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