This is an introductory course in outdoor and adventure activities, forming the foundation of an outdoor leadership education. The course focuses primarily on participation in four different activity categories:

- **Canoeing**: paddling techniques, and environmental and equipment considerations for day and overnight trips
- **Bouldering and Climbing**: fundamental skills and safety knowledge needed for indoor bouldering and top-rope climbing, including risk management and belay certification
- **Hiking and Orienteering**: essential map and compass skills
- **Challenge course**: educational concepts behind facilitating and processing adventure-based activities

To register visit [umaine.edu/earlycollege](http://umaine.edu/earlycollege)

For more information contact Kari Suderley, Early College Programs Coordinator

207.581.8024 • um.earlycollege@maine.edu
Early College Outdoor Leadership Pathway

The Early College Outdoor Leadership Pathway may lead to programs in a variety of majors including the following:

- Forestry
- Kinesiology and Physical Education
  - Exercise Science
  - Outdoor Leadership
- Teaching Coaching
- Parks, Recreation and Tourism

Completion of these majors allow students to pursue graduate studies or careers in the following fields:

- Athletic Trainer
- Guide
- Land/Parks Manager
- Natural Resource Manager
- Outdoor Educator
- Teacher/Coach in K-12 Schools

College of Education and Human Development Program Requirements (15 credit hours)

Core course requirements (9 credit hours)
- KPE 209: Wilderness First Responder*
- KPE 265: Outdoor and Adventure Activities*
- LDR 100: Foundations of Leadership
*in-person

Recommended electives (choose 2 courses)
- BIS 105: Excel Fundamentals for Business Analytics
- ENG 205: Intro to Creative Writing
- ERS 103: Dynamic Earth
- GIS 204: Introduction to Satellite Positioning and Navigation Systems (UMM Course)
- MES 101: Introduction to Maine Studies**
- NAS 101: Intro to Native American Studies
- PSY 100: General Psychology**
- SFR 111/112: Forests Through Time
**required for degree program

Get a head start on your UMaine degree!

For more information contact
207.581.8004 or um.earlycollege@maine.edu
Apply now at umaine.edu/earlycollege

*The University of Maine is an EEO/AA employer, and does not discriminate on the grounds of race, color, religion, sex, sexual orientation, transgender status, gender expression, national origin, citizenship status, age, disability, genetic information or veteran’s status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding non-discrimination policies: Director of Equal Opportunity, 101 North Stevens Hall, University of Maine, Orono, ME 04469-5754, 207.581.1226, TTY 711 (Maine Relay System).