

# **CURRICULUM VITAE**

## **SANDRA L. CARON, Ph.D.**

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### **EDUCATION**

Syracuse University, Syracuse, NY: Ph.D., Human Development, 1986  
Dissertation Title: Factors Associated with Contraceptive Use in First Year College Students  
(Major Advisors: Dr. Sol Gordon & Dr. Eleanor Macklin)  
Major Areas: Family Studies & Human Sexuality  
Minor Area: Child Development

University of Maine, Orono, ME: M.S., Human Development, 1982  
Thesis Title: Attitudes toward Women of Male Athletes and Non-Athletes  
(Major Advisor: Dr. Lloyd Brightman)  
Major Area: Family Relations  
Minor Area: Community Agency Counseling

University of Maine, Orono, ME: B.S., Human Development, 1979  
Major Area: Health and Family Life Education  
Minor Area: Psychology

### **HONORS/AWARDS/RECOGNITIONS**

- Distinguished Maine Professor, 2019
- Faculty Excellence Award, UMaine Alumni Association, September 2017
- Research & Creative Achievement Award, College of Ed & Human Development, 2016
- Graduate Faculty Mentor Award, College of Education & Human Development, 2008, 2014
- Mabel Sine Wadsworth Women's Health Achievement Award, Bangor, ME 2013
- Outstanding Faculty, Nontraditional Students Association, University of Maine, 2009
- Lifetime Achievement Award – Service to Sororities, University of Maine, 2005
- University of Maine All-Maine Women, Honorary member, 2004
- Presidential Public Service Achievement Award Recipient, University of Maine, 2002
- Margaret Vaughn Award for Outstanding Contribution to Sexuality Education in Maine, Family Planning Association of Maine, 1999
- Phi Kappa Phi National Academic Honorary Society, University of Maine, 1999
- Presidential Outstanding Teaching Award Recipient, University of Maine, 1998
- Outstanding Service to the Greek Community, University of Maine, 1998
- Faculty Student-Centered Award Recipient, University of Maine, 1997
- Outstanding Graduate Student, Human Development, Syracuse University, 1986

### **CERTIFICATIONS/LICENSURES**

- *Sexuality Educator*, American Association of Sex Educators, Counselors, and Therapists, 1987 to present
- *Health Educator*, State of Maine - Department of Education, 1979 to present
- *Licensed Clinical Professional Counselor*, State of Maine, #CC3112, 1997 to present
- *Family Life Educator*, National Council on Family Relations, 1999 to present

## PROFESSIONAL EXPERIENCE

**Professor of Family Relations/Human Sexuality** 09/1988 - Present  
College of Education and Human Development, The University of Maine, Orono, ME.  
Tenured/Promoted to Associate Professor: 1994; Promoted to Full Professor: 2000.  
Appointed **Program Coordinator** for Human Development: Fall 2014- Present.  
Responsible for teaching both undergraduate and graduate level courses, including *Family Interaction, Family Life Education Methodology, Human Sexuality, Senior Seminar in Family Studies, Sexuality and Human Interaction, and Women's Sexuality*. Teach both small seminar classes and large lecture classes. Courses are offered live and online. Served as Graduate Coordinator thru 2013. Appointed to the Women's, Gender & Sexuality Studies Faculty in 1999.

**Founder and Director, SHARE** 1989-99; 09/2017-Present  
Sexual Health and Reproductive Education: Peer education program trains students on sexual health and reproductive issues. Previously ran this program in 1989-1991 with Ruth Lockhart.

**Founder and Director, Athletes for Sexual Responsibility** 01/1990 - Present  
Peer education program trains student-athletes to present workshops on a variety of issues, including: Rape Awareness, Smart Sex, and Drinking & Dating. Produced three educational films for national distribution entitled: *Rape Awareness* (1991 and 2004), *Smart Sex* (1993), and *The Party* (1996), along with a "Smart Sex" poster series. The NCAA has adopted all materials.

**Founder and Director, Greek Peer Educator Program** 01/1990 - Present  
Peer education program trains student-members of fraternities and sororities on issues of alcohol, risk management, and sexuality. Members present workshops on campus and in the community. The *Liquor, Law, and Lust* video and poster series are marketed to fraternities and sororities nationally. New poster series in 2008: Alcohol Awareness campaign- *Remember...* which focuses on alcohol tragedies specific to UMaine. *In 2014, I moved the program to the Greek Life Office. I now serve as an overseer of the program as the Faculty Liaison.*

**Manuscript Reviewer** 01/1990 - Present  
I have reviewed manuscripts submitted for peer review for such scholarly research journals as *AIDS Education, American Journal of Sexuality Education, Families in Society, Family Relations, Health Education Research, and Sex Roles*.

**Textbook Reviewer** 01/1990 - Present  
I have reviewed textbooks for courses in family studies and human sexuality for Cengage, Macmillan, Prentice Hall/Pearson, Wadsworth, West, William C. Brown, and Williams & Wilkins.

**Therapist** 09/1996 - Present  
Bangor Counseling Center. I am a Licensed Clinical Professional Counselor. I specialize in working with individuals and couples with sexual-related issues. Also offer consultation services and trainings. From 1996-2006, I was in private practice and served as Co-Director of the Human Sexuality Clinic in Orono with Dr. John Hale.

**Website Host/Syndicated Advice Columnist** 12/2000 - Present  
College Sex Talk. <http://www.CollegeSexTalk.com> Students at colleges and universities across the country can ask questions, participate in discussions and weekly polls on commonly asked questions, and find links to other important sexuality sites. Site completely updated in 2018.

## PROFESSIONAL EXPERIENCE (continued)

**Founder and Director, Male Athletes Against Violence** 09/2004 - Present  
Peer education program trains male student-athletes on issues of masculinity and violence prevention. Developed anti-violence poster series; distributed nationally through the NCAA.

**Peer Education Consultant** 09/1982 - Present  
Hired by various colleges and universities across the country to develop or adapt my model *Peer Sexuality Program* at their school. Examples include: Cornell University, Johnson and Wales College, Mount Ida College, Penn State University, Rochester Institute of Technology, Rutgers University, Tulane University, University of Florida - Gainesville, University of Maryland, University of Wisconsin - Stout, Whitman College, Worcester State College, as well as the Center for the Study of Sport in Society at Northeastern.

**Summer Study Abroad Instructor** Summers 2014, 2015, 2017, 2019  
Division of lifelong Learning, University of Maine. *Human Sexuality in Europe*, 3-week course. Previously hired 1997-2006 by Division of International Programs, Syracuse University, Syracuse, NY to teach *Human Sexuality in Europe*, a month-long summer course I designed for Syracuse University. This program provides students with an international perspective on approaches to human sexuality by allowing them to see firsthand how other cultures deal with various sexuality issues. Students visit London, ENG, Amsterdam, NL and Stockholm, SE.

**Sexual Health Expert, The Sexual Health Network** 11/2001– 12/2009  
<http://www.sexualhealth.com>. I answered questions submitted to national website by readers.

**On-Line Sexuality Expert** 01/1999– 08/2008  
<http://www.twentybelow@mainetoday.com> I answered questions submitted to the teen section of *The Portland Press Herald's* online newspaper, Twenty Below.

**Newspaper Columnist** 01/1989 - 05/2008  
Weekly Q&A column on sexuality entitled, *Sex Matters* for *The Maine Campus*, The University of Maine student newspaper. Re-titled *College Sex Talk* beginning in 2001. My column ran for two decades; this is the longest running weekly sexuality column in a US college newspaper.

**Radio Talk Show Host** 01/1997 - 05/2007  
Hosted two different weekly call-in shows (*Sex Matters* and *Women Talk About Sex*) on WMEB (91.9FM) The University of Maine Radio Station. Previously hosted a weekly talk show, *Sex Matters*, at Syracuse University on WJPZ (89.9FM) from 1985-1986.

**Instructor, SU London Centre, London, England** 08/1995 - 12/1995  
Sabbatical semester spent teaching human sexuality for Syracuse University's London Centre. In addition to teaching, I visited agencies related to sexuality, including the Family Planning Association of the UK, International Planned Parenthood Federation, and family planning organizations in Sweden, Denmark, The Netherlands, France and Greece.

