

Upcoming Events

Paddle Boarding on the Stillwater: Every Wednesday – September 26

- Join Maine Bound for stand up paddle boarding every Wednesday from 3pm – 6pm. The cost is \$5 per board, per hour. It is first come, first serve and you will meet in the Steam Plant parking lot near the boat ramp.

Wellness Workshop: September 19

- The Wellness Workshop is a way for you to learn about mindfulness while also learning how to incorporate it into your everyday life. Registration is located in the Recreation Center at the front desk.

Family & Friends Weekend: September 21 - 23

- Current UMaine students are welcome to invite their friends and family for a fun-filled weekend!

Common Ground Fair: September 21 – 23

- An annual event in Unity, ME, the Common Ground Fair is a chance to explore the agricultural and rural traditions of Maine! With plenty of animals to pet, food to eat, and treasures to purchase, there is something to enjoy for everyone! Gates open at 9am each day. Cost is \$10 in advance, \$15 at the gate.

Visit MOFGA.org to learn more.

Katahdin Knife Edge Hike: September 30

- Join Maine Bound on a hike along the Cathedral trail to surmount the three pillars on the beautiful Mt. Katahdin. The cost for members is \$40 and the cost

Living Green... Is it Possible in Residence Halls?

Of course it is! Here are some suggestions for reducing your impact on the environment while living on campus.

- **Recycle:** each room is equipped with 2 zero-sort recycling bins, so use them!
- **Reduce:** Turn off lights and electronics when you leave your room.
- **Reuse:** Reuse old paper and other materials.
- **Donate:** Donate old clothes, books, and other items to charity.



Orono Farmers Market

- Every Saturday from 8am-12pm and Tuesdays 2-5:30pm in the Steam Plant lot.



Want to get more involved?

Follow us on social media!

 facebook.com/UMaineGCI

 [@UMaine_GCI](https://twitter.com/UMaine_GCI)

 [@GreenCampusInitiative](https://www.instagram.com/GreenCampusInitiative)

Fall Break Sustainability!

Sustainable Travel:

- Bring your own reusable bottles/mugs to stay hydrated and alert during your trips.
- Pack your own snacks in reusable containers to avoid food and packaging waste.
- If you plan on staying in a hotel, leave your "Do not Disturb" sign on the door to avoid excess cleaning-which helps save electricity, water and cleaning products!
- Use electronic tickets as opposed to printing!



Transportation:

- Carpool with people who live near you or will be driving by your town!
- Use local bus systems like the Community Connector (free with Maine Card) to take you to the airport, other bus stations or towns close to your home!



Unplug!

- Unplug things you normally leave plugged in, like your refrigerator, coffee maker, lamps, TVs and chargers to save electricity while you're away for the long weekend.



Upcoming Events!

Orono Contra Dance (Saturday, October 6th, 7:30-10:30_{pm}) 2018)

- Dance with the Orono Contraband and caller Bill Olson, who will teach all the dances. Beginners welcome! FREE for UMaine students! Check it out on Facebook.

Fall Break October 6th-9th (No Classes)

Classes dropped on or before October 4th will not appear on your transcript.

Fall Fun!

'Tis the season for apple picking, pumpkin harvesting, and getting lost in corn mazes! There are several orchards around the state of Maine where you can make the most of the autumn season. Visit maineapples.org to plan your adventure.



Hiking is a perfect way to enjoy Maine's famous fall foliage. Be sure to check out some of the following trails:

- **DeMeritt Forest Trail System:** located behind the Rec Center, there are more than 15 miles to explore!
- **Orono Trails:** popular choices include the bog walk and Stillwater River trail. Visit oronolandtrust.org to learn more.
- **Acadia National Park:** grab some friends and carpool to Acadia, where there are over 120 miles of hiking trails¹, plus carriage roads for biking!



