



CAMPUS RESOURCES

NAME	PHONE NUMBER	LOCATION	DESCRIPTION
Counseling Center	207-581-1392	5721 Cutler Health	Team of social workers and psychologists who can provide mental health services including counseling.
UMPD	911 or 207-581-4040	81 Rangeley Rd.	University police department available 24/7, 365 days a year.
Residence Life	207-581-1406	315 Memorial Union	Support for students living on campus. Available to answer questions about policies, housing, etc.
Residence Life Contact Page	https://umaine.edu/reslife/contact-us/	Contact info for each dorm/res life staff member	See above
UVAC (Ambulance Corps)	911 for emergencies 207-581-4037 for business	5721 Cutler Health Center	Student volunteer organization delivering emergency medical services
Student Behavioral Review Team (SBRT)	207-581-1406 Student Life https://umaine.edu/studentlife/referral/ for online referrals	5748 Memorial Union	Team of professionals that reviews cases where students' behavior is concerning



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Title IX	207-581-1406 Student Life	5748 Memorial Union rm. 315	Support around areas of sexual violence, relationship abuse, and stalking
Financial Aid	207-581-1324	5781 Wingate Hall	Information and education about financial assistance
Student Accessibility Services	207-581-2319	121 East Annex	Provides students with disabilities with services and accommodations
TRIO Student Support Services	207-581-2320	125 East Annex	Provides support, advising, and mentoring for those eligible
Black Bear Exchange	207-581-3091	Bodwell Center for Service and Volunteerism, Memorial Union rm. 120	Food pantry and clothing exchange
Black Bear Orono Express	207-992-4670		Free shuttle service
Office for Diversity and Inclusion	207-581-1437	Memorial Union	Resource in areas of equity, inclusion, and diversity
Office of International Programs	207-581-3437	5775 Stodder Hall Room 300	Information about different cultures on campus and abroad



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Rainbow Resource Center	207-581-9517	Memorial Union Room 224	Safe space on campus for LGBTQ students and allies
Multicultural Student Center	207-581-1437	Memorial Union Room 312	Resources and advocacy for traditionally underrepresented populations
Intersectional Feminist Resource Center	207-581-1437	Memorial Union Room 227	Education around feminist topics in a non-judgmental environment
Adult & Youth Crisis	1-888-568-1112	24/7 crisis/support	Support for self or others experiencing a mental health crisis
Trevor Project (LGBTQ+) Trevor Text (LGBTQ+)	1-866-488-7386 Text START to 678-678	24/7 crisis/support	Mental health support for the LGBTQ+ population
Trans Lifeline	1-877-565-8860	24/7 crisis/support	Hotline for emotional and financial support to trans people in crisis
Maine Warm Line	1-866-771-9276	24/7 crisis/support	Peer-to-peer support line for adults in crisis



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Crisis Text Line	Text 741741	24/7 crisis/support	Live, trained counselor to text with from a secure online platform
Employee Assistance Program (EAP) Cigna	1-877-622-4327 or mycigna.com	24/7 support	Cigna-provided support around mental health topics, finances, legal advice, etc.