**Consultant, Center for the Study of Sport in Society** 11/1994 - 03/1995  
Provided assistance in the development of the Mentors in Violence (MPV) Project based at Northeastern University. Worked under the direction of Arthur Taylor.

## PROFESSIONAL EXPERIENCE (continued)

**Research Consultant, USM Muskie Institute** 01/1993 - 05/1994  
Project focusing on health concerns of Maine people, including coordinating and facilitating focus groups with parents and teens. Worked with Deb Deatrack and Dr. Suzanne Hart.

**Assistant Coordinator, Summer Sexuality Institute** Summers 1984 - 1989  
Summer conference on sexuality featuring leading experts in the field of human sexuality. Sponsored by Syracuse University. Worked under Dr. Sol Gordon and Alison Deming.

**Health Educator: Sexuality/AIDS Education** 09/1987 - 07/1988  
Cornell University. Responsible to the Director of Health Education to assist in the development and administration of a program of Health Education for the University; responsible for the overall planning, development, coordination, and evaluation of programs on sexuality, including contraception, sexually transmitted infections, and HIV.

**Program Coordinator/Student Development Specialist** 09/1986 - 07/1987  
Office of Residence Services, Syracuse University. Responsible for design, implementation and evaluation of activities for residence staff and students in the areas of leadership development, training and programming; also responsible for all staff-faculty interaction with students, enhancement of the residence hall academic environment, and Resident Advisor selection and training programs. Worked under Dr. Barbara Baker.

**Community AIDS Educator** 03/1986 - 07/1987  
Volunteer with the AIDS Task Force of Central New York, Syracuse, NY. Assisted with multiple community education and training programs.

**Television Talk Show Host** 05/1986 - 05/1987  
Weekly television show entitled, *Our Sexuality*. NewsChannel Cable TV (Channel 13), Syracuse, NY.

**Founder and Director/Instructor, Peer Sexuality Program** 09/1982 - 05/1986  
Department of Psychology and Office of Resident Services, Syracuse University. Responsibilities included training undergraduate students each year to educate other students on sexuality issues through workshop format; coordinate the *Love and War* and *Religion and Sexuality* speaker series. Worked under Dr. Clive Davis and Barbara Baker.

**Magazine Columnist** 01/1986 - 05/1986  
Column on sexuality for *Study Break Magazine*, a news magazine for Syracuse University.

**Radio Talk Show Host** 09/1985 - 05/1986  
Weekly show entitled *Sex Matters*, WJPZ (89.9 FM) Syracuse University Radio Station.

**Sexuality Educator** 09/1985 - 05/1986  
Adjunct staff position with Planned Parenthood, Syracuse, NY. Responsible for a variety of educational and training programs.

**Founder and Coordinator, Lifelines Project** 09/1984 - 05/1985  
Health Services, Syracuse University. Responsible for this peer education program which trained students to educate other students on mental health issues in workshop format. Worked under the direction of Stan Fornal.

## RESEARCH/PUBLICATIONS

### **Published Books/Manuals:**

Book: Caron, S.L. (2018). *Sex around the world: Cross-cultural perspectives on human sexuality*. Seventh Edition. Published by Pearson Custom Publishing (previously Prentice Hall).

Book: Caron, S.L. & Schulte, S.J. (2016). *The birds and bees and more: How babies are made and families form*. Illustrated by Robert Ryan Kenny. Maine College Press, Inc.

Book: Caron, S.L. (2015). *The sex lives of college students: A quarter century of attitudes and behaviors*, 2<sup>nd</sup> edition. Maine College Press, Inc [1<sup>st</sup> edition in 2013 subtitled *Two decades of attitudes and behaviors*:]

Book: Caron, S.L. (2008). *Sex matters for college students: FAQs in human sexuality*, Second edition. Prentice Hall.

Manual: Caron, S.L. & Cirillo, J. (2011, 2009, 2007). *Instructor's manual and Test item file Human Sexuality: Meeting your basic needs*. (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> editions) by Roger Hock. Prentice Hall.

Manual: Caron, S.L. (2007). *Student study guide and Study card* for textbook, *Human Sexuality: Meeting your basic needs* by Roger Hock. Published by Pearson/Prentice Hall.

Manual: Caron, S.L. (2002). *Online study guide* for textbook, *Human sexuality: Meeting your basic needs*. Prentice Hall:

### **Published Educational Films/Posters for National Distribution:**

Caron, S.L. (2005-2018). Male Athletes Against Violence Poster Series. *Be the Ribbon, Man Enough to Walk a Mile in Her Shoes; We Don't Tip Toe Around Relationship Violence; Be a Man Be a Role Model: Football; Be a Man, Be a Role Model: Ice-Hockey; Join the Huddle; Stand Tough Against Violence; United Against Violence; Stereotypes? We're Baking Changes*. Marketed to the NCAA.

Caron, S.L. (2013) *I want to live in a world*. Produced public service announcement by Male Athletes Against Violence. <http://www.youtube.com/watch?v=-I7UAtd2h88>

Caron, S.L. (2004). *Athletes for Sexual Responsibility: Rape Awareness*. Video/DVD produced with University of Maine Public Affairs for national distribution (with NCAA).

Caron, S.L. (1999). *Greek Peer Educator Program: Liquor, Lust & The Law*. Video on alcohol and sexuality produced with Public Affairs for national distribution.

Caron, S.L. (1996). *Athletes for Sexual Responsibility: The Party*. Video on alcohol and sexuality produced with the University of Maine Public Affairs for national distribution.

Caron, S.L. (1995). *Greek Peer Educator Poster Series*. Twenty-five posters focusing on alcohol, risk management, and sexuality issues. Distributed nationally.

Caron, S.L. (1994). *Athletes for Sexual Responsibility Smart Sex Poster Series*. Twenty posters focusing on safer sex/condom use for national distribution.

Caron, S.L. (1993). *Athletes for Sexual Responsibility: Smart Sex*. Video on safer sex produced with the University of Maine Public Affairs for national distribution.

## RESEARCH/PUBLICATIONS (continued)

### **Research in Progress/Manuscripts in progress for submission to peer-reviewed journals:**

Caron, S.L. & Doore, B. The sex lives of college students: Changes in attitudes and behaviors over 30 years.

Caron, S.L. & Douglass, G. Campus Climate Survey: Students' perceptions of and experiences with sexual harassment

Caron, S.L. & Falvey, J.E. To shave or not to shave: Exploring pubic hair removal among college students.

Caron, S.L. & Mitchell, D. 'I've never told anyone': A qualitative analysis of interviews with college women who experienced sexual assault and remained silent.

Fuller, C., Caron, S.L. & Cheek, P. Exploring the impact of abortion stigma: Interviews with college women who have had an abortion.

Smith, K.F. & Caron, S.L. Exploring the experiences and impact of middle school and/or high school bullying: Interviews with college women.

### **Published Peer-Reviewed Journal Articles (in reverse chronological order):**

Bowen, J.M. & Caron, S.L. (2016). A qualitative analysis of home-based counselors' experiences working in a rural setting. *Journal of Counseling & Development, 94*, 129-140;

Caron, S.L. & Hinman, S. (2013) I took his V-card: An exploratory analysis of college student stories of male virginity loss. *Sexuality & Culture, 17*, 525-539.

Ferland, P. & Caron, S.L. (2013). Exploring the long-term impact of female infertility: A qualitative analysis of interviews with post-menopausal women who remained childless. *The Family Journal, 21*, 180-188.

Shipp, L.E. & Caron, S.L. (2013). Motherhood and sexuality: A 20-year content analysis of sexuality-related articles in popular magazines for women. *Journal of International Women's Studies, 14*, 94-112.

Caron, S.L. & Ahlgrim, C.J. (2012). Children's understanding and knowledge of conception and birth: Comparing children from England, The Netherlands, Sweden, and the U.S. *American Journal of Sexuality Education, 7*, 16-36.

Cole, M.A. & Caron, S.L. (2010). Exploring factors which lead to successful reunification in domestic violence cases: Interviews with case workers. *Journal of Family Violence, 25*, 297-310.