¹: <https://acadiamagic.com/acadia-hiking-trails.html>

Upcoming Events

Wellness Workshop: Self-Defense October
27 @2pm-3:30pm: New Balance Student Recreation Center (FREE for students)

Halloween: Celestial Origins
October 19 @7-8pm: Emera Astronomy Center (\$5 for students)

University of Maine Museum of Art Exhibitions
Until December 29 @10am-5pm: University of Maine Museum of Art
 40 Harlow St. Bangor, ME 04401 United States

Trick or Trot 2018
October 26 @6-9pm: Witter Farm
 (Costumes, Face Painting and Dressed-up Farm Animals!)



Tips for a Green Halloween

DIY Costumes: Check out local thrift stores for inexpensive, sustainable costume options! Share your creations with us on our Facebook page!

Recycle your candy wrappers: If possible, choose candies that come in recyclable packaging like cardboard, foil or paper. If you have a surplus of candy wrappers consider sending them to TerraCycle, a company that takes hard to recycle material and transforms them into new products! Visit terracycle.com to learn more.



Seasonal On-Campus Cooking

What's in season? Fresh apples, pears, squash, pumpkins, potatoes, beets and other local grown foods are all available at Maine farmers markets during the fall months! Use campus resources like the outdoor grills and microwaves in residence hall rooms to cook up some seasonal recipes.

Grilled apple and pear salad: Top fresh greens with grilled fruit for a fall fresh salad.



Pumpkin Pie Oatmeal: Mix oats, pumpkin puree, milk and maple syrup and microwave for a few minutes for a delicious breakfast.

Sweet Savings!

Fall means pumpkin spice lattes and salted caramel mochas!

Don't forget to bring a reusable mug to on-campus locations like The Bear's Den and Oakes Room for a discount on your favorite festive drink! Off-campus coffee shops often offer discounts as well!

Pumpkin Spice Latte



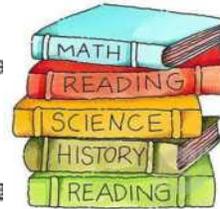
Upcoming Events

Enrollment for Spring 2019: October 22 - November 16; Make sure to please sign up for next semester classes! Check out Maine Street to find your enrollment date!

Culture Fest: November 3rd 11:00 am- 3:30pm at the New Balance Recreation Center; Enjoy Music and Food and Experience varying Cultures!

Sustainability Night: November 1st 8:30pm at the Family Dog; Think you know your sustainability? Test your knowledge during the Family Trivia Night!

Take Pride in Acadia Day: November 3rd, A day of volunteering in the beautiful Acadia National Park. Contact the Bodwell Center to find out how you can get involved and help!



Have a Safe and fun Green Halloween!!

Campus Sustainability: How You Can help!

On average, energy usage on college campuses in the U.S. draws mostly from lighting and heating. To help cut costs on our energy bill (which YOU help pay for) & help lessen the environmental toll, consider incorporating these tips in your daily life;

- **Unplug:** Chargers, coffee makers, lamps. All things that don't get used while you're out for the day can be unplugged to save on electricity.
- **Turn off Lights:** Whether it's a lamp, Christmas lights, or shower stall lights in your Residence Hall bathroom, turn them off when not in use!
- **Turn down your heater/close your windows:** Keep your windows closed and your heater set at a moderate temperature to avoid excessive heating costs.
- **Colder Water:** It costs money to heat water, so consider taking colder showers and washing your laundry in cold water to save on water heating.

Self-Sustainability: Stress Relief Tips

With the school year in full swing it's easy to feel overwhelmed, but always remember that your health should be your top priority. Check out these campus resources to help de-stress!

- **Visit the Mind Spa:** Stop by Room 120 of the Memorial Union to learn how to combat stress and about different relaxation techniques.
- **Get Moving:** Whether it be yoga, free classes at the Rec Center, a run, or a lifting session, get your mind off stress by getting your body moving.
- **Take Breaks:** Give your brain a chance to do something fun with friends or watch some T.V. (But Avoid Binging Netflix!)
- **Sleep:** Regular sleep cycles are important for overall health so avoid those all-nighters! Instead, try 20-30 minute midday power naps to help you recharge and get stuff done.



