



Statement of Compliance with Exchange Visitor (J visa) Health Insurance Requirement

I have been informed that medical insurance coverage is mandatory for the duration of my J-1 program in the United States. I understand the medical insurance requirements as stipulated by the federal regulations promulgated by the United States Department of State and listed on the reverse side of this form.

I certify that I have enrolled in – or will immediately enroll in – an insurance plan or contribution to plans that meet all the U.S. Department of State specifications. I further certify that I have enrolled all my J-2 dependents or will enroll any J-2 dependents who may join me later. I am aware that my family and I must maintain qualifying health insurance which meets all these requirements for the duration of our J program.

I also understand that if I willfully fail to obtain and maintain adequate medical insurance, the University of Maine may terminate my participation in its Exchange Visitor Program and may notify the U.S. Department of State that my program has been terminated. Such action will result in the loss of my lawful immigration status in the United States.

Signature _____ Date _____

Name (please print): _____

University of Maine ID number: _____

Are you a student or scholar?

☐ Student ☐ Scholar (*Professor, Researcher or Short-Term Scholar*)

Please return this form as soon as it is signed to:

Office of International Programs
5727 Estabrooke Hall, Room 240
Orono, Maine 04469

Exchange Visitor Insurance Requirements

Program participants and their dependents are required to have medical insurance coverage with the following minimum benefits [22 CFR 62.14].

- Medical benefits of at least \$100,000 per accident or illness
- Repatriation of remains in the amount of \$25,000
- Expenses associated with the medical evacuation of the exchange visitor to his or her home country in the amount of \$50,000
- A deductible not to exceed \$500 per accident or illness.

The insurance coverage must be in effect during the period of the program. An insurance policy secured to meet the benefits requirements must be underwritten by an insurance corporation with an A.M. Best rating of "A-" or above, an Insurance Solvency International, Ltd. (ISI) rating of "A-I" or above, a Standard and Poor's Claims Paying Ability rating of "A-" or above, or a Weiss Research, Inc. rating of B+ or above. Alternatively, the sponsor may ascertain that the participant's policy is backed by the full faith and credit of the government of the exchange visitor's home country.