## RESEARCH/PUBLICATIONS (continued)

### Published Peer-Reviewed Journal Articles (in reverse chronological order):

- Brugman, M., Caron, S.L., & Rademakers, J. (2010). Emerging adolescent sexuality: A comparison of American and Dutch women's experiences. *International Journal of Sexual Health, 22*(1), 32-46.
- Saucier, J.A., & Caron, S.L. (2008). An investigation of content and media images in gay men's magazines. *Journal of Homosexuality, 55*, 504-523.
- Guerette, S.M., & Caron, S.L. (2007). Assessing the impact of acquaintance rape: Interviews with women who are victims/survivors of sexual assault while in college. *Journal of College Student Psychotherapy, 22*, 1-50.
- Bulduc, J., Caron, S.L., & Logue, M.E. (2007). The effects of parental divorce on college students. *Journal of Divorce and Remarriage, 46*, 83-104.
- Proulx, N.K., Caron, S.L., & Logue, M.E. (2006) Older women/younger men: A look at the implications of age heterogamy in marriage. *Journal of Couple and Relationship Therapy, 5*, 43-64.
- Hutton, A.M. & Caron, S.L. (2005). Experiences of families with children with autism in rural New England. *Focus on Autism and Other Developmental Disabilities, 20*, 180-189.
- Levesque, L. & Caron, S.L. (2004). Dating preferences of women born between 1945 and 1960. *Journal of Family Issues, 25*, 833-846.
- Caron, S.L. & Moskey, E.G. (2004). Family life education in Maine public schools: A ten-year look at changes in topics, policy and procedures. *Electronic Journal of Human Sexuality*. [http://www.ejhs.org/volume7/family\\_life.html](http://www.ejhs.org/volume7/family_life.html)
- Caron, S.L., Moskey, E.G. & Hovey, C.A. (2004). Alcohol use among fraternity and sorority members: Looking at change over time. *Journal of Alcohol and Drug Education, 47*, 51-66.
- Stevens, S.R., Caron, S.L. & Pratt, P. (2003). Decade in review: The importance of religion in shaping sexual attitudes of college students in the 1990s. *Journal of College and Character, 2*, <http://www.CollegeValues.org/articles.cfm>.
- Caron, S.L. & Moskey, E.G. (2002). Regrettable sex: An exploratory analysis of college students' experiences. *Journal of Psychology & Human Sexuality, 14*, 47-54.
- Caron, S.L. & Moskey, E.G. (2002). Changes over time in teenage sexual relationships: Comparing the high school class of 1950, 1975, & 2000. *Adolescence, 37*, 515-526.
- Bachand, L.L. & Caron, S.L. (2001). Ties that bind: A qualitative study of happy long-term marriages. *Contemporary Family Therapy, 23*, 105-121.
- Reynolds, A.L. & Caron, S.L. (2000). How intimate relationships are impacted when heterosexual men crossdress. *Journal of Psychology & Human Sexuality, 12*, 63-77.

## RESEARCH/PUBLICATIONS (continued)

### Published Peer-Reviewed Journal Articles (in reverse chronological order):

Cranson, D.A. & Caron, S.L. (1998). An investigation of the effects of HIV on the sex lives of infected individuals. *AIDS Education & Prevention*, 10, 506-522.

Schlenker, J.A., Caron, S.L. & Halteman, W.A. (1998). A feminist analysis of *Seventeen* magazine: Content analysis from 1945 to 1995. *Sex Roles*, 38, 135-149.

Caron, S.L., Halteman, W.A. & Stacey, C. (1997). Athletes and rape: Is there a connection? *Perceptual and Motor Skills*, 85, 1379-1393.

Caron, S.L. & Carter, D.B. (1997). The relationships among sex role orientation, egalitarianism, attitudes toward sexuality, and attitudes toward violence against women. *Journal of Social Psychology*, 137, 568-587.

Caron, S.L. & Ulin, M. (1997). Closeting and the quality of lesbian relationships. *Families in Society*, 78, 413-419. Co-Published in *The Gay and Lesbian Marriage and Family Reader* (ed: Richard Altschuler), Univ. Nebraska Press, 2001, pp. 239-250.

Caron, S.L., Carter, D.B., Davis, C. & Macklin, E. (1997). Evaluating the effectiveness of various workshop interventions on contraceptive use among first-year college students. Co-Published in *Journal of Psychology & Human Sexuality*, 9, 99-120 and *Sexuality Education in Postsecondary and Professional Training Settings* (Ed: J.W. Maddock) Haworth Press.

Berends, M. & Caron, S.L. (1994). Children's understanding and knowledge of conception and birth: A developmental perspective. *Journal of Sex Education and Therapy*, 20, 18-29.

Caron, S.L. & Brossoit, L. (1994). The Drink-Out: Innovative programming for Alcohol Awareness Week. *Journal of College Student Development*, 35, 71-72.

Wallace, C. & Caron, S.L. (1994). Detection of ovulation in women using an ion sensitive paper. *Maine Journal of Health Issues*, 1, 32-34.

Caron, S.L. (1993). Athletes as rape awareness educators: Athletes for sexual responsibility. *Journal of American College Health*, 41, 275-276.

Caron, S.L. Davis, C., Halteman, W.A., & Stickle, M. (1993). Predictors of condom-related behaviors in first-year college students. *Journal of Sex Research*, 30, 252-259.

Caron, S.L., Knox, C. B., Rhoades, C., Aho, J., Tulman, K., Volock, M. (1993). Sexuality education in the workplace: Seminars for parents. *Journal of Sex Education and Therapy*, 19, 200-211.

Caron, S.L. & Brossoit, L. (1992). Rape/sexual assault on the college campus: Some questions to think about. *Journal of College Student Development*, 33, 182-183.

Caron, S.L., Davis, C., Wynn, R.L. & Roberts, L. (1992). America responds to AIDS, but did college students? Differences between March 1987 and September 1988. *AIDS Education and Prevention*, 4, 18-28.



## RESEARCH/PUBLICATIONS (continued)

### Published Peer-Reviewed Journal Articles (in reverse chronological order):

Caron S.L. & Wynn R.L. (1992). Why be a parent? The intent to parent among young, unmarried, college graduates. *Families in Society*, 73, 480-487.

Caron, S.L., Carter, D.B., and Brightman, L. (1985). Sex role orientation and attitudes towards women: Differences among college athletes and non-athletes. *Perceptual and Motor Skills*, 61, 803-806.

Caron, S.L., & Bertran, R.M. (1988). What college students need to know about sex. *Medical Aspects of Human Sexuality*. April, 18 - 25. Reprinted in *Annual Editions: Human Sexuality 89/90*, and *Annual Editions: Human Sexuality 90/91*.

Caron, S.L., Bertran, R.M., and McMullen, T. (1987). AIDS and the college student: The need for sex education. *SIECUS Report*, 15, 6-7. Reprinted in *Annual Editions: Human Sexuality 88/89*, *89/90*, and *90/91*.

### OTHER SCHOLARLY PUBLICATIONS

Caron, S.L., Davis, C.M., Halteman, W.A., & Stickle, M. (2019). Double Standard Scale. In R.R. Milhausen, J.K. Sakaluk, T.D. Fisher, C.M. Davis, W.L. Yarber (Eds.) *Handbook of sexuality-related measures, 4th edition* (pp. 195-196). Taylor & Francis. First published in this handbook in 1998 by Sage.

Caron, S.L. & Douglas, G. (Spring 2014; Spring 2015; Spring 2016). *UMaine Campus Climate: Students' Perceptions of and Experiences with Sexual Harassment*. Online surveys of all UMaine undergraduates and numerous focus groups conducted Spring 2014 and Spring 2015. Reports written and filed with University of Maine Office of Student Life and Office of Equal Opportunity.

King, K & King, Z. (2008). I said NO! A kid-to-kid guide to keeping private parts private. Weaverville, CA: Boulden Publishing. I wrote the Preface for this children's book on preventing child sexual abuse.

Caron, S.L. (2006). Students go to "Sex Camp" and write back love letters: Book review of Sex Camp. *The Journal of Sex Research*, 43, 388.

Caron, S.L. (1993). *Face-To-Face: A Series of Exercises that Explore Intimacy and Relationship Issues*. Workbook for family studies text published by Wm. C. Brown.

Caron, S.L. (1992). "As Maine goes, so goes the rest of the nation." *Let's hope not: An assessment of family life/sexuality education in the State of Maine*. Maine Department of Education, State House Station #23, Augusta, ME.

