Welcome to UMaine!!!

Office of International Programs Virtual Open Office Hour

We are excited to meet and get to know our incoming students! We know that students will be arriving at different times throughout the week. We have scheduled a virtual office hour each day from January 10-14. Please feel free to drop in during these hours.

January 10-14 Open Office Hour 11 am - 12 pm. Visit https://umaine.edu/international/ for the Zoom link

Urgent or Emergency Communications After Hours

From January 10-16, if you need to get in touch with a staff member from the Office of International Programs when the office is closed, you can use the following methods of communication if you have an emergency or urgent need. We will try to respond to your communication as quickly as possible or within 90 minutes.

For Residence Hall lockouts or questions call the University of Maine Campus Police and they will connect you to your Resident Assistant: 207-581-4040

For other urgent matters requiring a response from OIP:

Call 207-581-3437- your call will be forwarded to a staff member from 7 am to 11 pm.

Email umaineimmigration@maine.edu - staff will be monitoring it from 8 am to 10 pm.

OIP WhatsApp Group

Join the Spring 2022 WhatsApp group at https://chat.whatsapp.com/HoltQ1ZHii902ZZqjiJwQ

Connect with other incoming students and OIP staff members.
If you return your arrival form to OIP and arrive on the designated arrival days (January 10-11) you will be met by a UMaine representative at the airport, bus station or hotel who will assist you in getting to campus. You must observe the quarantine and testing procedures outlined below if applicable to you.

**Arrival and Move In**

**On-campus Residents:**
We will get you into your room as quickly as possible.

A COVID 19 self testing kit will be provided in your room with detailed instructions on how to administer the test and where to submit the sample. Please take the test and drop your sample as soon as possible. You need to quarantine in your room until you receive your negative test results. You are allowed to come to the sessions to get food or vouchers but do not stay if you do not have a negative test result.

Bed linens and towels will be provided for the beginning of your stay but must be returned by the first week of classes. You will have an opportunity to buy linens and towels during our shopping trip.

Meals will be available at the Bears Den in the Memorial Union. Meal vouchers will be provided by OIP for most meals. You will receive your voucher at the orientation sessions each day.

**Off-campus Residents:**

Off campus residents should go directly to their living quarters. You should email a copy of your negative COVID 19 PCR test result to um.covidtesting@maine.edu email box as soon as possible. If you are not using OIP arrival services, please drop in during the virtual open office hour from 11:00 am to 12:00 pm the following day to let us know that you have arrived safely. You can find the link to the open office hour at umaine.edu/international.

You should register for a COVID 19 test on campus as soon as possible. The test is free and you can get more information about registering at https://www.maine.edu/information-technology/pointnclick-web-app/

**Quarantine Requirements for ALL New Students**

**FULLY VACCINATED** students DO NOT need to quarantine after their arrival. Fully vaccinated means that you have received a full course of an FDA or World Health Organization (WHO) authorized vaccine and at least 2 weeks have passed since the last dose.
For more information about which vaccines are accepted at the University of Maine visit: [https://www.maine.edu/together/community-guidance/students/](https://www.maine.edu/together/community-guidance/students/)

**UNVACCINATED** students **MUST** quarantine for 7 days upon arrival to the US. The US follows a “self-quarantine” model which means that individuals should remain in their home during this time and limit exposure to other people as much as possible. There is no formal monitoring system. The system is based on the honor system and it is important to comply to keep the community safe.

**Vaccines and On-going COVID-19 Testing**

**Mandatory Vaccinations**

**COVID 19 vaccines are REQUIRED for ALL students studying at UMaine.** Vaccinated students should upload a copy of their proof of vaccination via the secure portal. To use this portal you will need to be sure that your UMaine accounts are activated. You can access the portal at [https://www.maine.edu/information-technology/pointnclick-web-app/](https://www.maine.edu/information-technology/pointnclick-web-app/)

If you are NOT vaccinated you will be required to get a vaccine as soon as possible after arrival or apply for an exemption. Information about vaccination clinics will be posted at [https://umaine.edu/return](https://umaine.edu/return). **OIP will also send you updates as the information becomes available.**

**COVID 19 Booster Vaccination**

Early in the spring 2022 semester COVID 19 booster vaccinations will also be required for ALL students unless an exemption is applied for and granted. The University and OIP will send updated information on where to get your booster vaccinations and deadlines.

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**Attendance at In-person Events**

We have both virtual and in-person events scheduled for the week of Orientation. **You MUST BE FULLY VACCINATED OR HAVE COMPLETED QUARANTINE TO ATTEND ANY IN-PERSON EVENTS, INCLUDING YOUR CLASSES.**

If you are a late arrival and will not be able to attend your classes in-person for any amount of time please contact the Office of International Programs at umaineimmigration@maine.edu for assistance in notifying your academic department and arranging accommodations.
**Orientation Schedule January 11-15**

**Tuesday, January 11**

2:00 pm to 3:00 pm  **Social Hour - Virtual**

Hop on a Zoom call with Fran, our friendly and helpful Graduate Assistant for International Programming. Learn more about what goes on during the semester outside of classes or just chat and ask questions on any topic.

**Join Zoom meeting here** https://maine.zoom.us/j/84489041325

6:30 pm  **New International Student Social & Winter Coat Giveaway - 57 Stodder Hall**

Join OIP staff, new students and returning students for a hot meal in 57 Stodder Hall. This is the kick-off for the official International Student Orientation program and a great way to meet one another in an informal setting before the Orientation program begins. We will also have FREE winter coats for those who would like one, and you will receive your meal vouchers for breakfast and lunch on Wednesday.

