

Cigna Employee Assistance Program Presents:

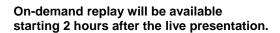
Life After Work: Envisioning Retirement

Wednesday, July 8, 2015 at 2pm ET/1pm CT/11am PT

Ready, set, retire! If only it were that easy! Many of us have retirement dreams, but without planning, they may never be a reality. Join us for a discussion that goes beyond finances. We'll talk about health and wellness, finding purpose, and facing change with resilience. Learn what you need to do now to make your dreams come true.

Log in to register for this seminar at:

www.media-server.com/m/go/CignaEAPWellnessSeminars



CERTIFICATE OF ATTENDANCE available!

Seminar registration also available by scanning QR code below:



No matter what you need, chances are we can help. Best of all it's free.



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