Upcoming Events/Deadlines

No Classes: November 12th, observation of Veterans Day;
 November 21st – November 25th, Thanksgiving
Sustainability Lightning Talks: November 19th, 3-4pm. The Mitchell Center is hosting five-minute sustainability lightning talks focusing on student sustainability research in Maine. Free to students.



Call for Abstracts and Submissions for SPIRE: SPIRE, The Maine Journal of Conservation and Sustainability, is seeking submissions from diverse fields and groups to join the global dialogue about conservation and sustainability. They are accepting submissions for Issue #3, published in April 2019. Visit <https://umaine.edu/spire/submit/> for details.



How to Make Your Thanksgiving Sustainable

Eat Local & Organic:

Choosing organic foods helps to support sustainable agriculture and limit the use of synthetic chemicals. Choosing local foods, like those you can purchase from the Orono farmers market, reduces your carbon footprint.



Buy Less:

The average American family wastes \$600 worth of food each year, don't let Thanksgiving food go to waste! Make grocery lists including quantities to help you buy only as much as you need. You can also freeze your leftovers in reusable containers for a later date to help save money and prevent food waste.

Clean Green:

Skip landfill-contributing paper products and use reusable dishes. Use natural, biodegradable cleaning products and fill up your dishwasher it uses less water than handwashing!

Compost Your Scraps:

Save your Thanksgiving scraps to make food for your plants! Try your hand at gardening by making compost and using it to grow herbs that you can keep in your room!

Black Bear Exchange & Giving Back on Campus

Black Bear Exchange (BBE) is UMaine's own on-campus sustainable thrift shop and food pantry!



Do you have clothes you never wear, taking up space in your closet? In the giving spirit? Bring your unwanted stuff to the BBE at 55 York Village (near York dining) as a donation or swap it for something new!

The BBE is open to everyone, just bring your MaineCard or ID. Check out the Black Bear Exchange on FB for hours and more information. And don't forget about Clean Sweep in December!

Get Home Safe for Thanksgiving Break!

Taking a bus is a cheap alternative that cuts down on CO₂ emissions! Some Possible Bus Services:

- Concord Coach Line (On-campus pickup!)
- Greyhound Buses

Try to car-pool if opting to drive yourself home!



Want to get more involved?
 Follow us on social media!

-  facebook.com/UMaineGCI
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Upcoming Events/Deadlines

Classes End: December 14th, Finals End December 21st.

Library Hours Extension: The library is open until 2:30am from December 12th through the 19th, and until 12am on the 20th.

Collins Center for the Arts: The Collins Center is showing the Nutcracker on Saturday and Sunday, December 15th & 16th

Therapy Dogs at the Library: Fogler library will have therapy dogs during the week of finals on the first floor! December 10, 12, and 17th from 12-2pm

Special Dining Event: Winterfest at Hilltop, Wells & York, December 13th, 4:30 – 8pm.



Sustainable Holiday Gifting



Earth-Friendly Wrapping Options: Fabric scraps, clay flower pots, newspaper, bags, maps, calendars, baskets



Gifting Ideas: Thrift shop finds, handmade crafts, experience gifts (tickets, trips, etc.) locally made products

Tips for Finals

Here are a few study tips to make finals week organized and stress free in order to ace your exams!



- ✓ **Ask Questions:** Go to review sessions, go to professor office hours, ask your professor and peers question during class.
- ✓ **Vary Your Study Habits:** Try group study sessions, switch up your study space, use flashcards/Quizlet/study guides.
- ✓ **Take Care of Yourself:** Get enough sleep, stay hydrated (avoid too much caffeine), stay active.
- ✓ **Eliminate Distractions:** Turn off your phone, work in quiet spaces, let others know when you plan to study.
- ✓ **Plan Ahead:** Plan out your week, set priorities and goals, use small blocks of time effectively and schedule breaks.

Take deep breathes, you've got this!!

Clean Sweep: Donate Your Unwanted Items!

From **December 10th - 21st**, boxes will be in the lobbies of each Residence Hall for your unwanted items you'd like to donate!

Acceptable donations include items like, unused school supplies, nonperishable food, books, clothing, etc.