Caron, S.L. (1990). AIDS Action on Campus. In S. Alyson (Ed.) *You can do something about AIDS*. Boston: The Stop AIDS Project.

Bourne, G.M., Caron, S.L., Davis, K.R., Hepworth, J., (1989). Chapter 2: Strategies for AIDS Education. In E. Macklin (Ed.), *AIDS and Families*. NY: Harrington Park Press.

## INTERNATIONAL/NATIONAL/REGIONAL/STATE PRESENTATIONS

### **Athletes for Sexual Responsibility: Athletes as Educators:**

- Paper presented at the BACCHUS National meeting in Reston, VA, November 2013, and the Area 10 New England Peer Education Conference, Worcester, ME. April 2013 (presented with Jeff Falvey & Spencer Wood, Student Coordinators of ASR & MAAV)
- Exhibit at the New View Conference (Pre-conference to World Conference on Sexology), Montreal, Quebec, July 2005
- Exhibit at the annual meeting of the Society for the Scientific Study of Sexuality, Orlando, FL. November 2004
- Exhibit at the Eighth Annual Child Welfare Conference, Bangor, ME. May 2002.
- Exhibit at the NASPA 2002 Conference, Boston, MA. March 2002.
- Paper presented at the Department of Alcoholic Beverage Control's 11th Annual College Conference, Roanoke, VA. September 1996.
- Paper presented at the annual meeting of the National Association of Academic Advisors of Athletics, Washington, DC. June 1996.
- Paper presented at the annual meeting of the American College Health Association, Chicago, IL. June 1995.
- Paper presented at the spring conference of the New England Colleges Sexual Assault Network, Bridgewater, MA. April 1995.
- Paper presented at the Conference on Campus Violence, Washington, DC. April 1995.
- Paper presented at the BACCHUS/GAMMA New England Regional Conference, Worcester, MA. February 1995.
- Exhibit at Fourth International Conference on Sexual Assault, Cherry Hill, NJ. Sept. 1994.
- Exhibit at the American College Health Association, Atlanta, GA. June 1994.
- Paper presented at National Conference on Campus Violence, Baltimore, MD. Feb 1994.
- Exhibit at the Society for Scientific Study of Sex, Chicago, IL. November 1993.
- Exhibit at the annual meeting of the American Association of Sex Educators, Counselors, & Therapists, Denver, CO. June 1993.
- Paper presented at the Tenth Annual Conference for Counseling Athletes, Springfield, MA. April 1993.
- Paper presented at the annual meeting of Society for Scientific Study of Sex, San Diego, CA. November 1992.

## INTERNATIONAL/NATIONAL/REGIONAL/STATE PRESENTATIONS (continued)

### **Athletes for Sexual Responsibility: Athletes as Educators (continued):**

- Paper presented at the Second International Conference on Sexual Assault, Orlando, FL. October 1992.
- Paper presented at the annual meeting of the American Association of Sex Educators, Counselors, and Therapists, Orlando, FL. June 1992.
- Paper presented at the First International Conference on Sexual Assault, Orlando, FL. October 1991.
- Paper presented at annual meeting of American College Health Association, Boston, MA. May 1991.

## OTHER INTERNATIONAL/NATIONAL/REGIONAL/STATE PRESENTATIONS

*A qualitative analysis of interviews with college women who experienced sexual assault and who told no one.* Poster presented with Sgt. Deborah Mitchell at the annual meeting of the Society for the Scientific Study of Sexuality, Montreal, Quebec, November 2018.

*Teaching Outside the Box: Pedagogical Possibilities of Activism and Travel.* Presentation at the New View Campaign Capstone Conference, Kinsey Institute, Bloomington, IN October 2016

*We need more public discussions of private parts.* Keynote address for annual meeting of the Maine College Health Association, Augusta, ME May 2016.

*We need more public discussions of private parts.* Keynote address 11<sup>th</sup> Annual Comprehensive Sexuality Education Conference sponsored by Maine Family Planning, Augusta, ME April 2016.

*Human Sexuality in Europe: Lessons Learned from the UK, The Netherlands, and Sweden.* Paper presented with two students from trip: Lauren Powers & Hayli Weitz) at National Sex Education Conference, Meadowlands, NJ, December 2015.

*The sex lives of college students: A quarter century of sexual attitudes and behaviors.* Paper presented at the annual meeting of the Society for the Scientific Study of Sexuality, Albuquerque, NM, November 2015.

*The sex lives of college students: Two decades of sexual attitudes and behaviors.* Paper presented at National Sex Education Conference, Meadowlands, NJ, December 2014.

*Children's understanding and knowledge of conception and birth: Comparing children from England, The Netherlands, Sweden, and the U.S.* Invited poster presented at the annual CFLE National Sex Education Conference, Somerset, NJ, December 2011.

*The sex lives of college students: Examining trends in sexual attitudes and behaviors over a 20-year period from 1991-2010.* Paper presented at the annual meeting of Society for the Scientific Study of Sexuality, Las Vegas, NV. November 2010.

## OTHER NATIONAL/REGIONAL/STATE PRESENTATIONS (continued)

*The sexual attitudes and behaviors of college men.* Poster presented by co-author Patrick Cheek at the annual meeting of the National Council on Family Relations, Minneapolis, MN. November 2010.

*Emerging adolescent sexuality: A comparison of American and Dutch women's experiences.* Poster presentation at the international meeting of the XIXth World Congress of Sexual Health, Gothenburg, Sweden, June, 2009.

*Male Involvement in Pregnancy Planning and Prevention.* Invited guest to strategy meeting of the National Campaign to Prevent Teen Pregnancy, Washington, DC, December 2008.

*Emerging adolescent sexuality: A comparison of American and Dutch women's experiences* Poster presentation at the annual meeting of the Society for the Scientific Study of Sexuality, Indianapolis, IN. November 2007.

*Peer Education on the College Campus.* Keynote address to the BACCHUS Peer Education Network Area 10 (New England) Spring Conference, Orono, ME. March 2007.

*Promoting the New View in Human Sexuality Textbooks.* The New View Conference, a pre-conference for World Congress of Sexology, Montreal, Quebec, July 2005.

*Sex Around the World: Teenage Pregnancy, Births, Abortion, and Sex Education in Europe versus The US.* Paper presented at the annual meeting of the Society for the Scientific Study of Sexuality, Orlando, FL. November 2004.

*Diversity in Sexual Orientation.* Presentation at the statewide conference, Diversity Exchange Forum, Maine Community College System. Bangor, ME. October 2003.

*The Big Picture: How Violence Impacts Us All.* Panel presentation with Jackson Katz and members of Athletes for Sexual Responsibility at the statewide conference "The Culture of Violence: How It Impacts the Welfare of Children," Bangor, ME. May 2002.

*The Graduate Student Experience.* Keynote address to Syracuse University College of Human Development Retreat, Syracuse, NY. May 1999.

*Teen Pregnancy and Sexuality Education.* Keynote address to the "Not Just Talk: Teachers Are Listening To Kids" conference, Augusta, ME. March 1999.

*Greek Peer Educator Program.* Paper presented at the annual meeting of the BACCHUS/GAMMA Peer Education Network, Washington, DC. November 1998.

*Preventing Teen Pregnancy: What Works.* Keynote address at the statewide conference sponsored by Department of Education, Augusta, ME. February 1997.

*International Perspectives on Teen Pregnancy Prevention.* Keynote address to the Maine Adolescent Pregnancy Prevention Conference, Bangor, ME. December 1997.

## OTHER NATIONAL/REGIONAL/STATE PRESENTATIONS (continued)

*Cross-Cultural Perspectives in Human Sexuality.* Paper presented at the joint meeting of the American Association of Sex Educators, Counselors, and Therapists and the Society for the Scientific Study of Sexuality, Washington, DC. November 1997.

*Cross-Cultural Perspectives in Human Sexuality.* Presentation to the BOCES Teen Pregnancy Prevention & Services Task Force, Oswego, NY. July 1996.

*Sexuality Education in the Workplace: Seminars for Parents.* Paper presented at the annual meeting of the American Association of Sex Educators, Counselors, and Therapists, Orlando, FL. June 1992.

