

KPE Outdoor Leadership - 120 Credit Hours

Admission to advanced standing (Junior Year) and acceptance for final internship requires an overall GPA of 2.5

General Education	Course Title	Course	Offered Fall/Spring	Semester	Grade	Recommended Courses/Prerequisite
A. Science or Applied Science (11cr)	◆ Basic Biology (4cr)	BIO 100	Fall/Spring			◆ BIO 100 with a C- or better, or BMB 280 and PHY 122 and CHY 122 & CHY 124
	Anat. & Physiology (4cr)	BIO 208	Spring			
	Intro to Food & Nutrition (3cr)	FSN 101	Fall/Spring			
B. Quantative Literacy (6cr)	Math (3cr)					
	Math (3cr)					
C. Human Values and Social Context (18cr)	Western Cultural Tradition (3cr)	SFR 220	Fall			
	Social Context & Institutions (3cr)	PSY 100	Fall/Spring			
	Cultural Diversity (3cr)	EHD 202	Fall/Spring			
	Population & Environment (3cr)	MES 101 or 201	Fall/Spring			
	Artistic/Creative Expression (3cr)					
	Electives (3cr)	LDR 100	Fall/Spring			
D. Demonstrated Writing Competency (9cr)	*College Composition (3cr)	ENG 101	Fall/Spring			
	Education in a Multicultural Society	EHD 202	Fall/Spring			ENG 101 or equivalent
	Writing Intensive Course (3cr) - Outside KPE	ENG 317	Fall/Spring			ENG 101 or equivalent & Junior Standing
E. Capstone Experience (3 cr)	Internship (3-6cr)	KPE 427	Fall/Spring			Department Consent Required
Electives (12cr)						3cr need to be 300 level or above IF semester away is off UMaine campus

* Min. grade C or > ◆ Min. grade C- or >

Program Requirements	Course Title	Course	Offered Fall/Spring	Semester	Grade	Recommended Courses/Prerequisite
Outdoor Leadership Core Curriculum (19cr)	Wilderness First Responder (3cr)	KPE 209	Spring			
	Outdoor & Adventure Activities (3cr)	KPE 265	Spring			
	Introduction to Outdoor Leadership & Facilitation (1cr)	KPE 286	Spring			
	Introduction to Paddling Instruction & Safety (3cr)	KPE 280	May Term			
	Advanced Methods of Instructing Outdoor Activities (3cr)	KPE 311	Fall			
	Outdoor Activities Field Experience (3cr)	KPE 396	Winter Term			
	Ethics & Social Justice In Outdoor Leadership (3cr)	KPE 411	Fall			

Leadership Studies & Natural Resources Curriculum (10cr)	Introduction to Maine Studies (3cr) or The Maine Coast (3cr)	MES 101 or 201	Fall/Spring			Course included in Gen. Ed. Pop. & Environ
	Foundations of Leadership (3cr)	LDR 100	Fall/Spring			Course included in Gen. Ed. Elective
	Adv. Leadership Theory & Practice (3cr)	LDR 300	Fall			
	Forest Land Nav.&Outdoor Preparedness(1cr)	SFR 106	Fall			
	Environment and Society (3cr)	SFR 220	Fall			Course included in Gen. Ed. Western Cult. & Trad.
	Forest Recreation Management (3cr)	SFR 228	Fall			
	Natural Resource Science Course (3cr)					Required WLE 230 or SFR 107

	Course Title	Course	Credits	Semester	Grade	
Education & KPE Curriculum (19cr)	New Student Seminar In Ed. & Human Dev.(1cr)	EHD 100	Fall			
	Lifetime Fitness for Health (3cr)	KPE 253	Fall/Spring			
	Methods of Teaching Physical Activity (3cr)	KPE 262	Fall/Spring			
	Motor Development (3cr)	KPE 270	Fall/Spring			
	Adapted Physical Education (3cr)	KPE 367	Fall/Spring			
	Kinesiology (3cr)	KPE 376	Fall/Spring			
	Physiology of Exercise (3cr)	KPE 378	Fall/Spring			BIO 208

