

The University of Maine

2015-2016 Undergraduate Catalog

Minor: Human Nutrition

OVERVIEW OF DEGREE REQUIREMENTS

Minimum number of credits required to earn minor: 18

GPA requirements to earn minor: 2.0

Minimum Grade requirements for courses to count toward minor: C- or better

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Residency Requirement: 15 of the 18 credits for this minor must be taken at the University of Maine

This minor is intended for students in other fields of study who have an interest in obtaining a basic understanding of human nutrition. Students should choose courses that will complement their academic background and further their individual career goals.

Please Note:

- The minor does not lead to credentialing in the field of dietetics without further study
- 15 of the 18 credits for this minor must be taken at the University of Maine

Required Course:

- [FSN 101 - Introduction to Food and Nutrition](#) Credits: 3

Plus 15 credits from the following list:

- [FSN 103 - Science of Food Preparation](#) Credits: 4
 - [FSN 202 - Foodservice Management](#) Credits: 3
 - [FSN 230 - Nutritional and Medical Terminology](#) Credits: 1
 - [FSN 238 - Applied Food Microbiology and Sanitation](#) Credits: 3
 - [FSN 265 - Functional Concepts in Nutrition](#) Credits: 3
 - [FSN 270 - World Food and Nutrition](#) Credits: 3
 - [FSN 301 - Life Cycle Nutrition](#) Credits: 3
 - [FSN 305 - Foods Laboratory](#) Credits: 1
 - [FSN 330 - Introduction to Food Science](#) Credits: 3
 - [FSN 401 - Community Nutrition](#) Credits: 4
 - [FSN 410 - Human Nutrition and Metabolism](#) Credits: 3
 - [FSN 412 - Medical Nutrition Therapy I](#) Credits: 2
 - [FSN 420 - Medical Nutrition Therapy II](#) Credits: 4
 - [FSN 430 - Counseling and Diet Therapy](#) Credits: 3
 - [FSN 436 - Food Law](#) Credits: 3
 - [FSN 482 - Food Chemistry](#) Credits: 3
 - [FSN 501 - Advanced Human Nutrition](#) Credits: 3
 - [FSN 508 - Nutrition and Aging](#) Credits: 3 (see Graduate Catalog for course descriptions)
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