

Teen Social Group

This group is designed to address the many social issues faced by youth (ages 11-18) who have been diagnosed with Autism Spectrum Disorder. Areas that we focus on include: improving youth's sense of belonging and ownership, providing an environment for youth to learn and apply essential social skills through group activities like playing games or creating games, providing youth with a safe and supportive environment in which they can interact with other youth that have similar challenges, and by providing safe opportunities for youth to engage in community based activities. We may divide the group if there is a big enough age difference.

WHEN: Friday October 13th at 6:00 pm to 8:00 pm

Friday November 17th at 6:00 pm to 8:00 pm

Friday December 15th at 6:00 pm to 8:00 pm

WHERE: Autism Society of Maine, 72B Main Street, Winthrop

Requirements for the Youth Group:

- Youth must be between the ages of 11-18 years
- Youth must have a diagnosis of Autism Spectrum Disorder
- Youth must be willing to verbally communicate with others to get the most benefit out of the group
- Youth must have a responsible adult with them when attending group or events
- All electronics (cell phones, iPods, Game Boys, DS games, laptops etc) must be left at home. Please DO NOT bring them to group.

NEW to the group:

Please call the office prior to attending for first time. We would like to find out more about the teen and provide you with information about the group.

Parent/Guardian Group:

While the youth are attending their group, Cathy Dionne will hold a parent/guardian group meeting to talk about the "Need to Know" information about Health Care, Education System, Laws & Legislation changes, and much more. She will provide parents with information that every parent should know to help them navigate our systems. *This may not happen each time but will try to plan a time within the 2 hours allotted.*

There is no cost to join this group. All crafts and games will be provided by ASM. Snacks will be provided please let us know if there is a food allergy.

If you have questions please feel free to contact Cathy at asm@asmonline.org or 1-800-273-5200

We Hope To See You There!