

The Athletic Training Educational Program at The University of Maine is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualifications considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the Commission on Accreditation of Athletic Training Education Programs (CAATE). The following abilities and expectations must be met by all students admitted to the Athletic Training Educational Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Candidates for selection to the Athletic Training Educational Program must demonstrate:

1. The intellectual capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and communicate in the English language at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Effective skills and professional demeanor and rapport that relate to professional education and quality patient care.
9. Students must maintain personal appearance and hygiene conducive to classroom and clinic setting.
10. Students must annually complete OSHA- regulated Bloodborne Pathogen Exposure Training and complete the Hepatitis B Vaccine series or have a written denial on file.
11. Students must annually pass a cardiopulmonary resuscitation course at the health professional level.
12. Students must maintain class standards for course completion throughout the curriculum.

Typical skills needed to complete the technical standards:

1. Students typically sit for 2-10 hours daily in the classroom.
2. Students stand for 1-2 hours daily at clinical assignments and must be able to ambulate 10 yards at 2 miles per hour indoor or outdoor over rough terrain.
3. Students frequently lift less than 10 pounds and occasionally lift between 10-20 pounds overhead.
4. Students occasionally carry up to 25-30 pounds while ambulating up to 10-20 feet.
5. Students frequently exert 25 pounds of push/pull forces to objects up to 50 feet.
6. Students frequently twist, bend, stoop and kneel on the floor up to 15 minutes.
7. Students frequently move from place to place and position to position and must do so at a speed that permits safe handling of classmates and patients.
8. Students frequently must move at the same pace as a patient while providing support to a patient.
9. Students frequently coordinate verbal and manual activities with gross motor activities.
10. Students use auditory, tactile, and visual senses to receive classroom instruction and to evaluate and treat injured athletes.
11. Students often work within an electrical field.
12. Students often will need to have 20/40 corrected vision to accurately see activities across the field, court or mat.
13. Students frequently need basic neurological function to perceive hot, cold, change in contour of surface/body part, and to maintain 10 pounds of grip strength for 30 seconds.
14. Students need to possess the ability to make and execute quick, appropriate and accurate decisions in a stressful environment.

Application Form

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Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC Athletic Training certification exam.

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6. the perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
7. flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Effective skills and professional demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training educational program will be required to verify they understand and meet these technical standards or that they believe that, with reasonable accommodations, they can meet the standards.

The Student Accessibility Services office (students with disabilities) will engage in an interactive process with a student to determine if the student is a qualified student with a disability and will be able to meet the program's technical standards with reasonable accommodation(s). The University is not required by the law to change academic requirements that are essential to the instruction being pursued, are directly related to a licensing requirement or that would alter the fundamental nature of the program.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I will be able to meet each of these standards with or without reasonable accommodation(s). I understand that if I am unable to meet these standards with or without reasonable accommodation(s), I will not be admitted into the program.

Signature of Applicant

Date