*The Influence of Closeting on the Quality of Lesbian Relationships.* Paper presented at the annual meeting of the National Council on Family Relations, Denver, CO. November 1991.

*Rape/Sexual Assault on the College Campus.* Keynote address at the New England Conference on Rape/Sexual Assault, Boston, MA. April 1991.

*Knowledge & Attitudes about AIDS among British & American College Students.* Paper presented at the annual conference of the American Association of Sex Educators, Counselors, and Therapists, Washington, D.C. February 1990.

*AIDS: Too Little, Too Late.* Paper presented at the pre-conference on AIDS at the annual meeting of the National Council on Family Relations, New Orleans, LA. November 1989.

*The Use of Peer Educators as an Educational Tool.* Paper presented at the annual Reproductive Health Update, JSI Research and Training Institute, Boston, MA. May 1989.

*High Risk College Life.* Paper presented at the annual American Association of Sex Educators, Counselors, and Therapists, San Francisco, CA. April 1988.

*College Students: Uninformed and Unafraid.* Paper presented at the National Interdisciplinary Mental Health Conference on "The Emotional Impact of AIDS," New York, NY. November 1987.

*Responding to the AIDS Crisis.* Paper presented at the pre-conference on AIDS at the annual meeting of National Council on Family Relations, Atlanta, GA. November 1987.

*The Societal Impact of AIDS.* Paper presented during Arts and Science Week at Illinois State University, Bloomington, IL. October 1987.

*AIDS Education for Families.* Paper presented at the annual meeting of the Groves Conference on Marriage and Family, San Antonio, TX. April 1987.

*Students Talking to Students: Making Peer Sexuality Education Work.* Paper presented at the annual conference of the American Association of Sex Educators, Counselors, and Therapists, Los Angeles, CA. April 1986.

*Programming for Sexuality Education.* Paper presented at the annual conference of the American College Health Association, Washington, D.C., May 1985.

## **OTHER NATIONAL/REGIONAL/STATE PRESENTATIONS (continued)**

*Peer Sexuality Education.* Paper presented at the annual conference of the American Association of Sex Educators, Counselors, and Therapists, Chicago, IL. May 1985.

*Students Talking to Students: Making Peer Sexuality Education Work.* Paper presented at annual meeting of the American College Health Association, Atlanta, GA. April 1984.

*Peer Sexuality Program: Development, Implementation, and Evaluation.* Paper presented at annual meeting of Conference on Student Development, Storrs, CT. March 1984.

*Peer Sexuality Education: Development, Implementation, and Evaluation.* Paper presented at the annual meeting of the Northeast Association of College and University Housing Officers, Syracuse, NY. March 1984.

*Training Student Peer Groups in Contraceptive and Health Advising.* Paper presented at the Intercollegiate Conference on Reproductive Health, Princeton, NJ. February 1984.

## **SAMPLING OF LOCAL PRESENTATIONS**

In addition to international/national/regional/statewide presentations, I have conducted hundreds of talks, workshops, and trainings on or around the University community. Examples include:

*"Sex at 7" workshops.* I have presented literally hundreds of workshops on campus over the past 30 years in residence halls, fraternities and sororities (7:00 in the evening; topic varies).

*Walking Tour of UMaine Women: Past and Present.* Fall 2015. Presentation of the walking tour I developed based on my years of research. The tour is available on the UMaine website and with smartphone: <http://www.umaine.edu/walkingtourwomen/>. Women's, Gender & Sexuality Luncheon Series, October 2007 and October 2015. Originally written 2007; updated 2010 and 2015.

*The Sex Lives of College Students: A Quarter Century of Attitudes and Behaviors.* Kappa Omicron Nu Speaker Series. November 2015.

*Cross cultural perspectives on dating, love and relationship.* Educators of International Students in Maine Symposium, University of Maine. November 2013.

*The Sex Lives of College Students: Two Decades of Attitudes and Behaviors.* Women's, Gender & Sexuality Luncheon Series. October 2013.

*The Faculty '88: Reflections on 25 Years at the University of Maine.* Presentation for the Center for Excellence in Teaching and Assessment, January 2013.

*The Transition to Biological Childlessness: Interviews with 12 Older Women Who Are Infertile.* Presentation with Paulette Ferland (advisee) for WIC Luncheon Series, April 2011.

*The UMO Women's Center: A snapshot of our work 30 years ago.* Presented with Teresa Brzustowicz at the Mabel Wadsworth Women's Health Center 16<sup>th</sup> Annual Dinner & Awards, Bangor, April 2011.

## **SAMPLING OF LOCAL PRESENTATIONS (continued)**

*Sex Therapy: Issues for Counselors.* Training workshop presented for the Counseling Center Staff and Interns, Cutler Health Center, April 2011.

*Leadership and Leading.* Keynote address for Chi Omega Sorority's Spring Eluesinia Ball, April 2011.

*The Adoption Option.* Organized this training by The Spaulding institute for all CHF majors. Presented by Kristen Hirsh and Megan Smith. January 2010 & January 2011.

*Faculty Incivility.* Panel member for presentation sponsored by Center for Excellence in Teaching and Assessment. December 2010.

*Lecturing is not a dirty word.* Panel member for presentation sponsored by Center for Excellence in Teaching and Assessment. December 2010.

*Childhood sexuality: The role of child care providers.* Three hour workshop for the 12<sup>th</sup> annual The Wonder of Nature RDC Child Care Symposium, Bangor, ME October 2010.

*Sexual and Reproductive Rights: An International Perspective.* Presentation for WIC Luncheon as part of Women's History Celebration, March 2010

*Teaching and Working with Non-Traditional Students.* Panel member for Center for Teaching Excellence, February 2010.

*Civility in the Classroom.* Panel member for the UM President's Council on Women, April 2009.

*Pros and Cons of Clickers.* Panel member for workshop sponsored by the Center for Teaching Excellence, February 2009.

*Teaching Large Lecture Classes.* Panel member for workshop sponsored by the Center for Teaching Excellence, October 2008

*Parents: Talking to Your Kids About Sex.* Workshop presentation for the Maine Discovery Museum, March 2008.

*Religion & Sexuality speaker series,* coordinated a panel of religious leaders for a three-week speaker series, co-sponsored with Religious Life Team, Division of Student Life, University of Maine. October 2007

*Childhood Sexuality: The Role of Child Care Staff in Healthy Development,* UM Children's Center Staff Training, March 2007, October 2009.

*From Vibrators to Viagra: Variations in Women's Sexualities.* Workshop for Mabel Wadsworth Women's Health Center Speaker Series, Bangor, ME. March 2007.

*What's the University Got to Do With It?* Panel member for the UM WIC Luncheon Series, October 2006.

## **SAMPLING OF LOCAL PRESENTATIONS (continued)**

*Sexual orientation.* Presentation to the statewide conference, Diversity Exchange Forum, for the Maine Community College System, Bangor, ME October 2003.

*Sex in the 60s: Make Love, Not War,* lecture for Class Book course, December 2001.

*The Great Sex Debate,* panel member for New Student Orientation, September 2001.

*How to Make Love Better* presented with Dr. Hale, for EAP Luncheon Series, April 1999.

*Teaching Large Lecture Classes,* panel member for speaker series on Improving Teaching at the University of Maine, March 2000.

*Last Lecture Series* presentations for Campus Living Program, 1997, 1998, 1999.

*Taking a Sexual History* with Dr. Lisa Buck for medical interns at EMMC, Nov. 1998.

*Getting Comfortable Talking About Sex,* presentation for area conference sponsored by Eastern Maine AIDS Network, October 1998.

*Friends for Life: Enriching the bonds between mothers and their adult daughters,* workshop for Borders Bookstore, May 1998.

*Health in Our Hands,* keynote address for community conference sponsored by the Mabel Wadsworth Women's Health Center, April 1998.

*Talking to Your Kids about Sex,* workshop for Borders Bookstore as part of National Family Sexuality Education Month, October 1997.

*Sexual Assault and Prevention Issues,* workshop for Bangor High School graduating seniors, April 1995.

*College Students and Sex,* presentation for Student Leadership Conference, April 1995.

*Let's Talk about AIDS,* presentation for Old Town High School Awareness Day, May 1995.

*High Risk College Life,* workshop for RA Training, September 1994.

