College of Education and Human Development Core Course Requirements (15 credit hours)

Program Requirements
- FSN 101, Introduction to Food and Nutrition
- KPE 253, Lifetime Fitness for Health

General Education Requirements
- LDR 100, Foundations of Leadership
- PSY 100, General Psychology
- STS 232, Principles of Statistical Inference

The Early College Health and Wellness Pathway may lead to programs in a variety of majors including the following:

- Athletic Training
- Exercise Science
- Kinesiology and Physical Education
- Outdoor Leadership
- Physical Education/Teaching

Completion of these majors allow students to pursue careers in the following fields:

- Activity and Recreation Director
- Athletic Trainer
- Community Health Professional
- Fitness Professional
- Medical Professional
- Occupational Therapist
- Personal Trainer
- Physical Education Teacher
- Physical Therapist
- Sports Administrator

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