Your donations help support programs offered through the Bodwell Center like, the Black Bear Exchange, Maine Day & Black Bear Mentors and Tutors.



Upcoming Events: UMaine Career Fair

Visit the New Balance Rec Center on February 6 any time from 10a.m. to 3p.m. to meet face-to-face with potential employers!



Feel free to bring a copy of your resume and start making connections with people in your field! If you need resume advice, make an appointment with UMaine's Career Center, located on the third floor of the Memorial Union. The Career Center is open Monday-Friday from 8a.m. to 4:30p.m. Visit <https://umaine.edu/career/> to learn more.



Academic Sustainability: Tips for the Classroom

•**Eco-Friendly School Supplies:** Take notes on your computer to save paper, or reuse last semester's binders and fill them with recycled paper!

•**Print Double Sided:** Avoid printing as much as possible by submitting work online, but when you do need to print make sure you choose the double-sided option! Not only does this save paper, but money too! Thanks to GCI, UMaine printing gives students a discount if they opt for double-sided printing.

•**Check out Sprout Pencils:** Once the pencil gets too small for use, you can plant it and watch it grow! Visit <http://sproutworld.com/us/> to learn more about these eco-friendly pencils.



Self-Sustainability: Beating the Winter Blues

Now that we're back from break and into the school groove again, it can be hard to readjust, especially given the bleak weather outside. Here are some tips to keep you lively and help beat the winter blues:



Visit MaineBound: studies show that exercise improves mood¹! Test your rock-climbing abilities while avoiding the harsh weather conditions outside.

Explore the DeMerrit Trails: if climbing isn't your thing and you don't mind being out in the cold, check out the forest trails behind the Rec Center. They're great for cross-country skiing!



• Play Outside: grab your friends to have a snowball fight or make a snowman! Exposure to sunlight is crucial for beating the blues during winter months²!

• Volunteer: helping others can improve your mood³! Learn about volunteering with the Bodwell Center on campus by checking their Facebook page and website for opportunities.



• Eat Smart: certain foods like dark chocolate are great for boosting happiness while other carb-dense options can leave you feeling groggy and down in the dumps⁴. Choose wisely!

1: <http://www.health.harvard.edu/newsweek/Exercise-and-Depression-report-excerpt.htm>

2: <http://www.realsimple.com/health/preventative-health/reasons-to-spend-time-outside/outdoors-and-exercise>

3: <http://www.everydayhealth.com/depression/how-volunteering-can-lessen-depression-and-extend-your-life.aspx>

4: <http://www.healthline.com/health/slideshow/10-food-tips-help-ease-winter-blues#12>

Upcoming Events:

Check out Spire: The Maine Journal of Conservation and Sustainability!

Spire is an interdisciplinary journal from UMaine, seeking to increase engagement with current environmental issues through dialogue.

<https://umaine.edu/spire/> Check it out; and maybe submit your own work!

Full Moon Hike: February 17, 5:30-7pm, at the Hirundo Wildlife Refuge

Hike under the light from the full moon during Hirundo Wildlife Refuge's guided trek! Make sure to dress warm and bring a flash light.

Canoe Battleship: February 22, 6-11pm, New Balance Recreation Center

Create a team, grab a canoe, and get ready to sink the battleship of the opposing team! Compete in UMaine's Canoe Battleship to earn the title of Canoe Battleship Royalty!



Bee Aware: Neonicotinoids



Neonicotinoids: The most widely used group of insecticides in the world.

These chemicals are a particular danger to bees and other pollinating insects because they are absorbed into the plant and can be present in the pollen and nectar.

Even in sublethal doses this toxic chemical causes:

- Heavily reduced productivity and survival rates of workers and the entire hive/colony in both Honey and Bumble Bees.
- In Honey Bees, queen production is reduced causing lower bee populations because fewer colonies are established the following year.

"Neonicotinoids can persist in soil for months or years after a single application."

U.S. Fish and Wildlife Service phased out all uses of neonicotinoids on National Wildlife Refuges lands starting in January 2016.