*Keynote Address for Rape/Sexual Assault Awareness Week* at Colby, Bates, Bowdoin, and College of the Atlantic, 1992-1994.

*"Sex Today" Luncheon Series,* monthly workshops, Spring 1992.

*Peer Education.* Conference on Peer Education, sponsored by the Maine College Consortium, Orono, November 1991.

*Rape Awareness.* Conference on Campus Concerns: Alcohol, Rape, and HIV Infection, sponsored by the New England Land Grant Consortium, Orono, October 1991.



## SAMPLING OF LOCAL PRESENTATIONS (continued)

*Rape 101: What Everyone Needs to Know.* Conference for all high school teachers sponsored by University of Maine, Orono, September 1991.

*New Student Orientation.* Keynote address at the Maine Center for the Arts for all entering new students, 1988, 1989, 1990.

*Alcohol and Sexuality: Why They Don't Mix.* Maine Conference on Substance Usage by Students on College Campuses, Orono, April 1990.

*GOLD: Growth Opportunities in Leadership Development,* Teen Summit, sponsored by the Maine Aspirations Project, Orono, July 1990.

*Sexual Attitude Reassessment Training.* Presenter and group facilitator, sponsored by Family Planning Association of Maine, Brunswick, March 1989.

*Reaching Kids with AIDS Education.* AIDS Prevention and Education Conference, sponsored by the Maine Department of Education, Sugarloaf, October 1989.

*Students Talking to Students: Peer AIDS Education.* Teaching AIDS on the Maine College Campus, sponsored by the Maine Consortium on AIDS Education, Orono, December 1989.

### MEDIA INTERVIEWS/APPEARANCES

My scholarship has been discussed on television, presented on a number of radio programs, and popularized in the print media by writers for both newspapers and magazines.

**Local examples include:**

Television channels 2, 5, and 7, radio stations 90.9 and 103.6, the *Maine Alumni Magazine* (cover story), *The Maine Times*, *Bangor Daily News*, and the *Portland Press Herald*.

**National examples include:**

*American Sports Network*, *CAA Football*, *Campus Safety Magazine*, *Downeast Magazine*, *Boston Globe*, *New York Times*, *USA Today*, *Chronicle of Higher Education*, *Teen Magazine*, *Cosmopolitan*, *Parent's Magazine*, *Men's Health*, *Women's Health*, *Cosmopolitan*, *College Sports*, *Sports Illustrated*, *Fitness*, and *Men's Fitness* (in which I was featured as one of five outstanding U.S. sex educators), and *WebMD*.

I have also been interviewed by staff doing stories for *Good Morning America*, *NBC News*, *Dateline*, *HBO specials*, *20/20*, *Oprah*, and *Larry King Live*.

## **SERVICE: STATE AND LOCAL COMMITTEES**

**The Wilson Center for Spiritual Exploration and Multifaith Dialogue**, Orono, ME. Previously  
Maine Christian Association: Board Member and Secretary, *11/2001-06/2006; 09/2013-Present*

**MAPS/Stepping Stones**, Bangor & Portland, ME. Board Member, *4/2013 -9/13*

**Family Planning Association Training & Education Committee**, Augusta, ME. Board  
Member, *01/1988-12/2001*

**Adolescent Pregnancy Prevention Task Force**, Augusta, ME. Committee Member, *01/1996-  
05/1998*

**Eastern Maine AIDS Network**, Bangor, ME. Board Member, *05/1994-08/1997*

**Family Planning Education Advisory Committee**, Bangor, ME. Committee Member, *01/1994-  
08/1995*

**Family Planning Association**, Augusta, ME. Board Member, *09/1989-08/1991*

**Family Life Education Advisory Committee**, Department of Education, Augusta, ME.  
Committee Member, *09/1988-08/1991*

**Family Planning Association Education Advisory Committee**, Augusta, ME. Co-Chair,  
*09/1988-08/1991*

**Mabel Wadsworth Women's Health Center**, Bangor, ME. Board Member, *09/1988-08/1990*

## **SERVICE: UNIVERSITY OF MAINE COMMITTEES**

**Curriculum Committee, College of Education & Human Development**, *9/2017-Present*

**Sexual Assault & Violence Prevention Committee**. *9/2013-Present*

**AFUM Faculty Union** Secretary *2015-Present*; Vice President: *2013-2015*; and *2001-2006*;  
Representative, College of Education & Human Development, *09/1999-05/2006*

**Graduate Coordinator**, Human Development & Family Studies Master's degree program.  
*09/1993-present*. Coordinated HUD Graduate Symposium *2010 - 2016*

**Presidential Public Service Achievement Award Selection Committee**, Office of the  
President, Committee Member, *2013-Present*

**Lesbian, Gay, Bisexual, Transgender & Allies Council** (previously called "Gay Lesbian  
Bisexual Concerns Committee" and "Sexual Orientation Services"), Co-Chair 1989-1991 &  
1993-1994; Committee Member; *01/1989-5/2015* (Committee stopped meeting in 2015). Re-  
appointed *9/2017-Present*

**College Awards Committee, College of Education & Human Development**, *12/2017-  
01/2019*

## **SERVICE: UNIVERSITY OF MAINE COMMITTEES (continued)**

**Peer Committee**, College of Education and Human Development, Committee Member, 09/2001-6/2004; 09/2007-06/2010, 9/2012-8/2013. For School 2014- Present

**Stakeholders Meeting on Intergenerational Adult day Services**, in collaboration with Social Work and Center on Aging, 04/2017-12/2017

**Search Committee, Tenure Track Assistant Professor of Family Studies**, College of Education & Human Development, 12/2017-5/2018

**WGS Advisory Board**, 2014-2018

**Provost's Council for Advancing Women Faculty** (previously ADVANCE Advisory Committee), 9/2013-5/2018.

**Diversity & Difference. College of Education & Human Development**, 9/13-5/17

**Hazing Prevention team**, 9/2012-2014

**Responder**, University of Maine training as part of Relationship Abuse and the Workplace Policy, 05/2006-2014

**All Maine Women/Senior Skulls Selection Committee**, 03/1994-3/2013

**Athletic Advisory Board**, Committee Member 09/1991-05/1996; 09/2003-06/2009; 9/2011-5/2014; **Chair**: 1993-1995 and 2005-2009.

**Peer Consultant**, Center for Teaching Excellence, Rising Tide Center, offer consultation to faculty for the improvement of their teaching. 09/1999-2013.

**University Teaching Council**, Committee Member, 09/2007-05/2007; 4/2010-4/2012

**Faculty Senate**, Co-Chair of Environment Committee: 2005-2006; Committee Member; 09/1992-06/1995; 09/2004-06/2006.

**Graduate Affairs Committee**, College of Education & Human Development, Committee Member, 01/1999-05/1999; 09/2000-2011

**Search Committee for Dean of College of Education and Human Development**, 03/2007-03/2009

**Outstanding Achievement Award Selection Committee**, 03/1993-2009

**Search Committee for Associate Athletic Director for Compliance**, 03/2008-06/2008

**Task Force on the Retention of Women Faculty**, Committee Member; developed family friendly website: <http://www.umaine.edu/hr/family>, 09/2004-6/2008

**SERVICE: UNIVERSITY OF MAINE COMMITTEES (continued)**

**National Girls and Women in Sports Day Committee**, Committee Member, *10/2006-02/2007*

**Athletic Director Search Committee**, Committee Member, *09/2005-06/2006*

**Presidential Task Force On Retention**, Committee Member, *09/2005-06/2006*

**NCAA Self-Study**, Committee Member; Sub-Committee on Gender Equity and Minority Affairs, *09/2004-09/2005*

**Safe Campus Project**, Task Force Member, *09/2000-05/2006*

**Student Conduct Code Committee**, Committee Member, *09/2000-05/2006*

**Presidential Outstanding Teaching Award Selection Committee**, Committee Member, *09/1999-05/2004*

**Distance Education Advisory Committee**, Committee Member, *09/1997-05/2006*

**President's Commission on Substance Abuse Prevention on Campus**, Committee Member, *09/2001-06/2002*

**Search Committee for Head Teacher for Child Development Learning Center**, Committee Member, *04/2001-06/2001*

**Memorial Union Council**, Committee Member, *09/2000-05/2002*

**Center for Teaching Excellence**, Committee Member *09/1998-05/2001*

**Search Committee for Director of Center for Teaching Excellence**, Committee Member, *01/1999-05/1999*.

**Search Committee for Vice President for Academic Affairs & Provost**, Committee Member, *11/1998-12/1999*

**President's Council on Women**, Co-Chair 1997-1999; Committee Member, *09/1996-06/1999*

**Campus Living Capital Planning Committee**, Committee Member, *09/1989-05/1999*

**Space Committee for College of Education & Human Development**, Committee Member, *02/1999-05/1999*

**Evaluation of Administrator Committee** for Robert Cobb, Dean of College of Education & Human Development, Committee Member, *02/1999-05/1999*

