

Benefits of Food Recycling

Trashing Food Is Expensive Because Food Is Wet & Heavy to Haul Away and Store in a Landfill. Recycling Food Is a Much Better Option.

Save Money!

Use less pay-as-you-throw trash bags each week.

Dispose of food trash for FREE.
Save trash hauling costs (tax dollars).
Save landfill-related costs (tax dollars).

Support Local Community!

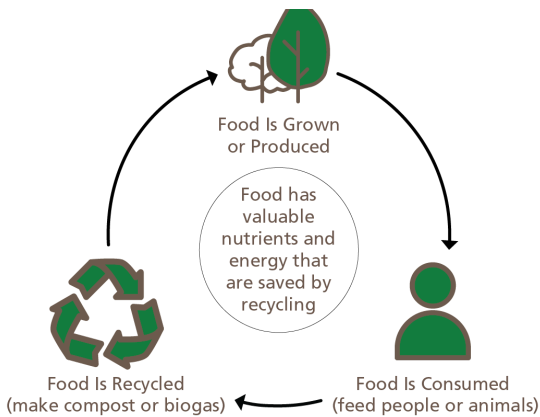
Help Maine farms and agriculture
Create valuable end products--
compost & energy
Promote food pantry donations

Save Natural Resources!

Protect Maine water and air
Build soil health
Mitigate climate change

What is Food Recycling?

Food Recycling is the process of collecting and processing food that would otherwise be thrown away as trash and turning the food into new products like compost or renewable energy (biogas).



How Do You Recycle Food?

1. Compost at home.
2. Use a free food recycling drop-off site
3. Subscribe to a curbside collection service.

Portland Food Recycling

- What is Food Recycling?
- What are the Benefits?



Maine Food - Too Good To Waste



Portland Food Recycling Station(s)

Locations:

North Street Community Garden
Boyd Street Community Garden
Clark Street Community Garden
Libbytown Community Garden
Riverside Recycling Facility

Hours: TBD

For more information, please contact us at:

Food Rescue MAINE

Sen. George J. Mitchell Center for Sustainability Solutions/UMaine

Email:

foodrescuemaine@maine.edu

Website:

umaine.edu/foodrescuemaine

Food Recycling DOs

ALL FOOD (no packaging)

Including:

Fruits and Vegetables
Kitchen Food Scraps
Eggs and Eggshells
Leftover Food
Flowers
Coffee Grounds
Meat and Bones
Seafood and Shells
Dairy, Cheese, Yogurt

Food Recycling

DON'Ts

Paper and Cardboard
Trash
Bottles and Cans
Food Packaging
Plastic and Compostable Ware
Plastic Cups and Straws
Beverage Cartons
Plastic Bags and Wrap
Paper Products
Used Diapers

For Even More Benefits - Reduce Wasted Food...

Save your time and money by preventing household food waste!

Don't be fooled by date labels.

Shop with a list and buy only what you will eat each week.

Use meal planning to be sure to eat what you buy.

Store fresh food properly to prevent spoiling; the freezer is your friend for food storage.

Use food "hacks" for leftovers - create tasty treats!

If you have too much food, share or donate before it spoils