Source: <https://xerces.org/neonicotinoids-and-bees/>

Healthy Do-it-Yourself Products:

Lotion:

- ¼ cup shea butter
- ¼ cup coconut oil
- 1 tbs aloe vera juice
- 1 tbs liquid oil of choice
- 5-10 drops essential oils (optional)

Heat the shea butter and coconut oil until melted. Add the aloe vera juice, liquid oil, and essential oils and stir to combine well.



Toothpaste:

- 2-3 tbs baking soda
- ½ cup coconut oil
- 1-2 tsp Peppermint extract
- Water for consistency



Deodorant:

- 6 tablespoons coconut oil
- ¼ cup baking soda
- ¼ cup cornstarch
- Essential oils for scent (optional)

Mix together until well combined and smooth, then in a reusable mason jar!



Sources: Wellness Mama. How to Make Natural Deodorant; Wellness Mama. How to Make Natural Toothpaste; Whole New Mom. Simple Nourishing Hand and Body Cream

Want to get more involved?

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Upcoming Events:

Fresh Check Day: February 26, 11am – 2pm in the North Pod of the Union. An event to “check in” on mental health and wellness. Featuring: booths, activities, food, prizes, etc. For more information, check out the UMaine calendar online!

Women’s Climbing Day: March 9, 10am – 12pm Maine Bound. Maine Bound is open for free to women inspired by the No Man’s Land film fest. For more information, check it out on Facebook!

Eastern Maine Sportsmen’s Show: March 15th - 17th at the UMaine Memorial Gym. For ticket price and more information, check it out online!

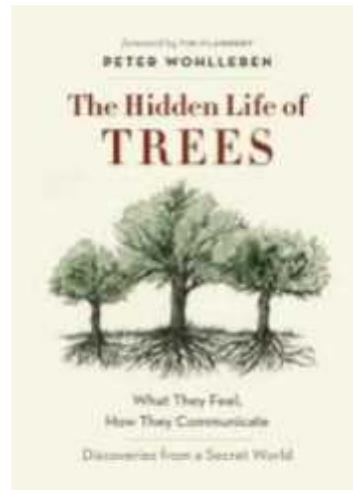


Book Suggestion!

The Hidden Life of Trees

In this book, Peter Wohlleben convincingly argues the thought that, yes, the forest is a social network. He describes how trees can be like human families! Tree parents live with their children, communicate with them, support them, share nutrients with those who are sick or struggling, and even warn each other of dangers!

For a good read, pick up a copy!



Palm Oil! The Good vs The Bad

Palm oil is used in a wide variety of products including grocery items such as margarine and chocolate. It’s also found in soaps, fuel for cars, and so on.

The Good: Palm oil is used widely because of its high yield, texture, cooking, and natural preservative properties. Palm oil farming also provides livelihood opportunities for small scale farmers in poor countries.

The Bad: The main concern with palm oil is that it has caused and is still causing large scale deforestation. When rain forests are destroyed to grow palm oil, we lose biodiversity, cause large amounts of carbon dioxide emissions, and destroy ecosystems!

Source: <https://rspo.org/about>



Buy Products That Use Sustainable Sources of Palm Oil!



Save Energy!

Always unplug electronics you aren’t using to avoid unnecessary energy draw!

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Human Dimensions of Climate Change Film Series!

This **free** film series put together by UMaine's Climate Change Institute is a must see!

Each film is from 6:00 – 8:00 pm in Fogler Library Classroom 1

March 26th: Just Eat It: A Food Waste Story

April 2nd: Seeds of Time

April 9th: Meat the Truth



Climate Change Institute

You Have Influence on What Companies Do!

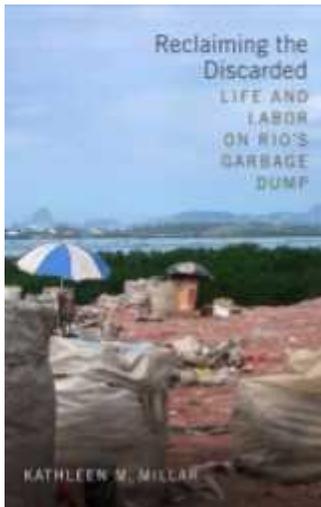
Generation Z has an increasing influence on companies in more ways than you may think! Sustainability will help find the right balance between people, profits, and planet. Here are just a few ways that **YOU** have an impact on companies.



