<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Brunch</th>
<th>Lunch</th>
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</thead>
</table>
| Sunday    | President's Day!  
Open 8 a.m. – 8 p.m.  
Ham, Egg and Cheese Bagel  
Bacon and Egg Strata  
Broccoli and Cheese Strata-V  
Grilled Ham  
Home Fries-VGN  
Organic Steel Cut Oats-VGN  
Kelp Sautéed in White  
Krinkle Kut Fries  
Loaded Baked Potato  
10 Veggies Veggie Burger-VGN  
Deli Bar  
Organic Steel Cut Oats-VGN  |
| Monday    | Bacon, Egg and Cheese Bagel  
Egg and Cheese Bagel-V  
Chicken Sausage Patties  
Potato Puffs-VGN  
Organic Steel Cut Oats-VGN  |
| Tuesday   | Chicken Sausage, Egg, and Cheese English Muffin  
Egg and Cheese English Muffin-V  
Apple Sausage Links  
Hash Brown Casserole-V  
Ancient Grains Hot Cereal-VGN  |
| Wednesday | Bacon, Egg and Cheese  
Croissant  
Egg and Cheese  
Croissant-V  
Bacon  
Skin-On Browns-VGN  
Organic Steel Cut Oats-VGN  |
| Thursday  | Sausage, Egg and Cheese Wrap  
Egg and Cheese Wrap-V  
Grilled Ham  
Potato Ovals-VGN  
Organic Steel Cut Oats-VGN  |
| Friday    | Black Bean Soup  
VGN  |
| Saturday  | Black Bean Soup  
VGN  |

**DAILY:**  
Breakfast: Eggs to Order, Hard Boiled Eggs, Scrambled Eggs, Omelets Made to Order, Fruit & Yogurt Bar  
Lunch & Dinner: Salad Bar, Fruit & Yogurt Bar, Standard Grill Items, Organic Brown Rice-VGN  

**Week:** Cycle Week 2  

**V**=Vegetarian (no meat products); **VGN**=Vegan (no egg, dairy, or meat products)  
**<<S>> Fish/Shellfish allergy alert; **<<N>> Nut/Peanut allergy alert  

**Brunch**  
Wild Maine Blueberry Pancakes-V  
Maine Potato Pancakes (with Applesauce or Sour Cream)-V  
Cornded Beef Hash  
Organic Steel Cut Oats-VGN  

**Lunch**  
Vegetable Beef & Barley Soup  
Pulled Pork Sandwich  
Whole Grain Pasta Primavera with Edamame-VGN  
Candied Carrots-VGN  
Southwest Black Bean & Sweet Potato Burger-VGN  
Battered Fries-VGN  

**Dinner**  
Savory Baked Chicken-V  
Vegan Smashed Potatoes-VGN  
<<Native Mussels and Kelp Sautéed in White Wine Butter Sauce-S>>  
Golden Vegetable Sauté-VGN  
Smashed Maine Potatoes-V  
Green Peas-VGN  
10 Veggies Veggie Burger-VGN  
Krinkle Cut Fries-VGN  
Pasta Bar  

Cumin Crusted Pork  
Rosemary Roasted Red Potatoes-VGN  
Steamed Carrots-VGN  
Bee Fried Stroganoff  
Whole Wheat Pasta with Kale and Cannellinis-VGN  
Local Carrots and Turnip-VGN  
Egg Noodles-V  
Roasted Beet & Kale Burger-VGN  
Battered Fries-VGN  
Mongolian Wok Stir Fry Bar Pasta Bar  

Grilled Marinated Beef Tips  
Garlic Smashed Potatoes-VGN  
Whole Green Beans-VGN  
Sage Butter Roasted Turkey Breast  
Butternut Squash Apple Cranberry Bake-VGN  
Organic Smashed Potatoes-V  
Southwest Black Bean & Sweet Potato Burger-VGN  
Onion Rings-V  
Pan-Asian Stir Fry Bar Pasta Bar  

Grilled Chicken Breast with Sister’s Salsa  
Cilantro Lime Rice-VGN  
Corn on the Cob-VGN  
Yankee Pot Roast  
Sesame Peanut-VGN  
Organic Smashed Potatoes-V  
Mediterranean Quinoa Burger-VGN  
Farm Style Maine Potato-VGN  
Thai Stir Fry Bar Pasta Bar  

Teriyaki Pork Chops  
Baked Potatoes-VGN  
Broccoli Florets-VGN  
Chicken Vindaloo  
Indian Roasted Vegetables-VGN  
Coconut Rice-VGN  
Naan Bread with Mango and Roasted Red Chutney  
Apple and Brie Turkey  
Fusion Burger  
Spicy Cross Trax Fries-VGN  
Pan-Asian Stir Fry Bar Pasta Bar  

Seared Flank Steak  
Quinoia with Roasted Corn and Black Beans-VGN  
Steuamed Carrots-VGN  
Assorted Pizza  
Battered Fries-VGN  
Southwest Black Bean & Sweet Potato Burger-VGN  
Meat Sauce  
Marinara Sauce-VGN  
Meatballs Marinara  
Cheese Ravioli Marinara-V  

Sun-Dried Tomato Basil Chicken-V  
Brown Rice Pasta-VGN  
Cycle Week 2