**Evaluation of Administrator Committee** for Ann Schonberger, Director of Women's Studies, Committee Member, *02/1999-04/1999*

**Equal Opportunity Director Search Committee**, Chair, *01/1998-05/1998*

**SERVICE: UNIVERSITY OF MAINE COMMITTEES (continued)**

**Self-Study for NEASC**, Subcommittee: Student Services; Committee Member, *05/1996-05/1998*

**Faculty Advisor**, Study Abroad Programs at British Schools, *05/1996-05/1997*

**Alumni Advisory Committee**, Pi Beta Phi Sorority, Chair 1990-1992; Committee Member, *01/1990-01/1998*

**National Condom Week Committee**, Co-Chair, *09/1998-08/1997*

**Faculty Oversight Committee - Athletics**, Committee Member, *04/1995-05/1996*

**Student Recreation Facility Committee**, Committee Member, *01/1995-05/1996*

**Helpline Advisory Committee**, Cutler Health Service, Committee Member, *09/1992-05/1996*

**NCAA Self-Study**, Committee on Governance and Commitment to Rules Compliance, *04/1995-08/1995*

**Search Committee for Athletic Director**, Committee Member, *05/1994-08/1995*

**Maine Day Committee**, Faculty Advisor, *01/1990-05/1996*

**Memorial Union Planning Board**, Committee Member, *09/1992-05/1996*

**Institutional Review Board/Human Subjects**, Board Member, *09/1989-06/1995*

**Women in the Curriculum Advisory Committee**, Board Member, *09/1989-06/1994*

**AIDS Education Committee**, Committee Member, *08/1989-05/1994*

**Rape Awareness Committee**. Committee Member, *09/1988-05/1994*

**Distance Education Task Force**, Task Force Member, *12/1992-03/1993*

**Graduate Curriculum Committee**, Committee Member, *09/1990-05/1992*

**The Committee to Celebrate Diversity**, Committee Member, *01/1991-08/1991*

**Peer Review Committee for School of Human Development**, Committee Member, *09/1989-01/1991*

**Athletics and Academe**, Committee Member, *09/1989-05/1990*

**Memorial Union Facilities Committee**, Committee Member, *09/1989-05/1990*

**Women's History Week Planning Committee**, Committee Member, *09/1988-05/1989*

**Women's Resource Center Committee**, Committee Member, *09/1988-05/1989*

## MASTER'S THESIS ADVISING

67 thesis committees (Chair of 43 – 68%)

**2018:** Kate Dawson, MFA, Committee Member

**2014:** Kristi Fiske, Committee Member

**2012:** Diana Hamel, Chair  
Noel March, Committee Member  
Kristine Syrjala, Committee Member

**2010:** Paula Matlins, Chair

**2009:** Patrick Cheek, Chair

**2008:** Maryanne Cole, Chair  
Sharon LaBrie, Chair  
Elizabeth Lavoie, Chair  
Sarah Paterson, Chair  
Tia Sidlinger, Committee member

**2007:** Maureen Dillane, Chair  
Diana Francis, Chair  
Terry Watson, Committee member

**2006:** Jessica Bulduc, Chair  
Willow McVeigh, Chair  
Lori Michaud, Committee member

**2005:** Sarah Bourget, Committee member  
Barbara Carey, Chair  
Maureen Dillane, Chair  
Margaret Oehler, Committee member  
Hannah Osbourne, Chair  
Jason Saucier, Chair  
Sandra Tijerina, Chair  
Michaela McCarthy, Chair  
Mary McKillop, Committee member  
Marcus Walton (LeFevre), Chair

**2004:** Nichole Proulx-King, Chair  
Kara Sylvester, Chair  
Elena Yanakieva, Committee member

**2003:** Carie Jo Ahlgrim, Chair

**2002:** Sheryl Brockett, Chair  
Adam Hutton, Chair  
Dorothy Foote, Chair  
Eilean Moskey, Chair

## GRADUATE THESIS ADVISING (continued)

- 2000:** Tracy Comeau, Committee member  
Erin Flynn, Chair  
Adrienne Stubbs, Committee member
- 1999:** Heidi Arsenault, Chair  
Jill Arsenault, Committee member  
Kris Croteau, Chair  
Sara Stevens, Chair  
Gordon Young, Committee member (Communications)
- 1998:** Norma Allen, Chair  
Leslie Bachand, Chair  
Amy Deschane, Chair  
Claude Giroux, Committee member (Theater)  
Alberta Reynolds, Chair  
Wendy Weise, Chair  
Brian Welsh, Chair  
Brenda Willette, Chair
- 1997:** Ian Cameron, Committee member  
Linda Levesque, Chair  
Jennifer Schlenker, Chair
- 1996:** Megan Thomas, Chair  
Shirley Taylor, Committee member
- 1995:** Wayne Moore, Committee member
- 1994:** Madhu Sharma, Committee member  
Cheri Stacy, Chair
- 1993:** Denis Cranson, Chair  
Wendy Flannery, Committee member
- 1992:** Melissa Berends, Chair  
Kathryn Tulman, Chair  
Margaret Volock, Committee member
- 1991:** Tawney Hughes, Committee member (Sociology)
- 1990:** Marjorie Ulin, Committee member

## DOCTORAL DISSERTATION COMMITTEES

### 23 committees (Chair of 5)

- Current: Nicole Achey, **Chair**, Interdisciplinary Ph.D.
- 2018: Donna Seppy, **Chair**, Ph.D. in Counselor Education
- 2015: Jane Stewart, Committee member, Ph.D. in Counselor Education
- 2015: Joshua Jones, Committee member, Ph.D. in Counselor Education
- 2014: Jonathan Bowen, **Chair**, Ph.D. In Counselor Education
- 2014: Lee Nathan Gardner, Committee member, Ph.D. in Counselor Education
- 2014: Jan Veinot, Committee member, Ph.D. in Counselor Education
- 2013: Ellen Smith, **Chair**, Ph.D. in Counselor Education
- 2013: Sherrie Winton, Committee member, Ed.D. in Counselor Education
- 2012: Andrea McGill-O'Rourke, Committee member, Ph.D. in Higher Ed
- 2010: Barbara Harvey, Committee member, Ed.D. in Counselor Education
- 2010: Daniel Johnson, Committee member, Ed.D. in Counselor Education
- 2010: Mary Mahoney O'Neil, Committee member, Interdisciplinary Ph.D.
- 2009: Elena Perrello, Committee member, Ed.D. in Counselor Education
- 2008: Michael Wing, Committee member, Ed.D. in Counselor Education
- 2007: Margaret Brugman, **Chair**, Interdisciplinary Ph.D. (Human Sexuality)
- 2006: Christopher Chenard, Committee member, IPh.D. (Nursing)
- 2006: Julie Dellamattera, Committee member, Interdisciplinary Ph.D.
- 2005: Don Lynch, Committee member, Ed.D. in Counselor Education
- 2005: Karen Neff, Committee member, Ph.D. in Psychology
- 2002: Rachel Grover, Committee member, Ph.D. in Psychology
- 2002: Elizabeth Kubik, Committee member, Ph.D. in Psychology
- 2000: Mary Madden, Committee member, Interdisciplinary Ed.D. (Education)



## HONOR'S THESIS COMMITTEES

21 committees (Chair of 8)