- Companies are taking positive position on social and environmental issues.
- Green teams and other environmentally oriented groups are developing in the workplace to offer a deeper feeling of purpose at work.
- Some companies are altering current practices by offering more sustainably-produced products.

We as consumers are creating a market and demand for sustainable products ranging from clothing to home goods and even cars.

Book Suggestion!



Reclaiming the Discarded

In this book, *Kathleen M. Millar* writes about a sprawling garbage dump on the outskirts of Rio de Janeiro, where roughly two thousand self-employed individuals collect recyclable materials. While scavenging through garbage seems sadly iconic of poverty today, Millar shows how the work of reclaiming recyclables is more than a survival strategy for people who live there, and the impacts it has.

For a good read, pick up a copy!

Sources:

- <https://www.prnewswire.com/news-releases/um-college-study-reveals-that-when-it-comes-to-buying-millennials-are-not-eco-fashionistas-300597990.html>
- <https://www.i4cp.com/productivity-blog/2015/12/16/new-i4cp-research-93-of-gen-z-says-societal-imp-act-affects-where-they-work>

Follow GCI on Social Media!

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Website



Using Snapchat, press and hold the screen to scan our QR codes!

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Upcoming Events:

Maine Bound's Annual Gear Sale: Sunday April 7th, from 9am to 2pm. Upgrade your gear with some pre-loved equipment! For more info, check it out on Facebook.



Scholarship Fair: Wednesday April 10th, in the Memorial Union Bangor Room, from 11am to 1pm. For current UMaine students, apply for a \$250 scholarship, there's also free snacks and door prizes. For more info, check it out on Facebook.

Scholarship Fair

Last Day to Withdraw and Receive a 'W' Grade: April 10th, the deadline is at 4:30pm.

Spring is Near!

Spring is coming and now is a great time to start testing out your green thumb! Vegetable plants and flowers are great plants to grow in a garden if you have the space.

If you don't have much space, or prefer indoor plants, flowers and succulents are great plants to brighten up a room and improve air quality!



Herbs like basil are good choices if you want relatively small indoor plants that can grow in pots.



Wands for Wildlife!

Repurpose your old mascara wands instead of throwing them away!

The Appalachian Wildlife Refuge is requesting used mascara brushes so they can be used to help care for small animals.

Instead of being thrown away, cleaned wands can be used to help animals in the care of the refuge. Mascara wands work great because the bristles are soft and close together. They can be used in several different ways including to help:

- Remove fly eggs and larva from the fur and feathers of animals
- Wildlife rehabilitators examine animals for injuries
- Clean the syringes that are used to feed animals
- Remove dust, dirt, sand and sawdust
- Groom animals



Wands are primarily used with birds, bunnies, opossums and box turtles.

For more information, or to donate your old mascara wands, check out their website: <https://www.appalachianwild.org/wands-for-wildlife.html>



Wands for Wildlife
Recycle & Save Wild Lives!

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Green Campus Initiative is Hiring!
Please email, um.gci@maine.edu
to apply!



Earth Week Photo Contest! Tag GCI in your selfies at Earth Week events all week! For each tag, you'll be entered in a raffle for a Corn Hole game! (Valued at \$100)

Monday (4/22): Happy Earth Day!

Earth Day Spring Festival (11am-2pm, on the Mall).

Green Campus Initiative's "**Making Smart Donations**" table (11am-1pm, *Memorial Union*).

Sample Farm to Table items for lunch at *The Bear's Den!*

Amber Roth's "**Sustainability of Collaboration**" (3pm-4pm, *107 Norman Smith Hall*).

"**Farm to Table Dinner**" (4:30pm-8pm) Enjoy Delicious Local Food at the *Residential Dining Facilities!*

Dynamic Earth (2pm-3pm *M.F. Jordan Planetarium*) Check website for ticket prices.

