

CHILD DEVELOPMENT/FAMILY RELATIONS - Individual and Family Studies

NAME: _____ ADVISOR: _____

ID#: _____ ENTRANCE DATE: _____

Major Requirements (33 total)

| <u>Sem</u> | <u>Course</u> | <u>Cr</u> |
|------------|------------------------------------|-----------|
| _____ | CHF 200* Family Interaction | 3 |
| _____ | CHF 201* Child Development | 3 |
| _____ | CHF 423@ Capstone | 3 |
| _____ | CHF 496** Field Experience | 3 |

At least 21 credits of CHF content courses - these 9 courses recommended*

| | | |
|-------|------------------------------|---|
| _____ | CHF 351 Human Sexuality | 3 |
| _____ | CHF 381 Family Resource Mgmt | 3 |
| _____ | CHF 431 Parenting | 3 |
| _____ | CHF 433 Adolescence | 3 |
| _____ | CHF 434 Adult Dev & Aging | 3 |
| _____ | CHF 441 Fam Life Ed Meth | 3 |
| _____ | CHF 442 Helping Skills | 3 |
| _____ | CHF 451 Fam Relationships | 3 |
| _____ | CHF 488 Family Legal Issues | 3 |

*Taking these 9 courses qualifies you to apply to **National Council on Family Relations** to receive their certification as a Family Life Educator.

Other CHF content courses:

| | | |
|-------|-----------------------------------|-------|
| _____ | CHF 203 Prac Early Chldhd Prog | 3 |
| _____ | CHF 303 Infant/Toddler Care & Dev | 3 |
| _____ | CHF 311 Creativity & Yng Child | 3 |
| _____ | CHF 321 Curr/Meth Science | 3 |
| _____ | CHF 322@ Curr/Meth Soc Studies | 3 |
| _____ | CHF 329 Curr/Meth Math | 3 |
| _____ | CHF 331 Cognitive Development | 3 |
| _____ | CHF 385 Personal & Fam Finance | 3 |
| _____ | CHF 401 Peer Ed | 3 |
| _____ | CHF 404 Selected Topics | 3 |
| _____ | CHF 406 Research Methods | 3 |
| _____ | CHF 409 (1-6) Independent Study | _____ |
| _____ | CHF 432 Socialization of Child | 3 |
| _____ | CHF 422 ECE Field Experience | _____ |
| _____ | CHF 450 Early Chldhd Spec Ed | 3 |
| _____ | CHF 452 Violence in Fam | 3 |
| _____ | CHF 496 Field Experience | 3 |

General Education Requirements

- 18 credits required.
- 3 credits in each of the five sub-categories.
- A 3-credit course can satisfy more than one sub-category, but credits count only once.

| <u>Sem</u> | <u>Course</u> | <u>Cr</u> |
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Social Contexts & Institutions

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| _____ | <u>PSY 100</u> | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Western Cultural Tradition

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Cultural Diversity/International

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Population & Environment

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Artistic & Creative Expression

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| _____ | _____ | _____ |
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General Education & Program Requirements

| <u>Sem</u> | <u>Course</u> | <u>Cr</u> |
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Communications

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| _____ | ENG 101* | 3 |
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| _____ | CMJ 102, or CMJ 103, or CMJ 106 | 3 |
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Sciences

(minimum one lab science, one applied science)

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| _____ | _____ | 3 or 4 |
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| _____ | _____ | 4 |
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Mathematics

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| _____ | _____ | 3 |
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| _____ | _____ | 3 |
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Writing Intensive@

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Ethics Course

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Electives

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*Minimum grade of C required

@ Writing Intensive (min. of two, one of which must be in the academic major)

¥ Senior Capstone - can be waived for double major if CHF not primary, but the credits needs to be replaced with CHF elective credits.

**Usually taken in conjunction with senior capstone

Minimum of 120 earned credits and 2.0 GPA required for graduation; at least 30 credits at 300 level or higher must originate from UMaine.

Transfer students must complete 12 credits of CHF content courses from list above at UMaine (not CHF 409 or CHF 496).

12 credits each of CHF 409 and CHF 496 may be taken; 6 credits of each count toward the major, 6 credits of each count toward electives.