- 2019: Phoebe Welcome, Committee member
- 2019: Lanie Howes, **Chair**
- 2018: Marissa Zink, **Chair**
- 2016: Alissa Picard, Committee member
- 2015: Melissa Carrigan, Committee member
- 2014: Cameron Holms, **Chair**
- 2014: Thomas Stevenson, **Chair**
- 2014: Jhen-da Prince, Committee member
- 2014: Abigail Szotkowski, Committee member
- 2012: Kaitlin Wortelboer, Committee member
- 2010: Joshua Berntein, Committee member
- 2010: Amanda Hallett, Committee member
- 2009: Tegan Colley, Committee member
- 2009: Bettina Voigt, Committee member
- 2008: Leah Shipps, **Chair**
- 2003: Sarah Guerette, **Chair**
- 2000: Heather Clark, **Chair**
- 1998: Amanda Wilson, Committee member
- 1997: Michael Johnson, Committee member
- 1995: Sherry Abbott, Committee member
- 1994: Darcey Dolliver, **Chair**

## PROFESSIONAL ASSOCIATIONS: MEMBERSHIPS AND OFFICES

### *American Association of Sex Educators, Counselors, and Therapists*

- Nominating Committee – Eastern Region (1998-2006; 2014-2016)
- CE Approval Committee (2014)
- Personnel/Executive Director Evaluation (2000-2007)
- Section Chair – Maine (2007)
- Awards Committee (2000-2006)
- Discipline of Sexual Science Committee (1999-2006)
- Executive Director Search Committee (July-October 2000)
- Board Member: Chair of District VII (Nov. 1992-1996)
- Chair of Student/Young Professional Committee (1987-90; 1993-1995)
- Program Committee Member for Annual Meetings:
  - 1987 (New York City)
  - 1988 (San Francisco)

### *American College Health Association*

- Member of the AIDS Task Force (1987-88)

### *American Counseling Association*

### *National Abortion Rights Action League*

### *National Coalition on AIDS and Families*

- Co-Chair of national network of family & AIDS organizations (1987-1989)

### *National Council on Family Relations*

- Co-Chair of Commission on AIDS and the Family (1987-1990)
- Certified Family Life Educator liaison for our undergraduate program

### *National Organization for Women*

### *National Peer Education Network (BACCHUS/GAMMA)*

### *New England College Sexual Assault Network*

- Board Member (Maine Delegate 1994-1996)

### *Sex Information and Education Council of the United States*

### *Society for the Scientific Study of Sexuality*

- Scientific and Professional Affairs (1997-2008)

## RESEARCH AND TRAINING GRANTS

Maine Coalition to End Domestic Violence Grant, **Received \$250.00**

- Used for MAAV event: Unwrapping the not so sweet truth, April 2014

*United Educators Grant* **Received \$500.00**

- Funded educational poster by Male Athletes Against Violence, February 2014

Maine Coalition to End Domestic Violence **Received \$1,400.00**

- Used for Male Athletes Against Violence programming, December 2013

*Maine Coalition to End Domestic Violence* **Received \$3,600.00**

- Used for Male Athletes Against Violence programming, June 2012

*IT Faculty Technology Stipend* **Received: \$1,250.00**

- Film personal perspectives in human sexuality for online CHF351 class
- Faculty Development Center, University of Maine, Spring-Summer 2010

*Learning Circles Teaching & Learning Grant*, **Received \$500.00**

- Teaching Large Classes: Center for Teaching Excellence, University of Maine, Fall 2000

*Learning Circles Teaching & Learning Grant*, **Received \$500.00 & \$500.00**

- Development of a minor in Gay/Lesbian/Bisexual Studies
- Center for Teaching Excellence, University of Maine, Spring 2000 & Fall 2000

*Learning Circles Teaching & Learning Grant*, **Received \$100.00**

- Retention of Faculty: Center for Teaching Excellence, University of Maine, Spring 2000

*Web Based Course Development Grant*. **Received \$1,000.00**

- Develop CHF351: Human Sexuality as a web-based course
- Division of Lifelong Learning, University of Maine, May 1999

*Women in the Curriculum Summer Grant*. **Received \$1,500.00**

- Develop a course on "Women's Sexuality" for the WIC program
- Women in the Curriculum, University of Maine, May 1999

*Bird & Bird Instructional Grant*. **Received \$844.00**

- Instructional materials (videos) for CHF 351: Human Sexuality, April 1999

*Making of the "Smart Sex" video*. Requested \$12,000; **Received \$10,000.00**

- Frost Foundation, May 1992, \$10,000 grant.

*Factors Influencing Teen Pregnancy Rates in Maine*. Requested \$50,000

- Annie E. Casey Foundation, June 1997, not funded.
- Jessie B. Cox Charitable Trust, May 1997, not funded.
- The Betterment Fund, May 1997, not funded.

Producing "The Party" video by ASR. Requested \$40,000

- NCAA, December 1994, not funded.

## PHILOSOPHY OF TEACHING

In order to maximize the time students spend in the classroom, I believe that teachers must go beyond the traditional practice of straight lecture. While lecturing is appropriate - and often the most effective way to convey certain types of material - if the interest of the students cannot be maintained, much of the time spent may be wasted. I believe that only when a variety of methods are employed will most students maintain an ongoing interest in the class and consequently find class attendance both something to look forward to as well as meaningful.

Since I began teaching large classes (originally with 60-100 students and today with 350 students), such as *CHF 200: Family Interaction* and *CHF 351: Human Sexuality*, I have used a number of different approaches in the presentation of material. These include, but are not limited to, the regular use of media-based materials (i.e., films, music, overheads). An integral part of my teaching also includes having regularly scheduled guest speakers (both real and "characters" I play) and panels, who have direct experience with the subject of study, who come into the classroom to present their views and also address student's questions and concerns. This has shown to be effective in areas such as historical and cross-cultural perspectives of family and sexuality issues.

I am also committed to stimulating students' interest in course material through the use of work that goes beyond the often-used multiple choice assessment tools used in larger classes. Examples of this are the "couples" assignment employed in *CHF 200: Family Interaction* in which students are assigned a hypothetical "couple" for the semester and actually takes them through a simulated relationship using a total of six mini-projects. In *CHF 351: Human Sexuality*, students have been recruited to volunteer for various activities such as the dating service. In this assignment, an actual dating service paired couples by information they provided. These "couples" actually went out on a real date and reported back to the class the success or failure of the pairings. This exercise was incorporated into the course material on mate selection and love relationships. Other assignments have included requiring students to design a project which will educate others about a specific sexuality issue, doing an experiential exercise on homophobia, and reading a children's book about sex to a child or to their own parents.

My approach to testing has always been to make it interesting and meaningful. Using multiple versions per exam, test questions are put into scenarios to give them contextual meaning. For example, when testing about famous sex researchers, several appear on the Oprah Winfrey Show: "Today on the Oprah Winfrey Show her special guests include Alfred Kinsey, Richard von Krafft-Ebing, Masters and Johnson, and Havelock Ellis....." To relieve test anxiety before final exams, I have been known to hire skydivers and the University of Maine Marching Band to deliver the exam to my class.

Overall, I feel that while the material found in the textbooks written for classes are an invaluable tool, I also find a need to transcend it to demonstrate certain concepts to my classes. I also find that through involving students directly, class attendance is consistently higher, student comments on class evaluations are more positive, and overall, students simply do better.

Fundamental to my teaching is the belief that every human being must be genuinely respected and valued for what he or she is - a worthy person, who is in the process of becoming.

## **A SPECIAL NOTE ON MULTICULTURALISM**

Balance is the key in my teaching. In terms of multicultural/gender issues, I am well aware of the importance of sensitivity on these issues. In the development of my courses, I have recognized the importance of incorporating the experiences of minorities, nonwestern cultures, and women of all ethnic and social origins. In classes where students are active participants, selections always include students representative of various races and cultures, as well as a male/female ratio of equal proportion. In my undergraduate teaching, I host panels of international students to teach diversity found in the world. Topics such as homophobia, individual differences, and the value of individual uniqueness are ongoing themes in my teaching. All AV materials are selected with care to include diversity. My commitment to multiculturalism extends beyond the classroom. For example, I have Chaired the Lesbian/Gay/Bisexual/Transgender and Allies Committee and Co-Chaired the President's Council on Women, which both espouse acceptance of a variation of the "norm." My involvement in these activities reflects my dedication and sensitivity to work against prejudice and discrimination and to promote the celebration of diversity found on our campus, in the community, and throughout the world.