



**Man enough  
to walk a mile  
in her shoes**

# Walking to end violence against women

You can't begin to understand a person's experience until you've walked a mile in her shoes.

## Male Athletes Against Violence



Violence is a way of asserting power, privilege and control. Men perpetrate the majority of violence, and yet this issue is usually framed as a woman's issue. Change will come when we challenge the social norms and institutions that actively or implicitly condone and promote violence. MAAV is an effort to involve men so that we can begin to understand that violence is very much a "man's issue." To contact Male Athletes Against Violence, visit [umaine.edu/maav](http://umaine.edu/maav) or call 207.581.3138.