**Wednesday, January 12**

8:30 am to 9:15 am  **Breakfast at the Bears Den in the Memorial Union**

Use the voucher you received on Tuesday or see the OIP representative who will be at the Union from 8:30 to 9:00 am. Be sure to get to a computer in time for the morning virtual session.

9:30 am to 12:00 pm  **Welcome and MANDATORY SESSION - Virtual**

**Join Zoom meeting here** https://maine.zoom.us/j/83514923997

Meet the staff members from the Office of International Programs and the International Student Association leaders followed by an overview of F-1 and J-1 immigration regulations. This MANDATORY session will tell you all you need to know about how you can maintain your legal status in the US. You will also receive instructions on how to do the check-in procedure and document upload via our e-OIP immigration portal.

12:00 pm  **Lunch at the Bears Den in the Memorial Union**

Use the voucher you received on Tuesday or see the OIP representative who will be at the Union from 12:00 to 12:30 pm.
2:00 pm  Shopping Trip - Meet at Union Central, Memorial Union - Registration Required
Students who are fully vaccinated will be transported to a local department/grocery store where
they can buy sheets, blankets, school supplies, food items and other necessities for their first
weeks of the semester. We will meet at Union Central which is on the main floor near the exit to
the bus pick up area. Look for an area with a fireplace and piano.

*Dinner will be provided at a local restaurant for those on the shopping trip.*

Registration is required for this event.
https://docs.google.com/forms/d/e/1FAIpQLSediPUDli4Dd83szj7uiQDiOMH0GpljwGHNiG9WXb
Vvu1-R4A/viewform

5:00 pm to 6:30 pm  Dinner Dinner at the Bear’s Den on your own or with friends. Use the
voucher provided by OIP on Tuesday or see the OIP representative who will be at the Union
from 5:00 to 5:30. *Remember the Bear’s Den closes at 6:30 pm.*

**Thursday, January 13**

8:00am - 9:00 am  Breakfast - Lown Room, Memorial Union
Come to the Lown Room in the Memorial Union to pick up your breakfast voucher, get your
breakfast in the Bear’s Den and we will eat together in the Lown Room.

9:00 am - 10:15 am  Academic and Student Services Activity
US universities offer a variety of academic support services that will help you to be successful in
your academic pursuits. This fun, interactive activity will help you learn more about the
academic support services offered at UMaine.

10:15 am Break

10:30 am - 12:00 pm  Campus Safety - Lown Room, Memorial Union
Congratulations! You picked one of the safest schools in the US. However, college life
anywhere presents circumstances that might put you and your friends at risk. Learn how to be
safe and stay safe on campus and in the surrounding communities.

12:00 pm  Lunch at the Bears Den in the Memorial Union
Use the voucher you received in the morning session or see the OIP representative who will be
at the Union from 12:00 to 12:30 pm.
2:00 pm to 3:00 pm  Social Hour- Virtual
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5:00 pm to 6:30 pm  Dinner
Dinner at the Bear’s Den on your own or with friends. Use the voucher provided by OIP in the morning session or see the OIP representative who will be at the Union from 5:00 to 5:30. Remember the Bear’s Den closes at 6:30 pm.

Friday, January 14

8:00am - 9:30 am  Breakfast - Lown Room, Memorial Union
Come to the Lown Room in the Memorial Union to pick up your breakfast voucher, get your breakfast in the Bear’s Den and we will eat together in the Lown Room.

9:30 am - 11:00 am  Classroom Culture and Academic Advising- Lown Room, Memorial Union
For undergraduate and exchange students. Learn what to expect in an American classroom and how to be successful in the US higher educational system.

11:00 am -11:15 am  Break

11:15 am - 12:00 pm  Helpful Campus Services and Wrap Up- Lown Room, Memorial Union
This session will offer information about UMaine Dining Services, Cutler Health Center and other vital services on campus. We will also offer final thoughts and answer remaining questions on any topic.
12:00 pm  Lunch at the Bears Den in the Memorial Union
Use the voucher you received in the morning session or see the OIP representative who will be at the Union from 12:00 to 12:30 pm.

1:30 pm  Visit the Hudson Museum- Meet in the lobby of the Collins Center for the Arts
The Hudson Museum maintains a collection of over 9,000 ethnographic and archeological objects including a world class assemblage of Pre-Columbian ceramics, lithics and gold work dating from 2000 BC to the time of the Spanish Conquest. This collection is complemented by contemporary ethnographic objects from Mexico, Guatemala and Panama.

5:00 pm to 6:30pm  Dinner
Dinner at the Bear’s Den on your own or with friends. Use the voucher provided by OIP in the morning session or see the OIP representative who will be at the Union from 5:00 to 5:30. Remember the Bear’s Den closes at 6:30 pm.

Saturday, January 15

On campus residents- Your dining plans will be active. Use your Maine Card to “swipe in” to the facility. Hilltop Dining Hall will be open. Check https://umaine.edu/dining/hours/ for hours of operation.

6:00  Pizza and Planetarium Show- Versant Planetarium- Registration Required

All new students are invited to come to the Versant Power Astronomy Center to have pizza and watch ‘Space Aliens - Looking for Life in the Universe’.

Registration for this event is required- https://docs.google.com/forms/d/e/1FAIpQLSc6ENnNPzClBlhIVhXUoQh1XE_IV1IPiVR7YcY4jE A_lq-BuQ/viewform?usp=sf_link