Minor: Human Nutrition

OVERVIEW OF DEGREE REQUIREMENTS

Minimum number of credits required to earn minor: 18

GPA requirements to earn minor: 2.0

Minimum Grade requirements for courses to count toward minor: C- or better

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Residency Requirement: 15 of the 18 credits for this minor must be taken at the University of Maine

This minor is intended for students in other fields of study who have an interest in obtaining a basic understanding of human nutrition. Students should choose courses that will complement their academic background and further their individual career goals.

Please Note:
- The minor does not lead to credentialing in the field of dietetics without further study
- 15 of the 18 credits for this minor must be taken at the University of Maine

Required Course:

- FSN 101 - Introduction to Food and Nutrition Credits: 3

Plus 15 credits from the following list:

- FSN 103 - Science of Food Preparation Credits: 4
- FSN 202 - Foodservice Management Credits: 3
- FSN 230 - Nutritional and Medical Terminology Credits: 1
- FSN 238 - Applied Food Microbiology and Sanitation Credits: 3
- FSN 266 - Functional Concepts in Nutrition Credits: 3
- FSN 270 - World Food and Nutrition Credits: 3
- FSN 401 - Life Cycle Nutrition Credits: 3
- FSN 405 - Foods Laboratory Credits: 1
- FSN 410 - Introduction to Food Science Credits: 3
- FSN 411 - Community Nutrition Credits: 4
- FSN 410 - Human Nutrition and Metabolism Credits: 3
- FSN 412 - Medical Nutrition Therapy I Credits: 2
- FSN 420 - Medical Nutrition Therapy II Credits: 4
- FSN 430 - Counseling and Diet Therapy Credits: 3
- FSN 436 - Food Law Credits: 3
- FSN 462 - Food Chemistry Credits: 3
- FSN 501 - Advanced Human Nutrition Credits: 3
- FSN 508 - Nutrition and Aging Credits: 3 (see Graduate Catalog for course descriptions)