

Group Placement Form

Name: _____ Sex: M___ F___ Age: _____

Best Way to contact you:

Phone #: _____ May we leave a message here? Y___ N___

E-mail address _____

Please put an X through times **not** available:

	M	T	W	Th	F
8am					
9am					
10 am					
11am					
12 noon					
1pm					
2pm					
3pm					
4pm					
5pm					
6pm					
7pm					

Client Goals:

FOR OFFICE USE: PLEASE DO NOT WRITE BELOW THIS LINE

Referring Therapist _____

Date: _____

- ☐ Discussed Purpose and Structure of Group
- ☐ Identified Client Goals
- ☐ Reviewed Group Agreement Form
- ☐ Client met group leader/s
- ☐ Communicated Meeting Times
- ☐ Communicated Starting Date

Assigned to (Therapist/Group Time): _____

Contact Outcome (e.g. accepted membership in group, referred to other group, etc.)

Group Membership Agreement

Group psychotherapy is an effective method for individuals to work on the interpersonal, emotional, and cognitive difficulties we face as human beings. Therapists in a Counseling Center group operate with the same level of responsibility and limitations as outlined in the Initial Contact Form you signed when you first sought services at the Counseling Center. There are some additional legal issues and group norms for group members to be aware of if they. These are discussed below.

Confidentiality

Psychotherapy derives part of its usefulness from the high level of confidentiality it ensures. Therapists are bound by legal and ethical obligations to maintain confidentiality, except in very limited circumstances. However, group leaders cannot ensure that group members will maintain confidentiality. We ask group members agree not to share identifying information or personal information about other members with those outside the group. The usefulness of group can be compromised if members do not maintain the confidentiality of other members.

Video / Audio Recording

Group sessions are recorded on video and audio recording equipment. This is to provide leaders an opportunity to review their work and get consultation with other staff or to provide training for other clinicians within the center. All recorded materials are kept within the center and are viewed only by staff or consulting clinicians within the center. When not being viewed, they are secured in a locked room.

Attendance

Groups typically meet weekly at the same time. Groups are much more effective when members attend consistently. We ask members to make every effort to attend group and when they are unable to attend, to notify leaders either by phone or e-mail.

Relationships Outside Groups

We have found that groups are more effective when group members do not engage in relationships with other group members outside the group. However, when that does happen or is unavoidable, it is important that members make those relationships known in the group.

(Roles) Acknowledgement of other therapy relationships

Members agree that group leaders may acknowledge when group members are in individual therapy with a group leader. In some groups, there may be a silent leader or group observer. These are members of our staff learning about how to lead groups. They attend each group. If

I understand the above expectations and agree to them. I give permission for my group psychotherapy sessions to be recorded.

Client _____

Date _____