Tuesday (4/23):

Office of Sustainability's "**Recycling Trivia**" (11am-1pm, *Memorial Union*).

Green Resume Workshop (11am-12pm, at the *Career Center*).

Wednesday (4/24):

Ice Core Lab Tour (3pm-4pm, *Sawyer Hall*) Learn about the carbon cycle, led by Dr. Karl Kreutz. Sign up on line!

Celebrate Earth Day with **The University Bookstore** as they co-sponsor Earth Week and on Wednesday are giving a free reusable, environmentally friendly bag with any in-store purchase (while supplies last).

Thursday (4/25):

Office of Sustainability's "**Protect our Oceans**" (11am-1pm, *Memorial Union*).

Green Campus Initiative's "**Supporting Native Bees**" (11am-1pm, at the *Memorial Union*) Come plant bee friendly flowers.

Green Careers Fair (1:30pm-4pm, *Lown Room in the Memorial Union*).

Green Campus Initiative and Campus Activity Board host **Sustainability Trivia Night!** (7pm-9pm *North Pod in Memorial Union*).

Friday (4/26):

Green Campus Initiative's "**Straws for a Cause**" (11am-1pm *Memorial Union*) free reusable straws!

Habitat Earth (7pm-8pm *M.F. Jordan Planetarium*) Check website for ticket prices.

Saturday (4/26):

Healthy High 5k & 10k Be there at 9am at the *New Balance Recreation Center* and cheer the runners on!

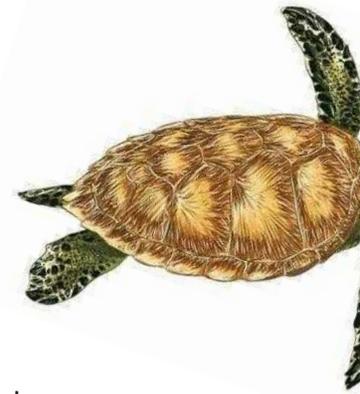
Orono Winter Farmer's Market Get great local produce and prepared food! (9am-12pm, *Pat's Pizza lot*).



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 @UMaine_GCI
 @GreenCampusInitiative

For Updated Information Visit: <https://umaine.edu/sustainability/earthweek/>



Green Zines are now double sided to reduce paper waste!

Clean Sweep!

Donate to **Clean Sweep** during move out and help the Black Bear Exchange (BBE)!



Donate your gently worn clothing, electronics, books, unopened toiletries, nonperishable food and more. Boxes will be located in your resident hall lobbies for the annual BBE yard sale.

Proceeds from the sale held each May help to buy essential supplies for the campus food pantry and fund community service projects throughout the year.



Boxes will be put in resident halls from April 29th to May 10th

App Suggestion!

Ecosia is a search engine that puts the ability to do good into the hands of internet users. When you use Ecosia to browse the web, your searches are helping to plant trees!



Ecosia uses its profits to plant trees, where nature and people need them most. The Ecosia community is planting millions of trees every month across the world.

Maine Day Events:

Maine Day, May 1st: No classes, except classes that meet once a week. Maine Day is a great opportunity to get out and give back whether it's community service, sprucing up campus or helping with various events. Visit the UMaine Student Life website to sign up for projects or to volunteer!

Maine Day Parade: Student organizations, residence halls, fraternities/sororities, faculty, administrators and staff are invited to be a part of the parade. **Lineup will begin at 8:00 a.m. with a parade start at 8:30 a.m.** It will begin at the Emera Astronomy Center.

BBQ at the Steam Plant Parking Lot: Join Dining services for a gigantic barbecue held in the steam plant parking lot during lunchtime!

Maine Day Celebration at the River: During the afternoon, join Student Life and Student Organizations as they throw a bash by the river! The day will include a dunk tank, Oozeball, St. Baldricks, inflatables, and more!

Last Day of Classes is May 3rd

Last Day of Finals Week: May 10th, residents on campus must be moved out of their resident hall by 5pm.



#mainedayofgiving19

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