	Course Title	Course	Typically Offered	Semester	Grade	CAMPUS
SELF-DIRECTED OPTIONS - THROUGH UMS (12-15cr)	Environmental Interpretation (4cr)	SFR 452	Odd Falls			UMaine
	Rec. Site Planning & Mgmt. (3cr)	SFR 434	Fall			UMaine
	Environmental Communication Skills (3cr)	SFR 222	Fall			UMaine
	Environmental Ethics (3cr)	PHI 232	Spring			UMaine
	Field Experience (3cr)	KPE 396	Spring			UMaine
	Principles of Experiential Education (3cr)	REM 317	Fall			Machias
	Open Water SCUBA (3cr)	REM 103	Fall			Machias
	Backcountry Expedition Skills (3cr)	REM 227	Varied			Machias
	Sailing & Basic Seamanship (3cr)	REM 125	Fall			Machias
	Nature-based Tourism & Sustainable Dev. (3cr)	REM 210	Varied			Machias
	River Canoeing & Camping (3cr)	REM 123	Infreq.			Machias
	Fund of Search & Rescue (3cr)	REM 221	Varied			Machias
	River Trip Guiding (3cr)	REM 353	Infreq.			Machias
	Ski Instruc. Children (2cr)	SKI 124	Spring			Farmington
	Ski Instruc. Adults (2cr)	SKI 125	Spring			Farmington
	Selected Topics in Snowsports Indus. (1-4cr)	SKI 177	Spring			Farmington
	Field Work Experience: Nordic Sport (1BD cr)	PHE 496	Spring			UMPI
	Outdoor Pursuits II (3cr)	REC 235	Spring			UMPI
	Intro to Rock Climbing (3cr)	REC 364	Spring			UMPI

Approved Self-Directed Options by permission ONLY.
 Examples: National Outdoor Leadership School (NOLS) or
 Outward Bound

**Suggested Program of Study for KPE Outdoor Leadership
Fall 2019
Minimum 120 Credit Hours**

<u>1st Year – 1st Semester</u>	<u>(15 hrs)</u>	<u>1st Year – 2nd Semester</u>	<u>(14 hrs)</u>
BIO 100 - Basic Biology	4	BIO 208 - Anat & Phys	4
EHD 100 - New Student	1	KPE 265 - Outdoor & Adv	3
ENG 101- College Comp	3	KPE 286 - Intro OL	1
KPE 253 - Lifetime Fitness	3	KPE 262 – Methods of Teach	3
SFR 106 – Nav. & Outdoor	1	PSY 100 – General PSY	3
Elective	3		

1) **Start planning your semester Away

<u>2nd Year – 1st Semester</u>	<u>(15 hrs)</u>	<u>2nd Year – 2nd Semester</u>	<u>(18 hrs)</u>
MES or WLE/SFR	3	KPE 396 – FieldExp WINT TERM	3
LDR 100 – Found of LDR	3	MES or WLE/SFR	3
FSN 101 – Intro to Food	3	KPE 270 – Motor Dev.	3
SFR 220 – Env. & Society	3	KPE 376 – Kinesiology	3
Gen Ed. Math	3	KPE 209 – Wild 1 st Resp.	3
		KPE 280–Paddling MAY TERM	3

**2) Confirm semester Away Plans

<u>3rd Year – 1st Semester</u>	<u>(15 hrs)</u>	<u>3rd Year – 2nd Semester</u>	<u>(12-15 hrs)</u>
KPE 311 - Advan. Meth	3	Self Directed Study Away	12-15
KPE 378 - Phys. of Ex.	3		
EHD 202 - Education	3		
LDR 300 - Adv. Leadership	3		
SFR 228 - Forest Rec. Man.	3		

<u>4th Year – 1st Semester</u>	<u>(15 hrs)</u>	<u>4th Year – 2nd Semester</u>	<u>(12-15 hrs)</u>
KPE 367 – Adapted PE	3	KPE 427 – Internship	3-6
KPE 411 – Ethics in OL	3	Elective – 300 level or above	3
ENG 317 – Bus. Writing	3	Elective	3
Gen Ed. (Art/Creative)	3	Elective	3
Gen Ed. Math	3		