



**WE CAN
HELP YOU
WITH THAT**

Cigna Employee Assistance Program Presents:

Life After Work: Envisioning Retirement

Wednesday, July 8, 2015 at 2pm ET/ 1pm CT/ 11am PT

Ready, set, retire! If only it were that easy! Many of us have retirement dreams, but without planning, they may never be a reality. Join us for a discussion that goes beyond finances. We'll talk about health and wellness, finding purpose, and facing change with resilience. Learn what you need to do now to make your dreams come true.

Log in to register for this seminar at:

www.media-server.com/m/go/CignaEAPWellnessSeminars

**CERTIFICATE OF
ATTENDANCE
available!**

**On-demand replay will be available
starting 2 hours after the live presentation.**

Seminar registration also available

by scanning QR code below:



**No matter what you need, chances are we can help.
Best of all it's free.**



Offered by: Connecticut General Life Insurance Company or Cigna Health and Life Insurance Company.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna Behavioral Health, Inc., and HMO or service company subsidiaries of Cigna Health Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

Use and distribution limited solely to authorized personnel. 88075515 09/14 © 2014 Cigna